

August 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						10:30 Balloon badminton 1 2:00 Lexicon Puzzle
10:30 Country Classic Ball Toss 2 2:00 Outside in the Garden	10:30 Curling 3 2:00 Outdoor Games	10:30 Devotions 4 2:00 Balloon Badminton	10:30 Ball Toss 5 2:00 Outside in the Garden	9:45 Hairdresser 6 10:30 Bowling 2:00 Bingo	10:30 Curling 7 2:00 Arm Chair Travel To Peru	10:30 Music With Brittany 8 2:00 Outside in the Garden
10:30 Music With Brittany 9 2:00 Sunday Social	10:30 Curling 10 2:00 Outdoor Games	10:30 Devotions 11 1:30 Baking Cookies	10:30 Music with Gord and Al 12 2:00 Ice Cream Social	9:45 Hairdresser 13 10:30 Bowling 2:00 Bingo	10:30 Lexicon & One on One visit 14 2:00 Arm Chair Travel To Romania	10:30 Balloon badminton 15 2:00 Lexicon Puzzle
10:30 Country Classic Ball Toss 16 2:00 Outside in the Garden	10:30 Curling 17 2:00 Birthday Bash	10:30 Resident Council Meeting 18 2:00 Singalong with Avarad & friends	10:00 Halifax County EX trip 19 2:00 Music with the Country Hicks	9:45 Hairdresser 20 10:30 Bowling 2:00 Water Balloon Fun	10:30 Bingo 21 2:00 Summer student Farewell party	10:30 Music With Brittany 22 2:00 Outside in the Garden
10:30 Music With Brittany 23 2:00 Sunday Social	10:30 Curling 24 2:00 Outdoor Games	10:30 Devotions 25 1:30 Baking Cookies	10:00 Scenic Bus Drive 26 2:00 Halifax Public Library Visit – Craft	9:45 Hairdresser 27 11:00 Church Service 2:00 Bingo	10:30 Lexicon & One on One visit 28 2:00 Arm Chair Travel To Tanzania	10:30 Balloon badminton 29 2:00 Lexicon Puzzle
10:30 Country Classic Ball Toss 30 2:00 Outside in the Garden	10:30 Curling 31 2:00 Outdoor Games					

August Birthday's

* August 16th (1942) – Rose Lane

Recreation Programs are subject to change, please check the white board daily. If you have any questions or concerns please contact the Recreation Therapy team at (902) 384-4118