

# May 2026

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Recreation Programs are subject to change, please check the white board daily.  
If you have any questions or concerns please contact the Recreation Therapy team at  
(902) 384-4118

10:30 Country Classics ball toss 2:00 Card Game Bingo	3	10:30 Country Classic's ball toss 2:00 Card game Bingo	4	10:30 Golden Memories game 2:00 Manicures	5	10:30 Devotions 2:00 Movie and snacks	6	9:45 Hairdresser 10:30 Bowling 2:00 Bingo	7	10:30 Curling 2:00 Arm Chair travel To Argentina	8	10:30 Music With Brittany 2:00 Card Game Bingo	2
10:30 Country Classics ball toss 2:00 Card Game Bingo	3	10:30 Country Classic's ball toss 2:00 Card game Bingo	4	10:30 Golden Memories game 2:00 Manicures	5	10:30 Devotions 2:00 Movie and snacks	6	9:45 Hairdresser 10:30 Bowling 2:00 Bingo	7	10:30 Curling 2:00 Arm Chair travel To Bhutan	8	10:30 Ball Toss/ Balloon badminton 2:00 Lexicon Puzzle	9
10:30 Card Game Bingo 2:00 Mother's Day Tea Social	10	10:30 Country Classic's ball toss 2:00 Card game Bingo	11	10:00 Music with Vinny and the boys 2:00 Manicures	12	10:30 Music with Gord and Al 2:00 Cleaning up the back yard	13	9:45 Hairdresser 10:30 Bowling 2:00 Bingo	14	10:30 Curling 2:00 Arm Chair travel To Ukraine	15	10:30 Music With Brittany 2:00 Card Game Bingo	16
10:30 Country Classics ball toss 2:00 Card Game Bingo	17	10:30 Country Classic's ball toss 2:00 Card Game Bingo	18	10:30 Resident Council Meeting 2:00 Singalong with Avard & friends	19	10:30 Devotions 2:00 Music with the Country Hicks	20	9:45 Hairdresser 10:30 Bowling 2:00 Bingo	21	10:30 Curling 2:00 Arm Chair travel To Vietnam	22	10:30 Ball Toss/ Balloon badminton 2:00 Lexicon Puzzle	23
10:30 Card Game Bingo 2:00 Board Games	24	10:30 Country Classic's ball toss 2:00 Birthday Bash	25	10:00 Music with Vinny and the boys 2:00 Manicures	26	10:30 Golden Memories game 2:00 Halifax Public Library Visit – Craft	27	9:45 Hairdresser 11:00 Church Service 2:00 Bingo	28	10:30 Curling 2:00 Arm Chair travel To Philippines	29	10:30 Music With Brittany 2:00 Card Game Bingo	30
10:30 Country Classics ball toss 2:00 Card Game Bingo	31												

## May Birthday's

May 6, 1930- Greta Day

May 30, 1949– Ralph Pearson