

The Battle Against Evil Journal Prompts

1. Write out today's verse. What does it teach you about how to respond to evil?
2. Describe a time when you saw God protect you from darkness. How did it grow your faith?
3. Write a prayer asking God to help you overcome fear, anger, or bitterness.
4. List 3 ways you can choose good over evil in your daily life this week.
5. Reflect: When the world feels overwhelming, how does God's Word bring you peace?
6. Who in your life needs encouragement to stand strong against evil? Write a prayer for them.
7. Reflect on a moment where love changed a situation. How can you show Christ-like love more boldly?
8. List the pieces of the Armor of God (Ephesians 6) — which one do you most need today?
9. Reflect: What lies does the enemy try to whisper to you? How can God's truth silence them?
10. Describe the difference between God's justice and the world's version of justice.
11. What does it mean to 'overcome evil with good' in a practical, everyday way?
12. Make a gratitude list: How has God's goodness defeated darkness in your life?
13. Reflect on a Bible hero who overcame evil (like David, Esther, or Jesus!) — what can you learn from them?
14. Write a declaration of victory in Jesus — even before you see breakthrough!
15. Pray and ask God: Where in my heart do I still need light to shine?

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