

August 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

If you have any questions or concerns please contact the Recreation Therapy team at
(902) 384-4118

Activities are subject to change. Please refer to White Board Daily

10:30 Card Game **3**
Bingo
2:00 NASCAR Races/
Sports

4
10:30 Exercises
2:00 Soaking up the
sun outside

5
10:30 Gardening/
Outside
2:00 Manicures

6
10:30 Exercises
2:00 Arm Chair Travel

7
10:30 Yahtzee
2:00 Bingo
6:30 Movie in lounge

10:30 Lexicon **1**
2:00 soaking up the
Sun outside
6:30 Movie in lounge

10:30 Card Game **2**
Bingo
2:00 Soaking up the
sun

10:30 Card Game **10**
Bingo
2:00 NASCAR Races/
Sports

11
10:30 Exercises
2:00 Card Game
Bingo

12
10:30 Gardening/
Outside
2:00 Manicures

13
10:30 Music with
Gord & Al
2:00 Exercises

14
9:30 Hairdresser
10:30 Arm Chair
Travel
2:00 Bingo

15
10:30 Lexicon
2:00 Ice Cream Social
Outside
6:30 Movie in lounge

10:30 Card Game **16**
Bingo
2:00 Soaking up the
sun

10:30 Card Game **17**
Bingo
2:00 NASCAR Races/
Sports

18
10:30 Exercises
2:00 Soaking up the
sun outside

19
10:30 Resident
Council Meeting
2:00 Sing along with
Avar and Friends

20
10:00 Braeside
Buddies
2:00 Music with the
Country Hicks

21
10:00 Scenic drive
2:00 Bingo
6:30 Movie in lounge

22
10:30 Lexicon
2:00 Ice Cream Social

10:30 Card Game **23**
Bingo
2:00 Soaking up the
sun

10:30 Card Game **24**
Bingo
2:00 NASCAR Races/
Sports

25
10:30 Exercises
2:00 Card Game
Bingo

26
10:30 Arm Chair
Travel
2:00 Ice Cream Social
with the daycare

27
10:30 Tie dye fun
2:00 Halifax public
Library Visit

28
9:30 Hairdresser
11:00 Church Service
2:00 Bingo

29
10:30 Lexicon
2:00 Manicures
6:30 Movie in lounge

10:30 Card Game **30**
Bingo
2:00 Soaking up the
sun

10:30 Card Game **31**
Bingo
2:00 NASCAR Races/
Sports

We will be hosting 2 family BBQ's in August the first one will be on August 20th for the **BLUE** dining room and August 27th for the **PINK** dining room. We will be outside if weather permits or in the lounge. Andrea & Sam will call to invite family, Max 2 family members per resident!