

Founded as the First NJ Christian Congregation in 1664



WELCOME. LOVE. SERVICE. COMMUNITY.

**Reverend Dr. Wanda M. Lundy,** *Pastor* Jacob Paduano, *Music Director* 

14-42 Broad Street, Elizabeth, NJ 07201 (908) 354-0016 | www.shfpchurch.org

# Sunday Worship Service | 11 December 2022 | 3rd Sunday of Advent

"THE WORD BECAME FLESH AND BLOOD AND MOVED INTO THE NEIGHBORHOOD (John 1:14)."



MEDITATION | ALL

PRELUDE | JACOB PADUANO

CALL TO WORSHIP | PASTOR LUNDY

**Invocation** | Pastor Lundy

WELCOME & ANNOUNCEMENTS | ELDER WANDA SIZEMORE- MCRAE

ADVENT CANDLE AND CHRISMON SUMMARY | MEMBER & PASTOR

**OPENING HYMN | SHFPC MUSIC MINISTRY** 

VIRTUAL PASSING OF PEACE | LEAD BY FAN COMMITTEE

LIVING OUR MISSION | 3<sup>RD</sup> SUNDAY OF ADVENT

PRAYER OF CONFESSION | PASTOR LUNDY

SILENT PRAYER OF CONFESSION | ALL

**ASSURANCE OF PARDON | PASTOR LUNDY** 

GLORIA PATRI | ALL

SCRIPTURE READING | ISAIAH 35:1-10 & MATTHEW 11:2-11

HYMN OF PREPARATION | SHFPC MUSIC MINISTRY

MESSAGE | PASTOR LUNDY

Invitation to Spiritual Transformation

PASTORAL AND LORD'S PRAYER | PASTOR LUNDY

Offering Of Gifts To God and  $Doxology \mid All$ 

Musical Selection | SHFPC Music Ministry

 $\textbf{Charge and Benediction} \mid \text{Pastor Lundy}$ 

### MEDITATION BEFORE SERVICE

Silent mediation is the first order of worship. Take this opportunity to reflect upon God, the events of your week, and the persons who are touching your life. If you wish, share your prayer concerns\* or joys, there will be an opportunity to share your concern during service.

\*Please share prayer requests with the Deacons.

### **CALL TO WORSHIP**

Today, as every day, God wakens our ear,

That we might hear as those taught by Jesus.

Today, as every day, God fills our heart,

That we might feel as those taught by Jesus.

Today, as every day, God quickens our tongue,

That we might speak as those taught by Jesus.

Today, as every day, God fortifies our will,

That we might risk as those taught by Jesus. Amen.

#### **PRAYER OF CONFESSION**

Lord, so often, like the crowds of Jerusalem, we come praise You

# One day and before a week is past we have, through our personal actions

Rejected You and spiritually nailed You to the Cross again

# Forgive us, Lord, and help us to bring our living witness

And personal actions closer to the faith You came to teach us

In Christ we pray. Amen. Silent Confession

### **ASSURANCE OF PARDON**

Be patient, sisters and brothers, for the promises of God are sure. May your hearts be at peace, for the coming of the Lord is near. **Amen.** 

### **GLORIA PATRI**

Glory be to the Father, and to the Son, and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, world without end. Amen.

### **DOXOLOGY**

Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heavenly host; Praise Father, Son, and Holy Ghost. Amen.

#### **ANNOUNCEMENTS**

Any dates for the Church Calendar should be given to Wanda Sizemore-McRae ASAP.

- Due to the number of members with underlying health issues that attend in-person worship, the Session reviewed **COVID-19 protocol** and voted to:
  - o Request everyone **signs contact list** upon church entry
  - Check vaccination cards
  - Require non-vaccinated people to properly **wear facemasks**
  - o Revisit COVID-19 protocol in April 2023

These requests are being made for the safety of all who are in attendance.

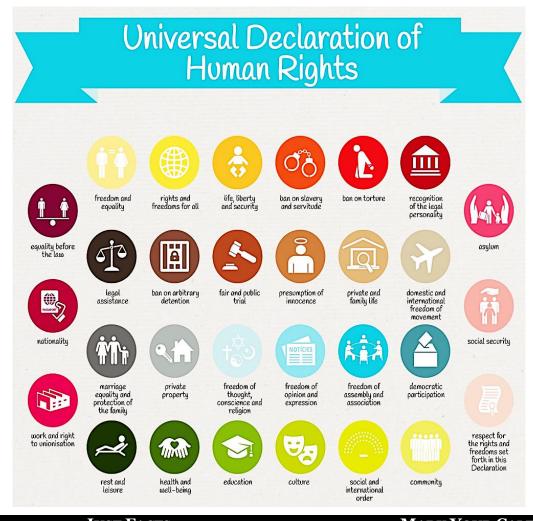
- We're seeking **FAN supporters**, to donate cases of water and/or lead our fitness breaks. See Elder Pam.
- **11am Worship Service** is in person and on Zoom @ Meeting ID: 825 8830 1038 | (929) 205-6099 | https://uso2web.zoom.us/j/82588301038
- Wednesday Morning Prayer Call takes place @ 6am. Call (929) 205-6099 & use Meeting ID 441 882 9891.
- **Operation Warm Heart** We're also seeking volunteers for in-house program from December 2022 to March 2023. Please contact Elder Bessie for more information.
- 2022 Per Capita is \$45 per member. This and all donations can be submitted during worship; to SHFP Church, P. O. Box 442, Roselle, NJ 07203; or with *Zelle* using shfpchurch64@gmail.com.
- What's the 313? The Ancestors Speak Video Blog Co-hosted by Pastor Lundy & James Amemasor on Sundays @ 3pm. It's a conversation about the Ancestors Speak Research Project on Zoom.
- On Mondays, **Prayer Service is 6:30pm** and **Bible Study is 7pm** on Zoom.
- Do you want to **serve on a committee** or ministry? Please see a session member today.
- Anyone requesting a **pastoral visit or at-home communion** should contact one of the Ruling Elders, Deacons, or Pastor.



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WELCOME, LOVE, SERVICE, COMMUNITY, WELCOME, COMMUNITY, WELCOME, COMMUNITY, WELCOME, COMMUNITY, WELCOME, COMMUNITY, COMMUNITY, WELCOME, COMMUNITY, CO

### **HUMAN RIGHTS AWARENESS MONTH**



# **JUST FACTS**

**Do You Know? How to Observe Universal Human Rights Month** "Reread the Bill of Rights - Research what these freedoms mean to you. This time of understanding also honors the work of those who brought them into existence.

<u>Do Some Volunteering</u> - Organizations such as Amnesty International (a charity that works to support and spread awareness of human rights) are always looking for volunteers. Do your part to help protect others.

<u>Give Back to Your Community</u> - Help those who are hurting in your own community. After all, to start changing the world, sometimes you just need to start locally (https://nationaltoday.com/universal-human-rightsmonth/)."

# MARK YOUR CALENDAR

(December Birthdays)
6th Keamya Osby
11th Sabrina Davis
12th JoAnne Pryor & Khary Smith-McCall
21st Altamease Williams
25th Richard Leggett

(December Anniversaries) **No Anniversaries** 

# THIS WEEK'S WORD

<sup>1</sup>The desert and the parched land will be glad; the wilderness will rejoice and blossom. Like the crocus, 2 it will burst into bloom; it will rejoice greatly and shout for joy. The glory of Lebanon will be given to it, the splendor of Carmel and Sharon; they will see the glory of the Lord, the splendor of our God. <sup>3</sup> Strengthen the feeble hands, steady the knees that give way; 4 say to those with fearful hearts, "Be strong, do not fear; your God will come, he will come with vengeance; with divine retribution he will come to save you." 5 Then will the eyes of the blind be opened and the ears of the deaf unstopped. <sup>6</sup> Then will the lame leap like a deer, and the mute tongue shout for joy. Water will gush forth in the wilderness and streams in the desert. 7 The burning sand ill become a pool, the thirsty ground bubbling springs. In the haunts where jackals once lay, grass and reeds and papyrus will grow. 8 And a highway will be there; it will be called the Way of Holiness; it will be for those who walk on that Way. The unclean will not journey on it; wicked fools will not go about on it. 9 No lion will be there, nor any ravenous beast; they will not be found there. But only the redeemed will walk there, 10 and those the Lord has rescued will return. They will enter Zion with singing; everlasting joy will crown their heads. Gladness and joy will overtake them, and sorrow and sighing will flee away (Isaiah 35:1-10).

<sup>2</sup> When John, who was in prison, heard about the deeds of the Messiah, he sent his disciples <sup>3</sup> to ask him, "Are you the one who is to come, or should we expect someone else?" <sup>4</sup> Jesus replied, "Go back and report to John what you hear and see: <sup>5</sup> The blind receive sight, the lame walk, those who have leprosy are cleansed, the deaf hear, the dead are raised, and the good news is proclaimed to the poor. <sup>6</sup> Blessed is anyone who does not stumble on account of me." 7 As John's disciples were leaving, Jesus began to speak to the crowd about John: "What did you go out into the wilderness to see? A reed swayed by the wind? 8 If not, what did you go out to see? A man dressed in fine clothes? No, those who wear fine clothes are in kings' palaces. <sup>9</sup> Then what did you go out to see? A prophet? Yes, I tell you, and more than a prophet. <sup>10</sup> This is the one about whom it is written: "I will send my messenger ahead of you, who will prepare your way before you.' 11 Truly I tell you, among those born of women there has not risen anyone greater than John the Baptist; yet whoever is least in the kingdom of heaven is greater than he (Matthew 11:2-11).



# Heart Healthy Cornbread {Yield: 10 servings}

# **Ingredients:**

1 cup unbleached flour 1 cup medium-grind cornmeal 1/4 cup sugar 3 teaspoons No-Sodium baking powder 1 egg lightly beaten 1/4 cup sunflower or canola oil 11/3 cup 1% low-fat milk

### **Instructions:**

- 1. Preheat oven to 425° degrees F
- 2. Mix the dry ingredients in a large bowl.
- 3. Blend in the beaten egg, milk, and oil.
- 4. Pour into a baking dish sprayed lightly with oil. Bake for 20 minutes.
- 5. Serve alongside your favorite warm meal!

This recipe is courtesy of our *Fitness Activities* and *Nutrition* Committee.

Learn more about FAN and be healthier at www.shfpchurch.org/fan-resources.



- Bereaved Family of Rev. Joseph Garlic
- Elizabeth's Homeless Citizens
- Sheila Robinson and Family
- Ugandan Children and Guardians
- Teachers and Students

# OCTOBER SESSION REPORT: Income: \$7,108 Expenditures: \$10,973

# Session Voted to:

- Host Youth Christmas Party on Friday, 12/23 *Session Working on:*
- The 2023 Church Budget
- Re-establishment of Ministry Teams for Member Check-in's
- Increased In-Person Participation
- Activity Calendar for 2023

# TODAY'S HYMN

# PHOTOS OF THE WEEK

# O Come, O Come, Emmanuel

and ransom captive Israel that mourns in lonely exile here until the Son of God appear

Refrain: Rejoice! Rejoice! Emmanuel shall come to you, O Israel.

- **2** O come, O Wisdom from on high who ordered all things mightily to us the path of knowledge show and teach us in its ways to go. *Refrain*
- **3** O come, O come, great Lord of might who to your tribes on Sinai's height in ancient times did give the law in cloud and majesty and awe. *Refrain*

# SHFPC Children



Halloween '22: Party at Snyder Academy

<sup>\*</sup>Please share prayer requests for program listing with the Deacons.

# THE PEACE OF CHRIST



Pray for the peace of the places you are sent, the people with whom you dwell, and the world in which you reside. In this spirit of shalom, let us share signs of peace and love. Amen.

# HANGING OF THE GREENS

- Alpha and Omega The Butterfly The Shamrock or Clover
- The Christmas Rose The Trumpet The Open Bible
- The Star • The Fish • The Lamp
- Fleur De Lis. • The Lamb • The Burning Torch
  - The Bell The Manger.
- The Daisy. • The Harp
- The Circle and Triangle The Dove
- The Shell with Drops of Water
- Chi and Rho
- Cross and Crown
- The Anchor Cross

### THE HISTORY OF THE CHRISMON SERVICE

Frances K. Spencer originated the Chrismon ornaments, which first appeared on a tree in the Lutheran Church of the Ascension in Danville, VA. "Chrismon" is a combination of two words, CHRIST and MONogram. The original symbols used only monograms of Christ. Since that time, however, many new symbols have been developed. All are biblical symbols or symbols that have meaning for the Church. Chrismons use only the colors white and gold. White is the liturgical color for Christmas and refers to Christ's purity and perfection. Gold refers to the majesty and glory of our Lord. The lights on a Christmas tree remind us that Christ is the "light of the world".