



# Westie Sounds

West Highland White Terrier Club of Puget Sound — Winter 2023

## President's Message

From Christine Corbley



Lily & Toby (red jacket)

Happy New Year Westie Club members!

My name is Christine Corbley, and it is my pleasure to serve as the next president of our club. I have been a Westie owner all my life. They are just my breed. I am an educator by profession, currently serving as the Executive Director of Secondary Teaching and Learning in the Kent School District. I love to bake, quilt, and I have taken up crocheting, including making dog sweaters.

My family has owned Westies since I was a small child. Snow was the family's first Westie; she was a lover of pancakes which she got from the next door neighbor. Our next Westie was Cotton, who we got when I was 10 or 11 years old. My mother said we ruined her, as she was not as well behaved as Snow. You know how kids are.

After Cotton, we did not have a dog until I graduated with my PHD in 2002, when Lily came in to my life. She was the sweetest dog and was truly my heart dog. She had a great deal of empathy, and as my mom and I began working with Westie Rescue, Lily would train our fosters. She always knew when they were sick and would gently guide and comfort them.

Through rescue my mother adopted Toby, a beautiful little boy, who came to us with a lot of traumas. He was truly my mom's dog, following her wherever she went. He was the family's first male, and we learned that the males tend to be more dependent. All our girls have been loving, independent little souls.



Lily

In March of 2018, a few months after I lost Lily, Bailey came in to my life through Vicki Fulton. Bailey is a feisty, beautiful little girl. With Bailey, I decided to try my hand at showing. Sandy Davis graciously showed me how to strip her coat; I attended handling classes and began showing her at 5 months. Learning to show was a new challenge, particularly as there were not many Westies being shown. When COVID hit, I decided to stop showing Bailey, although I still groom her by stripping her coat. I hope to eventually enter the show ring again and breed Westies.



Bailey in the ring

After my mom lost Toby, a sweet male named Murphy came up for adoption. He is a funny boy who is a little lap dog. Murphy and Bailey are best of friends. Westies thrive at being in a pack and two is always better than one.

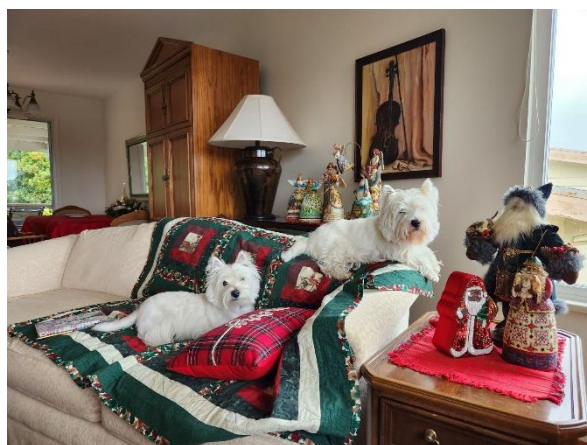
I am passionate about our little Westie friends. I have organized the meet the breed on several occasions, attended many events and I have worked to educate people about Westie skin and allergy issues via many Facebook Westie groups.

Over the next year, I hope we can gather to learn more about the breed we all love. I am interested to hear what types of events you would like the club to hold. Please email me at [ccorbley@comcast.net](mailto:ccorbley@comcast.net) with your ideas for events. As we are an all-volunteer club, if you would like to host an event like a dog walk, party or seminar let us know...we welcome your assistance.

I would also encourage you to stop by the dog show in Puyallup on January 13th to learn more about our breed and other terriers. I will be there, so stop by and say hi.

I am looking forward to 2023 and what it will bring for our club.

***Christine Corbley, President***



Bailey and Murphy

## Message From Jeannette Melchior



Two years passed so quickly and my term as your President is up! So many memories in that time but being President during the Club's 40<sup>th</sup> Anniversary was very special for me.

The first time I was President was during the club's 25<sup>th</sup> Anniversary, so it's been an interesting and exciting journey. Over the years, I've met and said goodbye to a few Westies and welcomed new ones into many families.

Welcome to our new President, Christine Corbley! I'm looking forward to supporting you and your 2023 Board.

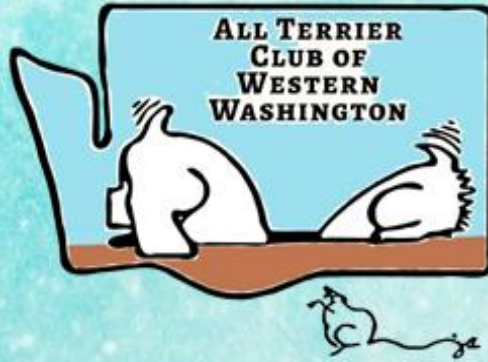
Best wishes to everyone for 2023,

*Jeannette Melchior*

*Past President, West Highland White Terrier of Puget Sound*

### Don't Miss Out on Westie Walks and Club Events!

- Check the [WHWTCOPS Calendar](#) for:
  - Important times / dates
  - Event flyers you can download
- Enjoy informal events like Westie Walks? Want to have one in your area? Consider volunteering to help with a Westie Walk by contacting: [kparish@whidbey.com](mailto:kparish@whidbey.com)



## ALL TERRIER CLUB OF WESTERN WASHINGTON WINTER SHOW

Friday, January 13, 2023

Show Starts at 1pm

### JUDGING SLATE

- #5617 - Mr. John Rowles – 3<sup>rd</sup> Generation of Terrier Judges from New South Wales, Australia
- #22529 - Christine Erickson - Arizona
- # 91790 - Duff Harris - California

Trophies for Group Placement :  
Wooden Charcuterie Board  
Jr Handling First place and Reserve Trophies

Designated Speciality West Highland White Terrier Club of Puget  
Sound

Supported Entry The Fox Terrier Club of Puget Sound

### **Followed by Western Washington Winter Cluster**

Puyallup Valley Dog Fanciers, Gig Harbor Kennel Club, Seattle Kennel Club

January 14, 15, 16

Four days of Shows

Superintendent – BaRay

Western Washington Fair Grounds, Puyallup

# 'All The Best' Westie Contest Winner

By Stephanie Lamb

My 15 year old daughter Emma entered a picture of our Westie McDuff in a contest at All the Best Pet Care store, and he won! Emma was so excited because it was a picture that she picked out, and it was one that she had taken of him as well. The store will be printing out their new tote bags in May, and McDuff will be one of the pets on the bag. Here is the picture that Emma entered.



McDuff, age 2

McDuff is now six years old but, in the picture, he is about two. He is at Beaver Lake Park in the off leash small dog park. Emma submitted the picture November 1st, 2022.

We always shop at All The Best Pet Care in Issaquah, and they told us we should enter McDuff in their contest because he is so cute. They picked two dogs and two cats to be on their tote bags.

The winning pictures were sent off to an illustrator and the bags will be ready sometime in May.

Now McDuff is the star of the show whenever we go shopping at All The Best Pet Care. They also gave us a \$50 gift certificate to spend at their store. 🐾

# K9 Candy Cane 5K Fun Run & Walk

By Merrill Cohen



On a cold Sunday morning on December 4th, I bundled up with one of my pups to participate in the annual Furry 5K at the Renton Community Center. Despite the cold and then sleet, there was a nice turnout. The race/fun run travels along the beautiful, paved Cedar River Trail before looping back to the Renton Community Center Campus.

The race includes an annual pet food drive for furry friends in need. There were all kinds of pups, but I didn't see any Westies! It would be fun to have a full Westie contingent next year. The Cedar River Trail would also be a great location for a future Westie Walk.

Sounds like a plan! 🐾





#### WHO MAY PARTICIPATE?

All West Highland White Terriers of any age, regardless of their pedigree or health status, are welcome to support our efforts.

#### WHAT IS COLLECTED?

A small blood sample is collected and shipped to Resero Genomics in Salt Lake City, Utah, where DNA is extracted from the blood.

#### WHY ARE WE BANKING WESTIE DNA?

The stored DNA samples will provide raw material for researchers to use in their research studies. Biobanks are created with the long-term goal of linking DNA with health issues and diseases.

#### WHERE IS THE DNA STORED?

The WFA contracted with Resero Genomics, which has successfully stored and maintained both human and animal DNA since 2003, to store the DNA at its facilities.

#### WHEN WILL THE SAMPLES BE COLLECTED?

Collection can begin now and will continue indefinitely.

## Supporting Westie Health One DNA Sample At a Time

#### WESTIE HEALTH, HOW CAN I HELP?

In order to make a difference to the future health of our breed and to take advantage of technology, the Westie Foundation of America, Inc. has established the Westie Foundation of America Biobank (WFA Biobank) with Resero Genomics. We are currently recruiting Westie blood samples from which DNA will be extracted. It does not matter whether your Westie is a pedigreed dog, a rescue dog, or a dog of unknown lineage. Blood samples from all Westies are welcome and appreciated. We need DNA samples from healthy dogs as well as those with health issues.

The stored DNA samples provide raw material for researchers to use in their research studies. DNA biobanks are created with the long-term goal of linking genetic information contained in the DNA with health issues. Since many disorders in animals have a genetic basis, our canine companions serve as potential models of human disease leading to improvements in both animal and human health.

Our DNA biobank is an organized collection, searchable through a custom database based on information from a health questionnaire answered by dog owners. This database, developed by the WFA, is strictly confidential. Each blood sample submitted is entered with a unique sample number and information from the health questionnaire is linked to that number. The database is maintained in a secure, cloud-based site.

Resero Genomics extracts DNA from the blood of our Westies. The WFA is funding the cost of mailing, DNA extraction, and storage of the samples. We provide the special DNA extraction blood tube and mailing supplies (that you take to your veterinarian to collect the blood sample), and the return postage to Resero Genomics. Each blood sample provides multiple samples of DNA to support health studies selected by the WFA.

For more information and to request a sample kit:

[www.westiefoundation.org/biobank](http://www.westiefoundation.org/biobank)

*The West Highland White Terrier Club of America endorses and supports the WFA Biobank and encourages all members to participate.*

# Carrot Cookie “Pupcake” Recipe for Dogs

By Dee Thompson and Mike Roberts

For those of you who attended the WHWTCOPS 40th summer ‘birthday party,’ these treats were the ‘pupcakes’ our dogs enjoyed. Our Westie Roy loves these treats! He gets one every night at bedtime when he crates. Mike makes them regularly, and we freeze them. With no preservatives they don’t last more than a few days at room temperature.



## Recipe:

Preheat oven to 350 degrees. Prepare baking sheet with either silicone mat or parchment paper – these will want to stick a little after baking, but even if you don’t prepare the pan, you can get them off quite cleanly with a pancake turner.

**4 cups shredded carrots** – I just cut the tops off and use a food processor to shred. Graters work but the food processor makes this part of the job SO EASY!



**1 cup whole wheat flour** – You can use any type of flour you want. If your dog has wheat sensitivity you can use rice flour or any other gluten free flour that is available.

**1 cup peanut butter** – We use Costco Organic peanut butter. It has no added sugar, salt, or oils.

**1 cup rolled oats** – We use regular oats, not quick oats.

**1 egg**

Mix well. Mike puts on gloves and really gets his hands into it. The dough will come together and will be just a little sticky. I used gloves as well to roll the treats in my hand to make little logs (three bites for Roy). We make ours into a little log like a Tootsie Roll, but you can do whatever shape you want. For the ‘birthday party’ I used my mini muffin pans and Mike added a little baking soda to get the pupcakes to puff up just a little.



Bake for at least 20 minutes, depending on the size of your treats. My mini muffins were quite large (according to Mike) and took closer to 30 minutes. The outside of the treat is crispy, and the inside is still chewy. If you want your treats to be harder and crispier, bake at a lower temperature for a longer time – checking every five minutes or so. Because there is no leavening agent in these treats, they retain their size after baking. 🐕





## Looking for Westie Health Resources?

The **Westie Foundation of America** has a free, downloadable PDF file that you can access for comprehensive coverage of Westie health issues. The URL is:

[https://westiefoundation.org/files/galleries/WFA\\_Westie\\_Health\\_Ebook.pdf](https://westiefoundation.org/files/galleries/WFA_Westie_Health_Ebook.pdf)

Have questions about allergies, nutrition, dry eye, spaying or neutering? These topics and more are covered by authorities in the field. Brief overviews cover general health and disease in Westies. Specific diseases are covered in depth with illustrations and references.

# Club Officers, Directors and Contacts

## Upcoming Events



**President  
Christine  
Corbley**



**Vice President,  
Webmaster,  
Newsletter  
Editor  
Lesley Wilson**

**Designated Westie Specialty,  
All Terrier Club of Western  
Washington Winter Show**  
January 13<sup>th</sup>,  
Show starts at 1PM  
Western Washington Fair  
Grounds, Puyallup, WA0



**Treasurer  
Dee Thompson**



**Secretary,  
Membership  
Chair,  
Rescue  
Representative,  
Karin Parish**



**Past President  
Jeannette  
Melchior**



**Director  
Kathy Reed**



**Director,  
Rescue  
Representative,  
Vicki Ray**



**Director,  
Melinda Heller**

**New Members**



**Director  
Lois Briscoe  
Kimball**



**Photographer,  
Robin Ryan**

**New Member  
Applications**

Phil Vogel, Seattle, WA

Carol & Mark Snorteland,  
Puyallup, WA

Visit our website:  
[www.whwtcops.org](http://www.whwtcops.org)



