



Founded as the First NJ Christian Congregation in 1664



WELCOME. LOVE. SERVICE. COMMUNITY.

Reverend Dr. Wanda M. Lundy, *Pastor* Jacob Paduano, *Music Director*

14-42 Broad Street, Elizabeth, NJ 07201 (908) 354-0016 | www.shfpchurch.org

Sunday Worship Service | 27 November 2022 | 1st Sunday of Advent

"THE WORD BECAME FLESH AND BLOOD AND MOVED INTO THE NEIGHBORHOOD (John 1:14)."



MEDITATION | ALL

PRELUDE | JACOB PADUANO

CALL TO WORSHIP | PASTOR LUNDY

Invocation | Pastor Lundy

WELCOME & ANNOUNCEMENTS | ELDER WANDA SIZEMORE- MCRAE

ADVENT CANDLE AND CHRISMON SUMMARY | MEMBER & PASTOR

OPENING HYMN | SHFPC MUSIC MINISTRY

VIRTUAL PASSING OF PEACE | LEAD BY FAN COMMITTEE

LIVING OUR MISSION | THE POWER OF LIGHT/1ST SUNDAY OF ADVENT

PRAYER OF CONFESSION | PASTOR LUNDY

SILENT PRAYER OF CONFESSION | ALL

ASSURANCE OF PARDON | PASTOR LUNDY

GLORIA PATRI | ALL

SCRIPTURE READING | ISAIAH 2:1-5 & MATTHEW 24:36-44

HYMN OF PREPARATION | SHFPC MUSIC MINISTRY

MESSAGE | PASTOR LUNDY

Invitation to Spiritual Transformation

PASTORAL AND LORD'S PRAYER | PASTOR LUNDY

OFFERING OF GIFTS TO GOD AND DOXOLOGY | ALL

Musical Selection | SHFPC Music Ministry

 $\textbf{Charge and Benediction} \mid \operatorname{Pastor} \operatorname{Lundy}$

MEDITATION BEFORE SERVICE

Silent mediation is the first order of worship. Take this opportunity to reflect upon God, the events of your week, and the persons who are touching your life. If you wish, share your prayer concerns* or joys, there will be an opportunity to share your concern during service.

*Please share prayer requests with the Deacons.

CALL TO WORSHIP

We come this morning to worship the God made known in Christ Jesus.

We come seeking the Christ, the Light of the world.

We come to worship God and seek God's presence.

Our eyes are used to the darkness. The light of God's presence may be painfully bright.

Our lives have grown easy in the darkness. The light of God's presence may be uncomfortable.

Even so, we come to worship. Even so, we seek God's presence, for in this Light are our lives.

Let us worship God together. **Amen.**

PRAYER OF CONFESSION

Lord God, if we fail to see the explosion of color around us

If we never stop to feel the sun on our faces

If we neglect to listen to the music of birds

And the laughter of children, forgive us

Open our hearts to the grace and truth that surrounds and fills the ordinary days of our lives

Remind us of how You made the common uncommon. Amen. Silent Confession

ASSURANCE OF PARDON

"Truly I tell you, today you will be with me in Paradise," says the Lord. In the name of Jesus Christ, you are forgiven. **Amen.**

GLORIA PATRI

Glory be to the Father, and to the Son, and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, world without end. Amen.

DOXOLOGY

Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heavenly host; Praise Father, Son, and Holy Ghost. Amen.

ANNOUNCEMENTS

Any dates for the Church Calendar should be given to Wanda Sizemore-McRae ASAP.

- Due to the number of members with underlying health issues that attend in-person worship, the Session reviewed **COVID-19 protocol** and voted to:
 - o Request everyone **signs contact list** upon church entry
 - Check vaccination cards
 - o Require non-vaccinated people to properly wear facemasks
 - o **Revisit COVID-19 protocol** in April 2023

These requests are being made for the safety of all who are in attendance.

- We're seeking **FAN supporters**, to donate cases of water and/or lead our fitness breaks. See Elder Pam.
- **11am Worship Service** is in person and on Zoom @ Meeting ID: 825 8830 1038 | (929) 205-6099 | https://uso2web.zoom.us/j/82588301038
- Wednesday Morning Prayer Call takes place @ 6am. Call (929) 205-6099 & use Meeting ID 441 882 9891.
- **Operation Warm Heart** We're also seeking volunteers for in-house program from December 2022 to March 2023. Please contact Elder Bessie for more information.
- 2022 Per Capita is \$45 per member. This and all donations can be submitted during worship; to SHFP Church, P. O. Box 442, Roselle, NJ 07203; or with *Zelle* using shfpchurch64@gmail.com.
- What's the 313? The Ancestors Speak Video Blog Co-hosted by Pastor Lundy & James Amemasor on Sundays @ 3pm. It's a conversation about the Ancestors Speak Research Project on Zoom.
- On Mondays, Prayer Service is 6:30pm and Bible Study is 7pm on Zoom.
- Do you want to **serve on a committee** or ministry? Please see a session member today.
- Anyone requesting a **pastoral visit or at-home communion** should contact one of the Ruling Elders, Deacons, or Pastor.



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WELCOME, LOVE, SERVICE, COMMUNITY, WELCOME, LOVE, SERVICE, COMMUNITY, WELCOME, LOVE, SERVICE, COMMUNITY,

NATIONAL DIABETES AWARENESS MONTH

AMERICANS WITH DIABETES

(diagnosed and undiagnosed)



Source: CDC annual report (2020)

healthline

JUST FACTS

Do You Know?

"Diabetes mellitus is a term for a group of disorders that cause elevated blood sugar (glucose) levels in the body. Glucose is a critical source of energy for your: **brain**, **muscles**, and **tissues**

When you eat, your body breaks down carbohydrates into glucose. This triggers the pancreas to release a hormone called insulin, which acts as a "key" that allows glucose to enter the cells from the blood.

If your body doesn't produce enough insulin to effectively manage glucose, it can't function or perform properly. This leads to symptoms of diabetes. Diabetes that's not well managed can cause serious complications by damaging blood vessels and organs (https://www.healthline.com/health/diabetes/facts-statistics-infographic)."

MARK YOUR CALENDAR

(November Birthdays)

2nd Thomas McClay

6th Elaine Sizemore & Ralph Jones

8th Tony Bethea

9th Carolyn Smith

11th Love Lundy

23rd Yojany D. Mejia

25th Darnell M. Allen-Payne

(November Anniversaries)

15th Mr. Leroy and Mrs.
Elaine Sizemore
30th Mr. Robert and Mrs.
Geraldine Curtis

¹This is what Isaiah, son of Amoz, saw concerning Judah and Jerusalem: 2 In the last days the mountain of the Lord's temple will be established as the highest of the mountains; it will be exalted above the hills, and all nations will stream to it. 3 Many peoples will come and say, "Come, let us go up to the mountain of the Lord, to the temple of the God of Jacob. He will teach us his ways, so that we may walk in his paths." The law will go out from Zion, the word of the Lord from Jerusalem. 4 He will judge between the nations and will settle disputes for many peoples. They will beat their swords into plowshares and their spears into pruning hooks. Nation will not take up sword against nation, nor will they train for war anymore. 5 Come, descendants of Jacob, let us walk in the light of the Lord (Isaiah 2:1-5).

³⁶ "But about that day or hour no one knows, not even the angels in heaven, nor the Son, but only the Father. ³⁷ As it was in the days of Noah, so it will be at the coming of the Son of Man. ³⁸ For in the days before the flood, people were eating and drinking, marrying, and giving in marriage, up to the day Noah entered the ark; ³⁹ and they knew nothing about what would happen until the flood came and took them all away. That is how it will be at the coming of the Son of Man. ⁴⁰ Two men will be in the field; one will be taken and the other left. ⁴¹ Two women will be grinding with a hand mill; one will be taken and the other left.

⁴² "Therefore keep watch, because you do not know on what day your Lord will come. ⁴³ But understand this: If the owner of the house had known at what time of night the thief was coming, he would have kept watch and would not have let his house be broken into. ⁴⁴ So you also must be ready, because the Son of Man will come at an hour when you do not expect him (Matthew 24:36-44).



New Orleans Red Beans and Rice

{Yield: 8 servings}

Ingredients:

1 lb. dry red beans
2 quarts water
1 1/2 cups chopped onion
1 cup chopped celery
4 bay leaves
1 cup chopped sweet green pepper
3 Tbsp. chopped parsley
2 tsp dried thyme crushed
1 tsp salt
1 tsp black pepper
1 package, brown rice
3 tbsp. chopped garlic

Instructions:

- 1. Put beans in a pot of water to rinse them. Remove beans that float to the top (bad beans). In a 5-quart pot, combine beans, water, celery, and bay leaves. Bring to a boil then reduce the heat.
- 2. Cover and cook over low heat for about 1 ½ hours or until beans are tender.
- 3. Stir and mash some of the beans along the side of the pan to thicken the mixture. Add green pepper, garlic, parsley, thyme, salt, and black pepper. Cook, uncovered on low heat until creamy, about 30 minutes. Remove bay leaves.
- 4. Serve over hot cooked brown rice (see package for cooking instructions)!

This recipe is courtesy of our *Fitness Activities and Nutrition* Committee. **Learn more about FAN and be healthier at www.shfpchurch.org/fanresources**.



- Bereaved Family of Rev. Joseph Garlic
- Elizabeth's Homeless Citizens
- Sheila Robinson and Family
- Ugandan Children and Guardians
- Teachers and Students

OCTOBER SESSION REPORT: Income: \$7,108 Expenditures: \$10,973

Session Voted to:

- Host Youth Christmas Party on Friday, 12/23 Session Working on:
- The 2023 Church Budget
- Re-establishment of Ministry Teams for Member Check-in's
- Increased In-Person Participation
- Activity Calendar for 2023

TODAY'S HYMN

PHOTOS OF THE WEEK

Jesus Saves!

1 We have heard the joyful sound:

Jesus saves! Jesus saves!

Spread the tidings all around: Jesus saves! Jesus saves!

Bear the news to ev'ry land

Climb the steeps and cross the waves

Onward! 'tis our Lord's command;

Jesus saves! Jesus saves!

2 Waft it on the rolling tide: Jesus saves! Jesus saves! Tell to sinners far and wide: Jesus saves! Jesus saves! Sing, ye islands of the sea; Echo back, ye ocean caves Earth shall keep her jubilee: Jesus saves! Jesus saves!

3 Sing above the battle strife: Jesus saves! Jesus saves! By His death and endless life: Jesus saves! Jesus saves! Sing it softly through the gloom;

When the heart for mercy craves
Sing in triumph o'er the tomb: Jesus saves! Jesus saves!

4 Give the winds a mighty voice:

Jesus saves! Jesus saves!

Let the nations now rejoice: Jesus saves! Jesus saves!

Shout salvation full and free;

Highest hills and deepest caves

This our song of victory: Jesus saves! Jesus saves!

SHFPC Music Ministry



23 Oct '22: Stewardship Sunday

^{*}Please share prayer requests for program listing with the Deacons.

THE PEACE OF CHRIST



Pray for the peace of the places you are sent, the people with whom you dwell, and the world in which you reside. In this spirit of shalom, let us share signs of peace and love. Amen.

HANGING OF THE GREENS

• The Lamp

• The Burning Torch

- Alpha and Omega • The Butterfly • The Shamrock or Clover
- The Christmas Rose The Trumpet The Open Bible
- The Star • The Fish
- Fleur De Lis. • The Lamb
- The Manger. • The Bell • The Harp
- The Daisy.
- The Dove • The Circle and Triangle
- The Shell with Drops of Water
- Chi and Rho
- Cross and Crown
- The Anchor Cross

THE HISTORY OF THE CHRISMON SERVICE

Frances K. Spencer originated the Chrismon ornaments, which first appeared on a tree in the Lutheran Church of the Ascension in Danville, VA. "Chrismon" is a combination of two words, CHRIST and MONogram. The original symbols used only monograms of Christ. Since that time, however, many new symbols have been developed. All are biblical symbols or symbols that have meaning for the Church. Chrismons use only the colors white and gold. White is the liturgical color for Christmas and refers to Christ's purity and perfection. Gold refers to the majesty and glory of our Lord. The lights on a Christmas tree remind us that Christ is the "light of the world".