## **SKIN-HEALTH PROGRAMS**

## FOR ALL SKIN TYPES AND NEEDS

Restore your skin's natural beauty. Full skin-health programs directly from our Dermatologists. No questioning what's right, it's already set up for your needs and skin type. Start your skin-health journey to



THE FOUNDATION Key and essential skincare regimen for everyone! Excellent for younger and mature skin. A great base to skin health, add and build your skincare routine as you go along.

**BRIGHTEN AND PREVENT** Formulated to luminize and brighten while treating discoloration. Remove unwanted pigmentation while preventing oxidative stresses that cause skin aging and discoloration.

GLŌ ANTI-AGING For both younger skin as prevention and maturing skin needing correction, improved texture and reduction of fine lines. This complete plan prevents oxidative stresses causing collagen and elastin degradation. Hydrate, volumize, prevent, correct and restore...it's all here. Dr. Straka uses the MENS regimen himself, his top picks.

GLŌ AGGRESSIVE ANTI-AGING The ultimate preventative, corrective and hydrating regimen to reverse the years and prevent those to come. This program encompasses the best proven ingredients in skincare to date. This is Dr. Kleven's personal skin care routine!

PRODUCT APPLICATION AND LAYERING GUIDELINES: Apply product to fingertips and massage into the skin until fully absorbed. Once absorbed, continue with additional steps in the protocol sequentially.

RETINOL/TRETINOL APPLICATION TIPS: Apply only a pea-sized amount of the medication for the entire face. Using more may cause irritation. Start by squeezing a small amount onto to your fingertip and dab onto your forehead, cheeks, chin, and nose. Spread thinly over entire face. You may use a moisturizer immediately following. These medications may cause redness, peeling and irritation. Typically your face will adjust after several weeks with continued application. If redness and irritation become significant, reduce the application frequency to every other night or even every third night. Irritation can also be managed by applying moisturizer to your skin BEFORE applying the medication. For anti-aging and pigmentation, it may take 3-6 months to see improvement, but continues to improve the longer you use it.

WEEKLY TREATMENT INSTRUCTIONS: Intermittent treatment products can cause irritation if over-used. It is recommended you do not use if your skin is experiencing irritation. Almost all skin types can tolerate once weekly, but some individuals may need to do every other week.

Foundation skincare	ZO Daily Skincare Program (4 item)	Glō Best Base (Lumeno)
	Exfoliating Cleanser	Revitalizing Cleanser
	Exfoliating Polish	Brightening Polish
	Complexion Renewal Pads	Antioxidant Moisturizer 50SPF
	Daily Power Defense	Fortified Moisturizer
Complete Program (Save 10%)	\$118.00	\$141.00

Glō Aggressive Anti-aging	Normal to Oily Skin, Combination	Dry and Sensitive Skin	Oily/Acne Prone Skin
AM/PM prepare	GA 10% Cream Cleanser	Revitalizing Cleanser	Beta Enzyme Cleanser
Weekly	ZO Exfoliating Polish		Brightening Polish
Facial clothes	ColorScience Hydrating Facial Cloths	ColorScience Hydrating Facial Cloths	ZO Complexion Renewal Pads
AM Treatment	Vitamin C20% Serum	ZO Rozatrol Cream	Vitamin C20% Serum
AM Hydrate	Pure HA Serum	Needle Free Serum	Pure HA Serum
AM Protect	Antioxidant Moisturizing SPF50 Cream	Antioxidant Moisturizing SPF50 Cream	Antioxidant Moisturizing SPF50 Cream
PM Treatment	Concentrated Retinol 0.50% + Bakuchiol serum	ZO Growth Hormone Serum	Tretinol .50% Serum
PM Finishing	Restorative Moisturizer + Peptides	Lipid Repair Cream	ZO Renewal Créme
Complete Program (Save 20%)	\$439.00	\$375.00	\$440.00

Glō Anti- aging Program	Normal to Oily Skin, Combination	Sensitive and Dry Skin	Glō Men
AM/PM prepare	Revitalizing Cleanser	Revitalizing Cleanser	GA 10% Cream Cleanser
AM Treatment	Vita CE Ferulic Acid (15% Vitamin C)	Needle Free Serum	ZO Active C 10%
AM Protect	Antioxidant Moisturizing SPF50 Cream	Antioxidant Moisturizing SPF50 Cream	Sheer Mineral 50SPF Antioxidant
PM Treatment	Tretinol .50% Serum	Retinol 10X Serum	Tretinol .50% Serum
PM Finishing	Restorative Moisturizer + PeptideS	Intensive Recovery Cream	Fortified Oil Free Moisturizer
Complete Program (Save 20%)	\$263.00	\$230.00	\$145.00

<b>Brightening</b> - treatment of hyperpigmentation	ZO Brightening Program	Glō Aggressive Brightening and Correction Program
	Gentle Cleamser	GA 10% Cream Cleanser
	Exfoliating Polish	Brightening Polish
	Complexion Renewal Pads	ZO Active C 10% Cream
	Daily Power Defense	ZO Brightalive
Complete Program (Save 20%)	Brightalive	Retinol 10X Serum
*add an SPF to the regimen	\$174.00	\$204.00