



Founded as the First NJ Christian Congregation in 1664



WELCOME. LOVE. SERVICE. COMMUNITY.

Reverend Dr. Wanda M. Lundy, *Pastor* Jacob Paduano, *Music Director*

14-42 Broad Street, Elizabeth, NJ 07201 (908) 354-0016 | www.shfpchurch.org

Sunday Worship Service | 21 August 2022 | 11th Sunday of Pentecost

"THE WORD BECAME FLESH AND BLOOD AND MOVED INTO THE NEIGHBORHOOD (John 1:14)."



MEDITATION | ALL

PRELUDE | JACOB PADUANO

CALL TO WORSHIP | PASTOR LUNDY

Invocation | Pastor Lundy

WELCOME, ANNOUNCEMENTS & CELEBRATIONS | ELDER WANDA SIZEMORE- MCRAE

OPENING HYMN | SHFPC MUSIC MINISTRY

VIRTUAL PASSING OF PEACE | LEAD BY FAN COMMITTEE

LIVING OUR MISSION | PUBLIC EDUCATION SUNDAY;

YOUNG ADULT VOLUNTEER COMMISSIONING SUNDAY

PRAYER OF CONFESSION | PASTOR LUNDY

SILENT PRAYER OF CONFESSION | ALL

Assurance of Pardon | Pastor Lundy

SCRIPTURE READING | HEBREWS 12:18-29

HYMN OF PREPARATION | SHFPC MUSIC MINISTRY

SERMON | PASTOR LUNDY: "A Word for Today's Youth - Courage"

AFFIRMATION OF FAITH | ELDER BESSIE ALLEN

PASTORAL PRAYER | PASTOR LUNDY

Offering Of Gifts To God | ALL

AND MUSICAL SELECTION | SHFPC MUSIC MINISTRY

CHARGE AND BENEDICTION | PASTOR LUNDY

MEDITATION BEFORE SERVICE

Silent mediation is the first order of worship. Take this opportunity to reflect upon God, the events of your week, and the persons who are touching your life. If you wish, share your prayer concerns there will be an opportunity to share your concern during our Joys and Concerns/Pastoral Prayer.

CALL TO WORSHIP

We have not come to a frightening mountain or a scary place.

We have no fear or trembling.

This is a heavenly place where angels' dwell.

We have come to be the church.

We have come to the mediator between God and humankind:

Jesus Christ our Lord.

We come with reverence and awe. Amen.

PRAYER OF CONFESSION

God of Life, You come to us as a consuming fire, and the one who has consecrated us before time.

You promise us a kingdom that cannot be shaken and call us to serve you with praise and thanksgiving.

But we forget, and yield to fear. We trust in the tangible rewards of this world and neglect your promises.

We confess that we are a divided people; we foster separations and widen rifts in our families, our communities, and in the world.

Open us to your healing. Free us from all that distances us from your presence. Give us your grace

And inspire us to serve you with courage; Through Jesus Christ who comes to save. Amen. Silent Confession

ASSURANCE OF PARDON

When we look to Christ, the pioneer and perfecter of our faith, we learn to love others as Christ has loved us; we find wholeness and forgiveness. **Glory to God.**

ANNOUNCEMENTS

Any dates for the Church Calendar should be given to Wanda Sizemore-McRae ASAP.

- **Operation Warm Heart** is seeking donations of personal care items, socks, and/or bus cards. We're also seeking volunteers for in-house program from December 2022 to March 2023. Please contact Elder Bessie for more information.
- 2022 Per Capita is \$45 per member. This and all donations can be submitted during worship; to SHFP Church, P. O. Box 442, Roselle, NJ 07203; or with *Zelle* using shfpchurch64@gmail.com.
- What's the 313? The Ancestors Speak Video Blog Co-hosted by Pastor Lundy and James Amemasor on Sundays at 3p.m. It is a conversation about the Ancestors Speak Research Project on Zoom: Meeting ID 814 0595 3491 and Dial-in Number (929) 205-6099.
- *On Mondays*, **Prayer Service is 6:30pm** and **Bible Study is 7pm** on Zoom. The study will resume on 9/12 on New Testament *Matthew*.
- Do you want to **serve on a committee** or ministry? Please see a session member today.
- If you wish to be a *Liturgist*, please see Elder Wanda after service.
- UPCOMING ACTIVITY: **Lecture by Maman Monique Misenga Mukuna** | "The event is a miniseminar in African Studies and a book signing, to celebrate African women as witnesses to and agents of Christ's gift of abundant life and ministry of social justice. More Info at: www.ptsem.edu/events/maman-monique-lecture

REMINDERS

- Pastor's office hours are by appointment in the *Snyder Academy*. Contact her at **201-970-3337** or **wandamlundy@gmail.com**.
- During worship service, kindly turn off or put phones on vibration.
- Our church is a COVID-19 conscious setting, so **please wear a facemask** properly.
- Anyone requesting a **pastoral visit or at-home communion** should contact one of the Ruling Elders, Deacons, or Pastor.

Session Report: June Financial Report

Income: \$11,272 | Expenditure: \$16,398

- 1. Church **Men's' Bathroom** is almost refurbished completely.
- 2. Caldwell Place Sidewalk is in the process of repair.
- 3. **Operation Warmheart** has permission to use Snyder Academy from 12/2022 to 03/2023 for housing the homeless. *Volunteers are necessary*.
- 4. **Lunches** continually provided to those in need on Fridays at noon.



Volume 1 | A Publication of SHFP Church | Issue 21

WELCOME, LOVE, SERVICE, COMMUNITY, WELCOME, COMMUNITY, WELCOME, COMMUNITY, WELCOME, COMMUNITY, WELCOME, COMMUNITY, COMMUNITY, WELCOME, COMMUNITY, CO

NATIONAL FAMILY FUN MONTH

WAYS TO CELEBRATE FAMILY FUN MONTH DURING COVID-19

- visit a farmer's market
- have a backyard movie/game night
- hike/bike local trails, explore waterfalls
- play disc golf
- go for a scenic drive
- have a picnic
- backyard camping
- virtual tours of museums, gardens, or zoos
- have a culinary "vacation" where you eat foods from places you'd like to visit

FUN FACTS

Do You Know?

"In 1664, a group of Englishmen formed the Elizabethtown Associates and purchased a land area west of Newark Bay, including the area of current day Elizabeth.

Elizabethtown, named in honor of the wife of Sir George Carteret, was established on the banks of the Elizabeth River. Elizabethtown thrived with a population of 700 and the City became the first capital of New Jersey.

From the days of Elizabeth's founding, great men have walked the City's streets. Alexander Hamilton called Elizabeth home for a time during his youth and George Washington came here en route to New York to be sworn in as the first President of the United States in 1789. Elizabeth's proud history can be seen in the numerous memorials, historic sites, and statues that dot the City's landscape (https://www.elizabethnj.org/270/Our-History)"

MARK YOUR CALENDAR

(August Birthdays)
3rd Jaelene Jackson
12th Jamiyl Mosley
16th Rosa Mitchell
17th Erma Linton
18th Helen Mosley and Amaka Njoku
| 27th Kendra McRae
28th Berline Pervilon

(August Anniversaries)

17th Mr. Montee & Mrs. JoAnne Pryor
24th Mr. James & Mrs. Brenda Johnson

¹⁸ You have not come to a mountain that can be touched and that is burning with fire; to darkness, gloom and storm; ¹⁹ to a trumpet blast or to such a voice speaking words that those who heard it begged that no further word be spoken to them, ²⁰ because they could not bear what was commanded: "If even an animal touches the mountain, it must be stoned to death." ²¹ The sight was so terrifying that Moses said, "I am trembling with fear."

²² But you have come to Mount Zion, to the city of the living God, the heavenly Jerusalem. You have come to thousands upon thousands of angels in joyful assembly, ²³ to the church of the firstborn, whose names are written in heaven. You have come to God, the Judge of all, to the spirits of the righteous made perfect, ²⁴ to Jesus the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

²⁵ See to it that you do not refuse him who speaks. If they did not escape when they refused him who warned them on earth, how much less will we, if we turn away from him who warns us from heaven? ²⁶ At that time his voice shook the earth, but now he has promised, "Once more I will shake not only the earth but also the heavens." ²⁷ The words "once more" indicate the removing of what can be shaken—that is, created things—so that what cannot be shaken may remain.

²⁸ Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, ²⁹ for our "God is a consuming fire (Hebrews 12:18-29)."



Broccoli Salad

{Yield: 50 servings, serving size 3/4 cup}

Ingredients:

12 cups - Fresh green beans, trimmed & cut
12 cups - Fresh broccoli florets
6 cups - Carrots, diced
6 cups - Celery, diced
6 (15-oz) cans - Chickpeas, drained and rinsed
3 cups - Fat-free Italian Dressing

Instructions:

- 1. Wash the fresh green beans in cold water, removing the stems and cutting each into 1-inch pieces.
- 2. Place the finished green beans into a large sauce pan and add water until the green beans are submerged.
- 3. Set the stove top for "medium heat" to bring the saucepan to a boil.
- 4. Chop the fresh broccoli, carrots, and celery into small, uniform pieces, no larger than a quarter, and add to a large serving bowl. Drain and rinse the chickpeas from the can and add them to the large serving bowl that contains the broccoli, carrots, and celery.
- 5. After the saucepan has been brought to a steady boil, turn off the heat and remove the sauce pot.
- 6. Under cold running water, strain the green beans until they are cold to the touch.
- 7. Add the chilled green beans to the large bowl that contains the broccoli, carrots, and celery.
- 8. Stir the combined ingredients together and add the fat-free Italian dressing, coating the vegetables evenly and thoroughly.

This recipe is courtesy of our *Fitness Activities and Nutrition* Committee. **Learn more about FAN and be healthier at www.shfpchurch.org/fan-resources**.

PHOTO OF THE WEEK



Our Food Ministry preparing food donation bags as a family. We invite you to participate in GOD's work at the Snyder Academy.

TODAY'S HYMN

I Love You, I Love You More Today

1 I love you, I love you; I love you, Lord, today Because You cared for me, in such a special way.

That's why I praise You, I lift You up,
And I magnify Your name
That's why my heart is filled with praise.

2 My heart, my mind, my soul belongs to You. You paid the price for me, way back on Calvary.

That's why I praise You, I lift You up,
And I magnify Your name
That's why my heart is filled with praise
That's why my heart is filled with praise

WORD OF THE WEEK

COURAGE



"The ability to control your fear in a dangerous or difficult situation (https://dictionary.cambridge.org/us)"

"Armed with courage,
I pray for everything
in faith, I ask God
without wavering.

I'll not get tossed, on the waves of fear for prayers can make muddy waters clear.

Equipped with strength, God's Word is my shield as I go out each day on prayer's battlefield.

I'll put on my armor, in all of its entirety I'll not be doubt driven for I trust God entirely.

Armed with prayer, brave and courageous my faith in God . . . makes me dangerous (©Deborah Ann Belka)!"

W	C	W	X	T	F	Ε	A	R	L	E	S	S	N	E	S	S
K	X	В	R	A	V	E	N	E	S	S	F	W	P	G	R	Y
Н	ı	Z	M	S	L	Q	Z	В	0	L	D	N	E	S	S	G
G	M	S	S	P	U	N	K	X	C	R	N	F	K	V	J	W
U	C	U	P	0	S	I	Т	I	V	E	N	E	S	S	W	T
T	Н	R	C	W	S	S	M	L	U	N	Z	Н	C	G	S	0
S	J	E	Z	F	Q	P	F	Y	N	P	J	A	Z	Н	Q	U
Н	D	L	T	P	G	I	0	Y	Y	G	J	J	P	0	G	G
Y	Q	Y	S	Q	E	R	T	R	U	S	T	F	В	N	Q	Н
T	V	C	M	T	F	I	K	Z	0	Н	E	S	V	W	D	N
X	F	J	Y	W	Q	T	P	0	R	C	0	U	R	A	G	E
В	R	A	V	E	R	Y	0	S	L	G	A	S	G	D	Н	S
P	W	ı	L	L	P	0	W	E	R	M	C	ı	E	D	D	S
Z	Н	W	P	E	В	N	E	R	Y	Н	M	L	C	X	X	L
K	Z	0	T	L	М	V	R	D	F	Н	Q	D	J	K	R	S
T	Q	ı	D	E	T	E	R	M	I	N	A	T	ı	0	N	F
F	A	ı	T	Н	L	X	J	X	0	D	S	C	Н	D	A	Q

boldness courage fearlessness power surely willpower braveness determination guts spirit toughness

bravery faith positiveness spunk trust