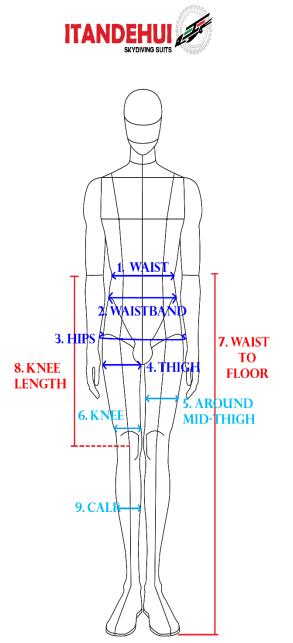


SOLT TO:	CUT STYLE:	
NAME:	Tight	
	Medium	
ADDRESS:	Loose	
CITY:	Choose only one; inches or cm	ns:
STATE:		
ZIP CODE:	Measurements : Inches	Cms
PHONE:	1. Waist	
EMAIL:	2. Waistband	
	3. Hips	
	4. Thigh	
Gender:	5. Around Mid-	
MALE	thigh	
FEMALE	6. Knee	
Height (feet)	circumference	
Weight (pounds)	7. Waist to floor	
vveigne (pounds)	8. Knee Length	
	9. Calf	
	10. Waist to calf	
	11. From waist to	
	back	
	12. Inseam	

Any mistake concerning the measurements are the entire responsibilities of the person who measures.

How to Take Body Measurements:

- WAIST: The waist measurement is taken as a circumference measurement around your waist just above your belly button. Stand in a relaxed posture and breathe out.
- WAISTBAND: Measurement taken around stomach, about 2.5 inches (6.4 cm) below navel or at the height where you wear your pants.
- HIPS: (AT WIDEST POINT) remove everything from your pockets. MEASURE AT THE WIDEST POINT. This is generally about 7 inches below the waistline at the belly button.
- 4) **THIGH:** Measure around the widest point of the upper leg close to or near the crotch.
- 5) AROUND MID-THIGH: Position measuring tape halfway between thing and knee.
- KNEE CIRCUMFERENCE: Measure around your leg, approximately 1.5 inches (3.5 cm) higher than top of knee.
- 7) WAIST TO FLOOR: Confirm cord around waist is still at belly button and horizontal. Measure from the waist, on outside of the leg to the floor.
- 8) KNEE LENGTH: Confirm cord around waist is still at belly button and horizontal. Measure from the waist, on outside of the leg to knee.
- 9) CALF: Measure around the widest point of the calf.



WAIST TO CALF: Confirm cord around 10) waist is still at belly button and horizontal. Measure from the waist, on outside of the leg to the widest point of the calf. FRONT WAIST TO BACK: Confirm cord 11) around waist is still at belly button and horizontal. Measure from the center front waist following down between legs up to center of the rear waist. Have the tape snug but comfortable in your crotch. 12) **INSEAM:** Have someone measure from **11.FROM** your crotch to the floor. WAIST TO BACK **10. WAIST** TO CALF

