

# Rink on the Beach Adult Hockey League Rules and Regulations

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## Introduction

The Rink on the Beach Adult Hockey League exists to provide a safe and enjoyable hockey experience for players of all skill levels in a competitive and organized environment. All divisions are non-checking, and fighting/reckless play will not be tolerated.

It's the responsibility of each player to conduct themselves accordingly, and it's expected that players exhibit respect for the officials, teammates, opponents and facilities. The Rink on the Beach has the authority to disqualify, suspend, or remove any player who behaves in an unsportsmanlike manner before, during, or after a game.

In addition to the Rink on the Beach rules specified below, the most recent rules of USA Hockey will serve as the standard in all league activities.

## Contact Information

Alexa - Adult Hockey Manager  
561-339-9595

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561-305-1635

## Registration Process & Fees

### Captain Registration

Team Captain must register the team.

Responsibilities:

Team Captain will be responsible to organize, update, and maintain their teams each season as well as relay all communication from the hockey office to their teams. It is also the responsibility of the Team Captain to notify the Adult League Coordinator of a player change, addition, or removal.

USA Hockey Numbers:

It is the captain's duty to submit all players USA Hockey numbers prior to the start of the season. The captain must also submit their entire roster.

## **Player Registration**

Players are required to register for their team before stepping onto the ice.

## **Team/Player Fees**

Team Costs:

Team fees are \$4500 for a team fee. Subs are still required to pay sub fees for each game.

Individual player fees are \$400. This includes all games and a jersey.

Failure to Pay Team Costs:

Team balances must be paid in full by week 1 of the season.

## **Roster & Team Regulations**

Players may only be registered, rostered and play on one team within each division.

## **Player Check-Ins**

All players are required to check in before the start of each game. If players do not check in at the front desk, it is the responsibility of the player and/or Team Captain to check in with the scorekeeper before puck drop.

## **Jersey Requirements**

All jersey numbers on the ice must match the numbers on the scoresheet.

## **Equipment**

### **Required Equipment**

Players are required to wear basic equipment in order to participate in any game. Basic equipment to be worn is listed below:

Hockey Skates

Hockey Helmet

Hockey Gloves

Hockey Stick

Shin Pads

Elbow Pads

Goalies are required to wear FULL protective equipment in order to participate as a goalie.

## **Penalties**

The Rink on the Beach follows 'Section 4 – Penalties' of the 2021-2025 USA Hockey Rulebook.

We follow USA Hockey's Zero Tolerance Policy. Any use of derogatory language will automatically result in a Match Penalty and three game suspension.

### **Lengths and Disciplinary Action**

Minor: Two Minutes

Misconduct: 10 minutes

Ejection: Removal from game (No suspension for single ejection)

Three (3) game ejections in a single season will result in a one game suspension

Game Misconduct:

Major Penalty (5 minutes) and Game Ejection

Automatic minimum one game suspension

Three (3) game misconducts in one season results in a season suspension

Five (5) game misconducts in one calendar year results in up to a year suspension

Fighting:

Automatic suspension

Two (2) fights in one season results in a season suspension

Any player deliberately trying to hurt another player (intentional body check, intentional slash/spear, intentional cross check to the head, etc) will be suspended multiple games.

Repeat offenders may be removed from the league.

Penalty Cap:

If a player receives three (3) minor penalties or accumulates a total of 12 minutes of penalties in a single game, the player will be ejected from the game immediately.

## **Playing Rules**

### **Regular Season Procedures**

3-minute warm up

Three (3) 13-minute periods

In the third period only, if a team leads by a goal differential of five goals or higher, the clock will continue to run. If the goal differential is brought back to four goals or less, the game will revert back to stop time

Each team receives one time-out

Overtime Procedure:

One 5-minute period played at 3v3

If nobody scores in overtime, it will be followed by a 3-player shootout

Overtime Procedure (Playoffs):

5-minute period played 5v5

If nobody scores in OT1, continuous 5-minute periods played 3vs until someone scores.

### **Playoff Eligibility**

Players must participate in a minimum of five (5) regular season games to be eligible for playoffs

Injuries are the only exception, however the league must be notified of the injury beforehand.

### **Tiebreakers**

If two teams are tied at the conclusion of the regular season, the following tiebreakers will be implemented:

1. Most wins (including overtime)
2. Head to head wins
3. Lowest Penalty Minutes
4. Coin Toss

### **Forfeits**

If a team must cancel a game, the Team Captain must notify the Rink on the Beach Coordinator at least 48 hours in advance, or it will result in a forfeit win for the opposing team

If a team does not show up for a scheduled game, the opposing team will receive a 1-0 win, and will have the sheet for a team practice

If a team no shows a game or forfeits more than once during a season, the captain will be suspended.

### **Game Cancellations**

If any game is cancelled by the Rink on the Beach, it will be rescheduled PRIOR to playoffs. The Rink on the Beach Coordinator will make every attempt to reschedule the game for the same night of play as the normal night for that division.

In instances where it is not possible to reschedule the game for the same night the division usually plays on, the game may be rescheduled on a night that may be different than the night the division normally plays to get the game played prior to the start of the playoffs.