

NYC Intergroup presents our monthly Al-Anon Workshop

# Accepting Reality One Day at a Time

**Saturday, March 28th**

**Noon to 4pm** (New York Time)

**ZOOM Meeting ID: 897 1551 8773**

**Passcode: 069726**

**Dial by your location:**

**+1 929 205 6099 US (New York)**



NYC Al-Anon Intergroup's monthly afternoon workshop focuses on the healing we experience through recovery and what we can do to bring the message to others who suffer from this family disease.

## PROGRAM SCHEDULE

- 12pm Releasing denial
- 1pm Hope, not magical thinking
- 2pm Life on life's terms
- 3pm The present moment



All are welcome to share experience, strength and hope!

\$5 suggested donation goes to Intergroup & expenses.

Scan the QR code to donate via

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or go to [NYCalanon.org](http://NYCalanon.org) & click DONATE

