

February 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY


February Birthdays

February 12th – Lloyd M.

February 20th - Eva H.

February 22nd - Shirley F.

February 29th - Michelle M.

Ground Hog Day 2 10:30 Card Game Bingo 2:00 Word Games	3 10:30 Exercises 2:00 Music with Nathalie	4 10:00 Baking Cookies 2:00 Card Game Bingo	5 9:30 Hairdresser 10:30 Exercises 2:00 Valentines Craft Suncatcher hearts	6 10:30 Bingo 2:00 Arm Chair Travel to Greenland	7 10:30 Lexicon 2:00 Manicures 6:30 Movie in lounge	8 10:30 Word games 2:00 Card Game Bingo
9 10:30 Card Game Bingo 2:00 Word Games	10 10:30 Exercises 2:00 Music with Nathalie	11 10:00 Music with Vinny and the boys 2:00 Devotions	12 9:30 Hairdresser 10:30 Music with Gord & Al 2:00 Exercises	13 10:30 Bingo 2:00 Arm Chair Travel to Austria 6:30 Movie in lounge	14 10:30 Lexicon 2:00 Valentines Day Social 	15 10:30 Word games 2:00 Card Game Bingo
16 10:30 Card Game Bingo 2:00 Word Games	17 10:30 Exercises 2:00 Music with Nathalie	18 10:30 Resident Council Meeting 2:00 Singalong With Avard	19 9:30 Hairdresser 10:30 Exercises 2:00 Music with the Country Hicks	20 10:30 Bingo 2:00 Arm Chair Travel to Czech Republic	21 10:30 Lexicon 2:00 Manicures 6:30 Movie in lounge	22 10:30 Word games 2:00 Card Game Bingo
23 10:30 Card Game Bingo 2:00 Word Games	24 10:30 Exercises 2:00 Music with Nathalie	25 10:00 Music with Vinny and the boys 2:00 Devotions	26 9:30 Hairdresser 10:30 Exercises 2:00 Birthday Bash	27 10:30 Bingo 2:00 Arm Chair Travel to Amsterdam 6:30 Movie in lounge	28 10:30 Lexicon 2:00 Manicures	If you have any questions or concerns please contact the Recreation Therapy team at (902) 384-4118 <u>Activities are subject to</u> <u>change. Please refer to</u> <u>White Board Daily</u>