

# Allergen Information Matrix

All dishes are entirely plant-based. Please inform staff of any allergies before ordering. We handle allergens in our kitchen — cross-contamination cannot be fully excluded.

KEY:

YES = Contains allergen

! = May contain / risk of cross-contamination

Blank = Free from

Menu Item	Gluten	Crust-aceans	Eggs	Fish	Peanuts	Soya	Milk	Tree Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
<i>Signature &amp; Seasonal</i>														
<b>Patty Calzones</b> with 2 dips	YES					YES				!				
<b>Callaloo, Spinach &amp; Coconut Soup</b> GF														
<b>Tutto Buono!</b> sharing platter	YES											!		
<i>Savoury Croffles</i>														
<b>Portobello Croffle Burger</b> vegan butter pastry	YES					YES				!				
<b>Chix, Croffle &amp; Chill</b> oyster mushrooms, jerk sauce	YES					YES				!				
<b>The Plantain Croffle</b> golden plantain, garlic dip	YES					YES								
<b>The Italian Croffle</b> vegan mozzarella, tomato, basil	YES													
<i>Sweet Croffles</i>														
<b>Pistachio Paradise Croffle</b> pistachio filling, rose petals	YES							YES						
<b>Chocoholic Croffle</b> hazelnut spread, dark chocolate	YES							YES						
<b>Biscoff Bonanza Croffle</b> Biscoff spread & crumble	YES											YES		

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<b>Customer's Fav Croffle</b> coconut, maple syrup, ice cream	YES													
<b>Croffle (plain)</b> customise with your own toppings	YES													
<i>Sides &amp; Dips</i>														
<b>Polpette</b> soy protein, jerky sauce	YES					YES				!		YES		
<b>Sweet Potato Fries</b> jerk seasoning — GF										!				
<b>Jerky Dip</b> pimento, scotch bonnet, smoked paprika						YES				!				
<b>Garlic &amp; Herbs Dip</b> garlic, oregano, basil, thyme						YES								
<i>Desserts</i>														
<b>Italian Gnocchi — Biscoff</b> potato dumplings, Biscoff, coconut	YES											YES		
<b>Gnocchi — Pistachio</b> pistachio filling, chocolate — contains milk	YES						YES	YES						
<i>La Cena (Thu &amp; Fri, from 5pm)</i>														
<b>Callaloo &amp; Basil Risotto</b> GF														
<b>Basil Spritz</b> basil, ginger beer, lime												!		
<b>Sorrel &amp; Hibiscus Fizz</b> sorrel, hibiscus, soda												!		
<i>Special Lattes &amp; Hot Drinks</i>														
<b>Italian Barley Latte</b> roasted barley, caffeine-free	YES													
<b>Turmeric / Matcha / Beetroot Latte</b> all caffeine-free options														
<b>Biscoff Latte</b> Biscoff, steamed milk	YES											YES		

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<b>Coffee Drinks</b> oat or soy milk available						!								
<b>Chai Latte</b> spiced black tea												YES		
<b>Hot Chocolate</b> West Coast Cocoa														
<i>Beers</i>														
<b>Moretti Zero / Peroni / Red Stripe</b> alcohol-free & alcoholic options	YES											YES		

Comewell's — Caribbean Italian Fusion Restaurant & Cafe | Unit 12, 189-191 Broad Lane, N15 4QT | comewell.co.uk | A discretionary 12.5% service charge will be added to your bill. | Updated April 2026