

frequently asked questions

What is TrueScience Bath Soak?

Bring the spa experience home and indulge in a well-deserved restorative soak. These revitalizing magnesium bath salts are extracted from the ancient Zechstein Sea then infused with calming CBD-enhanced Nrf2 Ingredients and moisturizing jojoba seed oil to nourish your skin while you soak, keeping it smooth and hydrated. And the refreshing eucalyptus and passionflower scent will help revitalize you. This soak is perfect to use if you're sore and tired after a workout, need to soothe an overworked body and mind, or anytime you need a moment of self-care.

What makes our Bath Soak unique?

TrueScience Bath Soak is formulated with CBD-enhanced Nrf2 actives to help you fight and protect your skin from the visible signs of aging caused by oxidative stress.

Is there artificial fragrance in the Bath Soak?

No, we do not use any artificial fragrance in the TrueScience Bath Soak. The naturally derived scent of the soak is derived from essential oils with no documented negative health impacts and its rejuvenating scent comes from eucalyptus and passionflower.

Is this a clean product?

Yes! TrueScience Bath Soak is specially formulated with clean, plant-powered ingredients, free from any added parabens, silicones, phthalates, artificial colors, and sulfates SLS and SLES (sodium lauryl sulfate and sodium lauryl ether sulfate).

Can I use this product if I have a skin condition or sensitive skin?

If you have a skin condition, please consult your healthcare provider if you have concerns about using new skin-care products. If you have sensitive skin, we recommend testing a small amount on your wrist or inner forearm before regular use.

Can I use this product every day?

Yes, TrueScience Bath Soak is formulated to help you recover from everyday stress while you relax your body and calm your soul.

Do you test the product on animals?

No, LifeVantage does not test on animals.

How do I use this product?

For all skin types. Add 2-3 handfuls (roughly around 1/3 cup) of salt to warm water. Soak for 20 minutes. Emerge feeling calm, centered and relaxed.

Where is this product manufactured?

TrueScience manufacturing facilities are in the US.

Can I recycle the packaging?

We highly encourage everyone to recycle. The Bath Soak jar is recyclable. If you have any questions about recycling in your area, please consult with your local recycling authority.

What is the shelf life of this product?

One year from the manufacturing date. Each product has an expiration date on the packaging.

Does the product lose its potency and effectiveness after the expiration date?

We can't guarantee the quality of products after the expiration date, so we recommend using them before they expire.

Where can I find a list of ingredients?

Each product has a list of the ingredients on the packaging. You can also find them online at LifeVantage.com.

How should I store this product?

We recommend storing this product at room temperature and avoiding direct sunlight or extreme temperatures for prolonged periods of time.

Does this product contain CBD?

Yes, TrueScience Bath Soak contains 220 mg of broad-spectrum CBD.

Is there any THC in the CBD?

The broad-spectrum CBD oil that we use goes through a proprietary refining process and is then sent to a third-party lab for testing to ensure 0.0% THC in all of our products. You can find the third-party testing certification online at [LifeVantage.com](https://www.LifeVantage.com).

Where does LifeVantage source the CBD?

All our CBD oil is sourced in the US. You can see where each batch is sourced! Just scan the QR code on the product page on our website, [LifeVantage.com](https://www.LifeVantage.com).

Is this product legal?

Pursuant to the 2018 Farm Bill, cannabis plants and derivatives that contain no more than 0.3% THC are not considered a controlled substance under US federal law. LifeVantage has ensured that any of our topical products that contain CBD have 0.0% THC.

Is this product safe for children?

We recommend our products to people 18 and older.

Can I use this product if I am in the military?

As of now, branches of the US military have a ban on all CBD products, including topicals. Even though LifeVantage ensures 0.0% THC in its topical products, if you are in any branch of the US military, we recommend that you do not use any of our products that contain CBD.