



Westie Sounds

West Highland White Terrier Club of Puget Sound — Spring 2026

Ready for 2026?



We've had our first Westie Walk of 2026 and the weather was beautiful. Marymoor is a 40 acre off-leash dog park, and it took a while for the people at Lot D to find the people at Lot G. Good thing little white dogs are easy to spot.



Planning is under way for this year's club events. We have two dog walks lined up in Edmonds (May) and Issaquah (June).

We will once again host the Westie booth at the Scottish Highland Games at the end of July in Enumclaw. If you have a calm dog, consider working at the booth and enjoying the games.

Westie Fun Days is on the radar for August, and we'll have lots of activities for you and your dog.



I'm pleased to welcome new member applicant Robin Ott and her dog Frankie (at left) to the club. We look forward to seeing Robin and everyone at future club activities.

And this just in...we have received invitations from the Washington State Scottish Terrier Club to join their Edmonds dog walk on May 9th and their Fala Fun Day picnic with dog games and a costume contest at Mary Cash Farm in Woodinville on June 13th.

Lesley Wilson, President



JOIN US

Mother's Day Weekend Walk

Saturday, May 7, 2026
Meet at 11 a.m.
Just South of Edmonds Ferry Terminal

 

Bring Your Terriers or Favorite Canine Fur Baby on Leads
Dogs Must Be Vaccinated. Bring Your Poop Bags
We'll Find a Place for Lunch (Those Who Wish)
Sponsored by the Washington State Scottish Terrier Club



More information needed? Contact Vandra
vlhuiber.88@gmail.com or Oleg
Olegdolgikh2@gmail.com

Come join us for the...

Edmonds Westie Walk – Sunday, May 17th, 1PM



When: Sunday, May 17, 2025

Time: 1PM

Where: Anthony's Beach Cafe parking lot

Address: 456 Admiral Way, Edmonds, WA

Host: Melinda Heller (206-364-4563)

Google: [Anthony's Beach Café, Edmonds, WA](#)

We will meet in the parking lot of Anthony's Beach Cafe at noon for yappy hour, socializing and a group photo. As always, bring poop bags and water for you and your Westie. **Join us** for a walk along the Edmond's waterfront with your westies.



Lake Sammamish State Park Westie Walk

Saturday, June 6, 2025

TIME: Noon
WHERE: Lake Sammamish State Park, Issaquah WA
MEET: On pathway to right of playground
HOST: Robin Ryan
FREE: Free entry and parking, no Discover Pass needed



Please join us for another Westie walk at Lake Sammamish State Park in Issaquah. I know your favorite Westie would love to go for a W-A-L-K.

When you enter the park, continue along the main road as it **turns east**. There is a large parking area. North of the parking area, you'll spot the **large Playground by the lake**. We will do a meet and greet together on the pathway, followed by a group photo.

We will walk west along paved trails to the beach on the west side of the park. After the walk, we will meet back near the playground and bathhouse where there are restrooms. Please note that pets must be on a leash in the park. See you there!

NOTE: Google Maps: [Lake Sammamish State Park](#) for directions then see above.



Courtesy of the Washington State Scottish Terrier Club...



FALA FUN DAY

Saturday, June 13, 2026 Beginning at 10 a.m.

Mary Cash Farm/Cold Creek Natural Area
 (Not Cottage Lake Park)
 Woodinville – Duvall Road at 180th Ave NE
 Woodinville, WA 98072

Schedule of Events

Registration	9:00-9:30 a.m.	
Games	10 a.m. to Noon	Bobbing for Hot Dogs Find the Hidden treats Musica Squares with Dogs
Trick Dog Contest Costume Contest	10:30 to 11:30 p.m.	Prizes
Lunch	Noon -1 p.m. All American Potluck	A-D Main Dish E-H Side Dish I-N Dessert O-Z snacks such as chips, olives, crackers
Competitions	1 p.m. to 3 p.m.	Best Trick Best Costume Best Howler
Terrier Boutique will be open with lots of goodies to buy throughout the event.		

Bring a chair to sit ringside. Dogs must be vaccinated.
YOU MUST BRING A CRATE OR X-PEN TO CONTAIN YOUR SCOTTIE/TERRIER WHEN NOT PLAYING GAMES
 Bring a dish to share for a fun time potluck lunch.
 Will be Held Rain or Shine. We'll Have Canopies if needed
 Contact Vandra for more information at Vlhuber.88@gmail.com

Celtic Kennel Call for Volunteers

WHWTCOPS has been invited to participate at the **Celtic Kennel** exhibit at the **Pacific Northwest Highland Games** July 25-26th at the Enumclaw Expo Center.

Along with our canine Celtic cousins, we meet and greet dog-loving fair goers and share our dog's Westie Highland heritage. We walk in the Celtic Kennel parade and participate in the activities presented by the kennel.

Please consider volunteering to work in our Celtic Kennel booth on Saturday, July 25 (morning or afternoon), or Sunday (morning or afternoon) July 26. Calm dogs do best.

If you are interested, contact **Lesley Wilson** at LPW98075@comcast.net with your name, day available, and phone number. Key details will be sent to you prior to the event.



Pacific Northwest Highland Games & Clan Gathering

July 25th & 26th

Enumclaw Expo Center
45224 284th Avenue SE
Enumclaw, Washington 98022

For those participating in this event:

- Free entry to the PNW Highland Games
- Show your Westie to the public for petting (calm dogs, please)
- Work in our booth for **3 hours** either morning or afternoon (between 9am-3:30pm)
- Parking on fairgrounds is approx. \$15 (cash only)

In Remembrance of Bonnie B. McMillan

January 20, 1967 – February 21, 2026



All Terrier Dog Show in Bremerton

By Lesley Wilson

The All-Terrier Club Dog Show was held at the Kitsap County Fairground in Bremerton on March 20th. Jeannette Melchior and I decided to attend the show because we like dog show and because we wanted to support our club's Westie Designated Specialty show. In recent years we have had very few Westie entries. This year we had one junior handler entered with a five-month-old Westie puppy.

The Kitsap County Fairgrounds was an excellent venue for the show, and plans are in the works for the Peninsula Fanciers club to host the event again next year.



Product Review: Rescue Remedy – for Edgy Dogs

by Karin Parish

RESCUE® originated in the early 20th century with Dr. Edward Bach, who identified 38 plant and flower essences for emotional health. He partnered with Nelsons Homeopathic Pharmacy to produce and distribute these formulations, which are now manufactured and sold internationally.

Rescue Remedy is a homeopathic-style product aimed at stress relief, containing five flower essences for addressing immediate emotional distress. Nelsons continues to make these products using original methods.

The Rescue Blend includes:

- Rock Rose: For terror or panic
- Impatiens: For impatience or irritability
- Clematis: For dizziness or lack of focus
- Star of Bethlehem: For shock or grief
- Cherry Plum: For fear of losing control



The product line has grown to include sprays, pastilles, and creams formulated for sleep and stress, while maintaining adherence to original principles and preparation methods, according to Rescue Remedy Store and Victoria Health.

Personal Experience

I have utilized Rescue Remedy since 2001, initially during my involvement with Westie and Scottie rescue operations in Southern California. I learned that UK Westie rescue organizations had long incorporated RR into their protocols. The remedy's effects are reported to alleviate anxiety naturally without adverse side effects. Though the mechanism is unclear, I have consistently found it effective for stress management.

The spray formulation has demonstrated effectiveness in managing rescues displaying aggression or marked distress, especially during transport. Administering the spray to the crate or directly to the animal's nose has resulted in calmer behavior without causing harm. Additionally, I regularly employ Rescue Remedy to support newly arrived dogs experiencing stress related to displacement.

The drops last longer than the spray. For pets, place drops on their nose or gums (but not the tongue), or squirt spray in their mouth or on their nose—overdosing isn't a concern. I refresh every five hours and add four drops to the water bowl for a calmer environment with multiple pets.

I prefer Rescue Remedy over CBD or hemp products, as I've had negative experiences with CBD in dogs.

Pastilles are for people only (due to sorbitol), while Rescue Remedy drops or spray can be used for any animal. Pastilles come in flavors like Lemon or Black Currant. Personally, I use pastilles to stay calm in meetings and before stressful events like tests or interviews. Take one if you expect anxiety, such as during taxes or challenges. The products are sold globally on Amazon and at local health store

Product Review: Heusom, the Silent Groom Pro

By Melinda Heller and Hilda



It Works! I was wrong!

My husband, Sam, purchased this product about two months ago. I told him it was a waste of money. We home groom our Westie Hilda's nails between professional visits. "Nuts! It won't work!" Well....I was wrong. Sam was right, Hilda calmly allowed him to Dremel her nails. She is three years old and a very active girl. It is very, very quiet and did an excellent job.



It costs around \$40 but I have seen different prices on the internet. I recommend this purchase for home groomers for intermediate pedicures.

Product Review: The Happy Hoodie, Bathing/Grooming Bonnet

by Karin Parish

I have recently utilized this product with my rescue Westies and have observed a noticeable calming effect. The product is available in various types; I selected the stretchy version in size Small to accommodate the different sizes of my rescues without concerns regarding fit, as opposed to the padded ear option. The stretchy model is convenient, washable, and easy to store.

Additionally, it effectively protects Westie ears from water exposure, thereby reducing the risk of ear infections. To ensure coverage, I fold the ears down so that the flap covers the ear canals.

I strongly recommend this product. It can be found on Amazon and Chewy under the name Happy Hoodie. According to the description, it is also suitable for use during fireworks.





Looking for Westie Health Resources?

The **Westie Foundation of America** has a free, downloadable PDF file that you can access for comprehensive coverage of Westie health issues. The URL is:

[https://westiefoundation.org/files/galleries/WFA Westie Health Ebook.pdf](https://westiefoundation.org/files/galleries/WFA%20Westie%20Health%20Ebook.pdf)

Have questions about allergies, nutrition, dry eye, spaying or neutering? These topics and more are covered by authorities in the field. Brief overviews cover general health and disease in Westies. Specific diseases are covered in depth with illustrations and references.

Club Officers, Directors and Contacts

Upcoming Events



**President,
Webmaster,
Newsletter
Editor,
Lesley Wilson**



**Secretary,
Jeannette
Melchior**

Westie Walk
March 20th, 1-6PM,
Kitsap County Fairgrounds
Bremerton, WA



**Treasurer,
Dee Thompson**



**Vice President,
Membership
Chair,
Rescue
Representative,
Karin Parish**



**Past President,
Rescue
Assistant/
Foster,
Christine
Corbley**



**Director
Kathy Reed**



**Director,
Lois Briscoe
Kimball**



**Director,
Melinda Heller**

New Members



**Photographer,
Robin Ryan**



**Breeder Referral
Vicki Fulton**

**New Member
Applications**

Robin Ott, Auburn, WA

Visit our website:
www.whwtcops.org

