

**Hometown
Community
Association**
NEWSLETTER

Hometown Community Park

The Callao Hometown Community Association (CHCA) has participated in many community events to promote the future 2.5-acre community park to be located in the heart of Callao, behind VA ABC and PRIMIS bank. May events included the Northern Neck Beer Stroll hosted by the Callao Brewery and the Strawberry Festival. The CHCA Board Directors shared the plan and park design with members of the public.



Items for sale at the booths included hats and tote bags with the “Callao” logo. Other items for sale included crab pot ornaments, wooden ornaments displaying historic Callao sites, and boxes of All Occasion cards. We also raffled off a Callao tote bag, beach towel and beach items and also collected donations to benefit the new park.

These fundraising events gave Board members a chance



to introduce the park to the public and share design plans which incorporate the area’s agriculture heritage, as well as, our connection to river life. There will be a silo refurbished into a stage for entertainment and community events. We envision the entrance designed to look like a barn. It will house the public restrooms and provide a storage area for CHCA to house our nativity set and other CHCA items. Design plans include a playground, memorial benches, picnic tables, gaming tables, and a walking trail. We also plan to have a pavilion, pergola with porch swings, and a farmer’s market and food truck area for events. **Anyone**

interested in donating to this cause may go online: www.GoCallaoVA.org or make your check out to “CHCA” and drop it by United Bank in Callao to make a contribution and support this worthwhile community endeavor.

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Quinton Oaks Golf Course

Callao is home to a lovely eighteen-hole public golf course for golf enthusiasts wishing to enjoy an affordable and fun golfing experience. This premier golf course is Quinton Oaks Golf Course, located at 262 Quinton Oaks Lane, Callao, Virginia.

Owner and proprietor Dean Sumner designed and built this championship course over thirty years ago. Quinton Oaks is situated on 130 acres of rolling farmland minutes from the heart of Callao. Mr. Sumner bought the Village Green in 1988, a 9-hole course just off route 360 near Callao (where the Rivah Celebrations is currently located). Membership grew tremendously at Village Green and golf professional Mr. Sumner recognized how popular golf was becoming in the area. He decided to expand and to develop an 18-hole course (before someone else did so). Quinton Oaks was built in 1992. They also received a grant from PGA in 1992 to teach Senior Golf.



Kevin Elmore, Kermit Roane, Ray Elmore, Kelleye Elmore

Dean Sumner grew up around golf all of his life while growing up in Pennsylvania. He was a caddy at eleven, worked in a Pro shop at twelve and worked on a grounds crew at fourteen. He wanted to own his own golf course since high school and majored in Turf Grass at Penn State. Dean's dad also loved golf. A lifelong passion for golf was something Dean and his dad shared and inspired him to own and build golf courses in Callao.

Quinton Oaks customers like Kevin Elmore and Kermit Roane (pictured above) say they enjoy the convenience and they like the price. Customers like Ray and Kelleye Elmore visiting from Florida (also pictured above) say Quinton Oaks is a great value. Patrons also say they can usually get on the links

without feeling pushed ("except maybe some weekends-which may be tough"). Customers like Randy Benson from King William, who brings his grandsons here for golf lessons, said Quinton Oaks is a "hidden treasure." He says it is located in a beautiful area and agrees, "families can come here [to Quinton Oaks] and it's affordable and well accommodating." Mr. Benson said "Dean's a good teacher and helps his grandsons" learn the sport. He is from California and has seen many courses. He said the Quinton Oaks "course is well designed and easy to play."

Dean Sumner says he has built in the option of shorter tees at Quinton Oaks to allow the golfer to choose the difficulty





level of the rounds they wish to play. This allows them to select a shorter tee which keeps them in the game longer. Otherwise, they can select a more challenging tee or one that best suits them. Quinton Oaks prides itself on being a player friendly golf course.

Quinton Oaks is open to the public and you don't need a membership to play here. Dean Sumner says, "We can keep rates reasonable and keep up the grounds. We're the best value in golf." Every two years, Quinton Oaks even offers a two-year special in which they offer a two-year rate of \$199 for weekdays and \$299 for weekends. This rate will be offered again in 2024. They also offer three six-week long clinics in the summer and will offer three more in the fall. During the clinics, PGA teaching professional Dean Sumner goes over every aspect of the game. It is geared to those looking to learn all fundamentals of the sport.

Quinton Oaks got started on the road of teaching others about golf with a grant in 1992 from the PGA to get everything kicked off. So far, they estimate they have taught over 1,000 students since opening in 1992. PGA Magazine did a feature article on Quinton Oaks which can be seen on a plaque at the clubhouse.

The clubhouse also houses a Pro-Shop carrying merchandise, hats, apparel, golf balls, and snacks. While the Pro-Shop doesn't carry equipment, they will give you advice on various types of equipment and footwear. The Pro-

Shop is also where you sign up for lessons and you can also get gift certificates for the golf enthusiasts in your You can also sign up for their adult leagues.

Dean Sumner wants the community to know that "the people who play here singularly are like family. They take care of each other. If you move to the area and you want to meet a great group of people, join a golf league." They draw names from a hat to determine partners, so you always meet new people. Quinton Oaks attracts players from all walks of life including some with quite amazing careers, but on the golf course, everyone can just enjoy the sport of golf as equals. You should really check out this wonderful resource.



Callao Gets New Metal Art

CHCA commissioned new metal art installations at various spots. They can be found at the town entrance signs and in a new bed in front of BlueRidge Bank, at the stoplight on the west bound side of route 360. It features our iconic “crab” made out of a crab pot and crab pot wire. Two are “uncooked” blue crabs located at the gateway signage at the entry points to Callao and one is an orange “cooked” crab. The “cooked” crab is strategically located in the oyster shell bed with an “Old Bay” can and a Callao sign.

The crabs, Old Bay Can, and Callao sign were fabricated by local metal worker and business owner, Larry Long of Long’s Metal and Machine. Additionally, the Old Bay Can was painted by local artist Bernie Barclay and also features the traditional crab cake recipe on the back, courtesy of Judy Taylor, member of CVFD. This unique display is the perfect photo op for locals and visitors alike who wish to capture the “flavor” of visiting Callao--the “Hometown of the Northern Neck.”



“Cooked Crab,” “Old Bay Can,” and “Callao Sign”

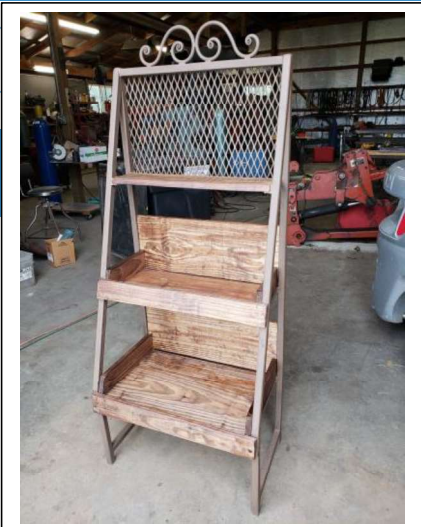
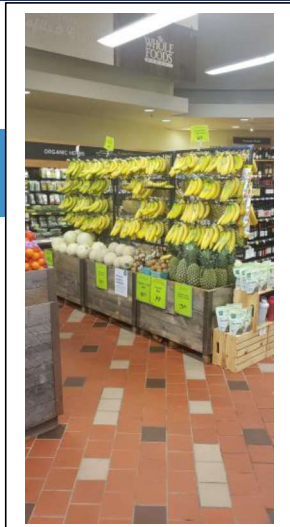
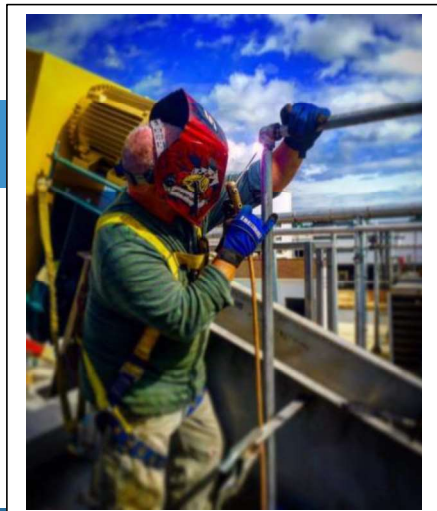
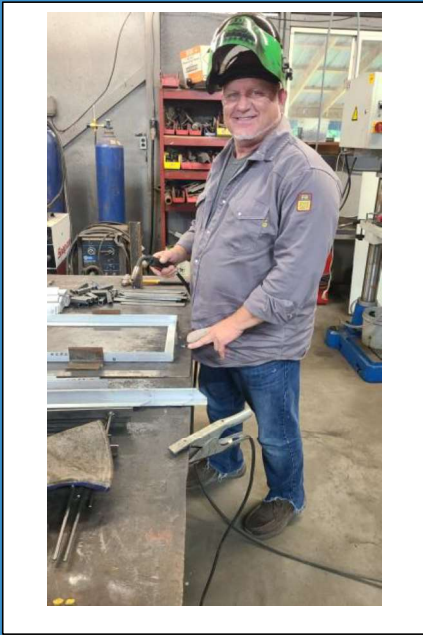


The Metal Man

Larry Long (otherwise known as the “Metal Man”) started his business in 2000 with a pickup truck, welding machine, torch tank, bag of tools and a strong will to work. Today, Long’s Metal and Machine is a thriving metal and wood fabrication business and Larry Long has his Class A Contractor license. According to Larry, “I pride myself on, ‘If you can explain it to me, I can build it.’” He remarks, “I have a creative mind and can read between the lines to come up with something to appease my customers.”

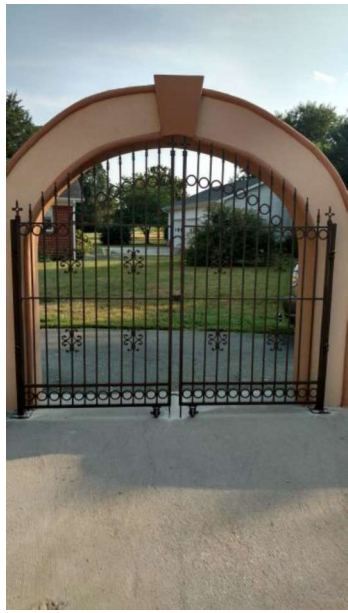
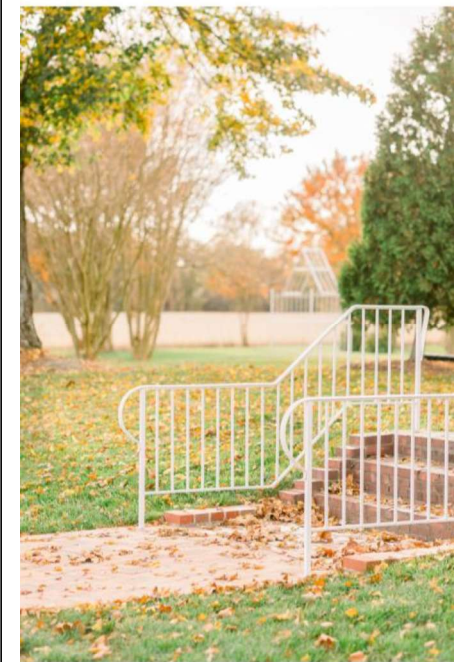
Larry’s family moved to Callao from the mountains of North Carolina when he was young and he actually grew up in Callao. Larry Long started working in his dad’s shop at the age of thirteen. He learned how to weld at a young age and his humble beginnings affords him a great appreciation for all that he has achieved. Larry makes a point to note he has built his business to where it is today and earned it all himself with perseverance and strong work ethic.

Long’s Metal and Machine covers a broad range of metal and wood fabrication services. They are well known for building the Banana Racks for Whole Foods Market in the Mid-Atlantic Region which are installed in locations from Miami, Florida, to British Columbia, to Cleveland and many places in between. Long’s Metal and Machine also builds hand rails, oyster cages, and counters for businesses. They also enjoy working on large farm equipment, as well as, performing millwright work, fabricating and repairing conveyors, bearings, bushings, and brackets. Larry says his steel suppliers tell him that he matches the tonnage of metal ordered per year as those of shops four to five (cont. page 6)



times larger than the size of Long Metal and Machine. He also states he has been blessed since the beginning, with the best people out there, including his clients and his workers.

Long Metal and Machine employs five to six workers with the goal of one day having up to eight trucks on the road. Larry Long says he is always willing to train more welders if they are willing to come in and learn the skill. He says he is willing to pass on what he knows to others willing to take up the vocation. Larry states his dad taught him the trade as a kid and he took it from there to become a “self-made man.” He has never been afraid to try something new--never afraid of taking a risk, and always willing to get things done that others won’t do or aren’t able to do. Larry loves a challenge and loves to learn something new every day. He says he is fortunate he gets to make a living doing something he is so passionate about and loves to do business in a community he values. Larry Long believes in buying local and encourages others to do the same. The owner of Long Metal and Machine says, “If you want people around you, you need to support them and their businesses.”



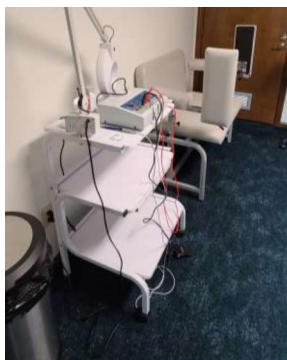
Long Metal and Machine
MetalMan6167@gmail.com
804-529-6233 or 450-2888

East Coast Family Medicine

Callao, Virginia now has a new medical practice located at 268 Northumberland Hwy, Callao, VA. East Coast Family Medicine provides personalized Family Medical Services for patients aged three to one hundred and three. The services they provide include: internal medicine; gynecology; psychology; dermatology and pediatrics. Amy Pharr, APRN, FPMHNP, is the owner, director, and services provider with over twenty-nine years' experience as a Family Nurse Practitioner and nineteen as Family Psychiatric Nurse Practitioner. Her husband Dan Golden, Administrator, manages the office.

Amy Pharr and her husband relocated to Callao because they wanted to get away from the traffic and growing crime of the Myrtle Beach area. They were seeking a peaceful, rural, community to open a medical practice. Callao fit the bill. Moving to Callao also puts them closer to other family members that live in Staunton Virginia, which means the added bonus of more time with family, especially at the holidays. The couple is happy to provide much needed medical and mental health services to our residents.

While East Coast Family Medicine does not provide COVID-19 testing, they do treat and can test for the regular flu. They can prescribe most medications, draw blood, and offer cauterie



East Coast Family Medicine (cont.)

(mole removal/skin tag management). The office is open for appointments 9:00 am-5:00 pm Monday through Wednesday and treat over twenty virtual telepsychiatry patients on Thursdays and Sundays. They also man the phones for emergencies 9am-7pm.

East Coast Family Medicine wants to provide affordable treatment. At the time of this article, a basic visit is \$79 and a more involved visit is \$129. If they have to do small add-ons like basic blood work, it could add \$29 to the cost. They do not accept Medicare or Medicaid. Additionally, Amy Pharr, APRN, FPMHNP provides chronic disease management, medicine management, and has been an herbologist since 2019 which allows her to recommend natural remedies whenever possible.

Living and practicing in Callao, affords this couple a great deal more room, freedom, and ability for a certain degree of self-sufficiency. For example, Amy loves to

cultivate permaculture beds, which are “pre-historic looking” self-sufficient agriculture ecosystems inspired by nature. Amy also makes her own tinctures, vinegars, jams and jellies for a fun past-time.

It is amazing Amy has any free time, because when it comes to her profession, Amy Pharr APRN, FPMHNP is dually certified as a Family Nurse Practitioner and as a Psychiatry Nurse Practitioner. She holds twenty-seven licenses which requires her to complete 2,000 hours of re-certification annually. This demonstrates an incredible amount of dedication to continue to provide quality medical and mental health services to the Callao community. To make an appointment, please give East Coast Family Medicine a call at (804) 246-4942.



Amy Pharr, APRN & FPMHNP
(photo provided by ECFM)

“REASONS FOR SCHEDULING

Asthma * ADHD * Blood/Lab work * Birth Control * Hypertension * Depression * Diabetes * Sexual Dysfunction * Gastrointestinal Issues * General Consultations * Physical Exams * Weight Loss * High Cholesterol * Headaches * Pediatrics * Prescription Refills * Rashes/Sores/Dermatological Issues * Hormone Replacement Therapy/Pap Smears * Internal Medicine * Thyroid/Diabetes/Endocrine Issues* Urgent Care and Primary Care Issues * Urinary Tract Infections * Respiratory problems (COPD, colds, flu, asthma, bronchitis, etc.) Psychiatry and Mental Health”

(From the website)

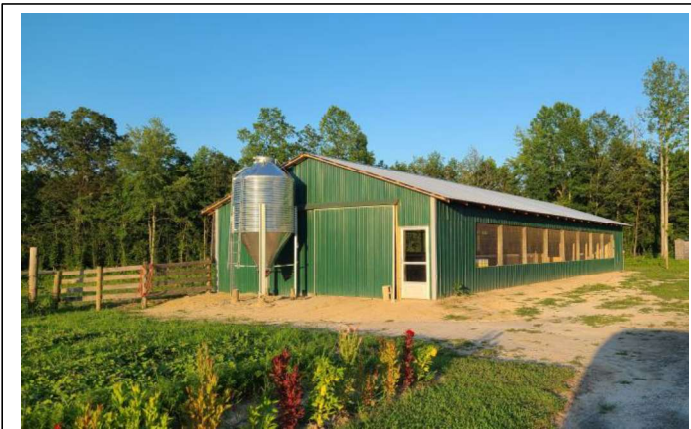
AMISH COMMUNITY UPDATE

Woodland Acres Greenhouse has been quite busy. Along with the vegetable and bake stand on Route 202 held on Saturdays, they have added a new chicken house this year (“Chicken House #1”) at the homestead located at 1475 Fruit Plain Road, Callao. This is quite a remarkable operation. They raise chickens at various stages of growth to have a continuous supply. Woodland Acre Greenhouse runs a neat facility with plenty of room for the chickens to move around. They wholesale much of their supply and are looking forward to adding an additional chicken house in the future as their needs determine.

In addition to raising chickens for sale, soon Woodland Acres Greenhouse will welcome about two hundred young turkeys to their operation. They will begin raising them to have fresh turkeys for sale at Thanksgiving. There is nothing like having a moist, fresh turkey on the table at Thanksgiving. Customers-- be sure to put your orders in early this year so you can enjoy a locally raised bird.

The Esh Family continues to serve fresh homemade donuts at their vegetable and bake stand located on 202 next to Henderson church. You need to get there early to make sure you get your pick of the delicious offerings, including homemade ice cream. It also sounds like the Esh Family had a great deal of fun making homemade ice cream at the Fourth of July festivities in nearby Kinsale. It kept them busy all day serving the young and old that stopped by to enjoy the tasty treats.

(cont. below)



Chicken House #1



The Amish community in Callao has recently welcomed a new family from Maryland who moved to Deer Run Road. This family plans to establish a farm. Ben Esh is also looking forward to his nephew moving to the area soon. His nephew plans to build quality kitchen cabinets, which should be in high demand. Lastly, the Callao area has Wise Wolf Construction located on Gardy’s Mill Road, offering construction services. Welcome to the neighborhood!

CHCA UPDATE

CHCA started the informational phase for the upcoming community park in earnest. The president of the Callao Hometown Community Association Board of Directors, Lisa Deitz and fellow CHCA Board member, Debbie Newsome, presented the final plans for the proposed future community park to the Lion's Club. Mrs. Deitz shared plans for the proposed community park to be located behind PRIMIS Bank in Callao, VA. She informed members that PRIMIS Bank has agreed to donate a parcel of land behind the bank to be used for parking and the new space was incorporated into the final design plans created by Hill Studios.

They also made a presentation to the Women's Club of Northumberland. Members were enthusiastic and asked many great questions, such as, "Will there be grills?" "Will it be stroller friendly?" "Will there be lighting for after dark events?" and "Will there be gaming tables?" (Note: The Hometown Community Park will most likely not have grills, will be stroller friendly, may possibly have lighting for afterhours events and the plan does include an area for outdoor gaming tables.).

CHCA also informed the public about the design plans for the upcoming park at the Annual Northern Neck Beer Stroll hosted by the Callao Brewing Company in May 2023. The event included vendors, music, food trucks, and many NNK craft breweries with samples of their products. It was

so great to see so many people gathered in Callao having a great time once again. Along with information about the park, CHCA sold Callao hats, tote bags, All Occasion cards, our signature Crab pot Ornaments, and we collected donations from visitors of the event. CHCA also had a table to display plans for the **Hometown Community Park**, brochures promoting *Callao Virginia- Birthplace of the Crab Pot*, as well as, table displays promoting our website and activities in Northumberland County. Board Members were available to collect donations from those wishing to support our efforts to build a park.



In addition to the NNK Beer Stroll at Callao Brewery, the CHCA Board Members sponsored a booth at the Strawberry Festival in Heathsville Memorial Day Weekend where thousands attended. We had the opportunity to explain that the **Hometown Community Park** will be for the entire county. While Northumberland County has many wonderful outdoor recreational opportunities, it does not have a community park.

In July, Board Members of CHCA had a booth at the Farmer's Market in Heathsville. The theme for the Farmer's Market focused on children, an ideal time to promote the Hometown Community Park which will include a playground for the children. While the event wasn't as well attended as we would have liked, due to the extreme heat, we appreciate the opportunity to spread the word about this worthy endeavor. Lastly, CHCA Board members manned a booth at the National Night Out event held at Northumberland High School on

August 1st to further promote plans for the new county park.

These public events are also a great segue to the direct mailing campaign planned to inform property owners throughout Northumberland County and surrounding areas of the plans for the park and the need to raise funds to build the park.

In addition to educating the public about the future park, CHCA continues to keep the public informed of activities in Callao through Facebook. We have had fun this summer tracking the escapades of the "Flat Blue Crab," which has visited businesses throughout the Callao Business District.

CHCA continues to look for volunteers to assist with upkeep of the landscaping beds, working events, and providing input on what events and activities the public would like for Callao. We greatly appreciate the input we have received so far from the Callao Advisory Committee. They have supported and enhanced activities to benefit Callao. We also appreciate the volunteers that install the American flags throughout Callao on patriotic holidays. They enhance our community and add to the "hometown feel." Thank you for your support!

Lastly, as mentioned earlier in this edition of the Newsletter, CHCA has installed unique metal art that present fun "photo opportunities" throughout Callao this summer. Come check out these works of art made from crab pots and crab pot wire that were commissioned by CHCA and created by local artisans.

Respectfully submitted,
Jeanette M. Cralle
Secretary, CHCA



Check out our website to see larger image:

<https://gocallaova.org/discover>