

Recommended vs. Avoided: Product Guide for Pregnancy & Breastfeeding

Your safety is our priority.

Whether you're expecting, breastfeeding, or planning for motherhood, it's important to know which wellness products support you and which ones should be paused.

This guide provides clear recommendations for our product range — helping you make informed choices that nourish both you and your baby. Backed by natural health principles and safety insights, we're here to support your journey with confidence and care.

Always consult your healthcare provider before starting any new supplement during pregnancy or lactation.

<i>Product</i>	<i>Pregnancy</i>	<i>Breastfeeding</i>	<i>Notes</i>
Tahitian Noni Juice (Bottle)	✓■ With Doctor's Approval	✓■ With Doctor's Approval	Monitor potassium & liver function in high doses.
Tahitian Noni Juice Sachets	✓■ With Doctor's Approval	✓■ With Doctor's Approval	Same as juice – portable & convenient.
Magnical D	■■ Use with Caution	■■ Use with Caution	Contains minerals & mushrooms; avoid overlap with prenatal vitamins.
Moor Vitality	■ Avoid	■ Avoid	Detoxifying fulvic/humic acids not recommended during pregnancy or lactation.
Slenderiiz BB Drops (Day/Night)	■ Avoid	■ Avoid	Contains hormone-balancing & detox herbs unsuitable for mums.