

# NEW YEAR JOURNAL PROMPTS

1. List 5 blessings you received in 2025.
2. List 3 things that did not go as planned. What did you learn from the experiences?
3. What do you need to shed or leave behind from this past year?
4. How did you show God's love and grace to those in your community?
5. How can you better love those around you in the coming year?
6. Who were the most integral people in your life this past year?
7. Write a letter of thanks to those who encouraged or inspired you.
8. What made you laugh so hard this past year?
9. If you could travel back in time to the beginning of the year, what advice would you give yourself?
10. What I learned about God in 2025 was...
11. How can you trust God's plan for you in 2026?
12. What is a fear you would like to conquer in 2026?
13. List 3 ways you want God to transform you.
14. What studies or books impacted your spiritual growth in 2025? What are the highlights?
15. Pick one Bible reading goal you'd like to achieve in 2026?
16. What are your spiritual gifts or strengths?
17. What characteristics or qualities do you want to strengthen in 2026?  
What steps can you take?
18. How well did you take care of yourself in 2025? How will you commit to taking better care of yourself in 2026?
19. What two new things do you want to try in 2026?
20. Write a prayer to God to thank Him for all He has done and all He will do.