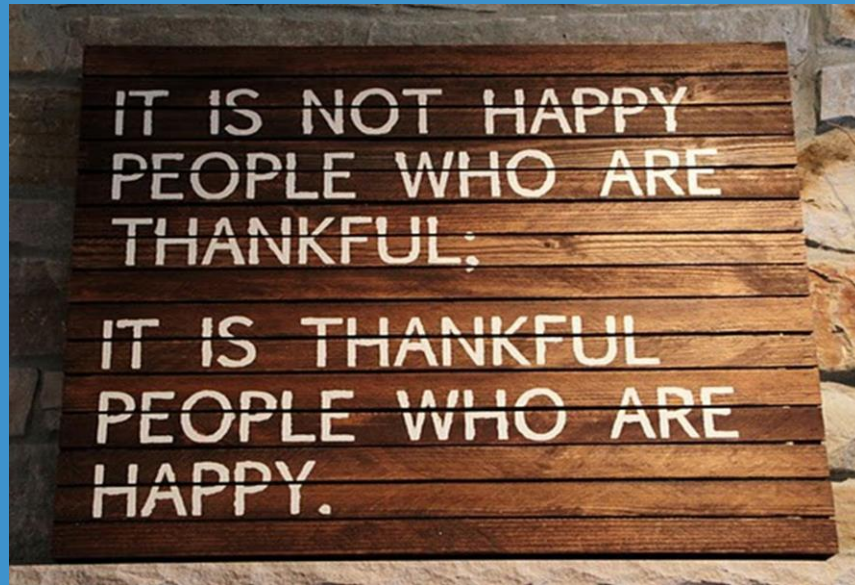


AL ANON NEWS

“PARTICIPATION IS THE KEY TO HARMONY”



ALATEEN
 News from Alateen
 Coordinator

Good news from our District Alateen Coordinator Marti W on page 2!

HAVE SOMETHING TO SHARE?

Send your thoughts!

Share your messages, or experience, strength and hope for the next newsletter to alanon_39@yahoo.com. Include first names only please.

NEW YEAR, NEW LIFE
 HAVE YOU DONE 4?

A new year is a great time to look at step 4 - either for the first time or the sixth time. Check out page 2 for more information!



INSPIRATIONAL QUOTE

Be bold in your caring, be bold in your dreaming and above all else, do your best.
 ~President George H. W. Bush

Open Speaker Talk

Don't forget to come to the Al-Anon open speaker talk. It is the first Monday of every month at 7 pm at the Presbyterian Church

Speakers wanted! Contact Sheila at 734-604-3917 or Theresa at 231-313-7832



NEW YEAR NEW YOU!

YEAR END INVENTORY

The end of the year is a great time to consider doing - or redoing - a step 4 inventory. Step 4 allows you to recognize character defects that may prevent your progress in recovery through Al Anon. It is recommended to work with a Sponsor or someone in Al Anon who has already successfully worked these steps.

From alanon.org

SAVE THE DATE!

MAY 3-5, 2019 AT SHANTY CREEK IN BELLAIRE.

CELEBRATE SUCCESSES! ONLY \$20 FOR THE WEEKEND OR \$25 ON SITE.

WATCH THE NEWSLETTER FOR MORE INFORMATION!

Together We Can Make It!

There is good news in our district concerning Alateen. Plans are formulating for a meeting to take place in the Buckley Community Schools. We have two Alateen sponsors on board for this meeting that will take place during the school day, most likely on Fridays. Another meeting is in the planning stages to coincide with the AA Open Talk held in TC on Saturday evenings. There will be four Alateen Sponsors volunteering on a rotating basis to support this group. We also have a meeting taking place in the Kalkaska Public Schools. How exciting to be a part of sharing the hope and healing of recovery with so many teens!

Our Tuesday evening Alateen meeting is still a registered group, waiting for teens as well. The need is so great! Please do support Alateen in your Al-Anon Groups by reminding members to encourage their families to seek Alateen support for their children, grandchildren, etc. Please also mention Alateen to our recovery friends 'across the hall' in AA. As soon as the Saturday evening meeting is in place, we will let everyone know.

*Marti W. District Alateen Coordinator (231-409-6417) call or text;
mwicksall@gmail.com*

A Message from your District Representative

Our district had a great Alateen sponsor training session on December 8 presented by Area 27 Alateen Coordinator Marte D. Fourteen current and prospective Alateen sponsors attended the training. We hope to re-establish the Saturday evening Alateen meeting early in 2019.

Please plan to attend the district workshop on "Building Blocks of Al-Anon Recovery" on February 16, 2019. This will be a great opportunity to strengthen your Al-Anon recovery and meet and greet members from the area who attend other meetings.

We are trying to locate the small blue binder that contains the information about how to service the District 39 phone line. I will pay the workshop registration donation of \$5.00 for whoever can help us locate the small blue phone line binder.

Opportunity for service: We need a district Outreach Coordinator.

Contact me for more information on any of the above items - kkeinath@chartermi.net or (231) 342-0893

Yours in service,

District Representative Karl K

Job Description for Outreach Coordinator

- Bring information to doctor's offices, women's resource centers and law enforcement offices.
- Coordinate information to public (PSAs to radio and TV) about Monday night open talk, Alateen and Al-Anon meetings.
- Bring information to schools regarding Alateen

Contact Karl K for more information
231-342-0893

kkeinath@chartermi.net

Winter Workshop

BUILDING BLOCKS OF RECOVERY

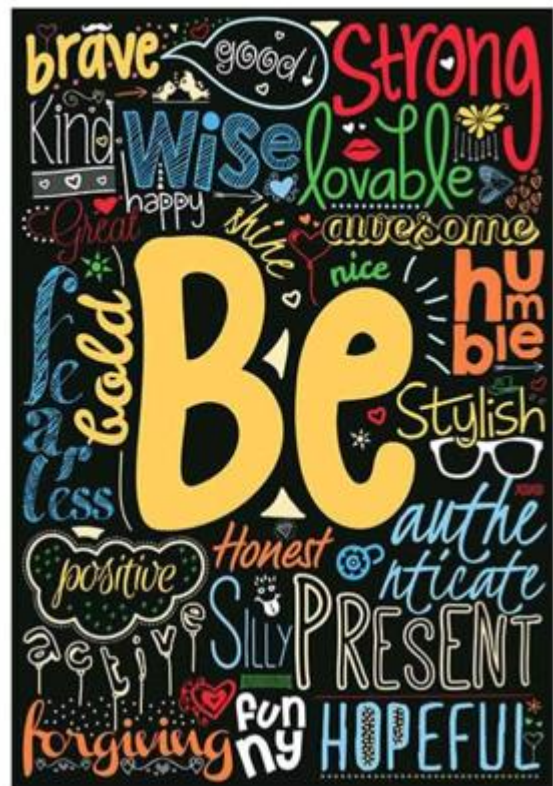
FEBRUARY 16, 2019

9:30 am - 1:00 pm

At the Unitarian Universalist Church
On Old Mission Peninsula
6726 Center Rd

Join us for a morning of fellowship and recovery on topics including the steps, meditation, sponsorship and more! The morning will end with a pot luck lunch.

DONATION \$5



Open Door Step Study AFG

Monday 10:00 AM
Bethlehem Lutheran Church
1050 Peninsula Dr, Traverse City
Front door, follow signs to basement meeting room.

Lake Ann Michigan AFG

Monday 5:00 PM
Lake Ann United Methodist Church
6583 1st St, Lake Ann

Leland Serenity AFG

Monday 7:00 PM
Leland Community Methodist Church
106 N 4th St, Leland
Meets on the first floor – Youth room

Cadillac AFG – Al-Anon/Alateen

Monday 8:00 PM
First Presbyterian Church
221 Harris St – use Harris St entrance

Lake City AFG

Tuesday 10 AM
St. Stephans Catholic Church
506 E Union St

Bellaire Beginnings (May-Dec)

Bellaire Community United Methodists Church
401 N. Bridge St
Enter side door towards the back, take stairs to 2nd level to library

East Bay AFG – 3 separate meetings (AA/Alanon/Alateen)

Tuesday 7:00 PM
Unity of Traverse City Church
3600 5 Mile Rd, Traverse City

Suttons Bay AFG

Tuesday 7:00 PM
Immanuel Lutheran Church
203 N. Lincoln St. Suttons Bay

Kalkaska AFG

Tuesday 8:00 PM (except 5th Tuesday)
Senior Center
313 Coral Street, Kalkaska

OPEN Al-Anon/AA Meeting

5th Tuesday of the month 8:00 PM
Senior Center
313 Coral Street, Kalkaska

Frankfort AFG

Tuesday 8:00 PM
St. Ann Catholic Church
508 Crystal Ave, Frankfort

Paths To Recovery AFG

Wednesday 12:00 PM
St. Michael's Lutheran Church
912 S Garfield Ave, Traverse City, MI

Manistee Mending Hearts & Minds AFG

Al-Anon/Alateen
2953 Shaw Be Quo-Ung (off Donz Rd)
w/handicap access

Friendship AFG

Thursday 7:00 PM
Munson Medical Center
1050 6th St, Traverse City
Doctors dining room in the cafeteria

How AFG Works

Friday 10:00 AM
Bethlehem Lutheran Church
1050 Peninsula Dr, Traverse City
Meeting on lower level. elevator available

Cadillac AFG

Friday 11:00 AM
First Presbyterian Church
221 Harris St (use Harris St entrance)

Torch Lake Township AFG

Friday 8:00 PM
Torch Lake Township Community Bldg
2355 US Highway 31 N, Kewadin, MI,
49648, USA
Community building

Cherry Bowl Al-Anon

Sunday 4PM
Fresh Winds Church – Honor
Next to Cherry Bowl Drive-in

Long Lake Area AFG

Sunday 6:30 PM
Kensington Church
6880 Secor Rd, Traverse City
Use Door Around back of Building

Kingsley AFG

Sunday 7:00 PM
United Methodist Church
Blair Street