

喜

悦



Panda's Kitchen

The Best Traditional Sichuan Hot Pot

喜悦正宗四川火锅

By Pandas Kitchen



四川火锅的由来

四川火锅的出现，大约在清代的道光年间（1821-1851）。经过多方考证，四川火锅真正的发源地是长江之滨—酒城泸州的小米滩。炊具仅一瓦罐，罐中盛水（汤），加以各种蔬菜，再添加辣椒、花椒祛湿（因为有“菜当三分粮，辣椒当衣裳”之说）。

当时，长江边上的船工们跑船常宿于小米滩。停船即生火做饭驱寒，船工们吃后，美不可言（在他们心中），就这样一传十，十传百在长江边各码头传开了。

About The Sichuan Hot Pot

Sichuan Hot Pot can be traced back to the time of the Qing Dynasty around 1821 to 1851. Leech on to the famous Sichuan Cuisine, Sichuan Hot Pot is famous for its' spicy rich flavour and variety of ingredients and spices that are used to create the soup base, along with the accompanying dipping sauces for the hot pot food.

All you need for Sichuan Hot Pot is a big spicy hot pot of boiling broth, a range of fun ingredients to cook in it, and an assortment of rich flavours to make your own dipping sauce. A hot pot experience is ultimately what you make of it.

火

锅



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四川火锅

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£29.8 Per Person
(minimum 2 people)

LET'S "HOT POT" NOW!

Vegetarian Pots Are Also Available

01 第一步：选择你您喜欢的锅底
Step 1: Order Your Favourite Pot



A 麻辣牛油
Spicy Beef Butter
Broth



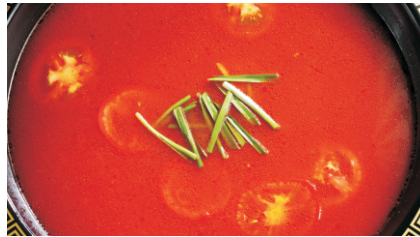
B 麻辣清油
Classic Spicy
Broth (v)



C 三鲜滋补汤
Three Fresh Nourishing
Soup (v)



E 老坛酸菜
Traditional Sichuan Pickles
& Cabbage Broth (v)



F 番茄浓汤
Rich Tomato
Broth (v)



F 冬阴功汤
Tom Yum
Soup (v)

02 第二步：选择您喜欢的涮品
Step 2: Choose Your Favourite Items

海鲜类 Seafood

Fish Fillet 鱼片
Fish Ball 鱼丸
Chikuwa Fish Cake 竹轮
Fish Tofu 6pcs 鱼豆腐 £1.00 per portion
King Prawns (Shelled) 大虾
Peeled Prawns 去壳虾仁
Mussels (Shelled) 6pcs 青口 £1.00 per portion
Squid 鱿鱼
Crabmeat Sticks 蟹肉棒

其它 Others

Sweet Potato Vermicelli (Thin) 红薯粉丝(细)
Sweet Potato Vermicelli (Wide) 红薯粉(宽)
Mung Bean Vermicelli 龙口粉丝
Shirataki Konjac Noodles 魔芋丝结
Rice Cake Slices 年糕
Quail Egg 6 pcs 鹌鹑蛋 £1.00 per portion
Egg 鸡蛋 £1.00 each
Lamian (Hand-Pulled Noodles) 拉面 £1 per portion

肉类 Meat

Fatty Beef Slices 肥牛卷
Fresh Beef Slices 嫩牛肉
Beef Tripe Slices 牛百叶
Beef Meatballs 6pcs 牛肉丸 £1.00 per portion
Beef Brisket 牛腩
Lamb Slices 肥羊卷
Lamb Ribs 羊排
Pork Belly Slices 五花猪肉卷
Sichuan Crispy Pork 四川小酥肉
Luncheon Meat (Pork) 午餐肉
Pig Intestine 熟肥肠
Pork Meatballs 6pcs 猪肉丸 £1.00 per portion
Pork Crunch 炸猪皮 £1.00 per portion
Chicken Slices 鸡肉片

豆制品类 Tofu

Dried Bean Curd Stick 腐竹
Deep Fried Tofu 炸豆腐
Deep Fried Tofu Ball 豆腐泡
Frozen Hot-Pot Bean Curd 冻豆腐
Silky Tofu 嫩豆腐
Crispy Bean Curd Rolls 响铃卷 £1.00 per portion
Bean Curd Sheet 干豆腐皮

蔬菜类 Vegetables

Chinese Cabbage 大白菜
Spinach 菠菜
Lettuce 生菜
Radish Slices 白萝卜片
Bamboo Shoot 鲜笋条
Broccoli 西兰花
Potato Slices 土豆片
Lotus Root Slices 藕片
English Mushroom 白蘑菇
Enoki Mushroom 金针菇
Oyster Mushroom 平菇
Black Cloud Ear Fungus 木耳
Kelp Knots 海带结
Cucumber 黄瓜
Baby Coen 玉米笋
Baby Pak-Choi 上海青

素肉类 Mock Meat

Mock Lamb 斋羊肉
Mock Chicken 斋鸡丁
Mock Fish Fillet 斋鱼片
Mock Prawns 斋虾