## March 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
If you have any questions or concerns please contact the Recreation Therapy team at (902) 384-4118  Activities are subject to change. Please refer to White Board Daily						1 10:30 Card Game Bingo 2:00 Word Games
10:30 Card Game Bingo 2:00 Races/ sports	10:30 Exercises 2:00 Music with Nathalie	Strove Tuesday 4 10:30 Jeopardy Trivia 2:00 Old Wives Tales -True or false	9:30Hairdresser 5 10:30 Bowling 2:00 March Quiz	6 10:30 Bingo 2:00 Arm Chair Travel to Antarctica	7 10:30 Lexicon 2:00 Manicures 6:30Movie in lounge	8 10:30 Card Game Bingo 2:00 Word Games
9 10:30 Card Game Bingo 2:00 Races/ Sports	10:30 Exercises 2:00 Music with Nathalie	11 10:00 Music with Vinny and the boys 2:00 Devotions	9:30Hairdresser 12 10:30 Music with Gord & Al 2:00 Exercises	10:30 Bingo 13 2:00 Arm Chair Travel to Ireland 6:30Movie in lounge	14 10:30 Lexicon 2:00 Beer & Tattoos Social	15 10:30 Card Game Bingo 2:00 Word Games
16 10:30 Card Game Bingo 2:00 Races/ Sports	17 10:30 Exercises 2:00 Music with Nathalie	10:30 Resident 18 Council Meeting 2:00 Singalong With Avard	9:30Hairdresser 19 10:30 Braeside Buddies 2:00 Music with the Country Hicks	20 10:30 Bingo 2:00 Arm Chair Travel to Bali	21 10:30 Lexicon 2:00 Manicures 6:30Movie in lounge	10:30 Card Game Bingo 2:00 Word Games
10:30 Card Game Bingo 2:00 Races/ Sports	10:30 Exercises 2:00 Music with Nathalie	25 10:00 Music with Vinny and the boys 2:00 Devotions	9:30Hairdresser 26 10:30 Exercises 2:00 Birthday Bash	10:30 Bingo <b>27</b> 2:00 Arm Chair Travel to Norway 6:30Movie in lounge	28 10:30 Lexicon 2:00 Movie & snacks	10:30 Card Game Bingo 2:00 Word Games
30 10:30 Card Game Bingo 2:00 Races/ Sports	31 10:30 Exercises 2:00 Music with Nathalie	March Bir  March 17 <sup>th</sup> - (  March 21 <sup>st</sup> - )  March 25 <sup>th</sup> - )	Catherine W. Arnold T.		St. Patrick's Day	