

Founded as the First NJ Christian Congregation in 1664



WELCOME. LOVE. SERVICE. COMMUNITY.

Reverend Dr. Wanda M. Lundy, *Pastor* Jacob Paduano, *Music Director*

14-42 Broad Street, Elizabeth, NJ 07201 (908) 354-0016 | www.shfpchurch.org

Sunday Worship Service | 5 June 2022 | Sunday of Pentecost

"THE WORD BECAME FLESH AND BLOOD AND MOVED INTO THE NEIGHBORHOOD (John 1:14)."



MEDITATION | ALL

PRELUDE | JACOB PADUANO

CALL TO WORSHIP | PASTOR LUNDY

Invocation | Pastor Lundy

WELCOME, ANNOUNCEMENTS & CELEBRATIONS | ELDER WANDA SIZEMORE- MCRAE

OPENING HYMN | SHFPC MUSIC MINISTRY

VIRTUAL PASSING OF PEACE | LEAD BY FAN COMMITTEE

LIVING OUR MISSION | PENTECOST SUNDAY

PRAYER OF CONFESSION | PASTOR LUNDY

SILENT PRAYER OF CONFESSION | ALL

ASSURANCE OF PARDON | PASTOR LUNDY

SCRIPTURE READING | ACTS 2:1-21

HYMN OF PREPARATION | SHFPC MUSIC MINISTRY

SERMON | PASTOR LUNDY: "The Birth of the Multicultural Church"

AFFIRMATION OF FAITH | ELDER BESSIE ALLEN

PASTORAL PRAYER | PASTOR LUNDY

OFFERING OF GIFTS TO GOD | ALL

AND MUSICAL SELECTION | SHFPC MUSIC MINISTRY

CHARGE AND BENEDICTION | PASTOR LUNDY

MEDITATION BEFORE SERVICE

Silent mediation is the first order of worship. Take this opportunity to reflect upon God, the events of your week, and the persons who are touching your life. If you wish, share your prayer concerns there will be an opportunity to share your concern during our Joys and Concerns/Pastoral Prayer.

CALL TO WORSHIP

We are the Easter people!

We have witnessed the Resurrection of our Lord

We are now called to be people of the Pentecost.

We are called to boldly share the good news of God's love.

Open your hearts, O people, to God's great power and love.

We open our hearts to hear God's word for us and to joyfully proclaim Jesus Christ as our Savior. Amen.

PRAYER OF CONFESSION

Almighty God, you poured your Spirit upon gathered disciples creating bold tongues, open ears, and a new community of faith.

We confess that we hold back the force of your Spirit among us.

We do not listen for your word of grace, speak the good news of your love, or live as a people made one in Christ. Have mercy on us, oh God.

Transform our timid lives by the power of your Spirit and fill us with a flaming desire to be your faithful people, doing your will for the sake of Jesus Christ our Lord. Amen. Silent Confession

ASSURANCE OF PARDON

Everyone who calls on the name of God has been saved, is being saved, and will be saved. Amen.

Thanks be to God!

ANNOUNCEMENTS

Any dates for the Church Calendar should be given to Wanda Sizemore-McRae ASAP.

- **Operation Warm Heart** is still seeking donations of personal care items, socks, and/or bus cards for displaced individuals. Please contact Elder Bessie for more information.
- 2022 Per Capita is \$45 per member. This and all donations can be submitted during worship; to SHFP Church, P. O. Box 442, Roselle, NJ 07203; or with *Zelle* using shfpchurch64@gmail.com.
- What's the 313? The Ancestors Speak Video Blog Co-hosted by Pastor Lundy and James Amemasor on Sundays at 3p.m. It is a conversation about the Ancestors Speak Research Project on Zoom: Meeting ID 814 0595 3491 and Dial-in Number (929) 205-6099.
- On Monday evenings, **Prayer Service is 6:30pm** and **Bible Study is 7pm** on Zoom. The study book is *Lord Change Me* by Evelyn Christenson.
- Do you want to **serve on a committee** or ministry? Please see a session member today.
- If you wish to be a *Liturgist*, please see Elder Wanda after service.

REMINDERS:

- Pastor's office hours are by appointment in the *Snyder Academy*. Contact her at **201-970-3337** or **wandamlundy@gmail.com**.
- During worship service, kindly turn off or put phones on vibration.
- Our church is a COVID-19 conscious setting, so **please wear a facemask** over your nose and mouth.
- Anyone requesting a **pastoral visit or at-home communion** should contact one of the Ruling Elders, Deacons, or Pastor.

SESSION REPORT: Financial Report

	Jan.	Feb.	March	<u> April</u>
Income	\$3,453	\$4,322	\$3,851	\$4,582
Expenditures	\$34,939	\$18,647	\$21,261	\$45,178

- 1. The church has paid its \$2,000 Benevolence Pledge
- 2. There have been many unexpected physical repairs made to the church and Snyder buildings
- 3. Seeking fundraising activities
- 4. Need volunteers to plan Loyalty month in October



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WELCOME, LOVE, SERVICE, COMMUNITY, WELCOME, COMMUNITY, WELCOME, COMMUNITY, WELCOME, COMMUNITY, WELCOME, COMMUNITY, COMMUNITY, WELCOME, COMMUNITY, CO

NATIONAL SAFETY MONTH

Safety Begins With Preventing Slips, Trips and Falls

8.9 million

Don't let **hazards** in your home or workplace **compromise safety.**

- Be aware of your surroundings
- · Clean up spills immediately
- Tuck away phone and electrical cords
- Close file drawers and cabinets
- Remove obstacles from traffic areas
- Use step stool or ladder properly
- Ask for assistance when lifting heavy items

Safety and Employee Wellness

Make the **right**decisions each day

for proper **Safety** and **wellness**, both at **home** and at **work**.

- Know emergency procedures
- Utilize required safety equipment
- Lock up valuables like purses and keys
- · Walk with a buddy if staying late at work
- Report maintenance problems
- Be physically active throughout da
- Make healthy food choices

Safety and Emergency Preparedness

You and your family

an prepare for

an emergency with a safety plan and supplies.

- · Practice fire drills at home and work
- Know emergency hotline number
- Designate meet up place in event of emergency
- Maintain first aid kit in accessible area
- Keep battery powered radio on hand
 Keep portable cell phone charger on hand
- Protect important documents in waterproof container

Safety and Ergonomics

You spend a fair amount of **YOUR day at work**.

Make sure you

take care of your body in order to prevent accidents and injuries.

- Adjust chair so elbows rest comfortably on desktop
- Ensure computer monitor is not too high or low
- Rest eyes periodically and look at distant object
- Maintain proper posture when seated and standing
- Use headset or speaker phone for long calls
- Change sitting positions and stretch periodically
- Lift heavy items with proper form and assistance

FUN FACTS

MARK YOUR CALENDAR (June Birthdays)

3rd Janay Swaggerty

10th Chesline (Betty) Nelson

20th Shineya Sizemore

24th Jasmine Swaggerty

Did You Know? Elizabeth NJ historically offers many firsts...

"The first assembly line automobile producer in the state

The first ice cream soda

The first **submarine**

The Singer sewing machine

The first English speaking community in New Jersey

The first Capital of New Jersev

The first home of Princeton University

The first Colonial Assembly and Council meeting

(https://www.elizabethnj.org/266/Facts-First)."

(June Anniversaries)

5th Rev. Joseph & Hazel Garlic

Our church and congregation are game changers of NJ and the U.S.

P.S. If you know the history for our blended, 3 congregations, please **share** it with us!

THIS WEEK'S WORD

WHAT'S COOKING FOR BREAKFAST?

¹When the day of Pentecost came, they were all together in one place. ²Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. ³They saw what seemed to be tongues of fire that separated and came to rest on each of them. ⁴All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.

⁵Now there were staying in Jerusalem God-fearing Jews from every nation under heaven. 6When they heard this sound, a crowd came together in bewilderment, because each one heard their own language being spoken. 7Utterly amazed, they asked: "Aren't all these who are speaking Galileans? 8Then how is it that each of us hears them in our native language? 9Parthians, Medes and Elamites; residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, ¹⁰Phrygia and Pamphylia, Egypt and the parts of Libya near Cyrene; visitors from Rome 11(both Jews and converts to Judaism): Cretans and Arabs—we hear them declaring the wonders of God in our own tongues!" 12 Amazed and perplexed, they asked one another, "What does this mean?" 13Some, however, made fun of them and said, "They have had too much wine."

¹⁴Then Peter stood up with the Eleven, raised his voice and addressed the crowd: "Fellow Jews and all of you who live in Jerusalem, let me explain this to you; listen carefully to what I say. ¹⁵These people are not drunk, as you suppose. It's only nine in the morning! ¹⁶No, this is what was spoken by the prophet Joel:

¹⁷"In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams. ¹⁸Even on my servants, both men and women, I will pour out my Spirit in those days, and they will prophesy. ¹⁹I will show wonders in the heavens above and signs on the earth below, blood and fire and billows of smoke. ²⁰The sun will be turned to darkness and the moon to blood before the coming of the great and glorious day of the Lord. ²¹And everyone who calls on the name of the Lord will be saved (Acts 2:1-21)."



Mighty Bran Muffins

{Makes 12 Muffins}

1 ½ cup flour

3/4 cup flaxseed meal

3/4 cup grape nuts

1 cup brown sugar

2 tsp baking soda

1 tsp baking powder

½ tsp salt

2 tsp cinnamon

1 ½ cup carrots, shredded

2 apples, diced

½ cup raisins

3/4 cup skim milk

1 egg + 2 egg whites (beaten)

Instructions:

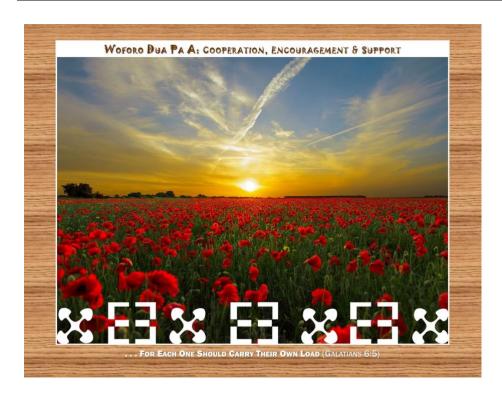
- 1. Combine dry ingredients in a bowl.
- 2. In another bowl, add milk, eggs and vanilla. Add to dry ingredient bowl and stir until mixed.

1 tsp vanilla

- 3. Line muffin tin and bake at 350 degrees until done (can stick with a knife or toothpick and comes out clean).
- 4. Allow 5 minutes to cool on cooling rack

This recipe is courtesy of our *Fitness Activities and Nutrition* Committee. Learn more about FAN and be healthier at www.shfpchurch.org/fan-resources.

PHOTO OF THE WEEK



Elder Pam created this graphic artwork, using Adinkra symbol/phrase, Woforo Dua Pa A.

She incorporated culture, faith, and beauty, to inspire others.

LITERARY CORNER

WORD OF THE WEEK

The Peace Prayer

"Lord, make me an instrument of your peace.
Where there is hatred, let me sow love
Where there is error, truth
Where there is injury, pardon
Where there is doubt, faith
Where there is despair, hope
Where there is darkness, light
And where there is sadness, joy.

O Divine Master, grant that I may not so much seek
To be consoled as to console
To be understood as to understand
To be loved as to love.
For it is in giving that we receive
It is in pardoning that we are pardoned
It is in self-forgetting that we find
And it is in dying to ourselves that we are born to eternal life.
Amen (Saint Francis)."

PRAYER



"The act or ceremony of speaking to God or a god, esp. to express thanks or to ask for help (https://dictionary.cambridge.org/us)"

PSST! Do You Write Poetry or Short Stories? Submit it to shfpchurch64@gmail.com.

GETTING TO KNOW YOU

MIND MUSCLE WORKOUT



A new command I give you: Love one another. As I have loved you, so you must love one another. - John 13:34

Our community is rich with interesting and talented people. In an effort to tighten our family bond, we will feature a member, friend, and/or supporter of our church.



Who will be our first volunteer?

Tell us ...

- Where were you born and raised?
- When is your birthday?
- Who makes up your family?
- What is/was your career or main job?
- What is your favorite color, dessert, and/or vacation spot?
- Who is/was your hero or role model?
- How did you arrive in our church community?
- What is your unique skill or talent?

Find these words from this week's lesson and Bible verse:

JOHN	ANOTHER	GIVE	LOVE
COMMAND	LOVED	YOU	BIBLE
NEW	MUST	ONE	JESUS

... what you want us to know!

Please send a letter or email to Elder Pamela Robinson Smith at:

> SHFP Church **42 Broad Street** Attn: Elder Pam Elizabeth, NJ 07201

> > (or)

theagent@pameladsmith.com