



# Westie Sounds

*West Highland White Terrier Club of Puget Sound — Spring 2025*

## Get Ready for the Westie Spring Fling!



Spring has launched in my back yard – some perennials are sprouting, others are already blooming. And in honor of spring and Westies, we are getting ready for the Westie Scottish Spring Fling on April 26<sup>th</sup> at the Bothell Academy of Canine Behavior. Skye (left) is trying on her new kilt.

The next Westie walk is at the waterfront in Edmonds on May 18<sup>th</sup>. Our recent Westie walk in Issaquah was so popular, we are hosting another one at Lake Sammamish State Park on June 7<sup>th</sup>. We meet lots of new Westies at these events, and it's great to trade stories with fellow Westie lovers.

Preparations are already underway for the Pacific Northwest Scottish Highland Games in Enumclaw July 26-27. Celtic Kennel organizers have invited us to participate, and we're starting to seek volunteer handlers to bring their Westies to our Celtic Kennel 'meet the breed' booth. Our goal is to

educate the public about our breed, its temperament, and responsible pet ownership.

As Westie owners, we know that our dogs can be willful, independent, full of bluster, and ready to give chase. While Westies are known for being friendly and happy dogs, there are times when unwanted aggression may show. Recently, the Board of Directors updated our Standing Rules to instruct us humans on how to take control of our pets should a dangerous situation develop at a club event.

Simply put, remove the pet from the environment. Dogs in biting/fighting mode are stressed. While behaviors can be challenging to modify, "Reactive Rover" classes are offered by some of the area dog training facilities.

Here are the recently established rules:

## Aggressive Dog Behavior at our Events

1. Any Westie/dog who is attending our sponsored club event and displays aggressive behavior by either lunging/biting at humans or starting fights with other dogs, will be removed from our functions and/or dog walks. If they want to attend in the future their dog must be muzzled.
2. A formal notification from the Board of Directors will be sent to the owner informing them of the rules of attending our functions if they have a reactive dog that is causing damage to people or other dogs.

We do recognize that dogs have *playful* aggression versus aggression that leads to injury. Learning to read your dog's body language may help you to see signs of fight behavior. In a class I took a couple years ago, I received the [T-E-M-P chart](#). The position of the Tail, Ears & Eyes, Mouth and Posture tell a lot about a dog's emotions and intentions.

Thank you for being responsible dog owners.

**Lesley Wilson,**  
**President**

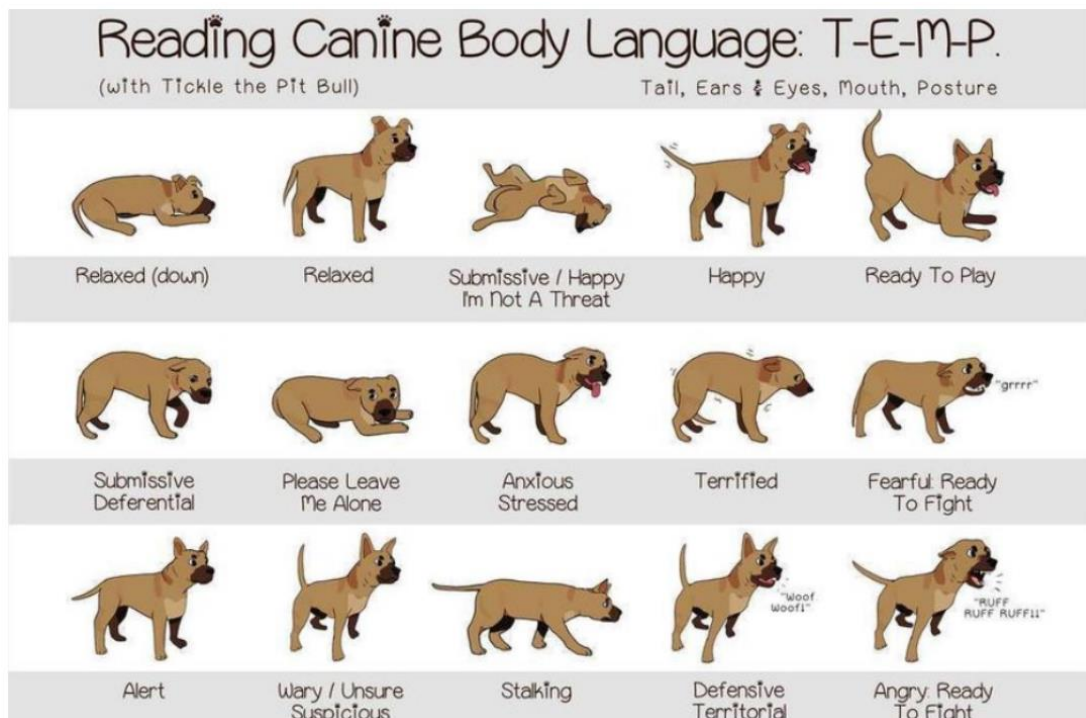


Chart courtesy of Wags Unite [www.wagsunite.com/post/dog-emotions](http://www.wagsunite.com/post/dog-emotions)

## WHWTCOPS Scottish Spring Fling

**Date:** Saturday, April 26, 2025

**Time:** 1pm - 3:00 pm

**Where:** Academy of Canine Behavior  
4705 240th St SE, Bothell, WA

**Hosts:**  
Karin Parish, Lesley Wilson, Melinda Heller

**Snacks Party Games and fun times!!!!**

\*Admission \$5 per person, children free

\*covers cost of renting the facility



### Party

- GAMES
- Kilt Fashion Show (bring outfits)
- Super Cool Raffle
- Fun Times for ALL
- Snacks Provided

Remember to Sign in at Registration desk,  
and bring cash/check for admission and  
raffle

NO FLEXI LEASHES PLEASE- bring poop  
bags



**GET IN THE CAR AND LET'S GO!**



# Westies on Parade at Lake Sammamish March 9<sup>th</sup>

By Robin Ryan



If you were anywhere near the shores of **Lake Sammamish** this past weekend, you may have witnessed a delightful spectacle—**30 spirited West Highland White Terriers** leading their equally enthusiastic owners on a pawsitively wonderful walk! With fluffy white fur bouncing along the trail, noses to the ground, and sniffing galore, our little pack of **Westies (and their humans)** were a sight to behold.

From the start, it was clear this was no ordinary dog walk. Westies don't just stroll—they strut. They take in the world with confidence, curiosity, and just a touch of stubborn sass. There was plenty of sniffing, licking, and checking out the other Westies while being on the lookout for someone offering a treat.

The owners were having as much fun as the dogs. It was heartwarming to see so many **new faces** joining us, with members who wouldn't dream of missing a chance to show off their Westies' charm.

Of course, what's a Westie gathering without a little Westitude? Whether it was the determined tug of a leash toward a mysterious scent, boldly barking away, or the classic "I'll walk when I'm ready" stance, these dogs reminded us exactly why we love them. Independent yet affectionate, feisty yet charming—Westies truly have a personality all their own.



If you missed this walk, don't worry—more Westie adventures are on the horizon! **Our next walk at Lake Sammamish is on Saturday, June 7, at NOON, so mark your calendars.**



**Come join us for the...**

## **Edmonds Westie Walk on May 18th**



**When:** Sunday, May 18, 2025  
**Time:** Noon  
**Where:** Anthony's Beach Cafe parking lot  
**Address:** 456 Admiral Way, Edmonds, WA  
**Host:** Melinda Heller (206-364-4563)

Google: [Anthony's Beach Café, Edmonds, WA](#)

We will meet in the parking lot of Anthony's Beach Cafe at noon for yappy hour, socializing and a group photo. As always, bring poop bags and water for you and your Westie. **Join us** for a walk along the Edmond's waterfront with your westies.





**WHWTCOPS**  
**JUNE WESTIE WALK**  
**Saturday, June 7, 2025**

TIME: Noon  
WHERE: Lake Sammamish State  
Park, Issaquah WA  
MEET: On pathway to right of  
playground  
HOST: Robin Ryan



FREE: Free entry and parking, no Discover Pass needed

Please join us for another Westie walk at Lake Sammamish State Park in Issaquah. I know your favorite Westie would love to go for a W-A-L-K.

**When you enter the park**, continue along the main road as it **turns east**. There is a large parking area. North of the parking area, you'll spot the **large Playground by the lake**. We will do a meet and greet together on the pathway, followed by a group photo.

We'll walk west along paved trails to the beach on the west side of the park. After the walk, we will meet back near the playground and bathhouse where there are restrooms. Please note that pets must be on a leash in the park. See you there!

**NOTE:** Google Maps: Lake Sammamish State Park (for directions) then see above.



# Pacific Northwest Highland Games & Clan Gathering

July 26th & 27<sup>th</sup>

**Enumclaw Expo Center  
45224 284th Avenue SE  
Enumclaw, Washington 98022**

Clan Westie has been invited to participate at the **Celtic Kennel** exhibit at the **PNW Highland Games**. Along with our canine Celtic cousins, we meet and greet dog-loving fair goers and share our dog's Westie Highland heritage. We walk in the Celtic Kennel parade and participate in the activities presented by the kennel.

Please consider volunteering to work in our Celtic Kennel booth on Saturday or Sunday (July 26-27). Email **Lesley Wilson (LPW98075@comcast.net)** with your name, day available, and phone number. Your confirmed date and other key details will be sent to you prior to the event.



## For those participating in this event:

- Free entry to the PNW Highland Games
- Show your Westie to the public for petting (calm dogs do well)
- Work in our booth for **3 hours** during Kennel hours (9am-3:30pm).
- Parking on fairgrounds is approx. \$15 (cash only)



Highland Westies by artist Kim Niles



# Product Recommendation

By Karin Parish

## Slippery Elm Bark Powder



Someone recommended this product when I was breeding. You aren't supposed to give strong prescribed medicine to dogs who are nursing, so Slippery Elm Bark was recommended to me, though I hadn't heard of it before.

It's a natural powder, and it comes in a big jar, maybe you can share it. Anyway, it works like a charm. You just put 1/4 scoop (enclosed in the jar) on the food once a day and .. wowie zowie... it is amazing.

**According to the website:**

**Slippery Elm Bark** powder is a prebiotic mucilage that coats and soothes the digestive tract and is loaded with the SCFA (short-chain fatty acid, "Butyrate") that is known to fight

SID (small intestinal dysbiosis). Sometimes adding Slippery Elm with a little water to a meal is sufficient enough to get SID under good control, alleviating the need for a course of antibiotics. Although this is not always guaranteed to work, it is well worth trying.

About \$15.49 for 4 ounces or 350 doses for a dog up to 25 pounds.



## Looking for Westie Health Resources?

The **Westie Foundation of America** has a free, downloadable PDF file that you can access for comprehensive coverage of Westie health issues. The URL is:

[https://westiefoundation.org/files/galleries/WFA Westie Health Ebook.pdf](https://westiefoundation.org/files/galleries/WFA_Westie_Health_Ebook.pdf)

Have questions about allergies, nutrition, dry eye, spaying or neutering? These topics and more are covered by authorities in the field. Brief overviews cover general health and disease in Westies. Specific diseases are covered in depth with illustrations and references.



# Club Officers, Directors and Contacts

## Upcoming Events



**President,  
Webmaster,  
Newsletter  
Editor,  
Lesley Wilson**



**Vice President,  
Jeannette  
Melchior**

**Westie Spring Fling**  
1-3 PM, April 26th  
Academy of Canine Behavior  
4705 240<sup>th</sup> St SE, Bothell, WA

**Edmonds Westie Walk**  
Noon, May 18th  
Anthony's Beach Café Parking Lot  
Edmonds, WA



**Treasurer,  
Dee Thompson**



**Secretary,  
Membership  
Chair,  
Rescue  
Representative,  
Karin Parish**

**Lake Sammamish Westie Walk**  
Noon, June 7<sup>th</sup>  
Lake Sammamish State Park  
Issaquah, WA



**Past President,  
Rescue  
Assistant/  
Foster,  
Christine  
Corbley**



**Director  
Kathy Reed**

**Celtic Kennel / PNW Highland Games**  
9-3 PM, July 26-27th  
Enumclaw Expo Fairgrounds  
Enumclaw, WA



**Director,  
Rescue  
Representative,  
Vicki Ray**



**Director,  
Melinda Heller**

## New Members

Jessica Gross, Woodinville, WA  
Jane Hunt/Allen Olson, Ruston, WA



**Director  
Lois Briscoe  
Kimball**



**Breeder Referral  
Vicki Fulton**

## New Member Applications

**Visit our website:**  
[www.whwtcops.org](http://www.whwtcops.org)



**Photographer,  
Robin Ryan**