

## EXERCISE 1 - SHARPEN PENCIL AND TEST

**Set up:** Using the grid sheet, place the pencil at A-13 and the sharpener at H-5. If left handed reverse locations.

Beginning at the "hands" position, pick up the pencil sharpener from H-5 and pencil from A-13. Return to the "hands" position, putting the pencil into the sharpener (all one motion). Sharpen the dull pencil point by turning the pencil (5) times, using your fingers. Following this, return the pencil sharpener to the general area of H-5 and put the pencil to the paper (no defined location). Test the point by scribbling a line back and forth about one inch (2.5 cm). Finally, put the pencil away in the top left drawer of the desk to no specific location. You must open and close the drawer. Return your hands to the "hands" position.

Write the description, code, frequency, and MOD units using the form below. Determine the total MODS needed to this activity.

El	Element Description	Code or Reference	Freq.	MODs
	RH Get pencil; simultaneously LH Get sharpener			
	RH Put pencil into sharpener			
	RH Turn pencil once			
	RH Turn pencil (4) additional times			
	LH Aside sharpener; simultaneously RH Juggle pencil			
	RH Put pencil to paper			
	RH Draw (2) 1 inch lines			
	LH Get & Pull desk draw open 6"			
	RH Drop pencil into draw			
	LH Close draw & Return hand to desk			
Remarks or Special Conditions:		Total MOD Units		
		Total Minutes		