## THIS LIST IS DOUBLE SIDED

Local Al-Anon Family Group (AFG) & Alateen Meeting Schedule, Updated 10/08/2025.

To dial in using Zoom, call 1-312-626-6799 and input the following information: Meeting ID: 437 044 8401, Passcode: 637647.

To speak to an Al-Anon member: Call the point of contact for the meeting, email the district email box (alanond39@gmail.com), or call the District 39 Al-Anon answering service at 231-938-7399.

Day & Time	City	or call the District 39 Al-Anon answering service at 231-938  Meeting Address & Point of Contact	In Person,
- <b>.</b>	S.I.,		Zoom, or Hybrid
Monday,	Traverse	Open Door Step Study AFG, Christ Church of Traverse	In Person
10 a.m. ET	City, MI	City, 430 Fair St, Traverse City, MI 49686	only
Monday,	Lake Ann, MI	Lake Ann AFG, Methodist Community Center, 1/2 mi East	In Person
5 p.m. ET		of church off Benzie Co Hwy 610. Address: 19900 First Street, Lake Ann, MI. <b>Point of Contact:</b> TERRI: 248-505-9919	only
Monday,	Leland, MI	Leland Serenity AFG, Leland Community Methodist	In Person
7 p.m. ET ON SEASONAL PAUSE UNTIL JUNE 2026		Church (follow the signs). Address: 106 N. 4th St., Leland, MI ON SEASONAL PAUSE	<del>only.</del>
Monday,	ELECTRONIC	Spiritual Soup Group, ZOOM ONLY	Zoom only
7 p.m. ET	ONLY	ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647.  NOTE: Speaker's meeting 1 <sup>st</sup> Monday of each month.  Point of Contact: RENAE: 231-883-5077	200m omy
Tuesday, 5:30 p.m. ET	Cadillac, MI (District 38)	Tuesday Tranquility, 856 N. Mitchell Street, Cadillac, MI Point of Contact: Rose 231-577-8027	In Person
Tuesday, 7 p.m. ET	Kalkaska, MI	Kalkaska AFG, Kalkaska Senior Center, 303 S. Coral St, Kalkaska, MI. Point of Contact: CHERYL, 231-632-3790; LINDA 231-384-3227	In Person only
Tuesday,	Suttons Bay,	Suttons Bay AFG, Immanuel Lutheran Church, 203 N	In Person
7 p.m. ET	MI	Lincoln, Suttons Bay, MI 49682. Access church from the back lot. Meets downstairs. Point of Contact: ELAINE: 231-499-9573	only
Tuesday,	Traverse	Traverse City East Bay AFG, East Bay Unity Church, 3600	In Person
7 p.m. ET	City, MI	Five Mile Rd – drive on left. Al-Anon & AA (2 separate meetings)  Point of Contact: ROBIN: 231-409-8466	only
NEW!!	Buckley, MI	NEW MEETING!!! Finally Free Buckley AFG - The	In Person
Tuesday,		Tabernacle 315 E. Wexford Ave. Buckley, MI 49620	only
8 p.m. ET		Point of Contact: Renee: 231-709-3446	-
Wednesday, 12	Traverse	TC Paths to Recovery group, The Alano Club, 3055 Cass	In Person
noon ET	City, MI	Road, Suite 109, Traverse City, MI	only
Wednesday,	Traverse	Wednesday Friendship Group meets at 1200 W. 11th	In Person
6 p.m. ET	City, MI	Street, Traverse City (2 <sup>nd</sup> Floor Conf room above Cuppa Joe's). <b>Point of Contact:</b> Rachel M.: 231-492-3827	only

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Day & Time	City	Meeting Address & Point of Contact	In Person, Zoom, or Hybrid
Wednesday 7	Traverse	12 Step Meeting/Paths to Recovery	Zoom only
p.m. ET	City, MI	ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647	
		<b>Point of Contact:</b> KARL K., 231-342-0893	
Thursday,	Traverse	Traverse City Friendship AFG – ZOOM ONLY	Zoom only
7 p.m. ET	City, MI	ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647	
		Point of Contact: SHEILA, 734-604-3017	
Friday,	Traverse	Traverse City How It Works AFG, Christ Church, 430 Fair	In Person
10 a.m. ET	City, MI	Street, Traverse City MI	only
		<b>Point of Contact:</b> DANY: 231-883-6698	
Friday,	Cadillac, MI	Serenity Friday Morning AFG, First Presbyterian Church,	In Person
11 a.m. ET	(District 38)	Cadillac, 221 Harris St – use Harris St entrance	only
		<b>Point of Contact:</b> DEB R: 231-499-0671	
Friday,	Kewadin/	Friday Night AFG, Torch Lake Township Hall, 2355 US 31,	Hybrid (In
8 p.m. ET	Eastport, MI	Eastport, MI 49648 or <b>ZOOM MEETING ID: 437-044</b> -	person +
		<b>8401, PASSWORD: 637647.</b> In person: Al-Anon & AA (2	Zoom)
		separate meetings)	
		Point of Contact: CHERI, 231-599-2852	
Sunday,	Honor, MI	Cherry Bowl Al-Anon Family Group, St. Andrews	In Person
4 p.m. ET		Presbyterian, 8190 Lincoln Rd, Beulah, MI 49617	only
		Point of Contact: MARY, 214-725-5888	
Sunday,	Traverse	Traverse City Long Lake AFG, <b>ZOOM ONLY</b>	Zoom only
6:30 p.m. ET	City, MI	ZOOM MEETING ID: 437-044-8401, PASSWORD: 637647	
		Point of Contact: KARL K. 231-342-0893	