

**ALL MEETINGS ARE CURRENTLY EITHER VIA ZOOM OR PAUSED UNTIL DECEMBER 9<sup>TH</sup>, 2020 DUE TO THE GOVERNOR'S COVID-19 EXECUTIVE ORDER**

**Local Al-Anon Family Group (AFG) & Alateen Meeting Schedule**

Area Al-anon Phone Number 231-938-7399

Updated 11/21/2020

<b>DAY &amp; TIME (Eastern Time)</b>	<b>MEETING NAME/TYPE</b>	<b>MEETING LOCATION</b>	<b>CONTACT PERSON #</b>
MONDAY – 10:00 AM ET	Traverse City	<b>ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647</b>	PAM G. 231-675-8212
MONDAY – 5:00 PM	Lake Ann AFG	<b>Dial in only (not using video Zoom, just zoom conf bridge). Dial 1- 312- 626 -6799, ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647</b>	JEANNINE 231-590-6630
MONDAY - 7:00 PM ET	Leland Serenity AFG	ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647 <b>This is temporarily a joint meeting with the TC Spiritual Soup group (below)</b>	BARB 616-560-4091
MONDAY– 7:00 PM	TC Monday Night Spiritual Soup AFG	<b>PERMANENT ZOOM MEETING MEETING ID: 437-044-8401, PASSWORD: 637647</b>	MARIE S. 256-694-2317
MONDAY – 8:00 PM	Cadillac AFG Al-Anon & Alateen	<b>CURRENTLY PAUSED DURING COVID</b>	KATHY K. 231-775-9310
TUESDAY – 10:00 AM	Lake City AFG	<b>CURRENTLY PAUSED DURING COVID</b>	JAN M. 231-328-4330
TUESDAY – 12:00 NOON	Bellaire Beginnings	ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647	LYN W. 240-535-1312
TUESDAY – 7:00 PM	Traverse City East Bay AFG	<b>Joint meeting with Sutttons Bay group ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647</b>	KARL K. 231-342-0893
TUESDAY – 7:00 PM	Sutttons Bay AFG	<b>Joint meeting with the TC East Bay group: ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647</b>	STEVE 231-883-2556
TUESDAY – 8:00 PM	Kalkaska AFG	<b>ON PAUSE DURING COVID</b>	CHERYL 231-632-3790
[The 5 <sup>TH</sup> Tues of each month there is an Open Al-Anon/AA Meeting]			LINDA 231-384-3227
TUESDAY – 8:00 PM	Frankfort AFG Al-Anon & AA	<b>ON PAUSE DURING COVID</b>	SHEILA M. 231-651-0139
WEDNESDAY – 12:00 NOON	Traverse City Paths to Recovery	ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647	ANNE W. 231-313-7406
THURSDAY – 7:00 PM	Manistee Mending Hearts & Minds AFG	<b>ON PAUSE DURING COVID</b>	KATHE G. 231-887-4138
2 separate meetings	Al-Anon & AA		
THURSDAY – 7:00 PM	Traverse City Friendship AFG	ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647	RAY: 231-392-4524
FRIDAY – 10:00 AM	Traverse City How It Works in Al-Anon - 1	ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647	LAURI 231-360-6649
FRIDAY – 11:00 AM	Cadillac AFG	<b>PLEASE CONTACT KATHY TO OBTAIN CONFERENCE BRIDGE INFO FOR THIS MEETING</b>	KATHY K. 231-775-9310
FRIDAY – 8:00 PM	Friday Night AFG	TELEPHONE CONF BRIDGE NUMBER 718-362-6520, PIN 1640613	CHERI 231-599-2852
SUNDAY – 6:30 PM	Traverse City Long Lake AFG	ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647	KARL K. 231-342-0893
SUNDAY- 4:00 PM	Honor Al-Anon	MOVED TO ZOOM FORMAT DURING COVID-19. MEETING ID: 437-044-8401, PASSWORD: 637647	MARY 214-725-5888

**\*NOTE: ALL IN PERSON MEETINGS REQUIRE 6 FEET-APART SOCIAL DISTANCING AND WEARING OF MASKS (COVERING BOTH NOSE AND MOUTH)**

Michigan AFG/Al-Anon Family Group Website is: [www.miafg.org](http://www.miafg.org)

Local Northern Michigan Area (District 39) Website is: [www.alanon-d39.org](http://www.alanon-d39.org)

Questions about or updates to this list can be sent to Marie S. at [alanond39@gmail.com](mailto:alanond39@gmail.com)