



**Siloam Hope First
Presbyterian Church**



Founded as the First NJ Christian Congregation in 1664



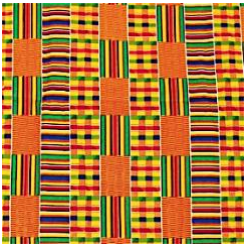
WELCOME. LOVE. SERVICE. COMMUNITY.

Reverend Dr. Wanda M. Lundy, *Pastor*
Jacob Paduano, *Music Director*

14-42 Broad Street, Elizabeth, NJ 07201
(908) 354-0016 | **www.shfpchurch.org**

Sunday Worship Service | 26 June 2022 | 3rd Sunday of Pentecost

“THE WORD BECAME FLESH AND BLOOD AND MOVED INTO THE NEIGHBORHOOD (John 1:14).”



MEDITATION | ALL

PRELUDE | JACOB PADUANO

CALL TO WORSHIP | PASTOR LUNDY

INVOCATION | PASTOR LUNDY

WELCOME, ANNOUNCEMENTS & CELEBRATIONS | ELDER WANDA SIZEMORE- MCRAE

OPENING HYMN | SHFPC MUSIC MINISTRY

VIRTUAL PASSING OF PEACE | LEAD BY FAN COMMITTEE

LIVING OUR MISSION | PC (USA) WORLD AIDS DAY

PRAYER OF CONFESSION | PASTOR LUNDY

SILENT PRAYER OF CONFESSION | ALL

ASSURANCE OF PARDON | PASTOR LUNDY

SCRIPTURE READING | GALATIANS 5:1 AND 13-25

HYMN OF PREPARATION | SHFPC MUSIC MINISTRY

SERMON | PASTOR LUNDY: *“Freedom in Jesus the Christ”*

AFFIRMATION OF FAITH | ELDER BESSIE ALLEN

PASTORAL PRAYER | PASTOR LUNDY

OFFERING OF GIFTS TO GOD | ALL

AND **MUSICAL SELECTION** | SHFPC MUSIC MINISTRY

CHARGE AND BENEDICTION | PASTOR LUNDY

MEDITATION BEFORE SERVICE

Silent meditation is the first order of worship. Take this opportunity to reflect upon God, the events of your week, and the persons who are touching your life. If you wish, share your prayer concerns there will be an opportunity to share your concern during our Joys and Concerns/Pastoral Prayer.

CALL TO WORSHIP

Throughout the ages, disciples have said, “I will follow you wherever you go.”

Lord, give us the freedom to follow you in the ways of love.

We come from busy homes, filled with little time to consider Christ in our lives.

Lord, give us the strength to follow you in the ways of peace.

In times of struggle, we look to God for help.

Lord, give us the opportunity to follow you in the ways of kindness.

Today, we celebrate the Holy Spirit, who shows us the joy of following God.

Lord, give us the patience to follow you in the ways of faith. Amen.

PRAYER OF CONFESSION

Gracious Lord, you have blessed us with freedom—

Freedom to follow or to turn away

Freedom to love or to hate

Freedom to heal or to hurt

You ask only that we follow your ways, loving our neighbors as ourselves

In the midst of our turbulent lives, help us find teachers

To show us the gifts you set within us

And help us claim these gifts today. Amen. *Silent Confession*

ASSURANCE OF PARDON

Harvest the fruit of the Spirit, freely given by God, and share it freely with others. Know that you are loved and forgiven. Trust that you are treasured, now and always. Amen. **Thanks be to God!**

ANNOUNCEMENTS

Any dates for the Church Calendar should be given to Wanda Sizemore-McRae ASAP.

- **Operation Warm Heart** is still seeking donations of personal care items, socks, and/or bus cards for displaced individuals. Please contact Elder Bessie for more information.
- **2022 Per Capita** is \$45 per member. This and all donations can be submitted **during worship**; to **SHFP Church, P. O. Box 442, Roselle, NJ 07203**; or with *Zelle* using **shfpchurch64@gmail.com**.
- **What's the 313? The Ancestors Speak Video Blog** – Co-hosted by Pastor Lundy and James Amemasor on Sundays at 3p.m. It is a conversation about the Ancestors Speak Research Project on Zoom: Meeting ID 814 0595 3491 and Dial-in Number (929) 205-6099.
- *On Monday evenings, Prayer Service is 6:30pm and Bible Study is 7pm* on Zoom. The study book is *Lord Change Me* by Evelyn Christenson.
- *Do you want to serve on a committee or ministry?* Please see a session member today.
- If you wish to be a **Liturgist**, please see Elder Wanda after service.

REMINDERS:

- Pastor's office hours are by appointment in the *Snyder Academy*. Contact her at **201-970-3337** or **wandamlundy@gmail.com**.
- During worship service, **kindly turn off or put phones on vibration**.
- Our church is a COVID-19 conscious setting, so **please wear a facemask** over your nose and mouth.
- Anyone requesting a **pastoral visit or at-home communion** should contact one of the Ruling Elders, Deacons, or Pastor.

SESSION REPORT: *Financial Report for May*

Income: **\$9,196** | Expenditure: **\$37,598**

Once again, most of the expenses were due to needed repairs in the Snyder Academy for busted pipes.

1. May 29: **Ordination** of Elder Amaka Njoku and Deacon Niki Allen
2. We updated **church budget** for 2022.
3. We'd like to have a **Church Family Day** Outing.
4. We voted to allow an **Immigration Group** to hold Sunday afternoon meetings in the church for \$350.
5. We need new members to serve on Session and Deacon Board for 2023.
6. The **repaving of the cemetery** walkway is complete. A coat of sealant is necessary.
7. The beginning structure of the **313 Monument** is done.

SANKOFA SAYS

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WELCOME. LOVE. SERVICE. COMMUNITY. WELCOME. LOVE. SERVICE. COMMUNITY. WELCOME. LOVE. SERVICE. COMMUNITY.

LGBT PRIDE MONTH

More than

50%

of **LGBTQ** youth (52%) who were enrolled in middle or high school reported being bullied either in person or electronically in the past year.

33% reported
being bullied in-person

42% were bullied
electronically

healthline | **TREYOR**

FUN FACTS

Do You Know the Historical Landmarks In Elizabeth?

- **The Academy of Elizabethtown**
(Now the *Snyder Academy*)
- **Boxwood Hall**
(Home of *Elias Boudinot* who was a lawyer and served as president of the Continental Congress from 1782 to 1783)
- **First Presbyterian Church**
(Now *Siloam-Hope First Presbyterian Church*)
- **Liberty Hall Museum**
(Home of William Livingston, New Jersey's first elected governor and signer of the Constitution)
<https://www.elizabethnj.org>

P.S. If you know the history for our blended, 3 congregations, please **share it with us!**

MARK YOUR CALENDAR

(June Birthdays)

3rd Janay Swaggerty
10th Chesline (Betty) Nelson
13th Jake Paduano
20th Shineya Sizemore
24th Jasmine Swaggerty

(June Anniversaries)

5th Rev. Joseph & Hazel Garlic

¹ It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

¹³ You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. ¹⁴ For the entire law is fulfilled in keeping this one command: "Love your neighbor as yourself." ¹⁵ If you bite and devour each other, watch out or you will be destroyed by each other.

¹⁶ So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷ For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. ¹⁸ But if you are led by the Spirit, you are not under the law.

¹⁹ The acts of the flesh are obvious: sexual immorality, impurity and debauchery; ²⁰ idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹ and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law. ²⁴ Those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ Since we live by the Spirit, let us keep in step with the Spirit (Galatians 5:1,13-25)."



Mighty Bran Muffins

{Makes 12 Muffins}

- 1 1/2 cup flour
- 3/4 cup flaxseed meal
- 3/4 cup grape nuts
- 1 cup brown sugar
- 2 tsp baking soda
- 1 tsp baking powder
- 1/2 tsp salt
- 2 tsp cinnamon
- 1 1/2 cup carrots, shredded
- 2 apples, diced
- 1/2 cup raisins
- 3/4 cup skim milk
- 1 egg + 2 egg whites (beaten)
- 1 tsp vanilla

Instructions:

1. Combine dry ingredients in a bowl.
2. In another bowl, add milk, eggs and vanilla. Add to dry ingredient bowl and stir until mixed.
3. Line muffin tin and bake at 350 degrees until done (can stick with a knife or toothpick and comes out clean).
4. Allow 5 minutes to cool on cooling rack

This recipe is courtesy of our *Fitness Activities and Nutrition* Committee. **Learn more about FAN and be healthier at www.shfpchurch.org/fan-resources.**

PHOTO OF THE WEEK



Elder Pam created this graphic artwork, using Adinkra symbol/phrase, **Woforo Dua Pa A.**

She incorporated culture, faith, and beauty, to inspire others.

LITERARY CORNER

“Freedom in Jesus is knowing the way
to trust what he plans for our lives each day
To believe he's our friend and grow in His love
to shower on others His light from above

Freedom in Jesus is surrendering all,
knowing His voice through the rise and the fall
To breathe in His goodness to master His word
while adoring His presence as the good news is heard

Freedom in Jesus is freedom indeed
and joyfully doing for others good deeds
Freedom in Jesus is willingness of heart
to give him your all to surrender, every part

For He is the answer to doubt and fear
give him your burden He handles each care
He brings light in our darkness lifts us when we fall
and he cleanses our hearts when we heed to His call

Freedom in Jesus is to joyfully live
through the good and bad to trust forgiving He is
So each time you remember He died for your sins
with new life in the Savior your freedom begins (© Sharon Lagueux).”

WORD OF THE WEEK

FREEDOM



“The condition or right of being able or allowed to do, say, think
(<https://dictionary.cambridge.org/us>)”

PSST! Do You Write Poetry or Short Stories? Submit It to shfpchurch64@gmail.com.



Our community is rich with interesting and talented people. In an effort to tighten our family bond, we will feature a member, friend, and/or supporter of our church.

Who will be our first volunteer?

Tell us . . .

- Where were you born and raised?
- When is your birthday?
- Who makes up your family?
- What is/was your career or main job?
- What is your favorite color, dessert, and/or vacation spot?
- Who is/was your hero or role model?
- How did you arrive in our church community?
- What is your unique skill or talent?

. . . what you want us to know!

Please send a letter or email to Elder Pamela Robinson Smith at:

SHFP Church
42 Broad Street
Attn: **Elder Pam**
Elizabeth, NJ 07201

(or)

theagent@pameladsmith.com

Your Identity in Christ

A I S G G E H W C S C Y F L T X I R H M M U J Y
K O Y R D C A Z F F S M F V G J S Q Y Q K K R B
F H H U A D O P T E D M F G I R O B T E Z P O X
M F M D F E R P N Z T T R V R M W K X M G M A X
J N J E B E L O V E D J E N D V T J X P V E X I
N G Y E S M B M P N E W E Y E C W H Y Z A I C L
D O M A S T E R P I E C E I F M Q M C M A B Q J
Q T P G Y Z B I Z P D Y J H C A X L G K G R K Z
S R G A B W H V N U T S M N E X V B X V V F M D
V I C F C H C W O N D E R F U L O Q K B V B J B
K G V D Q O Q W Z F B X S C V R G L U L B O L D
C H X Q L L J P E X X A R A P L E X J F K J H Q
E T H V Q E U W T M N N D N X K G S E C U R E G
E E J J U H H M K C H D X Z T G I K F A D M R A
I O T B Y J F P O D U E P D C I E O O M L O H O
O U X C E Z C R W B K L G H W P T N R B C Y Z V
B S M M C L E A N L C I H O R O W H G A F O K C
G M X W Q P T J P Z X G P U F D D E I S F S V E
N P S R W N D X P I P H J Q N Z K J V S P A G L
F D S M S H W M G G O T P T W X Z A E A V I A O
L O Y S R N K D V G E F H L J L V Z N D J N H G
R V M Y T M L M N B P U X E D R C W V O G T D R
W N K M T X O I P P N L Y F M I J S P R U F O E
X K I M H F C R M V V V C A H A P C W V M Z T L

secure	delightful	wonderful	new
whole	bold	saint	ambassador
masterpiece	adopted	beloved	forgiven
clean	free	righteous	