



**Siloam Hope First  
Presbyterian Church**



Founded as the First NJ Christian Congregation in 1664



**WELCOME. LOVE. SERVICE. COMMUNITY.**

**Reverend Dr. Wanda M. Lundy, *Pastor***  
*Jacob Paduano, Music Director*

14-42 Broad Street, Elizabeth, NJ 07201  
(908) 354-0016 | [www.shfpchurch.org](http://www.shfpchurch.org)

## Sunday Worship Service | 04 September 2022 | 13<sup>th</sup> Sunday of Pentecost

“THE WORD BECAME FLESH AND BLOOD AND MOVED INTO THE NEIGHBORHOOD (John 1:14).”

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**MEDITATION** | ALL

**PRELUDE** | JACOB PADUANO

**CALL TO WORSHIP** | PASTOR LUNDY

**INVOCATION** | PASTOR LUNDY

**WELCOME, ANNOUNCEMENTS & CELEBRATIONS** | ELDER WANDA SIZEMORE- MCRAE

**OPENING HYMN** | SHFPC MUSIC MINISTRY

**VIRTUAL PASSING OF PEACE** | LEAD BY FAN COMMITTEE

**LIVING OUR MISSION** | DISABILITY INCLUSION SUNDAY

**PRAYER OF CONFESSION** | PASTOR LUNDY

**SILENT PRAYER OF CONFESSION** | ALL

**ASSURANCE OF PARDON** | PASTOR LUNDY

**SCRIPTURE READING** | LUKE 15:1-10

**HYMN OF PREPARATION** | SHFPC MUSIC MINISTRY

**SERMON** | PASTOR LUNDY: “*The Parable of the Lost Sheep*”

**AFFIRMATION OF FAITH** | ELDER BESSIE ALLEN

**PASTORAL PRAYER** | PASTOR LUNDY

**OFFERING OF GIFTS TO GOD** | ALL

AND **MUSICAL SELECTION** | SHFPC MUSIC MINISTRY

**CHARGE AND BENEDICTION** | PASTOR LUNDY

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### **MEDITATION BEFORE SERVICE**

Silent meditation is the first order of worship. Take this opportunity to reflect upon God, the events of your week, and the persons who are touching your life. If you wish, share your prayer concerns there will be an opportunity to share your concern during our Joys and Concerns/Pastoral Prayer.

### **CALL TO WORSHIP**

The Lord looks down from heaven to see if there are any  
who are wise, who seek after God.

**They have all gone astray, there is no one who is good, no, not one.**

Have they no knowledge, those who devour God’s people

**And do not call upon the Lord?**

O that our deliverer would come!

**Lord, restore our lives and make us glad. Amen.**

## PRAYER OF CONFESSION

Creator of the universe, we imagine that we are in familiar territory,  
that we know what to expect of this hour,

**That we know what to expect of this hour**

That we will leave much the way that we came.

**Do not abandon us to our foolishness. In judgment, illumine our darkness.**

In mercy, bear us home—until we recognize your presence wherever evil is confronted

**Truth is spoken, and life is restored. Amen.** *Silent Confession*

## ASSURANCE OF PARDON

God has forgiven us, freed us, and called us to serve with joy.

**The grace of the Lord Jesus Christ be with you. Glory to God.**

## ANNOUNCEMENTS

Any dates for the Church Calendar should be given to Wanda Sizemore-McRae ASAP.

- **11am Worship Service** starts again on Sunday, September 11 in person and on Zoom @ <https://us02web.zoom.us/j/87138936353> | Meeting ID: 871 3893 6353 | (929) 205-6099
- **Operation Warm Heart** is seeking donations of personal care items, socks, and/or bus cards. We're also seeking volunteers for in-house program from December 2022 to March 2023. Please contact Elder Bessie for more information.
- **2022 Per Capita** is \$45 per member. This and all donations can be submitted **during worship**; to **SHFP Church, P. O. Box 442, Roselle, NJ 07203**; or with *Zelle* using [shfpchurch64@gmail.com](mailto:shfpchurch64@gmail.com).
- **What's the 313? The Ancestors Speak Video Blog** – Co-hosted by Pastor Lundy and James Amemasor on Sundays at 3p.m. It is a conversation about the Ancestors Speak Research Project on Zoom: Meeting ID 814 0595 3491 and Dial-in Number (929) 205-6099.
- **On Mondays, Prayer Service is 6:30pm and Bible Study is 7pm** on Zoom. The study will resume on 9/12 on New Testament *Matthew*.
- **Do you want to serve on a committee or ministry?** Please see a session member today.
- If you wish to be a **Liturgist**, please see Elder Wanda after service.
- **UPCOMING ACTIVITY: Lecture by Maman Monique Misenga Mukuna** | "The event is a mini-seminar in African Studies and a book signing, to celebrate African women as witnesses to and agents of Christ's gift of abundant life and ministry of social justice. More Info at: [www.ptsem.edu/events/maman-monique-lecture](http://www.ptsem.edu/events/maman-monique-lecture)

## REMINDERS

- Pastor's office hours are by appointment in the *Snyder Academy*. Contact her at **201-970-3337** or [wandamlundy@gmail.com](mailto:wandamlundy@gmail.com).
- During worship service, **kindly turn off or put phones on vibration**.
- Our church is a COVID-19 conscious setting, so **please wear a facemask** properly.
- Anyone requesting a **pastoral visit or at-home communion** should contact one of the Ruling Elders, Deacons, or Pastor.

### SESSION REPORT: June Financial Report

Income: **\$11,272** | Expenditure: **\$16,398**

1. Church **Men's' Bathroom** is almost refurbished completely.
2. **Caldwell Place Sidewalk** is in the process of repair.
3. **Operation Warmheart** has permission to use Snyder Academy from 12/2022 to 03/2023 for housing the homeless. *Volunteers are necessary*.
4. **Lunches** continually provided to those in need on Fridays at noon.

# SANKOFA SAYS

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WELCOME. LOVE. SERVICE. COMMUNITY. WELCOME. LOVE. SERVICE. COMMUNITY. WELCOME. LOVE. SERVICE. COMMUNITY.

## NATIONAL SUICIDE PREVENTION MONTH



### FACTS

**Do You Know?** “Suicide is death caused by injuring oneself with the intent to die. A suicide attempt is when someone harms themselves with any intent to end their life, but they do not die because of their actions. Many factors can increase the risk for suicide or protect against it.

- Suicide is a leading cause of death in the United States. It was responsible for nearly 46,000 deaths in 2020.
- In 2020, an estimated 12.2 million adults seriously thought about suicide, 3.2 million made a plan, and 1.2 million attempted suicide.
- Suicide rates in 2020 were 30% higher than in 2000.

Suicide is connected to other forms of injury and violence. For example, people who have experienced violence, including child abuse, bullying, or sexual violence have a higher suicide risk. Being connected to family and community support and having easy access to health care can decrease suicidal thoughts and behaviors  
(<https://www.cdc.gov/suicide/facts/index.html>).”

### MARK YOUR CALENDAR

(September Birthdays)

- 2<sup>nd</sup>** Tamar VanDeVeery
- 9<sup>th</sup>** Shirmaya Sizemore-Reddick
- 11<sup>th</sup>** Rev. Joseph Garlic
- 14<sup>th</sup>** Ja'Da Swaggerty
- 24<sup>th</sup>** Kittrell McCullers
- 28<sup>th</sup>** Heidi Garlic

(September Anniversaries)

- 13<sup>rd</sup>** Mr. Will & Mrs. Pam Robinson
- 14<sup>th</sup>** Mr. Robert & Mrs. Erma Linton
- 14<sup>th</sup>** Mr. Winston & Mrs. Lorraine Tidd



<sup>1</sup> Now the tax collectors and sinners were all gathering around to hear Jesus. <sup>2</sup> But the Pharisees and the teachers of the law muttered, “This man welcomes sinners and eats with them.”

<sup>3</sup> Then Jesus told them this parable: <sup>4</sup> “Suppose one of you has a hundred sheep and loses one of them. Doesn't he leave the ninety-nine in the open country and go after the lost sheep until he finds it? <sup>5</sup> And when he finds it, he joyfully puts it on his shoulders <sup>6</sup> and goes home. Then he calls his friends and neighbors together and says, ‘Rejoice with me; I have found my lost sheep.’ <sup>7</sup> I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent.

<sup>8</sup> “Or suppose a woman has ten silver coins and loses one. Doesn't she light a lamp, sweep the house and search carefully until she finds it? <sup>9</sup> And when she finds it, she calls her friends and neighbors together and says, ‘Rejoice with me; I have found my lost coin.’ <sup>10</sup> In the same way, I tell you, there is rejoicing in the presence of the angels of God over one sinner who repents (Luke 15:1-10).”



### Meatloaf Surprise

{Yield: 6 servings, serving size  $\frac{3}{4}$  cup}

#### Ingredients:

- 1 lb. ground beef, 95% lean
- 1 medium bell pepper, rinsed, chopped (~2 cups)
- 1 medium onion, finely chopped (~1 cup)
- $\frac{3}{4}$  cup oats (quick or old-fashioned)
- 8 oz. fresh mushrooms, chopped (~2 cups)
- 12 oz. fresh spinach, rinsed, chopped (~2 cups)
- 1 egg
- $\frac{1}{4}$  tsp black pepper
- $\frac{1}{4}$  tsp dry thyme
- $\frac{1}{4}$  tsp dry rosemary
- 1 tsp olive oil

#### Instructions:

1. Heat oven to 350F. Spray bread/loaf pan with PAM or nonstick spray.
2. In a skillet, heat the oil over medium heat. Add the onion and stir frequently for about 2 minutes.
3. Add the bell pepper and mushrooms, cook another 2 minutes. Add spinach and cover for 1 minute until wilted.
4. Remove from heat and set aside. In a bowl, combine remaining ingredients.
5. Add cooked vegetables to the beef mixture; if it appears too dry, add more oats.
6. Transfer to bread pan and form into a loaf. Bake for an hour or until juices run clear and meat is no longer pink inside (may need to spoon off juices halfway through cooking).

This recipe is courtesy of our *Fitness Activities and Nutrition* Committee. **Learn more about FAN and be healthier at [www.shfpchurch.org/fan-resources](http://www.shfpchurch.org/fan-resources).**

PHOTO OF THE WEEK



**Our Food Ministry** preparing food donation bags as a family. We invite you to participate in GOD's work at the Snyder Academy.

TODAY'S HYMN

WORD OF THE WEEK

*Let It Breathe on Me*

Let it breathe on me, Let it breathe on me  
Let the breath of God now breathe on me  
Let it breathe on me, Let it breathe on me  
Let the breath of God now breathe on me

While I'm working Lord in your vineyard here  
I can do naught if thou aren't near

Let it breathe on me, Let it breathe on me  
Let the breath of God now breathe on me  
Let it breathe on me, Let it breathe on me  
Let the breath of God now breathe on me

When the pathway Lord I cannot see  
When the way is dark, Lord, breathe on me

Let it breathe on me, Let it breathe on me  
Let the breath of God now breathe on me  
Let it breathe on me, Let it breathe on me  
Let the breath of God now breathe on me

**SHEEP**



*"If a group of people are (like) sheep, they all behave in the same way or all behave as they are told and cannot or will not act independently."*

(<https://dictionary.cambridge.org/us>)"

*FOLLOW ME*

“You say follow me, but I’m not sure where you’re going. You say follow me, as if you’re leading me out of the chaos and confusion, but the closer I follow, the thicker the clouds of darkness seem to be and the less comfortable my life gets. You say follow me, but insist I leave “me” behind. You say follow me but wait just a minute. Let me look you over, examine you and ask, “just who are you?” You say follow me, and my heart knows it’s what I was born to do. You say follow me, but my head has different plans. It sees the storm clouds you’re brewing and the confrontation that arises wherever you go. My mind makes up excuses, finds ways to dismiss you and remain in the lead. But you say follow me, and I see the goodness and living water that flows from the river you’re providing. I see the beauty of your face and if what you say is true – it’s the greatest story the world will ever know. But you say follow me and it scares me because there’s still some doubt. But does that doubt have anything to do with you or because I know accepting you comes at a cost, knowing that I’ll have to die to myself and admit I’m lost? You say follow me. Grant that I may be willing to take up my cross (©Justin Farley).”

W C W X T F E A R L E S S N E S S  
 K X B R A V E N E S S F W P G R Y  
 H I Z M S L Q Z B O L D N E S S G  
 G M S S P U N K X C R N F K V J W  
 U C U P O S I T I V E N E S S W T  
 T H R C W S S M L U N Z H C G S O  
 S J E Z F Q P F Y N P J A Z H Q U  
 H D L T P G I O Y Y G J J P O G G  
 Y Q Y S Q E R T R U S T F B N Q H  
 T V C M T F I K Z O H E S V W D N  
 X F J Y W Q T P O R C O U R A G E  
 B R A V E R Y O S L G A S G D H S  
 P W I L L P O W E R M C I E D D S  
 Z H W P E B N E R Y H M L C X X L  
 K Z O T L M V R D F H Q D J K R S  
 T Q I D E T E R M I N A T I O N F  
 F A I T H L X J X O D S C H D A Q

**boldness**  
**courage**  
**fearlessness**  
**power**  
**surely**  
**willpower**

**braveness**  
**determination**  
**guts**  
**spirit**  
**toughness**

**bravery**  
**faith**  
**positiveness**  
**spunk**  
**trust**