

**THIS LIST IS DOUBLE SIDED**

<b>Local Al-Anon Family Group (AFG) &amp; Alateen Meeting Schedule, Updated 01/28/2026.</b> <b>To dial in using Zoom, call 1-312-626-6799 and input the following information:</b> <b>Meeting ID: 437 044 8401, Passcode: 637647.</b> <b>To speak to an Al-Anon member: Call the point of contact for the meeting, email the district email box (alanond39@gmail.com), or call the District 39 Al-Anon answering service at 231-938-7399.</b>			
<b>Day &amp; Time</b>	<b>City</b>	<b>Meeting Address &amp; Point of Contact</b>	<b>In Person, Zoom, or Hybrid</b>
<b>Monday, 10 a.m. ET</b>	<b>Traverse City, MI</b>	<b>Open Door Step Study AFG</b> , Christ Church of Traverse City, 430 Fair St, Traverse City, MI 49686	In Person only
<b>Monday, 5 p.m. ET</b>	<b>Lake Ann, MI</b>	<b>Lake Ann AFG</b> , Methodist Community Center, 1/2 mi East of church off Benzie Co Hwy 610. Address: 19900 First Street, Lake Ann, MI. <b>Point of Contact:</b> HOLLY: 262-225-9658	In Person only
<b>Monday, 7 p.m. ET</b>	<b>ELECTRONIC ONLY</b>	<b>Spiritual Soup Group, ZOOM ONLY</b> ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647. NOTE: Speaker's meeting 1 <sup>st</sup> Monday of each month. <b>Point of Contact:</b> RENAE: 231-883-5077	<b>Zoom only</b>
<b>Tuesday, 5:30 p.m. ET</b>	<b>Cadillac, MI (District 38)</b>	<b>Tuesday Tranquility</b> , 856 N. Mitchell Street, Cadillac, MI <b>Point of Contact:</b> Rose 231-577-8027	In Person
<b>Tuesday, 7 p.m. ET</b>	<b>Kalkaska, MI</b>	<b>Kalkaska AFG</b> , Kalkaska Senior Center, 303 S. Coral St, Kalkaska, MI. <b>Point of Contact:</b> CHERYL, 231-632-3790; LINDA 231-384-3227	In Person only
<b>Tuesday, 7 p.m. ET</b>	<b>Suttons Bay, MI</b>	<b>Suttons Bay AFG</b> , Immanuel Lutheran Church, 203 N Lincoln, Suttons Bay, MI 49682. <b>Access church from the back lot. Meets downstairs. Point of Contact:</b> ELAINE: 231-499-9573	In Person only
<b>Tuesday, 7 p.m. ET</b>	<b>Traverse City, MI</b>	<b>Traverse City East Bay AFG</b> , East Bay Unity Church, 3600 Five Mile Rd – drive on left. Al-Anon & AA (2 separate meetings) <b>Point of Contact:</b> DANA: 231-409-9926	In Person only
<b>ON TEMPORARY PAUSE/ CURRENTLY NOT MEETING</b> <b>Tuesday, 8 p.m. ET</b>	<b>Buckley, MI</b>	<del><b>Finally Free Buckley AFG – The Tabernacle 315 E. Wexford Ave. Buckley, MI 49620</b></del> <del><b>Point of Contact:</b> Renee: 231-709-3446</del>	<b>ON PAUSE</b>
<b>Wednesday, 12 noon ET</b>	<b>Traverse City, MI</b>	<b>TC Paths to Recovery group</b> , The Alano Club, 3055 Cass Road, Suite 109, Traverse City, MI	In Person only
<b>Wednesday, 6 p.m. ET</b>	<b>Traverse City, MI</b>	<b>Wednesday Friendship Group</b> meets at 1200 W. 11th Street, Traverse City (2 <sup>nd</sup> Floor Conf room above Cuppa Joe's). <b>Point of Contact:</b> Rachel M.: 231-492-3827	In Person only

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<b>Day &amp; Time</b>	<b>City</b>	<b>Meeting Address &amp; Point of Contact</b>	<b>In Person, Zoom, or Hybrid</b>
<b>Wednesday 7 p.m. ET</b>	<b>Traverse City, MI</b>	<b>12 Step Meeting/Paths to Recovery</b> <b>ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647</b> <b>Point of Contact: KARL K., 231-342-0893</b>	<b>Zoom only</b>
<b>Thursday, 7 p.m. ET</b>	<b>Traverse City, MI</b>	<b>Traverse City Friendship AFG – ZOOM ONLY</b> <b>ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647</b> <b>Point of Contact: SHEILA, 734-604-3017</b>	<b>Zoom only</b>
<b>Friday, 10 a.m. ET</b>	<b>Traverse City, MI</b>	<b>Traverse City How It Works AFG, Christ Church, 430 Fair Street, Traverse City MI</b> <b>Point of Contact: GIL: 231-632-3355</b>	<b>In Person only</b>
<b>Friday, 11 a.m. ET</b>	<b>Cadillac, MI (District 38)</b>	<b>Serenity Friday Morning AFG, First Presbyterian Church, Cadillac, 221 Harris St – use Harris St entrance</b> <b>Point of Contact: DEB R: 231-499-0671</b>	<b>In Person only</b>
<b>Friday, 7 p.m. ET</b> <b>NOTE THE NEW TIME AND NOW ZOOM ONLY</b>	<b>Kewadin/ Eastport, MI</b>	<b>Eastport Group AFG, ZOOM ONLY</b> <b>ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647.</b> <b>Point of Contact: CHERI, 231-599-2852</b>	<b>Zoom only</b>
<b>Sunday, 4 p.m. ET</b>	<b>Honor, MI</b>	<b>Cherry Bowl Al-Anon Family Group, St. Andrews Presbyterian, 8190 Lincoln Rd, Beulah, MI 49617</b> <b>Point of Contact: MARY, 214-725-5888</b>	<b>In Person only</b>
<b>Sunday, 6:30 p.m. ET</b>	<b>Traverse City, MI</b>	<b>Traverse City Long Lake AFG, ZOOM ONLY</b> <b>ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647</b> <b>Point of Contact: KARL K. 231-342-0893</b>	<b>Zoom only</b>