

June 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30 Card Game 1 Bingo 2:00 NASCAR Races/ Sports	2 10:30 Exercises 2:00 Jeopardy Trivia	3 10:30 Manicures 2:00 Starting seeds For the garden	4 10:30 Exercises 2:00 Card game bingo	5 9:30Hairdresser 10:30 Bingo 2:00 Movie	6 10:30 Lexicon 2:00 Curling 6:30Movie in lounge	7 10:30 Card Game Bingo 2:00 Soaking up the sun
8 10:30 Card Game Bingo 2:00 NASCAR Races/ Sports	9 10:30 Exercises 2:00 Soaking up the sun outside	10 10:00 Music with Vinny and the boys 2:00 Manicures	11 10:30 Music with Gord & Al 2:00 Exercises	12 9:30Hairdresser 10:30 Arm Chair Travel to ... 2:00 Bingo 6:30Movie in lounge	13 10:30 Lexicon 2:00 Gardening	14 10:30 Card Game Bingo 2:00 Soaking up the sun
15 10:30 Card Game Bingo 2:00 NASCAR Races/ Sports	16 10:30 Exercises 2:00 Jeopardy Trivia	17 10:30 Resident Council Meeting 2:00 Sing along with Avar and Friends	18 10:00 Braeside Buddies 2:00 Music with the Country Hicks	19 9:30Hairdresser 10:30 Arm Chair Travel to ... 2:00 Bingo	20 10:30 Lexicon 2:00 Manicures 6:30Movie in lounge	21 10:30 Card Game Bingo 2:00 Soaking up the sun
22 10:30 Card Game Bingo 2:00 NASCAR Races/ Sports	23 10:30 Exercises 2:00 Soaking up the sun outside	24 10:00 Music with Vinny and the boys 2:00 Manicures	25 10:30 Exercises 2:00 Birthday Bash	26 9:30Hairdresser 11:00 Church Service 2:00 Bingo 6:30Movie in lounge	27 10:30 Lexicon 2:00 Gardening	28 10:30 Card Game Bingo 2:00 Soaking up the sun
29 10:30 Card Game Bingo 2:00 NASCAR Races/ Sports	30 10:30 Exercises 2:00 Jeopardy Trivia	<u>June Birthdays</u> June 2, 1934- Francis Isenor June 12, 1941- Carroll Armstrong June 24, 1935- Vera Rudolph June 27, 1935 – Russell “Bud” Fleming				

If you have any questions or concerns please contact the
Recreation Therapy team at (902) 384-4118
Activities are subject to change. Please refer to White Board Daily