

Request for a Reduced Payment (Sliding Scale)

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Threefold Health/ AJS Mental Health Counseling rates are currently \$160 for an individual session and \$175 for a couples session. We recognize that these rates could be prohibitive for some people who will not be able to afford the services they need. For this reason we do offer the possibility to request a reduced payment.

Please complete the following questionnaire which will be reviewed to determine the possibility for a reduced payment.

1. Name

2. Are you a New, Current, Or Previous Client of Threefold Health/ AJS Mental Health Counseling?

- ☐ New
- ☐ Current
- ☐ Previous

3. What kind of service are you looking for?

- ☐ Individual Counseling
- ☐ Couple Counseling
- ☐ Group Counseling

Other

4. How often do you hope to see a therapist? Please note if you have a frequency already established.

5. Please describe your gross Annual Income including all sources wages, unemployment, child support, and any family contributions

6. Please describe why you are unable to pay the full fee. Please include any details that may help us understand your need for a lower fee such as loss of income, medical expenses, significant expenses, debt, etc.

7. Do you have health insurance? -If yes, please describe and help us understand why services are too expensive. -If no, why not? Please describe if you have applied for Medicaid or other subsidized insurance. If you haven't applied would you be eligible?

8. What do you think you can afford? Please describe if this is per session, monthly or something else.

I attest that the information provided is accurate to the best of my knowledge and will be reviewed by a small committee including a therapist, practice owner and practice office manager to determine a potential reduced payment for services. More information may be requested to make a determination. Reduced payments are not guaranteed and are reviewed on a case by case basis, and many change based on future circumstances.

Signature