

**Local Al-Anon Family Group (AFG) & Alateen Meeting Schedule**  
Updated 08/23/2023

**ZOOM Meeting ID: 437 044 8401; Passcode: 637647**

**To dial in using Zoom, call 1-312-626-6799 and input the following information: Meeting ID: 437 044 8401, Passcode: 637647.**  
**To speak to an Al-Anon member, call the point of contact for the meeting or the Al-Anon main number at 231-938-7399**

Day & Time	City	Meeting Address	Point of Contact	In Person, Zoom, or Hybrid
Monday, 10 a.m. ET	Traverse City, MI	<b>Open Door Step Study AFG</b> , Christ Church of Traverse City, 430 Fair St, Traverse City, MI 49686	---	In Person only
Monday, 5 p.m. ET	Lake Ann, MI	<b>Lake Ann AFG</b> , Methodist Community Center, 1/2 mi East of church off Benzie Co Hwy 610. Address: 19900 First Street, Lake Ann, MI	JEANNINE 231-590-6630	In Person only
Monday, 7 p.m. ET	Leland, MI	<b>Leland Serenity AFG</b> , Leland Community Methodist Church (follow the signs). Address: 106 N. 4th St., Leland, MI	BARB 616-560-4091	In Person only
Monday, 7 p.m. ET	ELECTRONIC ONLY	<b>Spiritual Soup Group, PERMANENT ZOOM</b> <b>MEETING/MEETING ID: 437-044-8401, PASSWORD: 637647.</b> NOTE: Speaker's meeting 1 <sup>st</sup> Monday of each month.	RENAE 231-883-5077	<b>Zoom only</b>
Tuesday, 12 noon ET	Traverse City, MI	<b>Stepping toward Serenity.</b> Zoom only: <b>MEETING ID: 437-044-8401, PASSWORD: 637647</b>	Barb F. 616-560-4091	<b>Zoom only</b>
Tuesday, 7 p.m. ET	Kalkaska, MI	<b>Kalkaska AFG</b> , Kalkaska Senior Center, 303 S. Coral St, Kalkaska, MI	CHERYL 231-632-3790; LINDA 231-384-3227	In Person only
Tuesday, 7 p.m. ET	Suttons Bay, MI	<b>Suttons Bay AFG</b> , Immanuel Lutheran Church, 203 N Lincoln, Suttons Bay, MI 49682. <b>Access church from the back lot.</b> <b>Meets downstairs. Al-Anon &amp; AA meet at the same time</b> <b>(separate meetings).</b>	STEVE 231-883-2556	In Person only
Tuesday, 7 p.m. ET	Traverse City, MI	<b>Traverse City East Bay AFG</b> , East Bay Unity Church, 3600 Five Mile Rd – drive on left. Al-Anon & AA (2 separate meetings)	Robin 231-409-8466	In Person only
Wednesday, 12 noon ET	Traverse City, MI	<b>TC Paths to Recovery group</b> , The Alano Club, 3055 Cass Road, Suite 109, Traverse City, MI	---	In Person only

**Michigan AFG/Al-Anon Family Group Website is: [www.miafg.org](http://www.miafg.org). Local Northern Michigan Area (District 39) Website is: [www.alanon-d39.org](http://www.alanon-d39.org). Questions about or updates to this list can be sent to [alanond39@gmail.com](mailto:alanond39@gmail.com) or call 231-938-7399**

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Day & Time	City	Meeting Address	Point of Contact	In Person, Zoom, or Hybrid
Wednesday, 6 p.m. ET	Traverse City, MI	<b>Wednesday Friendship Group</b> meets at 1200 W. 11th Street, Traverse City (Second Floor Conf room above Cuppa Joe's).	DOUG V. 231-392-2804	In Person only
Thursday, 7 p.m. ET	Traverse City, MI	<b>Traverse City Friendship AFG – ZOOM ONLY</b> <b>ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647</b>	SHEILA 734-604-3017	<b>Zoom only</b>
Friday, 10 a.m. ET	Traverse City, MI	<b>Traverse City How It Works AFG</b> , Christ Church, 430 Fair Street, Traverse City MI	Dany 231-883-6698	In Person only
Friday, 11 a.m. ET	Cadillac AFG	<b>Serenity Friday Morning AFG</b> , First Presbyterian Church, Cadillac, 221 Harris St – use Harris St entrance	Deb R. 231-499-0671	In Person only
Friday, 8 p.m. ET	Kewadin/ Eastport, MI	<b>Friday Night AFG</b> , Torch Lake Township Hall, 2355 US 31, Eastport, MI 49648 <b>or ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647</b> . In person: Al-Anon & AA (2 separate meetings)	CHERI 231-599-2852	<b>Hybrid (In person + Zoom)</b>
Saturday 7 p.m. ET <b>STARTING JULY 15, 2023</b>	Traverse City, MI	<b>STARTING JULY 15, 2023</b> Fourth Step Meeting/Blueprint for Progress <b>MEETING VIA ZOOM ONLY</b> <b>ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647</b>	KARL K. 231-342-0893	<b>Zoom only</b>
Sunday, 4 p.m. ET	Honor, MI	<b>Cherry Bowl Al-Anon Family Group</b> , St. Andrews Presbyterian, 8190 Lincoln Rd, Beulah, MI 49617	MARY 214-725-5888	In Person only
Sunday, 6:30 p.m. ET	Traverse City, MI	Traverse City Long Lake AFG, <b>MEETING VIA ZOOM ONLY</b> <b>ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647</b>	KARL K. 231-342-0893	<b>Zoom only</b>

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