

November 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

If you have any questions or concerns please contact the Recreation Therapy team at
(902) 384-4118

Activities are subject to change. Please refer to White Board Daily

10:30 Card Game 1
Bingo
2:00 Country Classic
Dance party

2 10:30 Board games 2:00 Card Game Bingo	3 10:30 Exercises 2:00 Card Game Bingo	4 10:30 Fun trivia quiz 2:00 Movie & Snacks	5 10:30 Bowling 2:00 Manicures	6 9:45 Hairdresser 10:00 Baking 2:00 Bingo	7 10:30 Lexicon 2:00 Armchair travel	8 10:30 Card Game Bingo 2:00 Word Games
9 10:30 Lexicon 2:00 Card Game Bingo	10 10:30 Exercises 2:00 Card Game Bingo	11 Remembrance Day	12 10:30 Music with Gord & Al 2:00 Bingo	13 10:30 Exercises 2:00 Birthday bash	14 10:30 Lexicon 2:00 Armchair travel	15 10:30 Card Game Bingo 2:00 Country Classic Dance party
16 10:30 Board Games 2:00 Card Game Bingo	17 10:30 Exercises 2:00 Card Game Bingo	18 10:30 Resident Council Meeting 2:00 Sing along with Avarid	19 10:00 Braeside Buddies 2:00 Music with the Country Hicks	20 9:45 Hairdresser 10:30 Exercises 2:00 Bingo	21 10:30 Lexicon 2:00 Armchair travel	22 10:30 Card Game Bingo 2:00 Word Games
23 10:30 Lexicon 2:00 Card Game Bingo	24 10:30 Exercises 2:00 Card Game Bingo	25 10:00 Music with Vinny & the boys 2:00 Baking	26 10:00 Bowling 2:00 Halifax public Library Visit	27 9:45 Hairdresser 11:00 Church Service 2:00 Bingo	28 10:30 Lexicon 2:00 Armchair travel	29 10:30 Card Game Bingo 2:00 One on one visits
30 10:30 Board Games 2:00 Card Game Bingo	November Birthdays November 21 (1921) Dorina "Dot" Julien					