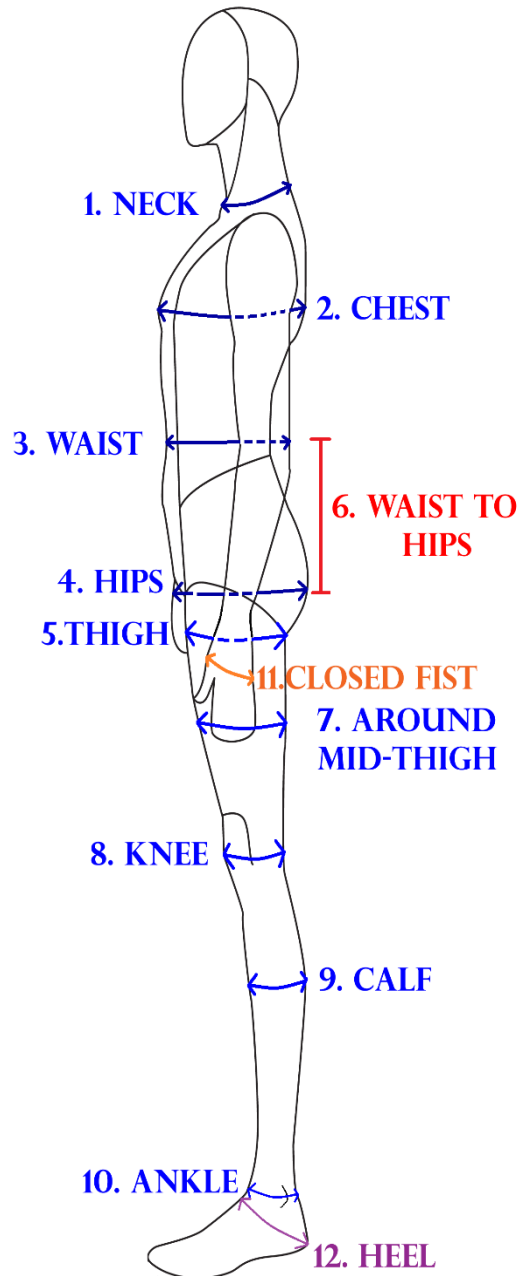


SOLT TO:			Measurements :			Inches	Cms
NAME:			1. Neck				
ADDRESS:			2. Chest				
CITY:			3. Waist				
STATE:			4. Hips				
ZIP CODE:			5. Thigh				
PHONE:			6. Waist to Hips				
EMAIL:			7. Around Mid-Thigh				
Gender:			8. Knee circumference				
MALE			9. Calf				
FEMALE			10. Ankle				
Height (feet)			11. Hand (Closed Fist)				
Weight (pounds)			12. Heel				
CUT STYLE:			13. Shoulder				
Tight			14. Shoulder to Elbow				
Medium			15. Elbow to Wrist				
Loose			16. Shoulder to Waist				
Choose only one; inches or cms:			17. Sleeve length				
Measurements	Inches	Cms	18. Around arm				
28. Shoulder to waist Length (back):			19. Wrist				
29. Waist to calf			20. Knee Length				
30. Crotch to Knee			21. Waist to floor				
31. Torso Lenght			22. Inseam (Crotch to floor)				
32. Bootie Length			23. Shoulder Width				
33. Around Shoe			24. Back Chest Width				
	USA	CMS	25. Bicep				
34. Size shoe			26. Elbow				
Any mistake concerning the measurements are the entire responsibilities of the person who measures.			27. Forearm				



- 1) **NECK:** The neck measurement is taken around the neck with the tape resting on your shoulders. You should put one finger between the tape and the neck if you want to allow for some extra room.
- 2) **CHEST:** The chest measurement is taken as a circumference measurement around your chest at the widest point. Stand in a relaxed posture and breathe out.
- 3) **WAIST:** The waist measurement is taken as a circumference measurement around your waist just above your belly button. Stand in a relaxed posture and breathe out.
- 4) **HIPS:** (AT WIDEST POINT) remove everything from your pockets. MEASURE AT THE WIDEST POINT. This is generally about 7 inches below the waistline at the belly button.
- 5) **THIGH:** Measure around the widest point of the upper leg close to or near the crotch.
- 6) **WAIST TO HIPS:** This measurement is taken to the waist at widest point to the hips.
- 7) **AROUND MID-THIGH:** Position measuring tape halfway between thigh and knee.
- 8) **KNEE CIRCUMFERENCE:** Measure around your leg, approximately 1.5 inches (3.5 cm) higher than top of knee.



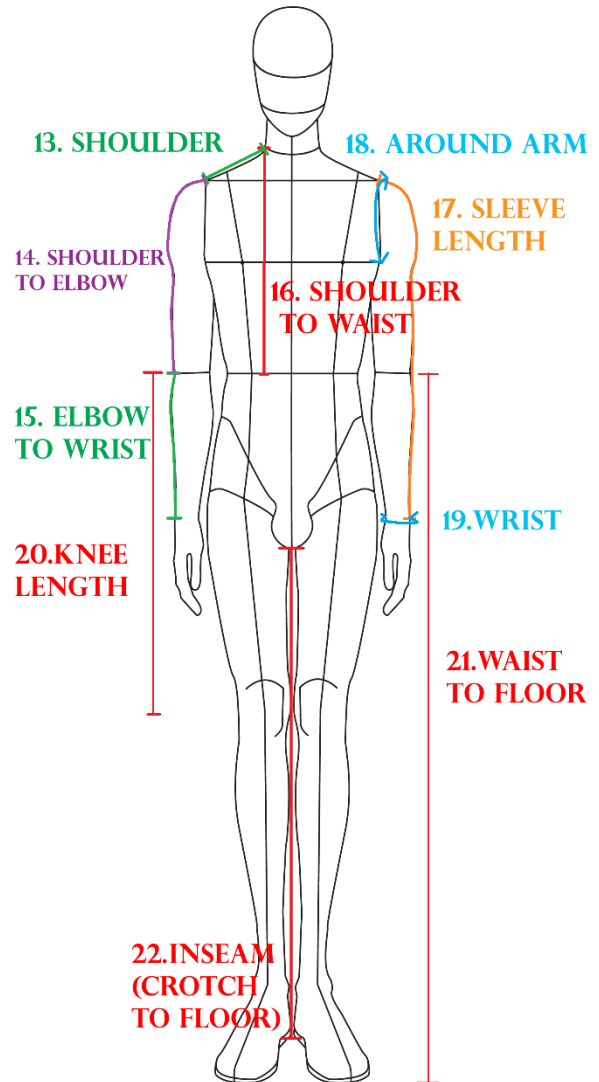


- 9) **CALF:** Measure around the widest point of the calf.
- 10) **ANKLE:** Measure around the ankle at the bone.
- 11) **HAND: CLOSED FIST:** Measure the circumference of your hand. Wrap a fabric-measuring tape around the hand at the fullest part, where your fingers meet your palm.



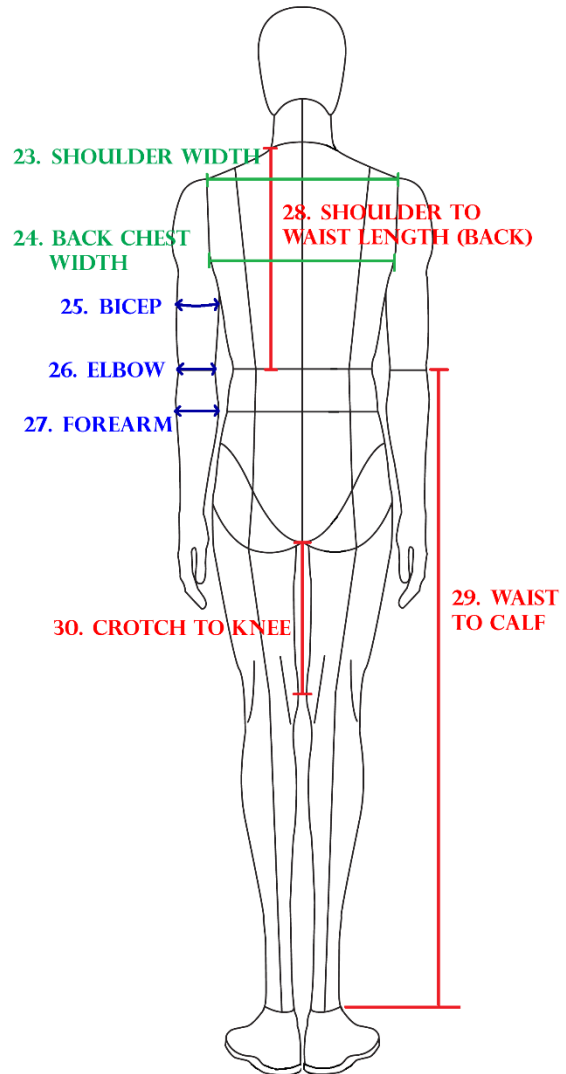
11. CLOSED FIST (HAND)

- 12) **HEEL:** Measure around foot and heel with toe pointed, like wearing high heels.
- 13) **SHOULDER:** Measure the distance between the shoulders, lay the tape across the back of the shoulders and measure the distance between the two shoulders bones. Allow the tape to follow the curve of the shoulders. Feel for the bump on the back of each shoulder joint and measure the distance between them.
- 14) **SHOULDER TO ELBOW LENGTH:** Measure from top of shoulder to elbow, along the outside of the arm.
- 15) **ELBOW TO WRIST:** With the arm bent at 90 degrees and parallel to the ground, measure from the point of the elbow to the wrist bone.



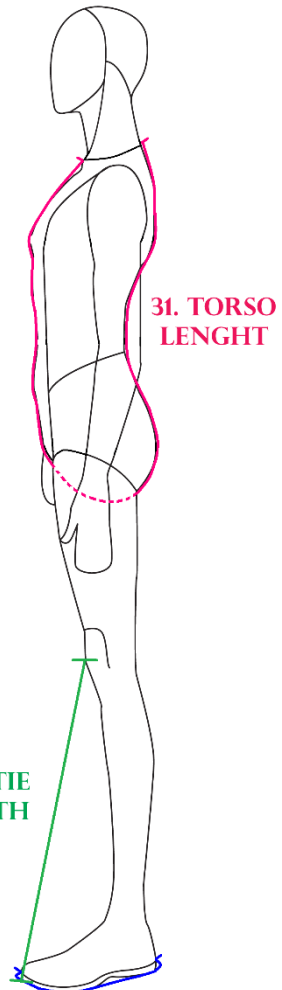


- 16) **SHOULDER TO WAIST:** Start where your shoulder meets your neck and measure down following along the curve of your front to your natural waistline which you may have marked with a ribbon.
- 17) **SLEEVE LENGTH:** Arm Length (shoulder to wrist) - On the outside of the arm, measure from the shoulder bone to your elbow, then continue down to your wrist. Keep your arm bent and fingers relaxed.
- 18) **AROUND ARM:** Measure from under the arm, over the shoulder to under the arm again. For reference, you can use a close-fitting t-shirt and measure around where the sleeve joins the shirt. Hold the tape comfortably snug.
- 19) **WRIST:** The wrist measurement is taken as a circumference measurement around your wrist.
- 20) **KNEE LENGTH:** Confirm cord around waist is still at belly button and horizontal. Measure from the waist, on outside of the leg to knee.
- 21) **WAIST TO FLOOR:** Confirm cord around waist is still at belly button and horizontal. Measure from the waist, on outside of the leg to the floor.
- 22) **INSEAM (Crotch to the floor):** Measure from highest point of crotch, down to the floor.
- 23) **SHOULDER WIDTH:** The best reference for this is between the two prominent bones at the shoulder edges. Imagine a line straight up from your armpits to your shoulders and measure between them.
- 24) **BACK CHEST WIDTH:** Measure the distance across back from arm crease to arm crease in a horizontal line connecting the mid-underarm point
- 25) **BICEP:** Measure around the fullest part of the bicep with your arm flexed. In other words, do a Rosie the Riveter.





- 26) **ELBOW:** Bend your elbow to approximately 45 degrees and measure directly over the joint.
- 27) **FOREARM:** Flex the forearm and measure at the widest point. The Flex is what you'll be doing when skydiving and taking grips or having grips taken on you, so we want that flexed area in your suit arms.
- 28) **SHOULDER TO WAIST LENGTH (back):** Measure from the top of your shoulder, down your back to your natural waist.
- 29) **WAIST TO CALF:** Confirm cord around waist is still at belly button and horizontal. Measure from the waist, on outside of the leg to the widest point of the calf.
- 30) **CROTCH TO KNEE:** Measure from highest point of crotch down to middle knee position.
- 31) **TORSO LENGTH:** Measure from top edge of the clavicle at front neck, down between the legs up to the cervical at back neck. Be sure the tape is following the contours of the body and accommodating the shape (male package) without any slack .Tape against body between breasts for women.
- 32) **BOOTIE LENGTH:** Measure from the knee to the floor, wear shoes for all of these.
- 33) **AROUND SHOE:** Measure around your shoe.



IMPORTANT

- When you are measuring, always measure with the clothes you will be wearing underneath your suit.
- Remove any objects from your pockets before measuring.
- Always keep the measurement tape against the body while measuring.
- Never take measurements by yourself for yourself. Always ask to someone else to do it.
- Keep the measuring tape comfortably snug, but not tight.
- All measurements should be made to nearest inch / centimeter.