

4-H PROJECT WORK

Consider the following when guiding a child in selecting a 4-H project:

- Interests, needs and capabilities of the member
- Opportunity for sufficient challenge and growth
- Family situation
- Availability of adequate financing
- Availability of equipment and space
- Availability of leadership for the project

4-H projects provide opportunities for:

- Developing subject matter skills
- Life skill development
- Participation
- Developing communication skills
- Keep records
- Share ideas
- Provide leisure time
- Recognition



4-H PLEDGE
I pledge
My **head** to clearer thinking,
My **heart** to greater loyalty,
My **hands** to larger service,
And my **health** to better living
For my club, my community, my
country and my world.

4-H PARENTS' PLEDGE
I pledge
My **head** to give my child the
information I can to help them
see things clearly and make
wise decisions,
My **heart** to encourage and support
my child no matter whether they
have success or disappointments,
My **hands** to help my child's club;
if I cannot be a leader,
I can help in equally important ways,
And my **health** to keep my
child strong and well,
For a better world through
4-H, for my child's club, our
community, our country
and our world.



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BEING A 4-H PARENT



YOUR ROLE

A parent's role in project work:

- Aid in selecting, financing and managing.
- Guide and support work without doing it for them.
- Encourage follow-through and healthy competition.
- Give praise and encouragement.
- Assist in gathering tools and supplies
- Encourage record keeping.
- Provide support and transportation.
- Assist organizational, project and activity leaders.
- Become a project or activity leader.
- Serve on committees to plan and implement club activities or project meetings.
- Become a certified 4-H volunteer.

The family's role in 4-H:

- Encourage participation in 4-H programs at the local and county level and to assist in the development of the 4-H member.
- Support local and county 4-H program through time, talent and financial support.
- Work cooperatively with other families and 4-H volunteers.
- Participate in Parent-Volunteer continuing education to enhance personal knowledge of 4-H, as well as, to assist and guide your child.

BEING A 4-H PARENT

4-H is a family affair.

4-H helps develop family unity by providing an opportunity to do things together.

4-H families become part of a larger extended family.

Members benefit when parents are involved in 4-H.

Parents and volunteers who take time to learn about and understand 4-H are of greater assistance to their child and the 4-H program.

Members need parental encouragement to see project work through.

Keep members focused on what they are learning, not just *winning*.

Parents are important people.

The time, talent and assistance provided by parents strengthen the total 4-H program.

Parent participation strengthens the local 4-H club.

Parents are needed to chaperon and provide transportation for local and county 4-H events. 4-H members may need your assistance to provide refreshments at club meetings.

Parents are needed to assume leadership roles.

A healthy club requires more than one organizational leader providing leadership for everything and everyone. As a vital link in the 4-H leadership team, parents will be asked to serve on local and county committees. The committees will plan and conduct activities and events. Adults are encouraged to create healthy youth-adult partnerships within the committee structure.

(cont'd) A parent may be asked to share subject matter knowledge with a project group. The subject matter could include a hobby or occupation. It may even include scheduling a tour or field trip. This may eventually lead to a parent serving as project and activity leaders for other 4-H members.

Parents must stay informed.

Communication is vital in supporting your child's 4-H experience.

It is the family's responsibility to read and respond in a timely manner to the newsletter, yearbook and electronic/written correspondence received from local and county programs.

Don't hesitate to ask questions of local and county volunteers and Extension educators.

Parents receive many levels of satisfaction from 4-H.

Parents may enjoy seeing their children grow and develop, grow personally through new experiences and challenges and have the satisfaction of serving the community.



Does your child have any individual special needs involving routine care, behavior and guidance, communication, or positioning? If yes, please describe:

Is your child allergic to any foods, medications, etc.? If yes, please describe:

Describe any special precautions for diet, medication, or activity, if applicable:

I give permission to the child care staff to consult with health and child development professionals regarding my child's needs.

Yes ☐ No ☐

Transportation

- I do not give permission for my child to be transported. ☐
- I give permission for this child to be transported: ☐
 - to nearest medical facility, if a medical emergency occurs and I cannot be reached ☐
 - on field trips ☐
 - to and from school – Drop-off time: _____ Pickup time: _____ ☐
 - to and from home – Drop-off time: _____ Pickup time: _____ ☐
 - other, please specify: _____ ☐

Pick up permission

Persons having permission to pick up child:

Name	Phone

I understand this form is supplied by the Oklahoma Department of Human Services (OKDHS) as a service and that supplying the form in no way imposes any responsibility or obligation upon OKDHS.

The Parent's Guide to Selecting Quality Child Care, OKDHS publication number 87-91, and the *Child Care Facility Policies*, are available through your child's child care provider.

Signature of parent/guardian _____

Date _____

Date child entered facility: _____ Date child withdrawn: _____



OKLAHOMA DEPARTMENT OF HUMAN SERVICES



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Child Information

Child's name		Sex	Date of birth
Name(s) of person(s) and the relationship with whom the child lives			
E-mail address		Area code	Home phone
Home street address	City	State	Zip
Mother/guardian's place of employment		Business, cellular, or page phone number	
Father/guardian's place of employment		Business, cellular, or page phone number	

Emergency contact

In case of emergency, if the parent or guardian cannot be reached, list person(s) to notify, in order of preference:

Name	Phone

Immunization record

Attach a copy of the immunization record or follow the Oklahoma State Department of Health exemption procedures. **Keep your child's immunizations current. Give updated immunization record copies to the child care facility.**

A child two months of age or older cannot be admitted to a child care facility unless the parent presents certification from a licensed physician or authorized representative of any state or local Department of Health that such child has received or will receive immunizations at the medically appropriate time.

Health record

Child's physician or clinic			Phone
Street address	City	State	Zip

After School Scheduled Programs

Mondays: 4H

Tuesdays: Stem

Wednesday: Life Skills

Thursday: Health and Wellness

Friday- Not Available

Daily:

3-3:30- Pick Up

3:30-4:00- Snack and Homework

4:00-5:00- Scheduled Programs

5-5:30- Free time

Students may have electronics, but they must stay put up in a bag or in a pocket.

Daily from 5-5:30- students may use electronics. There is a no tolerance policy for nudity or pornography. Any attempt to access any inappropriate website or materials will result in the student not being able to bring an electronic device.

Students may be picked up anytime after 3:30- just message on Brightwheel and they will be sent out front.

If students bring snacks, they must be eaten during snack time.

Students Name:

Where does student attend school?

Please check all that apply

- ☐ I will be paying \$200 each month due by the 5th of each month.
- ☐ I am receiving assistance through:
- ☐ I have a copay and it is: \$
- ☐ I do not have a copay.
- ☐ I will sign my student up for 4H (1st and up)
- ☐ I will not be signing my student up for 4H
- ☐ My child does not have any allergies.
- ☐ My child is allergic to:

- ☐ I understand that my child will not be picked up on Fridays or any day VPS is closed. I also understand I must contact CJ via Brightwheel before noon if my student does not need picked up.
- ☐ All students must be picked up by 5:30pm each day.
- ☐ I understand the van driver will not be able to go inside to locate a student. Students must be outside or at the pickup spot when the van arrives. Arrivals and pick up will be scheduled with each school.

Signature

Date