

## EXERCISE 4B - SORT AND RECTIFY "DIRTY" DISHES

Set-up: Using the grid sheet, place the dish at G-9.

Beginning with the hands in the "hands" position on the grid, pick up a dish with your right hand from a box of many dishes at G-9. Turn it over to see if the other side is clean or dirty. The dirty dishes are cleaned by placing them on an imaginary pad of cleaning fluid. The pad is 6X4 inches (15X10 cm), located at G/I-11/14. Apply very little pressure to insure wetting. Then take the dish to an imaginary cleaning cloth, 6X4 inches (15X10 cm), located at I/K-11/14 and rub six times, left 3, right 3. Again check to see if it is clean. If clean (90%), the dish is placed in the vicinity of A-13. The dirty ones (10%) are thrown in an imaginary bin to the right.

Write the description, code, frequency, and MOD units using the form below. Determine the total MODS needed to this activity.

El	Element Description	Code or Reference	Freq.	MODs
1	RH Get dish		1	
2	RH turn dish over		1	
3	Look at dish		1	
4	RH Put dirty dish to wet pad		1	
5	RH Put dirty dish to dry cloth		1	
6	RH Rub dirty dish 6 times		1	
7	RH turn dish over		1	
8	Look at dish		1	
9	Decide if clean or dirty		10%	
10	RH Aside clean dish		90%	
11	RH Aside dirty dish		10%	
Remarks or Special Conditions:		Total MOD Units		
		Total Minutes		
		Pieces per _____		