

715-659-0950 michelleuetz@rockyhillco.com Telehealth & In-person Days and Some Evenings

# **CCS SERVICE ARRAY**

Psychoeducation ISDE Peer Support

#### CLTS

Unpaid Caregiver Education & Training

### SPECIALTY AREAS

Suicide Loss Survivor Kinship Care Guardianship RAD IEP/504 School System Residential Treatment

Day Treatment

Inpatient Treatment

### **COUNTIES SERVED**

Chippewa, Dunn, Pierce, Pepin, Washburn, Burnett, Rusk, Buffalo, Polk, St. Croix, Eau Claire, Barron



# MICHELLE UETZ

# DIRECTOR & PROVIDER, M.ED. CERTIFIED PARENT PEER SPECIALIST

# LIVED EXPERIENCE

I lost my sister to suicide. She had struggled with bipolar, borderline personality disorder, depression, and anxiety. She was also a survivor of domestic violence that left her partially paralyzed in 2014.

My husband and I took guardianship of my cousin's girls from the Appalachia area in 2016. We quickly learned that we were not as equipped as we thought to manage their trauma and mental health needs. We experienced the shame, blame, and isolation that parents often experience when they have children with complex behaviors and needs.

# EDUCATION & WORK EXPERIENCE

- Graduated from the University of Wisconsin-River Falls and Graceland University in Lamoni, Iowa.
- 17 years of teaching experience with 9 of those being in special education.
- Previously the co-chair of the WI Certified Peer Specialist Advisory Council
- In the first group of certified Parent Peer Specialist trainers to be trained in WI
- Certified Family Peer Specialist in MN
- Started Rocky Hill in 2018.

# MORE ABOUT MICHELLE

I live in River Falls, WI, where my husband and I have a hobby farm. We have 3 sons - 2 adults and 1 teen.

I enjoy hiking, being a hockey mom, the outdoors, watching our cattle, and photography.

I enjoy connecting to others through my Christian faith. I also live by the belief that one does not have to agree with another in order to treat them with kindness and respect.

My Favorite Quote - "Make mistakes, get messy, take chances." Ms. Frizzle The Magic School Bus