

Founded as the First NJ Christian Congregation in 1664



WELCOME. LOVE. SERVICE. COMMUNITY.

Reverend Dr. Wanda M. Lundy, *Pastor* Jacob Paduano, *Music Director*

14-42 Broad Street, Elizabeth, NJ 07201 (908) 354-0016 | www.shfpchurch.org

Sunday Worship Service | 9 October 2022 | 18th Sunday of Pentecost

"THE WORD BECAME FLESH AND BLOOD AND MOVED INTO THE NEIGHBORHOOD (John 1:14)."



MEDITATION | ALL

PRELUDE | JACOB PADUANO

CALL TO WORSHIP | PASTOR LUNDY

Invocation | Pastor Lundy

WELCOME, ANNOUNCEMENTS & CELEBRATIONS | ELDER WANDA SIZEMORE- MCRAE

OPENING HYMN | SHFPC MUSIC MINISTRY

VIRTUAL PASSING OF PEACE | LEAD BY FAN COMMITTEE

LIVING OUR MISSION | FRIENDS SUNDAY

PRAYER OF CONFESSION | PASTOR LUNDY

SILENT PRAYER OF CONFESSION | ALL

ASSURANCE OF PARDON | PASTOR LUNDY

GLORIA PATRI | ALL

SCRIPTURE READING | LUKE 15:11-32

HYMN OF PREPARATION | SHFPC MUSIC MINISTRY

SERMON | GUEST PREACHER - REV. DR. KEITH RUSSELL

Invitation to Spiritual Transformation

AFFIRMATION OF FAITH | ELDER BESSIE ALLEN

PASTORAL, AND LORD'S PRAYER | PASTOR LUNDY

OFFERING OF GIFTS TO GOD AND DOXOLOGY | ALL

Musical Selection | SHFPC Music Ministry

CHARGE AND BENEDICTION | PASTOR LUNDY

MEDITATION BEFORE SERVICE

Silent mediation is the first order of worship. Take this opportunity to reflect upon God, the events of your week, and the persons who are touching your life. If you wish, share your prayer concerns* or joys, there will be an opportunity to share your concern during service.

*Please share prayer requests with the Deacons.

CALL TO WORSHIP

We gather together for worship, singing our praises.

Some sing gladly, joyfully, for there is much to celebrate.

Some sing quietly, nourished by a deep and inner peace.

Some sing haltingly, their notes tripping over their fears.

Some sing longingly, remembering good days past, not yet daring to hope for the days to come.

Accept, O Lord, our worship, and by Your loving presence weave our many melodies into one great symphony of devotion. Amen.

PRAYER OF CONFESSION

Merciful God, we confess that we have sinned against you

In thought, word, and deed

We have not loved you with our whole heart and mind and strength

We have not loved our neighbors as ourselves

In your mercy forgive what we have been, help us amend what we are And direct what we shall be

So that we may delight in your will and walk in your ways

To the glory of your holy name. Silent Confession

ASSURANCE OF PARDON

Shout and sing for joy! Christ has brought us out to freedom, and our faith has healed us and made us whole. **Amen.**

GLORIA PATRI

Glory be to the Father, and to the Son, and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, world without end. Amen.

DOXOLOGY

Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heavenly host; Praise Father, Son, and Holy Ghost. Amen.

ANNOUNCEMENTS

Any dates for the Church Calendar should be given to Wanda Sizemore-McRae ASAP.

- We're seeking **FAN supporters**, to donate cases of water and/or lead our fitness breaks. See Elder Pam.
- 11am Worship Service is in person and on Zoom @ Meeting ID: 871 3893 6353 | (929) 205-6099 | https://uso2web.zoom.us/j/87138936353
- **Operation Warm Heart** We're also seeking volunteers for in-house program from December 2022 to March 2023. Please contact Elder Bessie for more information.
- 2022 Per Capita is \$45 per member. This and all donations can be submitted during worship; to SHFP Church, P. O. Box 442, Roselle, NJ 07203; or with *Zelle* using shfpchurch64@gmail.com.
- What's the 313? The Ancestors Speak Video Blog Co-hosted by Pastor Lundy and James Amemasor on Sundays at 3p.m. It is a conversation about the Ancestors Speak Research Project on Zoom: Meeting ID 814 0595 3491 and Dial-in Number (929) 205-6099.
- *On Mondays*, **Prayer Service is 6:30pm** and **Bible Study is 7pm** on Zoom. The study will resume on 9/12 on New Testament *Matthew*.
- Do you want to **serve on a committee** or ministry? Please see a session member today.
- Anyone requesting a **pastoral visit or at-home communion** should contact one of the Ruling Elders, Deacons, or Pastor.



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NATIONAL BREAST AWARENESS MONTH



JUST FACTS

Do You Know? "Other than skin cancer, breast cancer is the most common cancer among American women. Mammograms are the best way to find breast cancer early, when it is easier to treat and before it is big enough to feel or cause symptoms. There are different symptoms of breast cancer, and some people have no symptoms at all. Symptoms can include—

- Any change in the size or the shape of the breast
- Pain in any area of the breast
- Nipple discharge other than breast milk (including blood)
- A new lump in the breast or underarm

If you have any signs that worry you, see your doctor right away (https://www.cdc.gov/cancer/dcpc/resources/features/breastcancerawareness/index.htm)."

MARK YOUR CALENDAR

(October Birthdays)

2nd Semiko Crider

3rd Troy Allen

6th Brenda Johnson

13th Jamel Johnson, Jr. **16th** Erica Rodriguez

29th Pamela Robinson Smith 30th Briana & Tianna Pryor

(October Anniversaries)

2nd Mr. Lawrence & Mrs. Linda Swaggerty 8th Mr. Larry & Mrs. Bessie Allen 20th Mr. Chris & Mrs. C. Betty Nelson

¹¹ Jesus continued: "There was a man who had two sons. 12 The younger one said to his father, 'Father, give me my share of the estate.' So he divided his property between them. ¹³ "Not long after that, the younger son got together all he had, set off for a distant country and there squandered his wealth in wild living. 14 After he had spent everything, there was a severe famine in that whole country, and he began to be in need. 15 So he went and hired himself out to a citizen of that country, who sent him to his fields to feed pigs. ¹⁶He longed to fill his stomach with the pods that the pigs were eating, but no one gave him anything. 17 "When he came to his senses, he said, 'How many of my father's hired servants have food to spare, and here I am starving to death! 18 I will set out and go back to my father and say to him: Father, I have sinned against heaven and against you. 19 I am no longer worthy to be called your son; make me like one of your hired servants.' 20 So he got up and went to his father. "But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him. 21 "The son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.' 22 "But the father said to his servants, 'Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. 23 Bring the fattened calf and kill it. Let's have a feast and celebrate. 24 For this son of mine was dead and is alive again; he was lost and is found.' So they began to celebrate. ²⁵ "Meanwhile, the older son was in the field. When he came near the house, he heard music and dancing. 26 So he called one of the servants and asked him what was going on. 27 'Your brother has come,' he replied, 'and your father has killed the fattened calf because he has him back safe and sound.' 28 "The older brother became angry and refused to go in. So his father went out and pleaded with him. 29 But he answered his father, 'Look! All these years I've been slaving for you and never disobeyed your orders. Yet you never gave me even a young goat so I could celebrate with my friends. 30 But when this son of yours who has squandered your property with prostitutes comes home, you kill the fattened calf for him!' 31 "'My son,' the father said, 'vou are always with me, and everything I have is yours. 32 But we had to celebrate and be glad, because this brother of yours was dead and is alive again; he was lost and is found (Luke 15:11-32)."



Whole Wheat Pasta Salad

{Yield: 10-12 servings}

Ingredients:

8 oz. box Whole Wheat Rotini
(spiral shaped pasta)
1 bell pepper, diced
1 cucumber, seeded, and diced
1/2 cup chopped green onions
1/2 cup diced tomatoes
1/2 cup chopped celery
2 Tbsp. parsley, minced
1 tsp black pepper
3/4 cup lite shredded cheddar cheese

Dressing:

(COMBINE ALL)

1/3 cup fat free yogurt, plain 1/3 cup fat free honey Dijon dressing 1/3 cup fat free Caesar dressing 1 Tbsp. dill, minced

Instructions:

- 1. Boil pasta according to directions on box.
- 2. Drain, rinse and chill pasta.
- 3. Mix with other ingredients and dressing and serve.

This recipe is courtesy of our *Fitness Activities and Nutrition* Committee. **Learn more about FAN and be healthier at www.shfpchurch.org/fanresources**.



- Bereaved Family of Xavier McClain
- Rev. and Mrs. J. Garlic
- Elizabeth's Homeless Citizens
- Sheila Robinson and Family
- Ugandan Children and Guardians
- Teachers and Students

August Financial Report

Income: \$13,641 | Expenditure: \$13,716

- Christian Ed will send out of **inspirational songs** for your interests.
- The Session voted to provide support for Sole Heart Foundation Uganda, which is an orphanage. Donations are welcomed.
- A **mission grant** submitted to the Synod for work with the homeless.
- We're **setting up activities** for the month of October.

TODAY'S HYMN

PHOTOS OF THE WEEK

Hold to God's Unchanging Hands

1 Time is filled with swift transition. Naught of earth unmoved can stand. Build your hopes on things eternal. Hold to God's unchanging hand.

Refrain: Hold to His hand, God's unchanging hand.
Hold to His hand, God's unchanging hand.
Build your hopes on things eternal.
Hold to God's unchanging hand.

- 2 Trust in Him who will not leave you.
 Whatsoever years may bring.
 If by earthly friends forsaken,
 Still more closely to Him cling.
 [Refrain]
- 4 When your journey is completed, If to God you have been true, Fair and bright the home in Glory Your enraptured soul will view. [*Refrain*]



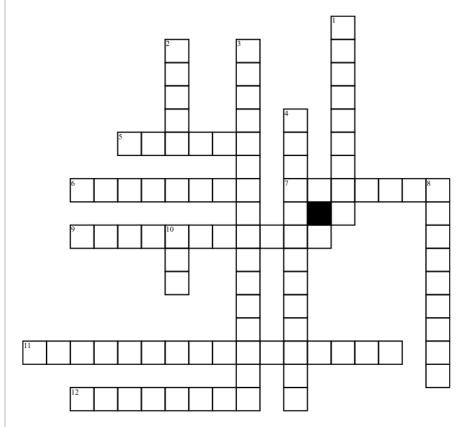
^{*}Please share prayer requests for program listing with the Deacons.

MIND MUSCLE WORKOUT



Pray for the peace of the places you are sent, the people with whom you dwell, and the world in which you reside.

In this spirit of shalom, let us share signs of peace and love. Amen.



Across

- **5.** Number of Holy Days observed by Eastern Orthodox Church
- **6.** Number of governing bodies of the Eastern Orthodox church
- 7. Leader of Catholicism
- 9. Founder of Christianity
- **11.** Largest Christian denomination

12. Vow Catholic priests take that make them different from other Christian priests

Down

- 1. Considered by many Christian groups the most important city of their faith
- 2. Holy book of Christianity
- 3. denomination of Christianity developed within the Greek-speaking eastern branch of the Roman-Byzantine Empire
- 4. denomination founded over disagreements when Martin Luther posted his ninety-five theses outside a Catholic Church door in 1517
- **8.** Sacrament typically celebrated more by Catholics than other branches of Christianity
- **10.** Number of Holy Days observed by Roman Catholic church