



# JENÈ'S INK

## Before appointment Care Instructions



Follow 2-3 days prior  
to your appointment

 **Shave -Make sure to shave entire area**

  **Exfoliate-Use a loofa and over the counter exfoliates to exfoliate entire area getting tattooed**

  **Moisturize-Moisturize the entire area with unscented lotion twice daily until the day of your appointment**

  **Hydrate- Stay hydrated with water and electrolytes**

  **Vitamins-Take a good multi-vitamin for the next few days up until your appointment**