

THIS LIST IS DOUBLE SIDED

Local Al-Anon Family Group (AFG) & Alateen Meeting Schedule, Updated 01/28/2026.

To dial in using Zoom, call 1-312-626-6799 and input the following information:

Meeting ID: 437 044 8401, Passcode: 637647.

To speak to an Al-Anon member: Call the point of contact for the meeting, email the district email box (alanond39@gmail.com), or call the District 39 Al-Anon answering service at 231-938-7399.

Day & Time	City	Meeting Address & Point of Contact	In Person, Zoom, or Hybrid
Monday, 10 a.m. ET	Traverse City, MI	Open Door Step Study AFG , Christ Church of Traverse City, 430 Fair St, Traverse City, MI 49686	In Person only
Monday, 5 p.m. ET	Lake Ann, MI	Lake Ann AFG , Methodist Community Center, 1/2 mi East of church off Benzie Co Hwy 610. Address: 19900 First Street, Lake Ann, MI. Point of Contact: HOLLY: 262-225-9658	In Person only
Monday, 7 p.m. ET	ELECTRONIC ONLY	Spiritual Soup Group, ZOOM ONLY ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647. NOTE: Speaker's meeting 1 st Monday of each month. Point of Contact: RENAE: 231-883-5077	Zoom only
Tuesday, 5:30 p.m. ET	Cadillac, MI (District 38)	Tuesday Tranquility , 856 N. Mitchell Street, Cadillac, MI Point of Contact: Rose 231-577-8027	In Person
Tuesday, 7 p.m. ET	Kalkaska, MI	Kalkaska AFG , Kalkaska Senior Center, 303 S. Coral St, Kalkaska, MI. Point of Contact: CHERYL, 231-632-3790; LINDA 231-384-3227	In Person only
Tuesday, 7 p.m. ET	Suttons Bay, MI	Suttons Bay AFG , Immanuel Lutheran Church, 203 N Lincoln, Suttons Bay, MI 49682. Access church from the back lot. Meets downstairs. Point of Contact: ELAINE: 231-499-9573	In Person only
Tuesday, 7 p.m. ET	Traverse City, MI	Traverse City East Bay AFG , East Bay Unity Church, 3600 Five Mile Rd – drive on left. Al-Anon & AA (2 separate meetings) Point of Contact: DANA: 231-409-9926	In Person only
ON TEMPORARY PAUSE/ CURRENTLY NOT MEETING Tuesday, 8 p.m. ET	Buckley, MI	Finally Free Buckley AFG The Tabernacle 315 E. Wexford Ave. Buckley, MI 49620 Point of Contact: Renee: 231-709-3446	ON PAUSE
Wednesday, 12 noon ET	Traverse City, MI	TC Paths to Recovery group , The Alano Club, 3055 Cass Road, Suite 109, Traverse City, MI	In Person only
Wednesday, 6 p.m. ET	Traverse City, MI	Wednesday Friendship Group meets at 1200 W. 11th Street, Traverse City (2 nd Floor Conf room above Cuppa Joe's). Point of Contact: Rachel M.: 231-492-3827	In Person only

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Wednesday 7 p.m. ET	Traverse City, MI	12 Step Meeting/Paths to Recovery ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647 Point of Contact: KARL K., 231-342-0893	Zoom only
Thursday, 7 p.m. ET	Traverse City, MI	Traverse City Friendship AFG – ZOOM ONLY ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647 Point of Contact: SHEILA, 734-604-3017	Zoom only
Friday, 10 a.m. ET	Traverse City, MI	Traverse City How It Works AFG, Christ Church, 430 Fair Street, Traverse City MI Point of Contact: GIL: 231-632-3355	In Person only
Friday, 11 a.m. ET	Cadillac, MI (District 38)	Serenity Friday Morning AFG, First Presbyterian Church, Cadillac, 221 Harris St – use Harris St entrance Point of Contact: DEB R: 231-499-0671	In Person only
Friday, 7 p.m. ET NOTE THE NEW TIME AND NOW ZOOM ONLY	Kewadin/ Eastport, MI	Eastport Group AFG, ZOOM ONLY ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647. Point of Contact: CHERI, 231-599-2852	Zoom only
Sunday, 4 p.m. ET	Honor, MI	Cherry Bowl Al-Anon Family Group, St. Andrews Presbyterian, 8190 Lincoln Rd, Beulah, MI 49617 Point of Contact: MARY, 214-725-5888	In Person only
Sunday, 6:30 p.m. ET	Traverse City, MI	Traverse City Long Lake AFG, ZOOM ONLY ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647 Point of Contact: KARL K. 231-342-0893	Zoom only