

Prana Wellness

OF ARKANSAS

Practitioner

Hannah Wells is a Certified Master Teacher of Usui Reiki. She is proud to come from a family of healers and those with intuitive gifts. She is also Certified in Chakra Balancing and Past-Life Regression.



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Google, FB, & TikTok

LIST OF SERVICES

CHAKRA BALANCING Time: 30 min Cost: \$40	This practice aims to align the natural flow of energy within the body to promote optimal health and well being. The client is immersed in a healing sound frequency while the practitioner balances the energy centers within the body. Blocked or stagnant energies can result in a variety of illness.
CONCENTRATED REIKI Time: 30 min Cost: \$40	An ancient Japanese form of relaxation and healing. This session is intended as a Reiki treatment for a specific body area and can usually be done sitting in a chair. Mobile service is available within a 15 mile radius.
REJUVINATING REIKI Time: 1 hour Cost: \$80	An ancient Japanese form of relaxation and healing. This session is intended as a full body Reiki treatment. This can aid in physical as well as emotional healing.
IMMERSIVE REIKI with Chakra Balancing and Intuitive Reading Time: 1 hour Cost: \$110	An ancient Japanese form of relaxation and healing. This session is intended as a full body Reiki treatment. When combined with Chakra Balancing and an Intuitive Reading, the client is able to gain a new perspective in their healing process and feel validated in their experiences.
GUIDED MEDITATION Time: 30 min Cost: \$40	All levels of meditation ability are welcome. Beginners will be guided through the process of meditation and given advice to help them improve their process. Intermediate to Advanced levels can have the session tailored to their needs in order to reach specific goals.

HOUSE CLEANSING Time: approx. 1 hour Cost: \$120	Our environments can have a profound impact on our own energy. Whether you have moved to a new home, selling a home, or just need a refresh - this is a great way to reset the energy in the space. Cost may be adjusted for larger homes requiring more time or a distance of more than 15 miles.
PAST LIFE REGRESSION Coming Soon	Clients are guided through the process of revisiting past lives. This process can give the client information on their karmic relationships, life purpose, alleviate fears and limiting beliefs, increase manifestation abilities, and many other benefits.
DISTANCE REIKI Time: 30 min / 1 hour Cost: \$40 / \$80	An ancient Japanese form of relaxation and healing. This session is intended as a full body Reiki treatment. This can aid in physical as well as emotional healing. The client receiving energy and practitioner can be anywhere in the world and not in proximity to each other.
PACKAGE OPTIONS	All packages expire 12 months after purchase date.
ACTIVATED HEALING Time: 3 hours Cost: \$250	Immersive Reiki with Chakra Balancing and Intuitive Reading (1 hour) and two follow up sessions of Immersive Reiki (two 1 hour sessions)..
EXCEPTIONAL HEALING Time: 5 hours Cost: \$400	Immersive Reiki with Chakra Balancing and Intuitive Reading (1 hour) and four follow up sessions of Immersive Reiki (four 1 hour sessions).
MINDFULNESS Time: 2 hours Cost: \$140	Guided Meditation (30 min) and three follow up sessions.
GROUP CLASSES	Group classes for meditation can be offered at request.