

Please note, the bowel prep instructions mention 'clear liquid' This means water, clear soup, or soup that has been strained and any solid matter removed, fruit juice without pulp/bits, fizzy or non fizzy drinks (but not red or purple coloured juice), black tea or coffee.

Please telephone the Endoscopy Unit on

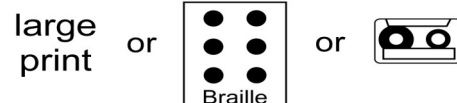
**01276 604858**

should you have any questions relating to these instructions and require further advice on any matter relating to your examination.


Guidelines for  
**Tablet-Controlled** Diabetic Patients taking  
 Oral Bowel Preparation for Colonoscopy

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<b>Dept</b>	Diabetes/Endoscopy	<b>Last review date /published date</b>	June 2011

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please contact the Patient Advice & Liaison Office on

 01276 526706

If you have a **MORNING** appointment, follow the instructions below the day **before** your appointment

At **8am** take half of your usual morning dose of diabetic tablet. However if you take the drug Metformin – do not take your dose. If you take modified release gliclazide take half the dose, however if you take 30mgs miss the dose as the tablets cannot be cut in half

Test your blood sugar level and write it down so that you can compare with reading taken throughout the day.

Follow the instruction leaflet for the bowel preparation (eg. PICOLAX) you have been sent at **8am**

Do not take your lunchtime dose of diabetic tablets.

Do not take your evening dose of diabetic tablets.

Follow the instruction leaflet for the bowel preparation around **2pm**

Monitor your blood sugar level every 4 hours and record the reading.

If your sugar level is less than 4 mmol drink 60mls of Lucozade or suck 3 Dextrose tablets. If your sugar level is less than 3 mmol drink 120mls of Lucozade or suck 6 Dextrose tablets. Recheck your sugar level 10 minutes later and if your level is not above 4 mmol repeat these steps.

On the day of your appointment for your colonoscopy / capsule:

Continue to drink clear fluids but do not have anything to eat or take any diabetic tablets.

Please bring your tablets with you so that you can take them after the procedure, when a sandwich and drink provided before discharge home.

If you have an **AFTERNOON** appointment, follow the instructions below the day **before** your appointment

At **8am** take your usual morning dose of diabetic tablet. However if you take the drug Metformin – do not take your dose. . If you take modified release gliclazide take half the dose, however if you take 30mgs miss the dose as the tablets cannot be cut in half

Eat your normal breakfast.

Test your blood sugar level and write it down so that you can compare with reading taken throughout the day.

Do not take your lunchtime dose of diabetic tablet.

Follow the instruction leaflet for the bowel preparation (eg. PICOLAX) you have been sent at **2pm**.

Do not take your evening dose of diabetic tablets.

Monitor your blood sugar level every 4 hours during the day and record the reading.

If your sugar level is less than 4 mmol drink 60mls of Lucozade or suck 3 Dextrose tablets. If your sugar level is less than 3 mmol drink 120mls of Lucozade or suck 6 Dextrose tablets. Recheck your sugar level 10 minutes later and if your level is not above 4 mmol repeat these steps.

On the day of your appointment for your colonoscopy / capsule:

At **8am** do not take your usual dose of diabetic tablet.

Follow the instruction leaflet for the bowel preparation at **8am**.

Continue to drink clear fluids but do not have anything to eat or take any diabetic tablets.

Please bring your tablets with you so that you can take them after the procedure, when a sandwich and drink will be provided before discharge home.