



Founded as the First NJ Christian Congregation in 1664



WELCOME. LOVE. SERVICE. COMMUNITY.

**Reverend Dr. Wanda M. Lundy,** *Pastor* Jacob Paduano, *Music Director* 

14-42 Broad Street, Elizabeth, NJ 07201 (908) 354-0016 | www.shfpchurch.org

## Sunday Worship Service | 22 May 2022 | 6th Sunday of Easter

"THE WORD BECAME FLESH AND BLOOD AND MOVED INTO THE NEIGHBORHOOD (John 1:14)."



MEDITATION | ALL

PRELUDE | JACOB PADUANO

CALL TO WORSHIP | PASTOR LUNDY

**Invocation** | Pastor Lundy

WELCOME, ANNOUNCEMENTS & CELEBRATIONS | ELDER WANDA SIZEMORE- MCRAE

**OPENING HYMN** | SHFPC MUSIC MINISTRY

VIRTUAL PASSING OF PEACE | LEAD BY FAN COMMITTEE

LIVING OUR MISSION | PRESBYTERIAN HERITAGE SUNDAY

Prayer of Confession | Pastor Lundy

SILENT PRAYER OF CONFESSION | ALL

**Assurance of Pardon** | Pastor Lundy

SCRIPTURE READING | JOHN 14:23-29

HYMN OF PREPARATION | SHFPC MUSIC MINISTRY

**SERMON** | PASTOR LUNDY: "The Power of Love"

**AFFIRMATION OF FAITH | ELDER BESSIE ALLEN** 

PASTORAL PRAYER | PASTOR LUNDY

OFFERING OF GIFTS TO GOD | ALL AND Musical Selection | SHFPC Music Ministry

CHARGE AND BENEDICTION | PASTOR LUNDY

#### MEDITATION BEFORE SERVICE

Silent mediation is the first order of worship. Take this opportunity to reflect upon God, the events of your week, and the persons who are touching your life. If you wish, share your prayer concerns there will be an opportunity to share your concern during our Joys and Concerns/Pastoral Prayer.

#### **CALL TO WORSHIP**

Alleluia, Christ is risen!

The Lord is risen indeed, alleluia!

Let the peoples praise you, O God.

Let all the peoples praise you. Amen.

#### **PRAYER OF CONFESSION**

Loving God, we confess that we are an anxious people

## Who deny your blessing and fail to keep your word

Forgive us, we pray

## For these and all our sins, that we might live in peace

And reflect your love in the world

Through Jesus Christ we pray. Amen. Silent Confession

#### **ASSURANCE OF PARDON**

These words are trustworthy and true: God is making all things new, including us. We are God's sons and daughters, and through Christ, we are forgiven. Amen.

#### Thanks be to God!

#### **ANNOUNCEMENTS**

Any dates for the Church Calendar should be given to Wanda Sizemore-McRae ASAP.

- **Operation Warm Heart** is still seeking donations of personal care items, socks, and/or bus cards for displaced individuals. Please contact Elder Bessie for more information.
- 2022 Per Capita is \$45 per member. This and all donations can be submitted during worship; to SHFP Church, P. O. Box 442, Roselle, NJ 07203; or with Zelle using shfpchurch64@gmail.com.
- **Pastor's Survey** regarding her visitation and communications was sent in the mail and via email last week. Please check your mail- and email-box for the survey and return it before March 22, 2022. If you cannot locate the survey, contact Elder Pam.
- What's the 313? The Ancestors Speak Video Blog Co-hosted by Pastor Lundy and James Amemasor on Sundays at 3p.m. It is a conversation about the Ancestors Speak Research Project on Zoom: Meeting ID 814 0595 3491 and Dial-in Number (929) 205-6099.
- On Monday evenings, **Prayer Service is 6:30pm** and **Bible Study is 7pm** on Zoom. The study book is *Lord Change Me* by Evelyn Christenson.
- Do you want to **serve on a committee** or ministry? Please see a session member today.
- If you wish to be a *Liturgist*, please see Elder Wanda after service.

#### **REMINDERS:**

- Pastor's office hours are by appointment in the *Snyder Academy*. Contact her at **201-970-3337** or **wandamlundy@gmail.com**.
- During worship service, **kindly turn off or put phones on vibration**.
- Our church is a COVID-19 conscious setting, so **please wear a facemask** over your nose and mouth.
- Anyone requesting a **pastoral visit or at-home communion** should contact one of the Ruling Elders, Deacons, or Pastor.

## **SESSION REPORT:** Financial Report

	Jan.	Feb.	March	April
Income	\$3,453	\$4,322	\$3,851	\$4,582
Expenditures	\$34,939	\$18,647	\$21,261	\$45,178

- 1. The church has paid its \$2,000 Benevolence Pledge
- 2. There have been many unexpected physical repairs made to the church and Snyder buildings
- 3. Seeking fundraising activities
- 4. Need volunteers to plan Loyalty month in October



## Volume 1 | A Publication of SHFP Church | Issue 9

WELCOME, LOVE, SERVICE, COMMUNITY, WELCOME, LOVE, SERVICE, COMMUNITY, WELCOME, LOVE, SERVICE, COMMUNITY,

#### MENTAL HEALTH AWARENESS MONTH



#### FUN FACTS MARK YOUR CALENDAR

## Did You Know? Elizabeth NJ historically offers many firsts...

"The first assembly line automobile producer in the state

The first **ice cream soda** 

The first **submarine** 

The Singer sewing machine

The first **English speaking community** in New Jersey

The first Capital of New Jersey

The first home of Princeton University

The first Colonial Assembly and Council meeting

(https://www.elizabethnj.org/266/Facts-First)."

Our church and congregation are game changers of New Jersey and the U.S.

P.S. If you know the history for our blended, three congregations, please **share it with us!** 

(May Birthdays)

22nd Shirkaya Sizemore
23rd Tiara Powell
24th Winston Tidd
25th James Johnson
26th Bessie Allen

(May Anniversaries)

No Anniversaries

<sup>23</sup> Jesus replied, "Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them. <sup>24</sup>Anyone who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father who sent me.

<sup>25</sup> "All this I have spoken while still with you. <sup>26</sup> But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. <sup>27</sup> Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

<sup>28</sup> "You heard me say, 'I am going away, and I am coming back to you.' If you loved me, you would be glad that I am going to the Father, for the Father is greater than I. <sup>29</sup> I have told you now before it happens, so that when it does happen you will believe (John 14:23-29)."



## **Heart Healthy Cornbread**

{Makes 10 servings}
1 c. unbleached flour
1 c. medium-grind cornmeal

1/4 c. sugar
3 teaspoons No-Sodium
baking powder
1 egg lightly beaten
1/4 c. sunflower or canola oil
11/3 c. 1% low-fat milk

#### Instructions:

- 1. Preheat oven to 425° degrees F.
- 2. Mix the dry ingredients in a large bowl.
- 3. Blend in the beaten egg, milk and oil.
- 4. Pour into a baking dish sprayed lightly with oil. Bake for 20 minutes.
- 5. Serve alongside your favorite warm meal!

This recipe is courtesy of our *Fitness Activities and Nutrition* Committee. **Learn more about FAN and be healthier at www.shfpchurch.org/fan-resources**.

## PHOTO OF THE WEEK



**Elder Pam** created this graphic artwork, as an expression of Kwanzaa Principle, **UJIMA**.

She incorporated culture, faith, and beauty, to inspire others.

## LITERARY CORNER

#### A Fresh Clean Start

"A fresh clean start, new beginnings too not just for today . . . but, all year through.

Putting behind the past, pressing into the goal loving God with all... your heart, mind and soul.

New beginnings, a fresh new clean start when Jesus becomes the beat in your heart.

Letting Him change you, from the inside out pushing back your fears giving Him your doubt.

A fresh clean start, is waiting for you . . . oh, the mighty things in you God can do

(https://poetrybydeborahann.wordpress.com/)!"

#### WORD OF THE WEEK

## RENEWAL



"The act or process of making changes to something in order to improve it so that it becomes more successful

(https://dictionary.cambridge.org/us)"

PSST! Do You Write Poetry or Short Stories? Submit it to shfpchurch64@gmail.com.

## **GETTING TO KNOW YOU**

Our community is rich with interesting and talented people. In an effort to tighten our family bond, we will feature a member, friend, and/or supporter of our church.

Who will be our first volunteer?

## Tell us ...

- Where were you born and raised?
- When is your birthday?
- Who makes up your family?
- What is/was your career or main job?
- What is your favorite color, dessert, and/or vacation spot?
- Who is/was your hero or role model?
- How did you arrive in our church community?
- What is your unique skill or talent?

## ... what you want us to know!

Please send a letter or email to Elder Pamela Robinson Smith at:

SHFP Church 42 Broad Street Attn: **Elder Pam** Elizabeth, NJ 07201

(or)

theagent@pameladsmith.com

# MIND MUSCLE WORKOUT

V	V	S	Α	V	I	0	R	G	0
Р	S	Ν	Α	М	0	R	N	Ν	Z
W	М	Р	٧	1	L	В	Υ	I	F
N	W	K	В	U	Υ	F	Ε	K	W
н	V	В	K	J	Α	М	Ε	S	N
ı	Α	Ε	L	М	Т	Н	0	С	0
R	J	K	0	K	S	ı	V	0	Α
K	U	0	R	R	W	U	Т	С	С
ı	D	Q	D	Α	٧	Z	Q	U	Т
K	Ε	Α	N	М	N	Н	0	J	S