

frequently asked questions

What is TrueScience Body Rub?

Whether it's from a great workout or from sitting at a desk all day, your muscles deserve a break. Our Body Rub has CBD-enhanced Nrf2 ingredients plus extracts from alpine skullcap, willow bark, and white lily to penetrate your skin. They deliver mild, calming, long-lasting effects.

What makes our Body Rub unique?

It's formulated with CBD-enhanced Nrf2 ingredients to protect against the visible signs of aging caused by oxidative stress. It also promotes relaxation with β -endorphin production and GABA B activation. Give your body a break, and feel good. From head to soul.

Is there fragrance in this product?

Yes! It has an invigorating eucalyptus and mint leaf scent. The fragrance is specially formulated from clean essential oils that have no documented negative health impacts. It's specially formulated to help you relax, recharge, and feel a sense of inner calm.

Is this a clean product?

Yes! TrueScience Body Rub is specially formulated with clean, plant-powered ingredients, free from any added parabens, silicones, phthalates, artificial colors, and sulfates SLS and SLES (sodium lauryl sulfate and sodium lauryl ether sulfate).

Can I use this product if I have a skin condition or sensitive skin?

If you have a skin condition, please consult your healthcare provider if you have concerns about using new skin-care products. If you have sensitive skin, we recommend testing a small amount on your wrist of inner forearm before regular use.

Can I use this product every day?

Yes, TrueScience Body Rub is designed for use whenever your muscles need some TLC.

Do you test the product on animals?

No, LifeVantage does not test on animals.

How do I use this product?

Use for all skin types. Massage into areas that need attention and relief.

Where is this product manufactured?

TrueScience manufacturing facilities are in the US.

Can I recycle the packaging?

We highly encourage everyone to recycle. The Body Rub bottle is recyclable. However, the pump is not. If you have any questions about recycling in your area, please consult with your local recycling authority.

What is the shelf life of this product?

One year from the manufacturing date. Each product has an expiration date on the packaging.

Does the product lose its potency and effectiveness after the expiration date?

We can't guarantee the quality of products after the expiration date, so we recommend using them before they expire.

Does this product have an SPF rating?

No. TrueScience Body Rub does not contain ingredients that have an SPF rating.

Where can I find a list of ingredients?

Each product has a list of the ingredients on the packaging. You can also find them online at LifeVantage.com.

Does this product contain CBD?

TrueScience Body Rub contains 175 mg of broad-spectrum CBD.

Is there any THC in the product that contain CBD?

The broad-spectrum CBD oil that we use goes through a proprietary refining process and is then sent to a third-party lab for testing to ensure 0.0% THC in all of our products. You can find the third-party testing certification online at LifeVantage.com.

Where does LifeVantage source the CBD?

All our CBD oil is sourced in the US. You can see where each batch is sourced! Just scan the QR code on the product page on our website, LifeVantage.com.

Will I feel 'high' if I use this product?

No. THC is the compound found in marijuana or hemp that makes you feel "high." We remove it through a proprietary process that still maintains the quality and potency of the CBD oil.

Is this product legal?

Pursuant to the 2018 Farm Bill, cannabis plants and derivatives that contain no more than 0.3% THC are not considered a controlled substance under US federal law. LifeVantage has ensured that any of our topical products that contain CBD have 0.0% THC.

Is this product safe for children?

We recommend our products to people 18 and older.

Can I use this product if I am in the military?

As of now, branches of the US military have a ban on all CBD products, including topicals. Even though LifeVantage ensures 0.0% THC in its topical products, if you are in any branch of the US military, we recommend that you do not use any of our products that contain CBD.