

**COSMIC-HALO DHARMA**

**NAMO PURPLE HALO GURU**

**IN THESE UNITED STATES OF AMERICA**

## DEDICATION

*This book is dedicated to those with the Affinity who work to reduce suffering and save lives.*

*In this book you will find some of the tens of thousands with the Affinity that kept whatever religious traditions are closest to their heart's definition of good and bad while enhancing their capacity to reduce suffering and save lives.*

*Attending Cosmic-Halo classes and practicing esoterically clarifies religious doctrine conflicts with your heart's personal understanding of the divine from within. The underlying natural laws of the cosmos that set the parameters of the Buddhist Light Theory are at the heart of the Cosmic-Halo Detoxifying Health and Longevity esoteric dharma. Cosmic-Halo esoteric dharma are in harmony with all religious and spiritual traditions seeking to do good.*

*All that practice the Cosmic-Halo esoteric dharma develop within in order to develop without.*

*Ignite your Buddha, welcome home.*

## ACKNOWLEDGMENTS

Interesting to the western perspective is that those born and raised in China have been led to believe that the majority religion in the west is Catholicism. As a result, the 2009 book was titled: *Holy Master Ziguang Shang Shi: Miraculous Stories of Salvation*. Many thanks go to those eastern monks with English as a second language. They have translated this first book from Mandarin, and I will forever be grateful to them. This 2nd version was made possible by the work of Andrew Hui, Mialana Mak, Jennifer Wong, David Huang, Xiaophong Gu, and other monks who wish to remain anonymous from the Eastern World School working on the book.

I worked as an archaeologist for a few years, and then I was an elementary schoolteacher for the next 30 years. I also have 3 college degrees-BA in Anthropology, MA Elementary Education and MA in Organizational Management.

I went to a first level health dharma class on May, 2012. Namo Purple Halo Guru asked me if I would translate the previous book from an American's perspective. Concerned that it would be beyond my capacity at 69 years old, Namo Purple Halo Guru stated that he was confident I would be up to the task, so I agreed. One of the monks of the group, my son Mr. Tennyson who is known by the Buddhas as Vajra Divine Victory, then helped by giving me more information regarding the dharma as well as some insights into the organization's history.

My son and I hope to make the Cosmic-Halo more accessible to those here in the West. I feel that we created a flow to help bridge the linguistic and cultural divides between the west and east. We worked tirelessly to eliminate the linguistic barriers of semantics and pragmatics to make the mental images accessible to westerners entering the Buddhafields.

Through creating access to Cosmic-Halo for westerners with the Affinity, we feel confident that we will enable the maximum number of humans from any background to find this effective ancient scientific healing method without experiencing the side effects that other healing methods have not eliminated. Our hope is that we succeed.

Stay Well,

Mrs. E. Geneeha

## TABLE OF CONTENTS

So, what is this Dharma Healing  
Who is Namu Purple Halo Guru?  
How does Cosmic-Halo plan on reaching the entire world?  
Gathering Merit  
Ten Benefits of Building Temples, Making Buddha Statues, or Printing Sutras  
Feedback Gath  
A Message from Namu Purple Halo Guru Regarding the Importance of  
Health and its Acquisition

Letters of Gratitude by main cause understood

Multiple Ailments Improve  
Heart  
Blood Pressure  
Traumatic Injuries  
Back Pain  
Cancer  
Tumor  
Arthritis  
Depression  
Insomnia  
Digestive Problems  
Allergies  
Migraines or Headaches  
Chronic Fatigue  
Diabetes  
Asthma  
Obesity  
Skin Problems  
Carpal Tunnel  
Anxiety  
Paralysis  
Gout  
Tinnitus  
Stroke  
Mental Health and Spiritual Problems  
Short letters of Gratitude  
Letters of Support

GLOSSARY OF SPECIAL TERMS

## INTRODUCTION



“There is no savior in this world, you have to save yourself.”

- *Namo Purple Halo Guru, 2010*

We are transitioning into a new era and leaving The Era of Forgetfulness. This era has been rooted in the celebration of the 18 forms of greed that permeate every corner of human society resulting in widespread illnesses and natural disasters worldwide as we all forgot the Dharma. To help transition this world into the next era by illuminating how to reverse collective societal karmas, Namu Purple Halo Guru chose to incarnate as a human. He was born asleep, like the rest of us, in 1942 as Lucas Wang.

Namu Purple Halo Guru teaches Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma to heal sentient beings as he searches for those with the Affinity to awaken. Those that practice Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma can overcome illnesses and calamities that would otherwise be insurmountable. As a result, only those with purest intentions to reduce sufferings and save lives remain as students and/or monks.

*Cosmic-Halo Detoxifying Health and Longevity Esoteric Dharma* contains a brief explanation of its development plans and letters of gratitude from a mostly Chinese audience. But, since we all heal the same as humans, their letters are published to help those with the Affinity to see these ancient health processes and thereby their way home to the Diamond Pedestal of Dharma Proclamation, AKA the Pure Land or Heaven on earth..

## So, what is this Dharma Healing?

It goes farther than people currently understand. It can assist in adjusting genetic defects, boost antibodies as well as the immune system of human beings to achieve full human health. If one follows the instructions and practices of this process daily, 95% can be set free from the torture of illness. The earlier you start, the longer you will live in health, far exceeding 120 years old.

The Light Theory is millennia old and was taught by Namo Shakyamuni Buddha over 2500 years ago. 光環密宗 is an esoteric school that teaches this ancient Light Theory that was handed down from one to the next over the last 2500 years. About 40 years ago 光環密宗 was formed to spread what was preserved. 光環密宗 translates into English as *Cosmic-Halo*. Cosmic-Halo Detoxifying Health and Longevity Esoteric Dharma is a process of healing founded on this understanding that all disease and sensory capacity is the result of decisions made by individuals. As one increases one's sensory perception, the greater understanding obtained leads to perfecting one's health by doing good deeds that help reduce suffering and save lives.

The Light Theory is centered on the understanding that there is a direct connection of Cause and Effect from individual decisions that can make one healthy, wealthy, and wise or it can make one sick, poor, and stupid. Human beings are understood as light beings that reflect energy that travels across vast empty space through wormholes that connect one to previous and future lives. These flows transfer the karma from one's past and future 3 lives creating one's existence between two polls: (1) sickness, poverty, and confusion, or inversely (2) health, wealth, and wisdom. The trick is remembering bad deeds left over from one's past 3 lives now so one can make amends, thereby healing and developing perception capacity. The Light Theory is a method to access personal knowledge of bad deeds allowing one to connect with the inner divine through one's understanding. Thus, one can fix bad karma to heal and then awaken.

Attending Cosmic-Halo classes enables reconnection with Cosmic-Halo message that can be maintained through persistent practice (2 to 4 times a day). By maintaining this connection with the message one can change the quality and quantity of light that makes up their being through the mantras and mudras learned from Namo Purple Halo Guru. Therefore, through this meditation we purify our own lights so we can heal ourselves. When we persevere in cultivating Cosmic-Halo esoteric dharma we change our fate.

Cosmic-Halo health Dharma is an extraordinary way of solving people's health problems. Its superpower has been proven over and over by Namo Purple Halo Guru who has been teaching this Dharma and saving tens of thousands of people from the pain and fear of sickness for over 40 years. Once a person has learned this Dharma, they only have to practice it for a few days to see an improvement in their health. Many, though, are plagued with so many illnesses it may take longer for them to be cured.

## Who is Namu Purple Halo Guru?

Namu Purple Halo Guru declares that there is no differentiation among those from different countries, races, sex, age, religions, or skin colors to be able to practice this process. As long as you want to be healthy you can be so in a very short time. This has been what people have been seeking since they have existed. Having a world of physically, spiritually, and mentally healthy people over the entire earth will make it possible for us to attain world peace.

Namu Purple Halo Guru refuses to accept enlightenment so he can continue reincarnating as a human to help transition this world from the current Era of Forgetfulness. This time, Namu Purple Halo Guru incarnated as Lucas Wang in 1942. Mr. Wang was raised in a rural village in China prior to the Communist revolution when people were starving everywhere. As he became an adult, he worked tirelessly to help people eat saving untold lives. He trained for many years under multiple gurus in China. He finally found an emanation of Namu Kuan Yin Bodhisattva (Namu Avalokiteshvara Bodhisattva) and himself became an emanation of the same Bodhisattva. His teacher Namu Linchen Kharthau was informed by the Buddhas that Lucas Wang was in fact 喃嚨紫光上師, (Namu Purple Halo Guru).

This title implies that Mr. Wang ceases attachments to such arbitrary concepts as an entity, a being, a living being, or a personality about 80% of the time. While much more perfect than most, Mr. Wang is still able to make mistakes as a monk. Namu Purple Halo Guru is the perfection Mr. Wang is reaching for. His experiences make him more perfect every day, but even he will admit, “When I am correct, this is Namu Purple Halo Guru; when I make mistakes, it is the monk Lucas Wang; I continue to learn just like you.”

## How does Cosmic-Halo plan on reaching the entire world?

Over 40 years ago, Namoh Mahavairocana Buddha asked Namoh Purple Halo Guru to spread the Dharma throughout every culture in this world to find Namoh Maitreya Buddha (future Buddha). 光環密宗 was the first stage bringing the Light theory to the largest group of humans on the planet, the Chinese (25%+ of global human population). When this culture was saturated with the light theory (60% of Chinese officials practice 光環密宗), then Namoh Purple Halo Guru headed out to the United States to reach all religious and spiritual practices in this world. Over the last 20 years Temples in both Los Angeles and up upstate New York have been under construction preparing for those with the Affinity to come home in this life again.

Today the organization works diligently to prepare for westerners with the Affinity to come home. 光環密宗 has developed the Buddhism Research Institute that offers 3 year personally tailored courses of study that will enable those with the Affinity to return to their past life zenith up to and including Buddhahood.

Never in history has any full understanding of the Light theory transcended cultures. In fact, full understanding of the Light Theory has given birth to every single religion and its related culture. To overcome this barrier, the United States of America was chosen as the second area of operations to develop the Temples for two reasons:

- 1) The freedom of religion in the United States of America has resulted in having every religious tradition being practiced here, thus providing access to the world's religions to achieve the goal of religious unity.

- 2) The communication gap between American English and Mandarin Chinese is one of the most difficult cultural divides to bridge, providing the hardest cultural challenge first to quicken the spread of the ancient Light Theory throughout all cultures that work to reduce suffering and save lives.



## **Gathering Merit**

Temples, Buddha statues, and Dharma books of Cosmic-Halo serve as the Diamond Pedestal for disseminating the ancient Light Theory through Buddhism and enlightening sentient beings in this Era of Forgetfulness. They create a bridge enabling Namu Purple Halo Guru and Cosmic-Halo monks to act as a concierge for students to communicate with Buddhas, Bodhisattvas, and Dharma Guardians. For those that build temples, make statues of Buddhas, write, print, and/or translate Dharma books, the merit obtained will be immeasurable and illimitable.

-Namu Purple Halo Guru

## **Ten Benefits of Building Temples, Making Buddha Statues, or Printing Sutras**

1. For all the transgressions you have committed in the past, minor deeds will be balanced out, and severe deeds will become minor.
2. You obtain protection from the guardian of luck.
3. Old grudges can be eliminated, and you become eternally free from revenge.
4. You become impervious to harm from non-form entities, poisonous snakes, and hungry tigers.
5. Nightmares eliminated, life is protected during the day, high energy levels, face glows with health, and work goes smoothly. Permanently “in the zone”.
6. You sincerely hold the Dharma, always getting what you need, and family harmony, fortune, and fame can be prolonged.
7. Wherever you go, you will be loved and respected by many. Others will welcome your ideas and behavior.
8. Dumb becomes intelligent, sick becomes healthy.
9. Gain the wisdom to avoid sadistic, selfish religions and participate in helpful, charitable religions. This wisdom also makes one very skilled at anything they do. You blend into any situation to enjoy ample fortune and fame.
10. Immeasurable merit can be obtained by helping all sentient beings planting good seeds and doing good deeds.

Attend Cosmic-Halo courses until the three wisdoms are opened wide and the six supernatural powers are obtained to become enlightened. Tuition is used to build temples, print sutras, and make statues of the Buddhas due to the abundance of merit it creates for the student. In addition, contributions to Cosmic-Halo at public events celebrating Buddhas, Bodhisattvas, etc. are recommended as it showers one with cosmic gifts by participating in reducing suffering and saving lives to celebrate the event.

## **FEEDBACK GATHA**

May this merit cover your past and present bad karma.

May fortune, wisdom, and roots of goodness increase.

Achieving vows with sincerity is superior to planting a good seed.

May all starvation and death from weapons be avoided.

May all be kind and generous.

All families of those who proclaim this Sutra receive cosmic gifts of peace and happiness as the transgressions of ancestors are destroyed.

May the weather work for your benefit as you achieve total health and peace.

The Dharma Realm reveals the truth.

May Cosmic-Halo eliminate ignorance of the Dharma for all.

Enduring to cultivate as reminded by Namó Purple Halo Guru is your raft to Nirvana.

# **A Message from Namo Purple Halo Guru Regarding Importance of Health and its Acquisition**

People of this world need health. The torments of illness are raging all over this world. They are endangering the physical, mental, and spiritual health of every culture over this entire world. It is causing a general decline of all of humanity.

It doesn't matter who you are, king, president, rich, poor, male, female, young or old, once you lose your health, you lose everything.

Leaders in different countries have been attempting to introduce policies for a healthier nation for a long time. It started with the first groups of humans living in a community and continues today. The health of your neighbor is important to you because humans depend on each other to survive. Many countries have invested huge amounts of money for research to develop methods for achieving health and longevity. Almost all countries invest huge amounts of money to promote competitive swimming, basketball archery, boxing, weightlifting, and track events, thinking that this will make their people strong.

But they have yet to resolve the problems of hypertension, heart disease, hepatitis, diabetes, lumbago, spinal problems, nephropathy, stomachaches, piles, skin problems, hay fever, and obesity, as well as senior dementia, Parkinson's disease, tumors and cancer! Although sports can give many some physical benefits, they have not enjoyed widespread popularity because they are time consuming and people have responsibilities that take the time allotted each day to support themselves and their families in today's fast-paced life.

Consequently, there are many different medications and nutritional supplements that people depend on to stay well. They think that this is the easy way to take care of a sick body. However, prolonged ingestion of these medicines, as well as chemically made supplements, eventually cause serious side effects. For example, sleeping pills cause heart disease, medications to "fix" spinal problems give you migraines, slimming products cause gastric distress or maybe death, etc. Just think about how many supposedly safe medications have already been taken off the market because there have been deaths of people who had taken them. So, how can a country be strengthened? What kinds of adverse situations will we encounter in the next 10 years, 20 years, 50 years, and 100 years under such conditions? How can we stay well?

When our lives become dominated by medical treatments, can we still enjoy our life and be happy? I contend that for a country to be strong, its population must be healthy. At the same time, it should have a convenient, efficient, and cost-effective method to accomplish this.

# **LETTERS OF GRATTITUDE**

MULTIPLE AILMENTS IMPROVED

I had a lot of things that were not right with me. Hay fever, cold limbs, rheumatism, gastric disease, and enuresis were torturing me daily. After receiving a cosmic gift from Namo Purple Halo Guru and his acupuncture therapies my enuresis was gone. My cold limbs turned warm, and the arthritis also vanished within a few days.

Many people suffer with hay fever during this season, I had no symptoms anymore, my hay fever was cured. I am happy to express my gratitude to Namo Purple Halo Guru.

Lu Lai-wah, 48

#### MULTIPLE AILMENTS IMPROVED

At the age of 33, I had a host of health problems including short sightedness, migraines, heart disease, tinnitus, a goiter, and rheumatism. In short, I had become a senior at an incredibly young age and was surviving on injected medications.

I really want to thank the Namo Purple Halo Guru for his cosmic energy gift and using acupuncture to help me. After suffering with migraines for 10 years, a few days with Namo Purple Halo Guru and my migraines were gone and the ringing in my ears had stopped. In addition, my goiter had diminished.

I am really happy to express my gratitude to our living Buddha, Namo Purple Halo Guru, and the eastern monks of Cosmic-Halo Dharma.

Tina Niam

## MUTIPLE AILMENTS IMPROVE

My name is Feng Sun and I am the chairman of the World Peace Association and have been promoting peace for over 20 years. Even so, there was little peace in my body. I had insomnia, lower back pain, numbness in my limbs, and fits of trembling. I was not able to carry heavy items. The doctor told me I had Parkinson's disease!

While watching a report on Star TV I found out that Namo Purple Halo Guru was having his Cosmic-Halo's Detoxifying Health and Longevity esoteric Dharma classes in America. This was a great chance. I had heard of his great success but have never had the opportunity to meet him. I went to the class and the stories of his power were affirmed.

The first thing he said to me was, "Is there a conflict between health and peace?" He already knew why I came! I immediately requested to be one of his students. I wanted to regain my health so I could continue my work for world peace.

After three days under his teaching and treatment I was re-energized. I felt 10 years younger. His power is unbelievable. I am willing to promote health and peace for the rest of my life.

Feng Sun



## MULTIPLE AILMENTS IMPROVED

Reverend Yuan Du invited me to attend Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes to witness the infinite light of Namu Purple Halo Guru firsthand. When I met Namu Purple Halo Guru he gave me a cosmic gift that made both my hands shake as I received it, and I could see this Buddha light surrounding me. I felt the good energy running from my head through my body to remove my negative energy.

Cosmic-Halo health Dharma's healing mantra, mudra, and the cosmic energy gift from Namu Purple Halo Guru healed my shoulder, neck, and a gastrointestinal problem. It only took three days.

Namu Purple Halo Guru I am very grateful.

Li Xiao Zhen

## MULTIPLE AILMENTS IMPROVE

I have practiced many forms of Qigong over the years to maintain my health. Five years ago, I started learning Buddhism and I believe this philosophy with all my heart. However, I have passed my most productive learning years at the age of 70.

I am grateful to Namo Purple Halo Guru for the health improvements that I have obtained. I understand that my illnesses of gallstone, angina attacks, hypertension, cervical vertebra enlargement, and osteoporosis stem from my excessive bad karma for the decisions I have made in my life. To reverse my karma and heal I want to learn through the second tier of Cosmic-Halo health Dharma. I believe this will heal all my illnesses.

Namo Purple Halo Guru had promised me that I could learn Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma from him if I went with my daughter Huang to Los Angeles to learn. However, I could not get to Los Angeles when we had agreed and missed this chance.

The next time I heard of a Cosmic-Halo's Detoxifying Health and Longevity esoteric Dharma class I made sure that I got there. The second time that I went to see Namo Purple Halo Guru also benefitted me, but since my bad karma is extreme and has resulted in many illnesses, I will not heal quickly. I received water infused with energy from Namo Purple Halo Guru that calmed my worries about my health. I am grateful.

Mei Zhen Li

## MULTIPLE AILMENTS IMPROVE

Having worked in Cultural Anthropology and archaeology I have never stopped being interested in the cultural practices of other peoples. Teaching 30 years in elementary schools around the state of Arizona, I was also able to interact with other cultures. Now that I have lived to an older age, I often reflect on what I have learned about how people view their place in the world.

In almost all cultures, whether advanced or native, people have their personal cultural ideas about death, health, nature, and the universe. If one looks at these cultures, they will find an overwhelming number believe in spirits, both sadistic and benevolent. We even read in the Bible of Jesus casting out demons. When I read stories that people have written about having sadistic spirits causing illnesses and they find someone who can assist them in removing these spirits by using an energy that is good and pure, I could not help but ponder this deeply.

I then contemplated about the differences between the actions of mercy vs. religions. A religion is a series of beliefs that concern the worship of a deity. While this form of healing asks nothing of those that are healed except go out into their better life and do good deeds at all times, that does not fit the “religion” definition. Since Buddhism does not recognize a deified creator it does not qualify as a religion, it is, rather, a philosophy for living.

At my age of 69 I had collected many irritating discomforts like poor sleep, arthritis, back pains, a heel spur, incontinence, celiac disease and insomnia from nocturia. I was pretty sure that I did not have an evil spirit because I have always tried to be a good person. These afflictions are to be expected due to my age. So, I went an open to all event for three days to learn about the ancient Cosmic-Halo health Dharma. I wholeheartedly participated. We were given instructions for a cultivation regimen of two times a day for just 15 minutes each.

After I cultivated for a short 2 months I no longer get up at night, my lower back pain is now gone and my energy level is like it was 20 years ago, my incontinence is under control, the arthritic pain in my knees has greatly lessened, a small polyp in my nostril disappeared, my bone density screening has now moved above the osteopenia level, no danger of osteoporosis anymore, and I have a brighter outlook on life. I do not doubt that as I continue this meditation that the celiac, arthritis and heel spur will improve dramatically as well.

So, I would highly recommend that if you are tired of dealing with any aggravating illnesses you make the trip to upstate New York and see for yourself how you can benefit. I want to truly thank the Namo Purple Halo Guru for showing me a way to heal both my body and my mind. I have hopes to return for a second Dharma class.

Be Well, Eleanor

## MULTIPLE AILMENTS IMPROVE

First, I want to thank Namu Purple Halo Guru for teaching the precious Cosmic-Halo Dharma that was only taught one on one in the past.

My mental and physical health have dramatically improved over the four-day period that I have been learning Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma. I am very happy that I have much more energy and my face glows with health. Namu Purple Halo Guru has obtained infinite merits, his light reflects it.

I have always been interested in the esoteric Buddhist sect. However, those that have claimed to have this ancient knowledge that I have met, have thus far failed to convince me that they were actually fully realized living Buddhas. It brought me extreme joy when this time I had finally found a fully realized Buddha. After four days of learning, I was able to see Namu Purple Halo Guru both in cosmic and human form pouring light into me as I practiced at night.

I can see that Namu Purple Halo Guru received his instructions from the councils of Buddhas to illuminate the Mahasanti Dharma. His task is a difficult one here in the Era of Forgetfulness. He has to illuminate the Dharma to those with the Affinity from every corner of the Earth across multiple cultures. In each case he must work to resolve their illusions and help them increase their wisdom to see the falsehoods in their understandings in order to impart to them Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma. The monks of Cosmic-Halo that are here have a strong affinity with the councils of Buddhas.

Namu Purple Halo Guru empowers the monks of Cosmic-Halo to constantly seek those with the affinity, healing, and counseling the suffering along the way. Their drive to pass this Dharma to the next generation is inspiring. I know it is difficult to meet a fully realized Buddha like Namu Purple Halo Guru who has the infinite merit needed to be a fully realized Buddha. I hope that Namu Purple Halo Guru continues to see the Affinity in me. I have a great desire to become a monk of Cosmic-Halo Dharma to help pass on this esoteric Dharma to those with the affinity in this world.

Wong Sai-Leung

#### MULTIPLE AILMENTS IMPROVE

Being 78 years old I had many health problems including heart disease, hypertension, gastric disease, rhinitis, and amnesia. I experienced a miracle from the acupuncture treatment from Namo Purple Halo Guru. My health dramatically improved each day.

After only four days my memory had greatly improved, gastric disease disappeared, and my rhinitis was gone. The most amazing thing to me was that the age spots on my face and hands were rapidly diminishing. I was told by many people that I looked younger than I had in years.

Mae Kwong

## MULTIPLE AILMENTS IMPROVE

I suffered from migraines, a heart problem, and was always tired. After attending four days of Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes taught by Namu Purple Halo Guru I was freed from these sufferings.

This brought me hope! My heart problems and migraines stopped, and I became filled with energy. My face was glowing with health. There is gratitude Namu Purple Halo Guru. I will persist in my cultivation and do many good deeds.

Ann Tang

## MULTIPLE AILMENTS IMPROVE

I have many illnesses through my body here at the age of 82. I just recently had heart bypass surgery. It must have been the will of the gods and Kung-Yin Bodhisattvas that I was able to meet Namu Purple Halo Guru and attend Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes. Attending the classes resulted in amazing health improvements. I could even sleep well at night. In fact, I had been struggling with insomnia for over 10 years. However, after the first session I was able to sleep well and deeply. But this wasn't all, amazing things kept happening to me, including:

1. Namu Purple Halo Guru gave everyone an esoteric code which gave each of us a cosmic connection to his message. This connection would give us healing for 24 hours. Before I went to bed I bet Namu Purple Halo Guru to wake me up at 7:00 AM so that I could practice the Dharma. In the morning I heard a voice saying, "Wake up! Practice the Dharma now!" When I opened my eyes it was exactly 7:00 AM. It was totally amazing! Namu Purple Halo Guru's Dharma is boundless and this made me respect him totally.

2. I can stand up by myself – I have had arthritis for over twenty years and it was painful from time to time and I had difficulty walking sometimes. Even if I was on a stool, getting up from one was very difficult. Namu Purple Halo Guru asked me to have faith that I could stand up by myself in three days. The first two days I had needed others to help me get to a standing position. On the third day he gave me a tap on my head with his Dharma instrument and a warm current passed from the soles of my feet throughout my whole body. Then I stood right up with no assistance! My classmates applauded. I began to tear up as I was so happy to be able to stand up on my own.

3. Normalized liver function – Many years ago I had hepatitis and it did affect my liver. My functioning index was between 80 and 120. After the fourth day with this class it was restored to 60. That was definitely unexpected. All of these amazing changes truly demonstrated to me that this meditative healing Dharma is supreme.

Since I had just had major heart surgery Namu Purple Halo Guru said that I could learn the second level but needed to wait six months. I knelt down to express my sincere thanks for his deep concern for my health. I will wait for him to return to New York, I definitely trust that he will come to help me as well as many others.

Yuk-wan Sham Ng

## MULTIPLE AILMENTS IMPROVE

I was fortunate to attend Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes held by Namo Purple Halo Guru on July 16 of this year. This was the most fortunate time in my life!

I was a medical worker, but I could not cure my own sickness. I was sick for about a month and could not work at all. I had a sore shoulder, headaches, and a lack of energy. This worried me very much.

After practicing Cosmic-Halo health Dharma, my shoulders loosened up a lot and my headache was gone. My energy level increased so I could go back to work. Namo Purple Halo Guru not only taught us the Dharma, but also how to be a good person. Eliminating bad actions and doing good deeds can get rid of any bad karma you may have. Often sickness comes upon someone when they have accumulated bad karma.

I remembered every word of teaching from Namo Purple Halo Guru. Attending this event ignited the navigation light of my life for the future.

Jie Wen Yes



## MULTIPLE AILMENTS IMPROVE

I do not believe in God. I was educated by the Chinese Communists for decades. When I moved to the United States my career was going well, so I felt that I had no use for religion. But as I aged, I began having many health problems. Some of them were migraines, cervical vertebra problems, thyroid problems, and psoriasis. Being healthy was important to me.

Among my old friends and co-workers many were sick and in the hospital, and some had passed away. One of my older classmates died suddenly from cancer. This shocked me badly and I seriously began being concerned about my own health. So, when I saw the news that Nammo Purple Halo Guru was coming to teach Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes, I enrolled. I truly admired Nammo Purple Halo Guru very much during the classes. I witnessed a lot of people restore their health with the help of Nammo Purple Halo Guru. One person could raise his arms again. Another's bad headaches disappeared, lower back pain was cured, and for me the migraines disappeared.

When I was expressing my gratefulness, I felt the power of Cosmic-Halo health Dharma and I wanted to become part of it too. So, I took the vow to follow Nammo Purple Halo Guru for the rest of my life to save other people. I would like to do what he does so I resigned my job as a financial comptroller to follow Nammo Purple Halo Guru. I will use my professionalism to support his teaching in every American city.

Bian-wa Cai

## MULTIPLE AILMENTS IMPROVE

When I was young, I was weak and sickly. After moving to the United States to work and go to school the pressure of doing this was hard on my already poor health. I began to have migraines, low back pain, and neurasthenia I had been to different doctors but none of their drugs had helped. I was spiraling down fast. Did I have to take pills all my life?

I was fortunate to have had the opportunity to attend Namu Purple Halo Guru's meetings to learn about Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma. My mood is happier, and I feel that my life has hope now. The merciful Namu Purple Halo Guru treated me with the Dharma. On the third day of cultivating, I felt some kind of current circulating in my body, and it was very comforting. My back pain and headaches amazingly disappeared. The rest of the sicknesses affecting me had also vanished. I now am healthier than I have ever been. My physical condition has been restored as if I was 20 years old again!

I would not have believed this if I did not experience it myself. If someone told me that a 5-day treatment could cure my numerous illnesses I would have never believed them. However, it did happen to me. I am a well-educated person and never believed this could happen. Now I am using the changes in me to show others that they should not be stubborn and expand their knowledge to learn Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma. Then they can experience in person the unlimited power of Namu Purple Halo Guru's teaching.

Chi-Wai Lo

## MULTIPLE AILMENTS IMPROVE

I had been told by some that the treatments by Namu Purple Halo Guru had instant effects and he would teach his esoteric health Dharma in New York soon. I wondered if he really did possess this power.

My chronic diseases tortured me daily and I was looking for help. I had hypertension, rheumatoid arthritis, cervical vertebra pain, a lumbar spur, tracheitis, etc. For treatment I had been to numerous hospitals and spent a lot of money but nothing had a good effect. I still was doubtful about this extraordinary Dharma power but I decided to attend a Cosmic-Halo health Dharma event and take a look.

Through the 10 days of learning, and with the help of Namu Purple Halo Guru my complexion, spiritual, and health conditions had been improved. While cultivating on the fifth day of the level one therapy course, I saw a halo of light shining on me. I felt very calm and the neck pain and insomnia left me.

On the fourth day of the level two Dharma course a light entered my body and healed my painful parts. I woke up the next morning full of energy. There was no more pain in my lower back as the lumbar spur was gone. The most amazing was that the two fibromas that I had were decreased in size and were now soft to the touch.

The power of Namu Purple Halo Guru is unlimited. The treatments taught by him do have very fast effects. Cosmic-Halo health Dharma deserves its renowned reputation. Truly I am now convinced. I had also learned how I could treat other people.

Again, I would like to thank Namu Purple Halo Guru for his teaching. I will follow his instructions by accumulating merits, do good deeds, and practice daily. I sincerely hope that Namu Purple Halo Guru will let me enroll for the third level course to improve my own ability to benefit others learning Cosmic-Halo Dharma.

Huang Cai-Yun

## MULTIPLE AILMENTS IMPROVE

Learning Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma was my lifelong wish, but I still could not find anyone that could teach me, therefore I meditated at home, but. I still had low energy due to my sicknesses. I had an abnormal heartbeat, insomnia, headaches, and constipation.

With an introduction from a friend, I attended Cosmic-Halo health classes in Los Angeles. It is true that one has to see it for them self to believe it. Namo Purple Halo Guru waved his pestle around me a couple of times and then I felt very comfortable. I slept very well that night, and it was better than having taken a sleeping pill. A few days later my energy level was very high. My constipation left me, as I was able to go every day instead of twice a week.

I am very happy that I was surrounded by light during my meditation. Namo Purple Halo Guru gave me a cosmic gift. It was the most fortunate thing that happened in my life. I want to be his follower and help save people. I can learn this incredible Dharma so that my life is not wasted.

Thank you for your protection Namo Purple Halo Guru.

Yin-kiang Lin

## MULTIPLE AILMENTS IMPROVE

I am a nurse. In 1992 my right ear suddenly went deaf. I sought medical treatment, but I could not be cured. Later I contracted rhinitis, arthritis, and hypertension that later caused heart disease. I had to take medicines every day. I wished that I didn't have to take them, but most of my co-workers, who were doctors, said I would not recover if I stopped taking them, that is, unless I met a fairy.

One day I saw an article in the World Journal that Namu Purple Halo Guru would teach a healing Dharma right here in Los Angeles. It is called Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma. With the help of Namu Purple Halo Guru, my blood pressure readings dropped from 170/100 to 100/90 in 4 days. On the morning of the fifth day, I heard a big noise, like thunder, and then I heard birds singing. I asked my husband whether he had heard thunder. He said no. Then I heard the bird singing again. My impaired hearing had recovered!

I immediately knelt on the floor and bowed to thank Namu Purple Halo Guru for his help. Although I am a nurse in this modern time, I have to believe this incredible healing. I will follow Namu Purple Halo Guru's instruction and save more people in my job as a nurse.

Yu-yu Liang

## MULTIPLE AILMENTS IMPROVE

As Namu Purple Halo Guru said, my body was full of sickness. I had low back pain, stomachaches, allergy, acne, joint pain, and dysmenorrhea even though I was only 23 years old. I was really scared to take medication. I was encouraged to attend Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes being put on by Namu Purple Halo Guru by Mr. Hui.

With the cosmic gift of Namu Purple Halo Guru and him using his powers over me during my Cosmic-Halo cultivation, the acne on my face faded away. My face was just all aglow! My energy began flowing smoothly and I felt wonderful and full of power. I was relaxed and comfortable. The Buddha Light was just like an electric shock. It was really a miracle. It took only three days for me to rejuvenate.

Cosmic-Halo health Dharma is really supreme. It is truly a treasure of healthiness for sentient beings. I wished that this Cosmic-Halo Dharma would always shine on the world and every sentient being would always be young. I wish that Namu Purple Halo Guru could be with us forever.

Dan Yang Song

#### MULTIPLE AILMENTS IMPROVE

I had heard of the prestigious name of Namu Purple Halo Guru ten years ago. I had always dreamed that I would be able to meet him sometime. I had never expected that this dream would come true in New York. It was my pleasure to meet him. I was very grateful to hear his Dharma voice, seeing his compassionate Dharma appearance and receiving his cosmic gift of Cosmic-Halo esoteric health Dharma.

My prolonged headache, nocturia, and painful joints were removed. I seemed to have returned to the golden age of my youth. Namu Purple Halo Guru is a contemporary Buddha. The wonderful Cosmic-Halo health Dharma must leave a good name to posterity. Once again I give my hearty thanks for the good health and Dharma that Namu Purple Halo Guru has given to me.

Zhang Shu-Hong

## MULTIPLE AILMENTS IMPROVE

I am Chinese Burmese. After moving to the United States, I became sick with many different illnesses: hypertension, heart disease, arthritis, migraines, cervical vertebral and lumbar spurs, and problems with my liver, stomach and spleen. I was unable to work for thirteen years. I had consulted with many doctors and even tried other types of breathing exercises like Yin Sun Qi-gong.

I think my Qi-gong teacher practiced some sorcery on me. Whatever it was, it made me dizzy every day. Since I lost my working ability my husband almost asked for a divorce. I was very frightened. I had the good fortune to meet with Namu Purple Halo Guru. His Dharma is very powerful, my migraines and arthritis were cured on the fourth day of the Dharma class and my spirit turned good.

I am not destined to die as I still had the opportunity to meet Namu Purple Halo Guru and learn his precious Dharma. My life has become hopeful. I wish that I can help my friends and relatives who are sick as well as others who need help. It is my hope that Namu Purple Halo Guru can impart to me this Dharma and accept me as his student.

Cao Yuk-Ming



## MULTIPLE AILMENTS IMPROVE

There were many things that were not right with me. I suffered from low back pain and gastric disease for many years. My face and mouth were distorted, as was my spinal cord. The lumbar vertebrae were not the way they should have been. For more than 10 years I was walking with my waist bending sideways. I looked a lot shorter than I really was. Doctors told me that my diseases were complicated and incurable. I was concerned for my future.

I was very fortunate to obtain the teaching and a cosmic gift from Namo Purple Halo Guru. While I was there it only took 5 days to get rid of the back pain and gastric disease. I can walk now without having to bend at the waist. My worries are far behind me now. The most wonderful things happened to me, I felt the Buddha Light surrounding my head while I was using the mudra for cultivation.

I would like to express my gratitude to Namo Purple Halo Guru for his great mercy. I thank Namo Purple Halo Guru for removing the bad spirits and lead me back to go on the right track. He removed my sickness and changed my bad fortune to a good one. He gave me health and wisdom. I vow to do good deeds for my whole life in order to return the favor to Namo Purple Halo Guru for his kindness.

Jia-Xun Gong

## MULTIPLE AILMENTS IMPROVE

I was a monk from the Pure Land Sect of Buddhism for many years. I knew how to chant sutras but did not know how to cultivate myself. That is why I think I was sickly. It was fate that brought me to the Los Angeles office of Cosmic-Halo esoteric Dharma. I was able to get the true Dharma method for healing that was difficult to find. Namu Purple Halo Guru was who I had been looking for. Namu Purple Halo Guru is the real living Buddha that has great mercy for the health and peace of human beings. Namu Purple Halo Guru taught us the method for extricating us from the sea of suffering. He was the model of a Buddha. He was really the reincarnation of a Buddha.

Namu Purple Halo Guru used Cosmic-Halo health Dharma, a cosmic gift, the Buddha light, to remove the virus that was making me sick. The halo kept circling around in my body and improved my long-term gastritis, lumbago, stiff neck, and tracheitis. In just three days my energy level was 100 times better than when I came here. Every participant of the classes received the cosmic gift and the Buddha light. Our bodies were refreshed.

I would like to thank Namu Purple Halo Guru once more. I am willing to follow Namu Purple Halo Guru and cultivate this method to the path of enlightenment.

Yuan Xiu,

## MULTIPLE AILMENTS IMPROVE

I am seventy-five years old and am full of sickness that I believe was caused by bad karma. I have studied Buddhism for twenty years seeking the true path of enlightenment but continued to suffer pain. My sicknesses were still not cured. I attended a Cosmic-Halo health Dharma event and met Namu Purple Halo Guru. He taught me that the real Dharma was here.

Namu Purple Halo Guru taught me one mudra that would make my body full of energy. My whole body heated up. My waking up during the night because of nocturia was gone. I could really feel the energy of the Buddha Light coming through my body after I learned and practiced the second mudra. I felt like I was ten years younger, I was so energized and both my legs were relaxed. The third mudra removed the virus that resided in my body. The most amazing thing was that I saw a glimpse of light that flashed into my head. It looked like the hand of Amitabha Buddha was shining on my head and the ten-year old sagging skin of my right eye was gone. It could even open them both now! It was really a miracle. If I did not see and experience it myself I would not have believed it.

My knowledge of Buddhism was enriched after receiving a cosmic gift, the knowledge of Cosmic-Halo health Dharma and lectures from Namu Purple Halo Guru. I will truly spread the word for Cosmic-Halo health Dharma. I will promise to cultivate this Dharma and widely spread it. I will think of Namu Purple Halo Guru continuously. Thank you Namu Purple Halo Guru.

A senior Pure Land Sect monk.

## MULTIPLE AILMENTS IMPROVE

As I became older the sicknesses began to get to me. I had long-term insomnia, rheumatism, shoulder pain, and knee pain. When the knee pain came over me, I could not even walk. I received a cosmic gift from Namu Purple Halo Guru when I attended the teaching event of Cosmic-Halo Dharma healing meditation class.

Not only was my insomnia cured, my shoulder and knee pain lessened greatly. I was feeling younger and younger as the days there passed. I was blessed endlessly from the Buddha light when I was practicing Cosmic-Halo Dharma. Whenever I was mediating, tranquility and a spiritual uplifting had appeared. The delightful feeling cannot be expressed in words.

I was so fortunate to have been in the presence of Namu Purple Halo Guru and learn this profoundly life-changing meditation. Cosmic-Halo Dharma healing meditation is the treasure that I had been seeking for more than 20 years.

Kan-ni Liu

## MULTIPLE AILMENTS IMPROVE

I give a thousand thanks to Nammo Purple Halo Guru who always works hard, for coming to San Francisco to teach the health Dharma of Cosmic-Halo. Many thanks for his mercy and earnest teaching. His father-like concern touched our hearts.

He carefully explained Cosmic-Halo Dharma method as well as the Cause-and-Effect theory of Buddhism. His lively explanation and examples enlightened us and helped us understand this theory of how good and bad deeds can affect us.

In the health Dharma class, we practiced. After Nammo Purple Halo Guru gave us his cosmic gift, my energy level increased and I felt cheerful. My eyes were brighter; lower back pain lessened, and the lump in my breast started to soften. I began to feel more confident in life. I was sick a long time, jobless, and depressed. My health was better now, and I could go back to work very soon. I was really happy and satisfied.

Learning all of this information made me believe that there is a real Dharma. Cosmic-Halo esoteric Dharma could save the people and the world from suffering. Nammo Purple Halo Guru, you are a great teacher, the best in the world.

Yue Hua Wei

## MULTIPLE AILMENTS IMPROVED

I was very sick. I was carrying a lot of negative energy. I had been seeking medical help from eastern and western doctors with no success. I even tried many different kinds of meditation from the East but had no results. My energy level was weak, my skin was pale and yellow, I was skinny, and my face was covered with black spots. My chest was congested, and my appetite was poor. I had cervical vertebrae problems and the joints of both knees were in pain. I looked more like a ghost than a human being. My family was really worried about me.

At this time, I had just arrived in the United States and my sister brought me to an event of Namu Purple Halo Guru. This event changed my life. The great Cosmic-Halo health Dharma that Namu Purple Halo Guru taught me, and his Buddha Light, has driven away all of my negative energy. The black spots on my face have gradually faded away, my face is clear, and my energy level is high.

No words could express my thankfulness to him. I will continue to practice my meditation and I wish to be a monk working with the Namu Purple Halo Guru. I want to follow him and learn the method of curing sentient beings and save those with pre-destiny who were suffering like I was.

Hung Qi Yun

## MULTIPLE AILMENTS IMPROVE

I was suffering from migraines, insomnia, tachycardia, and a stiff right shoulder due to a past injury. Since then, I just could not lift my arm. I used both western and eastern medicines, but it was all in vain. I gradually lost my faith in doctors. I attended a teaching event of Namu Purple Halo Guru to give that a try. I could not believe how I felt on my second day! The migraines and insomnia that had bothered me for years just went away.

On the fourth day I saw a big beam of light and it went straight to my bad arm. I then unintentionally lifted it up and it moved! On the fifth day my heartbeat became regular and I already lost four pounds. Cosmic-Halo health Dharma is incredibly amazing. Namu Purple Halo Guru is Ji-Gong Buddha who comes to grant us this Dharma treasure. I thank him from the bottom of my heart. I vow to perform good deeds and carry on with my practice for the rest of my life.

Kan-Yin Chui

## MULTIPLE AILMENTS IMPROVE

When I first saw Namu Purple Halo Guru at Cosmic-Halo health Dharma event, something felt familiar. I sensed that I found a relative who had been lost for a long time. I was very comfortable during the teaching and felt a strong energy that went through my body all the way to my head. I was so comfortable that I did not want to leave.

I immediately enrolled in the health Dharma class. Namu Purple Halo Guru gave me a cosmic gift and treated me with his Buddha light within a few days. During the mediation I could clearly see a bright ball of light turning in my lower abdomen when I closed my eyes. My migraine, neck pain, shoulder pain, stomachache, and leg problems were all cured. Although I had slept less than usual, I had high energy and was in a good mood.

I want to thank Namu Purple Halo Guru with gratefulness. I wish I could follow him to learn more about Cosmic-Halo health Dharma. I will think of Namu Purple Halo Guru every day and hope he will never forget me. I am touched with tears every time I think of his kind and solemn face. Thank you, Namu Purple Halo Guru. Namu Purple Halo Guru has boundless beneficence!

Yun Luo Ma



## MULTIPLE AILENTS IMPROVE

I had headaches, stomach pain and bad circulation. My limbs were always cold. After attending Namu Purple Halo Guru's Cosmic-Halo health Dharma for a few days, my headaches, stomachaches, bad circulation, and cold limbs were gone in a matter of days. It was amazing and a great spiritual experience.

I wanted to know why Cosmic-Halo health Dharma was so effective. Namu Purple Halo Guru explained that Cosmic-Halo health Dharma used the energy of the universe and the Buddha light to unlock our energy paths. This is the reason why we get such a speedy recovery, faster than any medical treatment. I would like to thank Namu Purple Halo Guru very much for curing my illnesses. I have been very lucky.

I especially liked Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma. This is because it has great effects, and it has a special meaning. If an ordinary person could understand even a small part of it, they will receive benefits for their whole life. There are many more complicated theories and meaning left to learn.

Helping sentient beings to release their physical suffering, Cosmic-Halo health Dharma will guide them how to do that. It also will guide us to the path of enlightenment. It is very meaningful and simple to understand. It is really what people are longing for.

The philosophy of Buddhism that was taught in the class was extremely, meaningful, especially the spirit of mercy and the distinction between bad and good deeds. I thank Namu Purple Halo Guru for his rendering of these complicated theories to us in such a simple and easy way.

I wish I could learn higher-level Dharmas so I could enhance myself. Under the healing power of Buddha light, I would save myself and other people. Thank you, Namu Purple Halo Guru.

De Xiang Peng

## MULTIPLE AILMENTS IMPROVED

When I was a young man, I was a sailor. I would exercise a lot to keep healthy. Now that I am eighty-four years old, I have hypertension and heart disease. At 68 I slipped and fell on an icy road and twisted my lower back and injured my leg. I was told that his type of injury is not curable in any hospital. That injury ended my disco dancing hobby.

One day I was reading a Chinese newspaper and read that Nammo Purple Halo Guru was holding a teaching event about healing in New York. It also mentioned that there would be a free consultation and it talked about the quick effects one could obtain. During this event Nammo Purple Halo Guru came to me and said, "You are not young and deserve special care and treatment. Why did you come and attend my teaching event? Were you introduced by your friends?" I replied immediately, "I came because of a newspaper message. I have traveled to many places and have had a lot of experiences. I do not believe in anyone else and I trust you." He said, "Very good! I will help you."

It was strange. In just two days and my whole body felt relaxed. My bladder did not wake me up at night. My leg and lower back did not hurt after four days. I could walk as fast as, or faster than a youngster.

Feeling very peppy, I went to the Senior Club again. Everyone was dancing and they looked very happy. I was anxious to show my skill in dancing, so I jumped up and forgot my pains. Many there knew that I had an injury and told me to be careful. I told them that my sprain was recovered I could dance Disco again!

I deeply appreciate Nammo Purple Halo Guru who gave me a second chance to dance. He taught me to understand the importance of health. The value of his Cosmic-Halo health Dharma is a million times more valuable than money. It is a true treasure capable to enhance human longevity. I vow to study and spread the word about this effective human rescuing Dharma.

Ming Lu

#### MULTIPLE AILMENTS IMPROVED

Because of an endocrine disorder I gained a lot of weight. My blood pressure got very high and I always felt dizzy. My old low back pain problem began to get worse as well. I was getting very worried about my health. My husband was concerned, and he spent a lot of money looking for medical help for me. The results were not very good because I was afraid to take medications.

I attended the Dharma class held by Nammo Purple Halo Guru. In just four days my dizziness was gone when I woke the next morning. My blood pressure was lowered from 140/110 to 125/95 and my lower back no longer bothered me. I had begun to lose weight too. It was a miracle and I felt like I was dreaming. Even my husband, who had never believed in God or in Buddha, had to believe the power of the Dharma taught to me by Nammo Purple Halo Guru. My whole family and I would like to thank Nammo Purple Halo Guru for his graciousness and his virtue.

Qi Zhou

#### MULTIPLE AILMENTS IMPROVE

I have been suffering from an irregular heartbeat, arthritis, hay fever and rheumatism. Taking many different medications had little effect for relief. I had the fortune to receive a cosmic gift and acupuncture therapy from Namo Purple Halo Guru. In just a few days my heart rate was normal, and my nose was free of stuffiness.

Many people suffer from hay fever, but now I do not. Other than that, my complexion is looking so good, I look prettier than before. I deeply appreciate the great mercy of Namo Purple Halo Guru who gave me many wonderful and unexpected health benefits.

Mary Mak

#### MULTIPLE AILMENTS IMPROVED

I had a lot of things that were not right with me. Hay fever, cold limbs, rheumatism, gastric disease, and enuresis were torturing me daily. After receiving a cosmic gift from Namo Purple Halo Guru and his acupuncture therapies my enuresis was gone. My cold limbs turned warm, and the arthritis also vanished within a few days.

Many people suffer with hay fever during this season, I had no symptoms anymore, my hay fever was cured. I am happy to express my gratitude to Namo Purple Halo Guru.

Lu Lai-wah

## MULTIPLE AILMENTS IMPROVE

I am twenty years old and am suffering from a congenital defect and I was very weak. I had long been suffering from a heart arrhythmia, nasal allergies, lumbago, poor sleep, and having a poor memory. I was always tired and had little spirit for living. I wish to take this opportunity to thank Namu Purple Halo Guru who brought us the amazing Cosmic Halo health Dharma. It is truly a treasure. After my four-day Dharma therapy course my health was greatly improved.

My mother brought me to Namu Purple Halo Guru's teaching event. I really felt Namu Purple Halo Guru's sincerity. Every word he spoke impressed me very much. I was certain that my life would be changed for the better. After having several days of meditation therapy my heartbeat was regulated. The pressure exerted on my chest had lessened and my allergies went away. My memory has improved, and the low back pain was lessened down to 20% of what I used to have, and I became more energetic.

My teacher and classmates said I looked prettier than they had ever seen me. Cosmic-Halo health Dharma gave me this effect. I begged Namu Purple Halo Guru to attend the second level Dharma class so I can be a small captain for this Dharma in the future.

Patty Tan

## HEART

I was happy to have the opportunity to meet Namoh Purple Halo Guru. Thank you for your cosmic gift and treatment during the Cosmic Halo health Dharma classes. I had been suffering angina pectoris for the past few months, but I am cured now.

Working at night kept me tired and I still felt tired even though I rested during the day. My energy level was low. I feel much better now. It was unbelievable that these changes happened so fast! I knew that something was bothering me a lot but had no idea what it could have been. I have very negative thoughts and lost confidence in myself. Namoh Purple Halo Guru told me that the spirits that kept me this way would leave me temporarily during this class but after I left they would return. He also clearly explained to me the relationship between cause and effect, and karma. I understood that I had done bad things before and that those actions allowed an attack from malicious spirits. That is probably why I am in this condition.

Namoh Purple Halo Guru continued to explain that bad karma could only be removed by accumulating merits. When I had accumulated enough merits then bad karma would automatically disappear. After listening to the teaching of Buddhist principles from Namoh Purple Halo Guru, I knew my path was clear. I wish I could learn more about Cosmic-Halo health Dharma to increase my confidence in life and be wiser. I sincerely thank Namoh Purple Halo Guru for his graciousness and virtue.

Jia Liang Lin

## HEART

I had spent a lot of money searching for ways to heal myself but had received only minimal effects. However, after attending Cosmic-Halo health Dharma event held by Namu Purple Halo Guru and receiving five days of meditation therapy my spirits were high. I felt a warm beam of light enter my chest and had a stinging feeling on the fourth day. I felt so relaxed I knew my heart disease was cured.

My original problem of tachycardia (108 per minute) is now normal (78 per minute). My poor appetite has improved greatly and my nightly visits to the bathroom are finished, so now I sleep very well. My practicing result is great. I truly appreciate Namu Purple Halo Guru for teaching me this esoteric Dharma and I will act according to his instructions of behaving well and doing good deeds. I am hoping Namu Purple Halo Guru can teach me the second Dharma level.

Hoi-fun Yung



## HEART

I was so lucky to have the chance to meet Namu Purple Halo Guru and attend Cosmic-Halo health Dharma classes. I followed Namu Purple Halo Guru's instruction and closed my eyes when I meditated. I then saw a light in my eyes that started as yellow and it changed to red. My stomach and heart problems were cured.

I want to thank Namu Purple Halo Guru for treating me with his Buddha light. Thanks again for Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma. This is the first time in my life that I have received such good information.

Namu Purple Halo Guru cured my illness as well as taught us Buddhist principles to increase our wisdom. I would also thank him for treating me with the Buddha Light. Thank you again for this cosmic gift and your teaching. This is the first time in my life that I had learned such good information. I will perform more good deeds and hope Namu Purple Halo Guru will allow me to learn the higher levels of this Dharma. Thank you!

Su Hua Chen

## BLOOD PRESSURE

I am a doctor of traditional Chinese Medicine. I suffered from hypertension for the last five years. Before this happened, my basic blood pressure was low. As the pressure rose and got to 150/100, I would feel dizzy. I needed to take medication to help bring it down. However, even when the medication brought it down, I still felt dizzy. I had trouble sleeping and found it hard to concentrate. As a doctor I should not be in this condition and still treat patients.

I had the good fate to attend Cosmic-Halo health Dharma class that Nammo Purple Halo Guru was teaching. After receiving Cosmic-Halo health Dharma from Nammo Purple Halo Guru I experienced dramatic changes, both mentally and physically. I was deeply impressed by this boundless and unlimited Dharma. With the help of this meditation and the assistance of Nammo Purple Halo Guru personally, I am now able to stop taking these medicines. After completing the third level of meditations [10 days later] my blood pressure stabilized at 120/80. The dizziness and insomnia no longer bothered me. I have the energy to work. My hypertension was cured so quickly. This Dharma is extremely wonderful.

I wholeheartedly thank the Buddha for his great mercy. He traveled far to this western country to bring us this Dharma treasure. I will continue to perform good deeds, propagate this meditative Dharma, and will become a devout follower.

Jing Yu

## BLOOD PRESSURE

I have been a Chinese herbal doctor for over 30 years. I learned my trade when I was very young. I knew that high blood pressure could cause strokes and paralysis. It could happen suddenly at any time and life would be very difficult. Even though I knew all about the dangers and was very careful about my diet I had contracted hypertension and could not cure it. I have been very tense about it for the past ten years. I relied on medication because my pressure ran about 156/120. If I forgot my medicine, I would become dizzy and lose concentration.

On November 9, 2002, I had the opportunity to attend Cosmic-Halo health Dharma event in New York. This meditation Dharma thrilled me, and I felt that it would do great things for my health. At the class Namu Purple Halo Guru told me to stop taking my medicine because he would monitor my blood pressure for me. As I began, I worried about that and my pressure went up so I asked for additional treatment. I stayed after class and received a special treatment from Namu Purple Halo Guru. While I meditated the Buddha took out his pestle and waved it around my head for a couple of minutes. I thanked him for this treatment and left.

While I was waiting for a friend at the Sheraton Hotel, I discretely measured my blood pressure. I was amazed that it read as normal. This was incredible! I was shocked that this long-term blood pressure problem was easily removed. Cosmic-Halo health Dharma is unbelievable. I was very grateful and told everyone this mystical and magical story.

Zheng Yu

## BLOOD PRESSURE

I was given a leaflet on the street one day about Cosmic-Halo health Dharma class held by Namo Purple Halo Guru. I later read more about him in the World Daily News Journal. Happy that he would be in Oakland I decided this would be a chance I would not miss.

During class, Namo Purple Halo Guru, gave me a glass of special water and taught me Cosmic-Halo health Dharma. I had hypertension and had to take medication to control it. After the class the medication was no longer needed.

I will never forget the kindness of Namo Purple Halo Guru. Thank you, Namo Purple Halo Guru, for your teaching and cosmic healing. Again, thank you!

Guo Mei Zheng

## BLOOD PRESSURE

After speaking with Namu Purple Halo Guru for a few days, I felt comfortable in believing that I had the Affinity to learn Cosmic-Halo health Dharma. This made me very happy. Namu Purple Halo Guru taught me Cosmic-Halo Detoxifying Health and Longevity Esoteric Dharma. From practicing this under his supervision my legs became more relaxed than they have been in years.

Namu Purple Halo Guru explained that there are nine levels of Cosmic-Halo esoteric Dharma. Those that have learned the second level have the ability to heal themselves. For those who have learned level three of this Dharma could cure sicknesses in other people if they practiced the Dharma correctly. This was what I wanted to do because I had hypertension and needed to take medication every day. Also my face was paralyzed. Because of this understood what it was like to be a patient. I would really like to have Namu Purple Halo Guru teach me the second level of this Dharma.

If I had the same wisdom as Namu Purple Halo Guru, I would save people after learning this Dharma. I beg Namu Purple Halo Guru to teach me the second tier of Cosmic-Halo Dharma levels.

Ji Quan Lin

## TRAUMATIC INJURY

Ten years ago, I was in a car accident and had a bad concussion. Since then, I could not walk without losing my balance. I always needed help from others to walk. It seemed that my feet could not sense their position. Not being able to walk normally was very inconvenient. I tried different treatments at many hospitals but there were no effective results. I had very low energy as well.

One day a friend of mine told me that Namo Purple Halo Guru was coming to the United States to teach. He might be able to cure my sickness. I went to the event as soon as I could. The first sentence Namo Purple Halo Guru said to me was, "Don't worry. You will be fine after the malicious spirits in your body are driven away." Then Namo Purple Halo Guru began swinging his Buddhist musical instrument around my body. I felt a ray of light that felt like it went right into me. I started shaking a little bit. Namo Purple Halo Guru then said to me, "Okay, now the spirit was driven away. You can walk now."

I didn't believe it in the beginning, so I stayed still without moving my feet. Namo Purple Halo Guru smiled and said, "Please try to move a step." Then I started to take a step. I started to walk, two steps, three steps then four steps. The feeling was good. I could really walk now!

Tears ran down my face and I bowed in respect to the Buddha who really saved tons of lives. I sincerely thank Namo Purple Halo Guru from the bottom of my heart.

Yuan-Zhu Liao

## TRAUMATIC INJURY

I was raised in a scientific society. I had no religion and never believed in god, fairies, and Buddha. I live in a free country and have a fine family and career. But good times would not last long for me. At age 44 I was in a car accident and was hospitalized for 6 months. My life was saved but my cervical vertebrae were misaligned, and I kept losing my balance. The surgical fix for this would be one that would reposition the vertebrae and was very dangerous, so I tried Chinese acupuncture and massage at a great expense for 2 years. Neither of these treatments helped. I was worried that I was doomed to walking only with supports for the rest of my life and wondered how I could walk to work. When I thought of this, I felt sick.

My friend, Mr. Hui, urged me to attend a Cosmic-Halo health Dharma event. He told me that Namu Purple Halo Guru had a powerful Dharma that could help me. Now I did not believe in god or ghosts but since I was having such a bad time with my health these past few years I would whatever I could to obtain help with keeping my balance. Namu Purple Halo Guru looked at me and said, "You are being haunted." He then tapped me on the head with his pestle one time. It was amazing! Suddenly I saw a light and felt hot inside. Namu Purple Halo Guru said, "It's alright now, the malicious spirit has left." I could not believe that Namu Purple Halo Guru had such superior power. I regained my balance immediately. On the following day I could walk just fine. On the third day after being gone for 2 years, I walked to work. This is a miracle that I experienced myself. I also witnessed Namu Purple Halo Guru heal many others as if he were a real living Buddha.

Hong-bin Tung

## TRAUMATIC INJURY

I was in a very serious car accident in March that affected my spinal cord and right leg. I was always in pain. My mother and I worried that this would affect the rest of my health down the road. At this time, my mother saw the good news about curing sickness of people by Namu Purple Halo Guru. My mother forced me to go.

When we arrived at the venue and saw the picture of Namu Purple Halo Guru on a poster, I realized that he was the Guru that I had wanted to meet a long time ago. I had seen his photo on television a year ago and felt he was a great achiever with supernatural powers. I had really wanted to meet him. Due to being a long distance away at that time, I had missed my chance. So, when the opportunity came again, I took it.

I would like to thank Namu Purple Halo Guru for his selflessness and kind treatment of everyone. I also would like to thank my mother for making me come there. After practicing Cosmic-Halo health Dharma my health improved greatly. The pain in my spinal cord and my right leg was gone. I found this amazing and had more confidence in this magical Dharma.

Thank you, Namu Purple Halo Guru, for your treatment. I learned a lot of simple and easy Buddhism theories. Even though the daily class lasted for only a few hours everyone appeared relaxed. Besides respecting Namu Purple Halo Guru, we also found him very affable. The benefits I received during this short class will be useful for my entire life.

Thank you, Namu Purple Halo Guru, for these teaching me this esoteric Dharma and the treatment that was given to me.

Cong Jian Fang



## TRAUMATIC INJURY

Fashion designing was my profession. My central nervous system was compromised when I received a severe impact injury. I began suffering many physical problems from this trauma. Myocarditis, rheumatoid arthritis, sciatica, protruding spinal disc, kidney problems, and insomnia were the main ones. My whole body was in pain and I was often dizzy. I began to become tired of being alive. I was only living to suffer. I thought that somehow I had gotten bad karma and it was making me ill so I began to do good deeds at the Great Enlightenment Temple. For two years I worked devotedly for this Temple. Since then, my hair had turned white and my back would not straighten, but I continued on, trying my best to remove the bad karma that was causing me ill health.

September 26, 2006 was an unforgettable and wonderful day! Buddha and a Bodhisattva had come to rescue me. It had been gloomy and rainy for several days, but that day was sunny. There were no visitors in the Temple at noon. Suddenly I heard someone knocking on the door of the Temple. There was one gentleman and two ladies. I let them in and he led the ladies to go in to burn joss sticks and pay homage to the Buddha. One lady looked like Kwan Yin Bodhisattva. She looked at me and smiled. Then the gentleman turned around and spoke to me. "Working for the Temple is good. Guarding the Temple is a kind of merit as well as cleaning the Temple. Nonetheless, you should have taken better care of your health and image. You have some health problems and need to recover first before you can welcome visitors from everywhere. The problems of your heart, nervous system, kidney, and rheumatism are quite serious. You are only fifty-six years old. You look like a seventy-year-old woman. How can you guide other people? The abbot of this Temple has problems too. You have a favorable fate and can attend the Dharma event to be held on October 13. The abbot can attend too but that will depend on whether she has good fate." While I listened to his advice everything got blurry, I saw a beam of a halo light passing through in my eyes. I felt like I was in a trance. After restoring my sensations, I saw no one there. I ran to the door, looked outside, and saw three people walking far away. Ah! I must have had a dream. Kwan Yin Bodhisattva came to rescue me. I found my eyes were brimming in tears, so I knelt and performed kowtow very thankfully. It was strange though, I felt relaxed the rest of the day.

On October 13 I attended the event punctually. The majestic mandala brought my thoughts back to long ago. Namu Purple Halo Guru used different Dharma gestures and his Dharma voice to awaken people while sitting on his Dharma dais. I was touched by his words and I began cry. Namu Purple Halo Guru is the living Buddha. He is the reincarnation of Buddha. He looked at me with his merciful eyes. He stretched out his Buddha hand to cure my sickness and lessen my bad karma with his pestle. Just in two hours the suffering of my health problems was lessened a lot. I stayed for the classes.

A few days later Namu Purple Halo Guru asked me to look in the mirror. I was shocked! Was that a reflection of me? She looked like I did ten years ago. Namu Purple Halo Guru replied with a smile; “This is you, ten years ago. You have restored your youth.” I kneeled and bowed to thank him, but no words could really express my gratefulness. As my good fortune comes after a long spell of bad luck, I will hand my life to Namu Purple Halo Guru. I will certainly follow the guidance of Namu Purple Halo Guru and prepare my time to do more good deeds and accumulate merits to remove more of my bad karma and to cultivate myself both physically and spiritually for serving sentient beings.

Hui-min Gong

## TRAUMATIC INJURY

I was suffering from spondylitis caused by a severe car accident ten years ago. I had been tortured with neck and back pains from time to time. I spent a lot of money on chiropractors, physical therapy, breathing techniques for pain management, massage, and Chinese medication. All of these treatments were ineffective, but I was determined to not become disabled because I was still young. So, I kept searching for help. I always believed in the saying, "Heaven helps those who help themselves."

I heard about an article saying that Nammo Purple Halo Guru would be teaching in Los Angeles soon. Knowing this I knew immediately that I could get the help I needed. I attended Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes and received an unforgettable personal gift from him.

As Nammo Purple Halo Guru moved his Dharma instrument over me, I felt a stream of a warm current throughout my whole body. My back and neck pain vanished unexpectedly and instantly. It happened to me just like in the tales of chivalry, that a brilliant Nammo Purple Halo Guru was exerting his vital healing energy to his patients.

Suddenly a voice saying, "OK" woke me up. I opened my eyes and saw Nammo Purple Halo Guru smiling at me. He said, "You can get up and move now." I then stretched my legs and arms. Wow! I had no pain at all! I was so happy and thankful.

I could not help asking Nammo Purple Halo Guru if I could become one of his students. A second life was granted to me by Nammo Purple Halo Guru. I swear to propagate Cosmic-Halo health Dharma and contribute towards the career of delivering people from sickness, and help build a painless heaven in this world, a world without any afflictions.

Andrew Hui

## TRAUMATIC INJURY

My lower back was seriously injured in a car accident a few years ago. I was diagnosed with lumbar disc protrusions. My back muscles had hardened to help support my lumbar area but that seriously interfered with my circulation. I had swollen arm muscles from tendonitis and lost my arm strength. I also had a tumor on a blood vessel. I had so many illnesses and I could not live a normal life. I was suffering with a lot of pain.

I thank my friend who urged me to attend Cosmic-Halo health Dharma class. I was fortunate to receive teaching and treatment by Namu Purple Halo Guru. Although the class was short, I already felt a lessening on my pains. Namu Purple Halo Guru was very knowledgeable in many things and very kind. He impressed many when he treated and saved the sick people who attended.

I would like to express my deepest thanks to him. I am hoping that Namu Purple Halo Guru will teach me the next Dharma level so that all my illness can be cured, and I can live a normal life.

Xue Juan Mei

## BACK PAIN

I found Cosmic-Halo to be truly amazing. Namu Purple Halo Guru came to me twice in my dreams to guide and give me cosmic gifts. When I meditated after Namu Purple Halo Guru visited me, I could feel the heat of energy flowing down through my neck into my lower back. This was the cosmic gift. Thank you, Namu Purple Halo Guru.

After practicing on my own for a few months, I came back and my experience was different. Since the cosmic gift that I gained through cultivation described above had healed my lower back, it did not hurt even after sitting on the floor for two hours straight for the second class that I came to. What was even better was that I was not tired this time like before. Thank you, Namu Purple Halo Guru.

Further, I received water filled with a cosmic gift from Namu Purple Halo Guru. When I drank it, it was like drinking spring water from a summer stream. I could feel it working its way into my lower abdomen providing a comforting feeling throughout my body. I heard soft music that made me feel like dancing. However, when I heard this music, I mysteriously found myself crying.

Attending the health Dharma classes of Cosmic-Halo was pleasurable and I feel very fortunate to have had this opportunity. I hope that I can be a student forever. I further hope that those with the Affinity will soon take classes from Cosmic-Halo too.

The effects are amazing and truly bring health, happiness, wisdom, and provide one with a way to regain their power. Most important to all these things is to maintain a kind heart. Attending these classes has led me to have the sincerity and confidence to face my work, family, and problems that I used to hide from. I have found light through my darkness, and now truly believe that this world can become better!

Yong Hong Huang

## BACK PAIN

During my life I have seen a lot of people suffering from sicknesses. Either they did not have the money to pay for help or they have spent a lot of money while getting little or no results. So, I hoped that I could be a good doctor like Hua Tuo was in my Chinese history. I had searched for many years to find a good teacher but still had not learned anything that I would consider truly new and useful as far as healing patients goes. There were therapies I learned, but these only treated the symptom, not the root cause of illness. For my personal illness, lower back pain, I had tried these therapies for ten years, but I still had no relief that lasted.

It was with pleasure that a friend and I was able to attend a Cosmic-Halo health Dharma event and meet Nammo Purple Halo Guru. Lately my back pain had become increasingly worse and I needed to find a new way to cure it. I was surprised that Nammo Purple Halo Guru said to me “Don’t worry. It is time now for your problem to be solved. Just pay attention to my teaching.”

Once the event started, I noticed that the stage was extra bright. While I was listening to Nammo Purple Halo Guru I smelled a nice scent. I felt like I was dreaming, and refocused. Wow! It was Buddha who was on the stage making it brighter! I kowtowed to show my respect. When we were finished, I noticed that my back did not hurt anymore. I immediately went to the stage and personally thanked Nammo Purple Halo Guru. He is the teacher I had been searching for all of my professional life. I requested that he give me permission to be one of his students.

Xia-ling Shen

## BACK PAIN

I was destined to attend Cosmic-Halo health Dharma teaching of Namu Purple Halo Guru. I had experienced a big, physical change after receiving acupuncture therapy from Namu Purple Halo Guru.

After the fourth day of treatment, I especially felt so relaxed when I practiced with the hand gesture I was shown. I was so relaxed that I suddenly noticed that the pain in my lower back had disappeared. I wish to express my appreciation to Namu Purple Halo Guru and hope more people will come to receive this wonderful healing gift so they could be released from pains and afflictions.

Chan Yee-Shan

## BACK PAIN

I was a pregnant lady with a lot of back pain, especially in the lower spine. I could sleep until 10:00 in the morning but by noon I had no energy. Even walking exhausted me. My nocturia was so bad I woke up 4 to 6 times a night. I went to Cosmic-Halo health Dharma teaching event of Namu Purple Halo Guru.

On my first night I only had to wake up two times. After the second day I could sleep all night without having to go to the restroom. My energy level increased dramatically, and I no longer needed an afternoon nap.

I really want to thank Namu Purple Halo Guru, the living Buddha.

Tang Gui Ji



## BACK PAIN

My friend invited me to attend Namu Purple Halo Guru's Cosmic-Halo health Dharma class. After the class my health had improved. I had hypertension that caused me to be dizzy, and the dizziness was gone now, but I still was having issues with lower back pain and thought I should seek Namu Purple Halo Guru's guidance as to how I could remove this pain. He told me that it was a result of his past treatment for the hypertension. I just needed to continue with my cultivation until my energy paths were clear and this problem would be resolved.

Namu Purple Halo Guru taught us not only Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma, but other Buddhist theories as well. Those made me understand that I had done a lot of bad deeds in the past because I was ignorant of their effects. I was suffering from my own mistakes and now had a good understanding of cause and effect now.

The great merciful and kind Namu Purple Halo Guru has rescued my conscience. I begged Namu Purple Halo Guru to teach me more with the hope that he would teach me how to remove the effects of my bad karma and how to do more good deeds. I sincerely thank Namu Purple Halo Guru. His beneficence is boundless.

He Lin Zhang

## BACK PAIN

I was invited by a friend to attend Namu Purple Halo Guru's Cosmic-Halo health Dharma classes. I had low back pain, a fear of cold weather and a pale complexion. After a few days of practicing the health Dharma my energy level was improved and my complexion was good. Because my blood circulation and energy flow were smooth and normal, I did not feel afraid of cold weather anymore and my back pain had been cured.

I thank Namu Purple Halo Guru for his cosmic gift and teaching me this exemplary health Dharma.

Li Fang You

## BACK PAIN

A friend of mine invited me to come to see Cosmic-Halo health Dharma event of Namu Purple Halo Guru. I had my doubts because I am an atheist. My friend told me that we would get a free personal diagnosis after the event. This interested me because I had been suffering from low back pain and neck problems for many years. Medically I was diagnosed as having had insufficient calcium and bad nutrition as a child. Having to do heavy farm work during my childhood, contributed to this affliction. Now I carry a heavy workload as well as having a family with two children.

I took both Chinese herbs and western medications and relied on massage therapies as well. These were very costly and took a lot of time, so I had to give them up and suffer the pain. During the past three years I added on hay fever and other allergies. Insomnia came along and I felt tortured with all of this sickness.

So, I attended this event and learned Cosmic-Halo health Dharma and received Namu Purple Halo Guru's assistance for four days. In the course of this studying the majority of my back and neck pain were lessened and I could now straighten my back. After feeling a warm massaging upon my face, my complexion became brighter. I have experienced the amazing Dharma power of Namu Purple Halo Guru.

After my long period of suffering, I truly understand the importance of good health. Comparing the ineffectiveness of many years of taking medications to four days of Dharma lessons and being helped by Namu Purple Halo Guru, I truly believe what Namu Purple Halo Guru had said; "Without any medication or injections, one can still attain health."

I will listen to Namu Purple Halo Guru's teaching, perform virtuous deeds, earn merit and promote the amazing effects of Cosmic-Halo health Dharma so that other people who are suffering can eliminate their misfortune and sicknesses. I sincerely begged Namu Purple Halo Guru for approval to learn the second tier of Dharma.

Wong Chow-Yin

## BACK PAIN

It was fortunate that I read the Chinese Daily news. I saw that Namo Purple Halo Guru was coming to New York to teach us Cosmic-Halo health Dharma. I wanted to attend just out of curiosity, but I also had a desire to learn how to heal myself and help others. Every day that I went to the meeting, the painful feeling in my back, shoulder, and arm would vanish. But when I left those pains that had troubled me for many years returned. Namo Purple Halo Guru told me that my body contained some vicious energy; nevertheless, it could be removed if I practiced the Dharma regularly, performed good deeds, and gained merit.

I felt a stream of a warm current running through me. I felt a light circling around my body. Then I felt cold air come out of my body from the knees down to my feet on the first day of my Dharma practicing. It felt very good. On the second day a strong fragrance passed by me two times. Namo Purple Halo Guru told me that the scent I smelled was sandalwood from the Potala Palace of Tibet. I even smelled the same scent when Namo Purple Halo Guru was teaching. I found that amazing.

I had another problem. Twenty years ago I lost the use of my right hand when I fell outside in the snow. I could not carry heavy items and my lower back hurt when I did housework. Because of the kind teaching and help given to me by Namo Purple Halo Guru I took the vow to do good deeds and earn merit. Now my right arm has been restored. I can lift it above my head and do my housework easily again. My lower back pain went away too. I am happy that I learned this wonderful meditation Dharma. My wish is that Namo Purple Halo Guru will let me study the higher-level Dharma courses.

Chin Yuen-wah

## BACK PAIN

I loved meeting Namo Purple Halo Guru. Being 88 years old found me in fairly good condition health wise. But, for this past year I was suffering terribly with low back pain. It hurt me to walk and started up right after I got out of bed in the morning. I had been through many doctors, physical therapy, pain medication, and acupuncture. I stayed with acupuncture for session after session but there was no improvement. Nothing took care of this pain. After only three days of treatment from Namo Purple Halo Guru I could stand with ease. I didn't feel that heavy pain any-more.

I am really happy and want to thank Namo Purple Halo Guru. I am hoping to keep my good health and live a long time.

Gui Ying Wu

## BACK PAIN

Before I met Namu Purple Halo Guru my health was not good. I had low back pain, low energy, and fatigue. After these last few days of practicing the Dharma, my health has improved by at least 80%. For me, Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma is most practical and magical.

A few years ago, I saw an ad of the health Dharma teaching event being held by Namu Purple Halo Guru, but I did not go. So, I was happy that Namu Purple Halo Guru returned to this area, even though I thought that I might be too late for it to do any good and doubted how effective it would be.

Yes, it was true. After the last few days of cultivating, I had to believe it. It is a pity that so few people know of this amazing Dharma. I sincerely thank Namu Purple Halo Guru for his teaching these few days. I want to express my gratitude.

Guo Ming Feng

## BACK PAIN

My friend referred me to Cosmic-Halo health Dharma event. I was attracted to the kind facial expression of Nammo Purple Halo Guru, and more fascinated by his merciful Buddhist teaching. That was why I enrolled in the upcoming meditation class.

I had been suffering with a severe backache for more than 10 years. During the few days I participated in the meditation Dharma I experienced effective relief. My neck was relaxed, and the back pain was gone. I have full confidence in Nammo Purple Halo Guru. I felt the Dharma power of Nammo Purple Halo Guru was it was supreme.

I thanked him for his cosmic gift. I am going to practice often to stay well. I wish I could continue to be showered with blessings from Nammo Purple Halo Guru forever.

Pei Sen Tan

## BACK PAIN

I am 60 years old now. Because my work requires me to work with water every day, my calves of both legs were in constant pain. Also, my neck and low back vertebrae were causing me a lot of suffering. My circulation was not good, and my limbs were always numb.

I was extremely fortunate to have attended a Cosmic-Halo health Dharma event being held by Nammo Purple Halo Guru. While I was there listening to him all of a sudden, the spinal pain disappeared. So, I immediately signed up to participate in Cosmic-Halo health Dharma classes that he was speaking of. During the days of my Dharma classes, I saw the magical Buddha Light. My limbs were not numb anymore and I could walk with more mobility. I could not have asked for more at my age. I had no idea that I would have such a good effect in such a short time. I just want to be as healthy as I can.

I thank Nammo Purple Halo Guru very much for his cosmic gift and help.

Li Zhu Chen



BACK PAIN

I had a serious lumbar disease which affected my sleep and work. I had needed constant medical treatment for a long time. I was fortunate to attend Cosmic-Halo health Dharma event. While there my condition had improved a lot. Now my back does not hurt as much, and I can sleep very well.

Thanks a million for the cosmic gift and treatment by Namo Purple Halo Guru.

Shu Cui Tong

## BACK PAIN

Because of the kind of work I do I suffered from lower back pain for a long time. It always felt like needles poking me in the back. Sometimes it hurt so much I could not straighten my back. This was painful and incurable, causing me to suffer every day of my life.

I was fortunate to attend Cosmic-Halo health Dharma classes recently. After meeting Namu Purple Halo Guru, learning the meditation Dharma, and getting his treatment, I felt the cosmic healing. It was obvious that my stiffness was gone, and the pain was much less. My whole body was relaxed. I believe that by continuing my cultivation, and doing more good deeds, I will recover completely.

I sincerely thank Namu Purple Halo Guru for his teaching and treatment. I am thankful for his teaching and treatment. Thank you again.

Yan Chang Ma

BACK PAIN

I endured low back pain for many years with no cure in sight. After attending Namu Purple Halo Guru's Cosmic-Halo health Dharma classes, not only was my back pain gone but my energy level was high and physical strength improved a lot.

Thank you, Namu Purple Halo Guru. Thank you for your cosmic gift and your treatment.

Guo Dong Zheng

## CANCER

Last year I had surgery for breast cancer. My health started to become worse. The doctor told me that the cancer would metastasize because it was so advanced. I was very worried and unhappy about this news. It was very stressful as I was trying desperately to find other medicines that would keep this from happening. I knew the value of life now.

Mrs. Rebecca Choi, a friend of mine in California called me one day. She told me that Namu Purple Halo Guru was coming to teach and treat sickness in New York. Earlier she had told me of some amazing effects due to his teaching and healing effects in California. Since I was well educated, I truly had my doubts about these things having really happened. I did not believe that a spiritual life was necessary, just science, medication and surgery. Namu Purple Halo Guru said that sickness did not need injections; medicine, or surgery, cancer cells can be controlled. I thought that this was impossible. But, since my friend was so enthusiastic and took the trouble to call me long distance I would feel embarrassed if I refused her. So, I told her that when Namu Purple Halo Guru came to New York, I would go.

October 12, 2002 was an unforgettable day for me. Namu Purple Halo Guru really did come to New York to have a health Dharma teaching event. My enthusiastic friend delivered my ticket to me in person. She also took off from her work to work there as a volunteer. My husband asked her if Namu Purple Halo Guru was that powerful, if so, he wanted to go too. So, we both went.

Namu Purple Halo Guru talked about the ancient and contemporary science of the human body, Buddhist philosophy, money, and the value of life. I listened to all of this carefully. We then attended the five-day Dharma therapy course. In just a few days the quality of my sleep improved. No more visits to the bathroom during the night. Namu Purple Halo Guru told me not to worry as the esoteric Dharma would prevent the spread of cancer, but only if I practiced sincerely and did good deeds wholeheartedly. I promised that I would do so.

I am very happy now and believe that Namu Purple Halo Guru did possess the power to help me. My husband came as well because he had two tumors he wanted to get rid of. With the help of Namu Purple Halo Guru they were removed. I read in a fairy tale that only a Ji-Gong monk could remove tumors, I now can see that Namu Purple Halo Guru can as well. I cannot deny this fact anymore. I sincerely begged Namu Purple Halo Guru to help me and am extremely thankful for bringing me the hope of life.

Qiong-fang Lin

## CANCER

Three years ago, I had an operation for breast cancer. I was having a terrible time restoring my health. Then, two years ago, my husband passed away. My life was a full of adversity. As one disaster followed another all my hopes were dashed into pieces. I became very depressed and gloomy.

A few days ago, a friend of mine told me to come to meet Namu Purple Halo Guru at a teaching event here in New York. She asked me to join this event. I did not have much confidence that I would be helped but went with just a glimmer of hope. With great mercy and compassion, Namu Purple Halo Guru taught us Cosmic-Halo Health and Longevity esoteric Dharma and restored our bodily health with his power of Buddha-truth. In just 5 days my body was relaxed and vigorous. My tiresome and spiritual situations were removed and replaced with vitality. Now my mind is broadened, and my life is filled with hope. I sincerely thank Namu Purple Halo Guru for giving me health and a new life.

Yin-Yan Mei Lin

## CANCER

When I was 17 my health started a decline down a steep slope. That was when I began a medication regimen to help me feel better. However, my health was not restored, and I was plagued with many other illnesses as time went on. In 1992 I had to have an operation to remove my right breast because it was cancerous.

Later, the cancer had metastasized and was found in my left breast. I had to undergo a second surgery. Things did not improve. As a matter of fact, the cancer was now in my bones. I have spent hundreds of thousands of dollars for treatments and medications. The cost of each injection and blood transfusion cost several thousand dollars. Now the cancer had spread throughout my body and the doctors said there was nothing else they could do for me.

I was so grateful to meet Nammo Purple Halo Guru who made me understand how cause and effect worked in my life during the past four days of his Dharma lectures. He gave me specific acupuncture therapies that relax me so much. The feeling of having his power working on me felt better than a blood transfusion.

I can now throw away my cane and walk on my own. I want to thank Nammo Purple Halo Guru for eliminating my bad karma. I will do more good deeds for the rest of my life. Thank you very much.

Xue-Fang Kuang

## TUMORS

I have had many benefits since I began practicing Cosmic-Halo health Dharma. I thank Namu Purple Halo Guru for his kindness and his cosmic gift.

After I moved to the United States my lower abdomen began to hurt all the time. In 2003 I went for a medical checkup and it was confirmed that I had a uterine tumor. It was very tiny, like a little stone. Even so, I was very scared. I was still in school, but my wages were just enough for living expenses and my school tuition. There was no spare money for medical insurance. I was concerned about my health as well as my medical expenses.

Last year I went to Cosmic-Halo Dharma class. Namu Purple Halo Guru treated me and gave me his cosmic gift. There was some kind of grayish green powder that came out from my body and my lower abdomen did not hurt any more. The size of the tumor had decreased as well. I believe that if I followed the Dharma instructions and the teaching of Namu Purple Halo Guru, be a good person, and do more good deeds, my illness will be cured completely.

Thank you, Namu Purple Halo Guru, for your teaching and treatment.

Dan Yang Song

## TUMORS

Working as a laborer since I moved to the United States of America has led me to be exhausted, depressed, and unable to get restful sleep. I thought nothing of it because I have been weak and sick since I was a child. However, when I contracted four rectal tumors that caused constipation, I became worried about my health.

Luckily, I met Reverend Yuan Ming who invited me to come to Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes. After the first 2 days of classes I was able to sleep until dawn for the first time in years. As a result, I experienced unbelievable energy. One of my four tumors had vanished as well, making waste excretion less painful and more frequent.

I am grateful for Namu Purple Halo Guru's infinite mercy that provided me a way to avoid painful surgery. I pled with Namu Purple Halo Guru to remove the other three tumors. He replied, "My cosmic energy gift to you already removed one tumor to help you. You have experienced the effectiveness of this esoteric Dharma. Continue to practice the method I have shown you and do good deeds to accumulate merits. The size and frequency of your merits determine the speed of your recovery."

I am grateful for Namu Purple Halo Guru showing me a way to heal. I am aware that paying back Namu Purple Halo Guru for his massive cosmic gift and kindness to me will be near impossible. But, I will follow Namu Purple Halo Guru's advice to insist on cultivation and do good deeds to counterbalance my bad karma that has made me ill. I yielded to Namu Purple Halo Guru out of respect.

Shan Guang He



## ARTHRITIS

I am a senior engineer at Reuters in America. I am not a religious person but took the chance to attend a Cosmic-Halo health Dharma therapy course, mainly because I wished to have a healthy body. Being healthy will help me remain competitive in the job market.

During the class I was deeply impressed by this esoteric Dharma that was taught by Namo Purple Halo Guru. It not only had a great philosophy behind it, but it possessed a scientific illness removal mechanism. It is particularly good at eliminating tumors, exorcising any spiritual difficulties and generally enhancing people's health.

I had two fibromas at the back of my right thigh for six years. The doctors recommended that I have them removed but I never took their advice. I joined this class in order to be more fit, but when I heard that it could also remove tumors, I was happy. On October 26, 2002 I learned the first level Dharma and continued my study of the second level on October 31, 2002.

On the night of November 15, 2002, I felt an acute pain at the back of my thigh. I touched it and discovered that the tumors were not there anymore. My doctor found the first one 5 years ago and the second one shortly thereafter. They just melted away after 21 days of this meditation practice. My doctor told me their sizes were 0.75cm x 1cm square and 1cm x 1cm square. One had been there for 3 years and the other for 5 years. The fact that they melted away after 21 days of practice is truly a miracle to me.

It also proves that the esoteric Dharma taught by Namo Purple Halo Guru is absolutely powerful and super scientific. It really can save lives, heal people, and awaken human beings. Cosmic-Halo health Dharma is a real health enhancing treasure. I will make every effort to be sure that President Bush is introduced to this precious Dharma by writing him and also publish this information to the readers of Reuters, the biggest news media in the United States. It is my hope that this will enable the Cosmic Halo health Dharma to flourish in America and the world.

Albert Loo

## ARTHRITIS

I was bothered with bursitis in my shoulders that was complicated with arthritis. I could not carry anything heavy and could not do my housework. I suffered a deep pain if I even moved a little bit. I couldn't even hold a hot pot. It made me so uncomfortable that my husband volunteered to do the housework after he got home from work. After a while I contracted some kind of gastric disease and could not sleep well. It was fortunate for me that I could attend Cosmic-Halo health Dharma classes of Namu Purple Halo Guru.

On the third day of the program my bursitis in my shoulders was gone. I could finally raise my hand above my head. That had been impossible in the past. The health Dharma classes lasted for only five days. Not only did the bursitis in my shoulders cured, but the joint pains in my hands were gone. My insomnia and gastric disease were also cured. It was like a miracle! My whole family is happy for me. I really would like to thank Namu Purple Halo Guru for these cures.

Shu-Wai Xu

## ARTHRITIS

Two years ago, I began having some trouble with my left arm and shoulder. I could not lift it up at all because of the pain. I could not even carry a kettle of water. The doctors told me that I had Rheumatoid Arthritis and the shoulder was badly damaged and could not move well anymore. They told me that it was very difficult to cure.

It was a blessing that I was able to attend the Dharma Therapy course of Namo Purple Halo Guru. A beam of light entered my whole body while I was receiving treatment. Everything felt warm and my left arm just lifted up. So, then I intentionally tried to lift it up and down three times and there was no pain at all. What a miracle this was!

Wai-Lie Suen

## ARTHRITIS

I had rheumatoid arthritis for a long time. My legs hurt so bad that it was difficult to walk. I am very thankful that my friend invited me to attend Cosmic-Halo health Dharma classes. During the practices these last few days I felt a new energy flowing through my legs. The pain lessened every day, and I could walk with ease a few days later.

A thousand thanks to Namo Purple Halo Guru's for his care and his cosmic gift. Thank you, Namo Purple Halo Guru for curing my leg problem. You are really the reincarnation of the medicine Buddha, Hua Tuo.

Li Ming Chen

## ARTHRITIS

I am a housewife. In recent years, my knee pain from arthritis was really bothering me. I have seen many doctors, both in China and America. I tried many methods to cure this pain. I have had massage, acupuncture and desperately tried whipping using qigong. There was no effect with any of these. The doctor told me, "Arthritis was difficult to cure."

On August 10, 2002, Namo Purple Halo Guru was teaching in Los Angeles. My friend urged me to attend the Cosmic Halo esoteric Dharma health classes. Namo Purple Halo Guru swung his Dharma instrument around my body. I saw these amazing rays of light and felt them entering my body. Namo Purple Halo Guru said that these lights were the Buddha lights, and they were very intelligent.

I was so amazed; the pain in my knee was gone on the third day of the Dharma class. On the fifth day both my legs were full of energy. I could even walk up and down the stairs with no pain. I purposely hit my bad knee just to make sure that it was really healed. I thought that I was dreaming, but it was real.

Namo Purple Halo Guru was truly magical. He was the reappearance of Hua Tuo. I made up my mind to be persistent in my practice. I definitely will contribute to the development and flourishing of the Cosmic Halo esoteric Dharma.

Zhi-Mei Huang

ARTHRITIS

I was very fortunate to have the opportunity to meet the real living Buddha, or Bodhisattva, Namo Purple Halo Guru. His boundless power has cured my lumbago pain and the arthritis in my hands.

I am more confident that I can live better from now on. My plan is to do more virtuous deeds and to propagate the merits of Cosmic-Halo Health and Longevity esoteric Dharma.

Ms. Shun Yan

## DEPRESSION

I had been living my whole life of 46 years without direction and was really lost. I had suffered many bad experiences and became depressed. My life was dull and uninteresting to me. It was a great day for me when I went to attend the health Dharma classes of Namu Purple Halo Guru. The wisdom I acquired from Namu Purple Halo Guru helped me understand a lot more about life. I want to thank Namu Purple Halo Guru for giving me the inspiration and direction during our conversations. I discovered an interest in life.

After learning the health Dharma my spirit and energy were enhanced and I felt very happy, a lot happier before I came. The Cosmic Halo Detoxifying Health and Longevity esoteric Dharma is very broad and profound, but Namu Purple Halo Guru explained these deep ideas in a simple way so I could understand what he was telling me. I felt that I was not very smart, but I understood everything that he said easily I hope Namu Purple Halo Guru could teach me some more.

Qi Fei Chen

## DEPRESSION

I am young but did not have much hope for a quality life. Maybe it was caused by my job of having to provide many services to disabled people. I was guessing that this depressed me. I had a very pessimistic attitude towards life.

Namo Purple Halo Guru gave me a cosmic gift. Now I am revitalized and have hope for a bountiful future. My hay fever and allergies have also been eliminated. I would like to express my deep thanks to Namu Purple Halo Guru for his kind assistance and mercy. I wish for the prosperity Cosmic-Halo esoteric health Dharma and a speedy progress towards his establishment of the Western Gate.

Yi-Hang Kwon



## DEPRESSION

After graduating college, I fought in the Vietnam War for several years. I did not expect a decent quality of life after escaping death multiple times. My only wish was to spend the rest of my days in peace.

Nonetheless, my life has changed for the better since I met Namu Purple Halo Guru. He was the teacher who that I was seeking for decades. The Dharma taught by Namu Purple Halo Guru was as deep as the sea. I had seen light circling around my head when I was practicing Cosmic-Halo health Dharma. It was so magical.

I have decided to continue practicing Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma and only do good deeds so I can lessen the bad karma from my past.

Mr. Van Nhan

## DEPRESSION

I joined in a Cosmic-Halo health Dharma class last October and the results were very obvious and effective. Generally, I would stay at home and only left to go to school. No matter how long I rested I was still tired. My life was gloomy, and I was exhausted when I left for school.

After practicing Cosmic-Halo esoteric Dharma I found a job quickly. I worked eight hours a day and went to school two hours a day, but I never got tired. After work, every day I followed Namu Purple Halo Guru's instruction to practice the Dharma for 15 minutes and the tiredness of the day would be eliminated immediately. I was not only full of energy, but also had a clear mind.

Moreover, I used to be a simple minded and typical person. When I practiced Cosmic-Halo Dharma, I asked Namu Purple Halo Guru to give me wisdom. Now wisdom comes to me continuously. I became smarter! I reflect this in my daily life and in my contacts with other people. No more gloom here.

Dan Yang Song

## INSOMNIA

I was plagued by insomnia for a long time. therefore, my energy was very low on a daily basis. Taking sleeping pills did not help. I truly wished that I could have good sleep one day. By chance I saw an advertisement in the Chinese Daily News about a health Dharma class being taught by Namu Purple Halo Guru. I went to see if this Dharma class they were teaching would help me.

While practicing, I received a cosmic gift and my body got very hot. When we finished the cultivation a few minutes later I felt comfortable. I slept very well that night. I really believe that the Namu Purple Halo Guru has great powers. I could feel it in just a few minutes. No master of qigong was capable of this. After the cultivation of Cosmic-Halo Dharma class was finished I found my physical strength stronger than before and my energy level was very good.

Thank you, Namu Purple Halo Guru for this precious cosmic gift. I certainly will follow Namu Purple Halo Guru's teachings and insist on cultivation every day. I am also going to do my best to support and promote Cosmic-Halo esoteric Dharma in the United States so that more people can benefit from the power of Namu Purple Halo Guru. We can all work together to form a beautiful, peaceful, and healthy world. Thank you, Namu Purple Halo Guru.

Xiao Mei Tan

## INSOMNIA

July 9 was a very special day for me. A small advertisement had brought me to Namu Purple Halo Guru's event where he was teaching a health Dharma class to treat people with illnesses and guide them to the path of enlightenment. I was lucky to meet him and learn Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma. I also received a better understanding of why we had to do good deeds to accumulate merit.

During Cosmic-Halo health Dharma class, Namu Purple Halo Guru used his great power to treat our sicknesses and drive away malicious spirits. Within a few days I received his cosmic gift and treatment with his great mercy. My eyes would hurt when I went outside into the sunshine. My sight became blurred and it was difficult to see. But after Namu Purple Halo Guru's treatment it improved. I also had insomnia and woke up several times during the night. Now I can sleep until dawn. My appetite became very good, everything I ate was delicious and my energy level was very high. I never thought I would have such big changes in just a few days. It was amazing to me.

I give a thousand thanks to Namu Purple Halo Guru for his great cosmic gift. I would like to express my thankfulness and gratitude. I will cultivate every day as I do not want to disappoint Namu Purple Halo Guru's efforts to teach me. Thank you.

Xiao Shi Xu

## INSOMNIA

My husband and I immigrated to the United States 20 years ago. I was of medium build, young and pretty but my face showed the traces of my changes. Before I moved here, I worked as a clerk for a company in Guangzhou. In America I could only work as a general laborer in a garment factory because I could not speak English and had no other skills. My husband used to work in the Guangzhou Culture Bureau as a setting designer, but had trouble finding the right kind of work here. He had already changed jobs a few times and ended up as an officer in the Da Cheng Temple.

Under the pressure of this new life and other adversities I developed insomnia. I relied on sleeping pills for the past 20 years and the dosages needed went higher and higher to be effective. I always prayed about this at the temples that I visited, but day after day the dosage needed was still increasing. I wondered if I could ever get a good night's sleep again. Where could I find a light to save me from this sea of bitterness?

I attended my second health Dharma event in New York on October 26, 2002. Namu Purple Halo Guru's speech enlightened me. Namu Purple Halo Guru said, "The Dharma was priceless, and its power was boundless." Cosmic-Halo Detoxification Health and Longevity esoteric Dharma could help all sentient beings develop their wisdom, make them free from the material world, and release them from suffering. It could also induce the potential power of a person so they could expel illness and evil.

After the teaching event I asked to attend the 5-day health classes that started that same day. At the end of the classes the participants shared their benefits. I told everyone with enthusiasm that after the second day of meditating I slept all night after having insomnia for 20 years. My wish came true in only two days. I was delighted. I also believed that Namu Purple Halo Guru was a living Buddha. He had said to me earlier, "People without insomnia don't know what pain it brings to others." I have taken sleeping pills for so many years. Now I can sleep well without them. Is that not magical?

What was more amazing was that I could raise my arm above my head. After a surgery that I had in the past year, I was unable to do that. Just after five days of practicing the Dharma I could now raise both arms over my head. With joy and excitement, I bowed to Namu Purple Halo Guru and expressed my thanks to him for curing my illnesses.

Jin Xian Zhao

## INSOMNIA

I was an atheist. However, the power of Namu Purple Halo Guru convinced me think about that some more. I had been suffering from insomnia and nocturia, and I was spiritless all day.

After receiving Namu Purple Halo Guru's precious cosmic gift and Dharma healing, my spirit has been restored and I am now set free from the nuisance of nocturia. I now sleep well every night. I am so excited and am going to do virtuous deeds to repay Namu Purple Halo Guru for the benefits he has given me.

Ms. Huang Qui-yu

## INSOMNIA

I have suffered from nocturia for over 20 years. Because of that I had insomnia. A straight night's sleep was impossible. I felt it was fate that I had the opportunity to attend a teaching event of Namu Purple Halo Guru in Los Angeles. I was fortunate to get rid of my worry and suffering. With Namu Purple Halo Guru's help my insomnia was cured.

These few days I was able to sleep all the way till dawn. My nocturia was cured. Yesterday I witnessed the old woman throw away her cane and walk without it. It was incredible, like in the 'Arabian Nights'. Namu Purple Halo Guru was really great. He is a living Buddha who saves lives of humans by curing their illnesses.

Fan Ai Lian

## INSOMNIA

My physical health has not been very good for some time. My kidneys were weak, my complexion was pale, and I suffered from enuresis. I haven't slept well at night for many years. My friend encouraged me to join a Cosmic Halo's Detoxifying Health and Longevity esoteric Dharma class. After five days of meditation everyone there said my face just glowed. My energy was high, and I did not have any urge to go to the bathroom at night anymore. My quality of sleep was now very good. I have never felt so happy.

The penetrating teaching of Buddhist principles from Nammo Purple Halo Guru impressed and benefitted me as a beginning learner of Buddhism. I was touched by Nammo Purple Halo Guru's great mercy and his great heart in the effort to save people from the suffering of sickness. I admire the greatness of Nammo Purple Halo Guru and the great spirit of Buddhism. I truly believe that the Dharma power of Nammo Purple Halo Guru is unsurpassed.

He is very capable in what he does, and he knows many, many things. The Cosmic Halo's Detoxifying Health and Longevity esoteric Dharma is boundless in its effectiveness. I deeply thank Nammo Purple Halo Guru with great gratitude for his cosmic gift. I wish that the monks of Cosmic-Halo esoteric Dharma were everywhere in the world.

Zhang En Lun



## INSOMNIA

For 50 years and used to work till very late. I didn't get enough rest and my job put a lot of pressure on me to perform. I was always tired. I was having headaches and insomnia. I was fortunate to attend the health Dharma of Cosmic-Halo. My headaches were gone, and I felt physically relaxed.

I thank Namu Purple Halo Guru for his cosmic gift and his help. I beg Namu Purple Halo Guru to help me so I can always sleep well at night and not suffer from insomnia anymore. I wish that Namu Purple Halo Guru would show me and help me how to use the rest of my life to help others so that I can gain merit.

Thanks, Namu Purple Halo Guru!

Rong Zhen Sun

## INSOMNIA

I want to thank Namu Purple Halo Guru for coming to New York to bring us a health improving and illness-removing event. The merciful power of Namu Purple Halo Guru and his noble character deeply impressed me. He let us experience how special and marvelous Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma is. Every participant obtained different degrees of benefit in Namu Purple Halo Guru's 5-day Dharma course. We all came with sickness and gloomy faces, but we left with brighter complexions and an enriched spirit. It was like everyone had a facial and had taken nutrients.

As for my story, my health had deteriorated slowly because of insomnia, heavy pressure at my job, and just the general daily grind of living. I had lower back pain, an endocrine disorder, kidney problems, delirium and painful joints. All of these problems and pains kept me in a blue mood.

After I learned the Dharma of Namu Purple Halo Guru and received Namu Purple Halo Guru's cosmic gift and treatment, my insomnia, joint pain and delirium were cured. Now I get up at 5, to do my practice of the Dharma, do some house chores, and then go to work. I do not feel tired until about 11 pm. I work for 18 hours a day and still sleep very well. This regimen was certainly impossible in the past.

This is the marvelous effect that Cosmic-Halo esoteric Dharma had for me. I practice an hour total every day. This practice is essential, and my guideline to keeping me healthy. It is a great contribution to mankind. It deserves to be widely promoted so as to improve people's health and beautify our world.

Annie You-Yi-Tan

## DIGESTIVE PROBLEMS

My gastrointestinal tract and digestion were not healthy. Doctors had prescribed lots of medications but none of them helped. I was always having abdominal pain, so I had to be very careful about my diet.

I was very happy when I had the opportunity to join Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes. Under the instruction of Namu Purple Halo Guru and with his cosmic gift, I felt a flow of energy circulating in my stomach on the very first day. I hiccupped continuously during the meditation. In a few days of practicing Cosmic-Halo esoteric Dharma I can say that the pain lessened over 80%. Eventually all my pains were gone, and my energy level was high. This sudden change in my health condition surprised me. It was amazing to me.

I give a thousand thanks to Namu Purple Halo Guru for his boundless beneficence.

Thank you!

Fu Jie Wei

## DIGESTIVE PROBLEMS

Stresses from my family life and just living created many health problems for me. I suffered from an endocrine disorder for a long time. I also had a gastric ulcer, and insomnia. I needed to take a lot of different medications every day. I was afraid to take them, but I had no choice. I cannot remember when it started, but my face started collecting a lot more colored spots and they kept on coming. My complexion was not even close to when I was younger, it was very dry and dull and full of bad colored spots. Having a good complexion is important to women, and my self-esteem was suffering. I wished that time would go backwards.

Ten years ago, I had heard magical stories about the healing power of Nammo Purple Halo Guru when I lived in China. When I heard that Nammo Purple Halo Guru was to be in Los Angeles to hold Dharma teaching classes, I was very happy to hear that. I begged Nammo Purple Halo Guru to help me get rid of my worries. He was very merciful and taught us Cosmic-Halo health Dharma in person. This Dharma gave me good energy and set me free from my long-term illnesses.

In just 4 days my stomachache was gone. My insomnia was cured, and my endocrine levels were normal. The colored spots on my face just faded away. My colleagues and classmates said I looked younger. It was like I had been in a dream. I was really happy.

Thank you, Nammo Purple Halo Guru for setting me free from worry. I promise to spread the word about the power of this Cosmic-Halo esoteric Dharma.

Yan-Hong Fan

## DIGESTIVE PROBLEMS

I am a meditation teacher, but I was not able to heal my own sicknesses. For 8 years I have been troubled by stomachaches. I also had been suffering from low back pains for many years. Taking medications did not improve anything at all, so I just lived with it. When I meditated, I usually would see a man teaching me a hand gesture. I cried when I saw an advertisement for an event to be held in Los Angeles. It was about Namu Purple Halo Guru who was coming to Los Angeles. He was the one I had seen in my meditation, so I decided that I had to go.

On July 21, I attended the event. I requested Namu Purple Halo Guru to please explain my dreams. He smiled and said, "Meditation is an ancient method to cultivate your body and mind. However, when your body is sick, can you cultivate your spirit?" I thought deeply about this question. Under his four-day meditation treatment my stomach did not hurt anymore. This intricate Dharma is what I have been searching for. Now that I have finally found it, I am willing to give up my career and beg Namu Purple Halo Guru to accept me as a student.

Lai-yin Wang

## DIGESTIVE PROBLEMS

I was in the business of promoting healthy and nutritional foods. However, I could not take care of my own health problem. I have had gastric disease for more than 20 years. After trying a lot of healthy nutritional products, it was still with me. I consulted many doctors and spent tons of money for their treatments, but there were no satisfactory effects. I was very worried. Ironically, I had to keep a healthy image to continue my business.

Namo Purple Halo Guru was having a Cosmic-Halo health Dharma classes in Los Angeles. I was fortunate to have the fate of being in Los Angeles at the same time promoting my products. I had heard the fairy tales about Namu Purple Halo Guru curing illnesses ten years ago. I had hoped that someday I would be able to see him but truly did not expect to see him here in Los Angeles.

When I first saw Namu Purple Halo Guru I felt like he was part of my family. He was very kind and merciful. While Namu Purple Halo Guru was swinging his Dharma instrument around my body he told me not to worry. He said I would be fine after he drove away the malicious spirits in my body.

With the Dharma help from Namu Purple Halo Guru my 20-year gastric disease left me. My face looked younger and healthy. My friends and clients told me I looked prettier and younger. I did feel 10 years younger! Thank you, Namu Purple Halo Guru, for giving me youth and good looks. I will always remember the teaching of Namu Purple Halo Guru. I will be a good person and will always do good deeds.

Fang-Fang Huang

## ALLERGIES

I am a college graduate and young, so I am curious about almost everything, but sometimes I have a suspicious mind. When I heard that Namu Purple Halo Guru was a living Buddha and could remove sickness immediately, I had my doubts. So, I went to see for myself.

I went to take Namu Purple Halo Guru's health Dharma classes with a curious and suspicious mind. I could not believe that my genetic sinus problem was cured in just four days. I was also more energetic, and my mind was clearer.

Cosmic-Halo health Dharma is really miraculous. So now I agree that Namu Purple Halo Guru is a living Buddha who does rescue people from hardship and distress. Namu Purple Halo Guru is my role model now and I am willing to devote myself unselfishly to helping other human beings.

Mr. Sai-Ho Yu

## ALLERGIES

I had heart disease and bronchitis. I also had a continuous stuffy chest which pained me. I had difficulty breathing and was always tired. I saw many doctors, both western and eastern, tried many medications as well. None of them relieved my sicknesses.

By chance I read an advertisement on Sing Tao Daily News regarding Nammo Purple Halo Guru coming to the Bay Area to teach. I attended the health Dharma event and tried out the program. In just a few days of this meditation Dharma along with receiving a cosmic gift from the Buddha my chest did not feel stuffy and painful anymore. My breathing was much smoother, and I felt very relaxed.

I thank you Nammo Purple Halo Guru very much for helping me. I wish that Cosmic-Halo health Dharma will flourish everywhere so more people can benefit from it.

Man-Hong Yu



## ALLERGIES

I attended many Cosmic-Halo health Dharma events to learn the teachings of Namu Purple Halo Guru. Each time my problems would be resolved. However, I missed opportunities to sign up for Cosmic-Halo health Dharma classes. This time I finally signed up and experienced the benefits of this health Dharma in person.

Namu Purple Halo Guru was present when I attended. My hay fever and xerophthalmia (a serious eye condition) usually caused nasal congestion, breathing difficulties, and sleeping issues, and I was really feeling stressed at work. I was sad and depressed. During Cosmic-Halo health Dharma classes I had tears in my eyes. After practicing Cosmic-Halo health Dharma, my eyes were back to normal again, the nasal congestion was gone, and I was in a happy mood. Now I sleep well and am very satisfied.

I truly thank Namu Purple Halo Guru and wish he would continue to guide his followers and monks to spread out this great health Dharma so that more people would benefit as I did.

Jia Liang Yuan

## ALLERGIES

Starting around age 24 my health began to decline. I also was under a lot of stress at the restaurant where I worked. I had to work long hours and was exhausted, and my health became weaker. Then, I started to get a non-stop runny nose. This affected my sleep and then, acne started erupting all over my face. Medication helped my runny nose, but it came right back if I stopped the medicine. I was beginning to get worries about my health.

I was very fortunate to be able to join Namu Purple Halo Guru's Cosmic-Halo health Dharma classes. After two days my runny nose stopped. Now sleeping was better and the acne had reduced.

I want to thank Namu Purple Halo Guru very much for his treatment.

Xiao Ying Lin

## ALLERGIES

I have been a Buddhist since I was young. I am a believer in 'cause and effect' so I always attend events relating to Buddhism and do good deeds. Sometimes I feel that my foundation is still weak because I do not have the ability to release bitterness from others.

As Nammo Purple Halo Guru mentioned, sentient beings have suffered more sickness in the Dharma Vanishing Era. So, if I couldn't solve my own problems, how can I help others? I didn't have a very serious illness; it was just that this rhinitis really irritated me. It is very important to keep the respiratory system healthy. If a person can't breathe, they most certainly die. My respiratory problem really interfered with my sleep. Since my rhinitis was keeping me from getting a good night's sleep, and draining my energy, my self-assurance was low. I had to breathe from my mouth, and I felt embarrassed. As time passed, my hair turned white, even though I didn't think I was old enough for that to happen. The doctors I consulted had no lasting solution. Some of them recommended that I have surgery. I was contemplating having that done. Then I heard the news that Nammo Purple Halo Guru would be in America. I had heard about him a long time ago so I decided to attend an event when I could find one.

On March 21, 2002 I had the chance to attend his Dharma event. I watched him using his supreme power to treat all attendants. I also received his kind and merciful care and my 20-year rhinitis problem disappeared. This was an unforgettable experience. No words can describe my feelings when I first breathed with my nose.

I deeply felt the great mercy of Buddha and the greatness of Buddhism.

Shang-min Sun

## ALLERGIES

I had rhinitis for over 10 years. Apparently, it was incurable because nobody I went to could fix it. I sneezed many times during the day and there was a lot of mucous. Sometimes this congestion made it hard for me to breathe.

I would like to thank Namo Purple Halo Guru very much for curing my problem. On the third day of cultivation of Cosmic-Halo health Dharma, the congestion in my nose was not there anymore and I stopped sneezing.

Thank you, Namo Purple Halo Guru.

Hua Yue Lin

## ALLERGIES

Spring was beautiful, the birds were singing, and the blooming flowers smelled wonderful. Spring is a sign of growth and autumn is a sign of harvesting. As beautiful as both these seasons are, they were not beautiful to me. I suffered greatly with teary eyes, sneezing and a very drippy nose. My eyes and whole face were itchy all the time. The more I scratched them the worse it hurt.

I would like to thank the great Namu Purple Halo Guru for his great mercy to me. Since I practiced Cosmic-Halo health Dharma, I have no more tears or runny nose. My face and eyes do not itch anymore. I could never pay back the graciousness and virtue given by Namu Purple Halo Guru.

Wei Cai Huang

## MIGRAINES OR HEADACHES

Five years ago, my sister introduced me to Namu Purple Halo Guru and the Cosmic-Halo health Dharma. At that time my health was very bad. I always had headaches and could not sleep well. Since I had practiced Cosmic-Halo health Dharma my body got stronger and my general health had improved. Then I got lazy and stopped my practice.

When I came to the United States, I saw Namu Purple Halo Guru again when he held a health Dharma event in Los Angeles. I attended again because I had a big problem. Ten days before I went, I found blood in my urine. This scared me very much. I told Namu Purple Halo Guru about this problem and begged to treat me. It was amazing that the bleeding stopped the next morning.

I enthusiastically thanked Namu Purple Halo Guru and Cosmic-Halo health Dharma. I learned my lesson. I dare not be lazy again. Only when you are sincere and insist on doing your practice and perform good deeds can you stay healthy and become stronger. Thank you, Namu Purple Halo Guru.

Xin Yuan Wu

## MIGRAINES OR HEADACHES

I am 47 years old and have been having migraines for 16 years. When a migraine came on, I felt like killing myself. I consulted many doctors and took plenty of medications but none of them were effective. Taking a friend's suggestion, I attended the health Dharma teaching event at the Lincoln Plaza Hotel in Monterey Park, California.

I met Nammo Purple Halo Guru and begged him to remove my migraines and he said to me, "You are being haunted by Satan." I am a Catholic and once I heard the name Satan I was scared because Satan is supposed to be an evil deceiver. I then asked him if he could remove this thing from me. Three minutes later he said, "Alright, he is gone. Your migraines are cured and in a few days you will be normal."

I never believed in Buddhism, but after this experience with Nammo Purple Halo Guru I have to believe in it now. This Buddha is really supreme.

Zhao-lai Yu

## MIGRAINES OR HEADACHES

I am 48 years old, a Christian and a professional nurse. All my life I believed in scientific data. I had the belief that medical science could save people. I knew nothing about the power of a health Dharma and never heard of Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma and never heard of Namu Purple Halo Guru. It was my husband that took me to see Namu Purple Halo Guru because of my 10-year battle with migraine headaches.

Doctors had not helped me except to give me painkillers. The cause was not found. Even though I was on heavy medication, the migraines had become worse. I even talked to a priest in the church and tried to seek help from God. I was truly suffering from this malady.

It was the first time I felt the supreme power of Cosmic-Halo health Dharma. The first sentence Namu Purple Halo Guru said to me: “No doctor can cure your problem. You are haunted by a malicious spirit, which, of course, no medication can help.” My husband kneeled on the floor at once began to beg him to remove this spirit.

Namu Purple Halo Guru said, “For the sake of your husband I will help you.” He taught me Cosmic-Halo Namu Purple Halo Guru did something to me, but except for sweating I cannot remember anything else. Suddenly I heard a big noise and opened my eyes. My husband was holding my hands. Namu Purple Halo Guru was watching me with a softness in his eyes and said, “Alright, it is gone. Your headache is cured, and you can go home and sleep.” Indeed, I did sleep very well that night.

The next morning my head did not hurt, and I was full of energy. I pushed my husband to hurry and take me to the event that was still going on so I could tell everyone that my headaches had been cured. Namu Purple Halo Guru had the power to remove that spirit in my body. This was a scientific and medical miracle. I will admire the Cosmic Halo’s Detoxifying Health and Longevity esoteric Dharma of Namu Purple Halo Guru from now on.

Mei-An Peng



## MIGRAINES OR HEADACHES

I was a nurse and started to have very bad migraines about 7 years ago. I thought they may be because I was always taking care of sick patients. When I was in pain, I really wanted to just bang my head against the wall. I was ashamed of myself as a nurse that I had contracted a sickness that was incurable. I sought out my doctor friends, but they could not find the root cause for these migraines. In order to take care of my patients I had to rely on painkillers. I knew that there were side effects, but I had no choice.

One day my husband showed me an advertisement in the newspaper about the health Dharma event being held by Nammo Purple Halo Guru. I really didn't want to go because I was an atheist, but it was strange to me that my headache was really bad that evening. That made my mind up for me; I went to the health Dharma event.

When the event was over, my husband pulled me over to speak to Nammo Purple Halo Guru. Without waiting for me to say a word Nammo Purple Halo Guru said, "You were burdened with malicious spirits. If you did not take care of it immediately, you would be in bigger trouble later. It would make you want to die rather than live. You would be tortured your whole life."

At that moment I started to cry and begged him to remove these spirits from me. Suddenly, a light breeze blew by us. It woke me up! Then, the Buddha told me that they were driven away, and my migraine was cured.

Nammo Purple Halo Guru also told me to do more good deeds from now on to get rid of my bad karma. I turned and held my husband and cried. Both of us thanked Nammo Purple Halo Guru for helping me. I vowed to do good deeds the rest of my life.

Mei-an Pang

## CHRONIC FATIGUE

I read an ad in the Sing Tao Daily Newspaper that Nammo Purple Halo Guru would teach his health Dharma and treat patients in San Francisco. I went to see for myself because I had my doubts.

After his five-day teaching and my cultivation of the Dharma my tiredness was gone. I did not feel sleepy anymore and my hypertension improved as well. I am hoping that Nammo Purple Halo Guru will accept me as a student so I can learn the next level of this health Dharma. That way I can be released from all of my sicknesses very soon.

I wish to help other sick people as well. I will follow your teaching and promote and introduce this healing Dharma to other sick people so they can receive treatment from Nammo Purple Halo Guru. They can be released from bitterness and disease. I will use all my abilities to support the Cosmic Halo School's Detoxifying Health and Longevity esoteric Dharma and promote world peace.

Nammo Purple Halo Guru is the incarnation of the Goddess of Mercy.

Li Quan Zhang

## CHRONIC FATIGUE

I looked healthy and strong, but I actually wasn't. I was often tired and had to sleep long hours and still had very low energy. I had low back pain and it hurt a lot. I was very lucky to have had the chance to join Namu Purple Halo Guru's Cosmic Halo Dharma healing meditation class.

In just a few days of practicing the health Dharma and receiving treatment my energy level increased. I didn't need to sleep so much anymore. My back pains were gone too. I can finish my housework faster now.

Thank you very much Namu Purple Halo Guru for setting me free from this suffering and worry.  
Thank you!

Mei Li Lin

## CHRONIC FATIGUE

I was a Buddhist but all I did was burn incense sticks to pay respect to Buddhas at temples. I never heard anything about Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma for cultivation. Eventually I did. I heard from a friend about the Dharma of Cosmic-Halo and that it could cure sickness. I thought that this was amazing but inconceivable.

Since I attended this Cosmic Halo health Dharma class taught by Namu Purple Halo Guru, I learned that it was through hand gestures that you can receive a gift from the Buddhas. Namu Purple Halo Guru's gift to us was to unblock the energy paths of the human body and balance our yin and yang to cures sickness.

During just a few days of cultivation, things seemed to improve every day. Normally I did not sleep well and always had a headache. I got tired very easily and also had a bladder problem. With practicing this health Dharma, I slept very well and was not tired. My energy was good, and my urination went much smoother.

Thank you very much Namu Purple Halo Guru for your graciousness and virtue. You set me free from sickness.

Mei Rong Mo

## CHRONIC FATIGUE

I would like to thank Namu Purple Halo Guru for removing bad luck, sicknesses, and bad karma. This is a fortune for us. Thank you, Namu Purple Halo Guru! Thank you!

I want to thank Namu Purple Halo Guru for his special care. Under his guidance I benefited a lot within only a few days. My health and spirit have improved in an indescribable way. Here are some of the magical things that happened to me.

On my first day of meditation my energy level had already improved. On the second day I felt a weak flow of energy circulating in my whole body. After the third session I felt a greater flow of energy inside my body. This was given to me by Namu Purple Halo Guru.

I want to thank Namu Purple Halo Guru. I could see the Living Buddha. Namu Purple Halo Guru has boundless beneficence.

Fu Jiao Lin

## CHRONIC FATIGUE

First of all, I want to express my gratefulness to Nammo Purple Halo Guru for his help. I had decided to join the health Dharma classes after attending the teaching session. I had hoped that I could gain some help from Nammo Purple Halo Guru to cure my glaucoma. I felt that I could do good deeds if I had good health. Actually, I saw many different kinds of people there who needed help. No matter if it was a big problem or a small one.

I always wanted to do my best, but I thought that I needed a healthy body to do so. For example, while I was riding the subway, I would see seniors, children, and pregnant women, whom I would like to have given my seat to. Unfortunately, I was always so tired after work I just wanted to sit down. I felt like a very selfish person.

After my treatment from Nammo Purple Halo Guru I felt my spirit and energy were much better. I could walk faster and was more relaxed. I was very happy that Nammo Purple Halo Guru taught us Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma. Nammo Purple Halo Guru releases people from suffering and this all benefits the world.

After I am fully recovered, I will eagerly promote the Cosmic Halo health Dharma, starting with my relatives. I want to help them understand that Nammo Purple Halo Guru has done a lot of good deeds for human beings.

Zhi Hong Xu

## CHRONIC FATIGUE

I am young still at 32 so I was worried about why I had no energy or spirit. I was always tired, and all my joints hurt. I thought about how I was ten years ago and wished that I could have the same energy that I had then. I thought of this every day.

I had the luck to attend a Cosmic-Halo health Dharma event being held by Namu Purple Halo Guru. While I was there, I received Namu Purple Halo Guru's personal treatment. His Dharma power generated an effect on me immediately. After four days my energy and spirit were improved. My joints stopped hurting as well and I could walk faster without pain. My hope had finally come true.

I deeply appreciate that Namu Purple Halo Guru gave me health and I was restored to my youth. His contribution to mankind is great. I hereby express my hearty respects to Namu Purple Halo Guru. I wish Namu Purple Halo Guru can come back to New York again to release many other New Yorker's pains and problems.

Yuk-ling Hon

## CHRONIC FATIGUE

As we age, our health usually gets poor and existing health conditions deteriorate. I have always wanted to find a health enhancing and longevity method to change this fact of life. I became vegetarian and chanted Buddha sutras for years. I managed to keep a balanced mind, but my body did not keep up. It felt weak and I felt powerless to change it. I attended a Cosmic-Halo health Dharma teaching event for the first time. After I learned the teachings of Namu Purple Halo Guru I now understand the sublime and boundless power of Cosmic-Halo health Dharma. It eliminates illness, misfortune and enlightens people. Actually, this was the first time I could see and hear such great excitement.

Only three days of practicing this meditation were needed to sweep away my powerless body situation. I could now walk for sixty minutes from 32ndStreet in Manhattan to my home and did not feel tired at all. This was definitely impossible earlier. It proved to me that my health had been restored to a younger level. I am so delighted!

I hope that the Namu Purple Halo Guru will allow me to learn the second and third Dharma levels so I can stay in good health, become enlightened, and propagate Cosmic-Halo health Dharma and save human beings. In order to repay the kindness of Namu Purple Halo Guru I will be a volunteer at meetings as well as provide transportation for others.

Kan-tim Mou



## CHRONIC FATIGUE

This is the story of my friend, Mr. Guo Jian Luo.

It was like a fairy tale, you only had to rub once, and the Genie will come and grant your wishes. Everyone wanted to own a Genie and have the fairy tale come true. It was a fortunate encounter when he met his Genie, Cosmic-Halo health Dharma. I was lucky to have his wish granted.

In the early 80's, under the reform policy of my home country, the Chinese Government needed to have the technical experts there before being able to strengthen the country. The Government was looking for new technical people from different professions and sent them to the United States and Great Britain to learn new technologies and to obtain management training. I was one of those lucky candidates. In my early thirties, I was energetic and smart. I quickly built my career in the United States. I worked as a software engineer for the British Reuter Corporation located in New York. I had a nice wife and smart children.

However, 20 years later I was facing rapid developments in computer technology, competition for my job from younger engineers who could easily replace me put me under a lot of pressure. Now at the age of 50 I was mentally and physically exhausted. I lacked the energy and ability to do what I wanted to do. I had problems with lumbago for two years and was in a lot of pain. I also had tumors, and almost lost my mind suffering from sickness. I did not know that there was any other way to fix this except with western medicine and surgery. Because the spine was connected to my nervous system I was afraid that if I had surgery, I had the chance that I might become paralyzed so I deferred the surgery several times. The pain was almost unbearable, and I did not know what to do.

During this time of confusion, I had heard that Namu Purple Halo Guru was coming to New York. Out of curiosity I went to see Namu Purple Halo Guru. There was a super positive atmosphere at this Cosmic-Halo health Dharma teaching event. Namu Purple Halo Guru's great teaching about this great Cosmic-Halo's Detoxifying Health and Longevity esoteric Dharma had broadened my knowledge. I sincerely asked the Namu Purple Halo Guru to treat me.

After the 5-day health Dharma class my lower back hurt less and so I stopped taking medicine. After such a short time I had already experienced great effects. Even though I was an atheist, I was thrilled by this experience. After 15 days of practicing the Dharma I was ecstatic to find out that the two tumors that had been with me for five years were gone. My father, who was a surgeon, found this unbelievable. He said, "The tumors disappeared? That is hard to believe."

The ancient Cosmic-Halo esoteric Dharma succeeds. Namu Purple Halo Guru has made it now flourish. Namu Purple Halo Guru uses the energy of the cosmos to purify and detoxify our body's cells. I thank Namu Purple Halo Guru for saving sentient beings. I further wish that this magical Dharma will benefit many more sentient beings, so that they have a peaceful and healthy world.

## DIABETES

Since I had diabetes both of my legs were weak and got tired very quickly. I was fortunate to attend the health Dharma class of Cosmic-Halo. In just a few days I improved a lot. My legs were stronger, and I had much more energy. Under the teaching of Namu Purple Halo Guru I received a better understanding of Buddhism.

I thank Namu Purple Halo Guru for his cosmic gift and help. I thank him for treatment of my illness. I will never forget his graciousness and virtue. I truly thank Namu Purple Halo Guru who saves lives and lead people to the path of enlightenment.

I will honor his teaching by eliminating bad actions and by doing more good deeds to expel my bad karma and heal all my illnesses.

Yang Yu Qing

## DIABETES

Good news for diabetes patients. Time really flies. It has been five months since diabetes left me. Five months ago, I had diabetes. My legs were swollen, blue and hardened. Since I was no longer mobile, I was unable to work and make a living for myself. It was a disaster! Then, time seemed very slow to me.

I was lucky to attend the health Dharma event of Cosmic-Halo as well as the health Dharma meditation classes. After the classes, my legs were not swollen. With the approval of Nammo Purple Halo Guru I joined the conversion meditation class. I experienced dramatic changes. My diabetic index went from 250 to 120. I was totally cured along with all of its side effects. Walking no longer tired me. My career is now in a good flow.

I give a thousand thanks to Nammo Purple Halo Guru's cosmic gift and the great Cosmic-Halo cultivation method. Thanks to all of his students as well.

Wei Cai Huang

## DIABETES

I am a university graduate and was plagued with high blood pressure and diabetes. I seemed to have come to a mysterious palace once I learned the philosophical theories taught by Namu Purple Halo Guru.

With Namu Purple Halo Guru's help during the three days I was there, my health underwent a great change. My hypertension decreased from 140 to 120 and my glycemic index has declined from 100 to 90. Cosmic-Halo esoteric Dharma is marvelous and Namu Purple Halo Guru is a respected living Buddha. I promise to perform as many good deeds as I can from this moment on.

Mary Yee

## DIABETES

It took me several years before I found a way to attend Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes. Many years ago, I read a newspaper advertisement that Namu Purple Halo Guru was teaching Cosmic-Halo health Dharma class in Los Angeles. When the time came for me to go to the class, I chose to do something else instead. Recently, I saw another advertisement for Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes taught by Namu Purple Halo Guru, and I decided nothing was going to stop me from attending. I enthusiastically signed up for the class to finally have a chance to be healed.

I was a diabetic with swollen legs that had varicose veins and my poor circulation meant my hands and feet were always cold and numb. After attending the four-day class my health dramatically improved from the cosmic gift Namu Purple Halo Guru gave me and the method of healing he taught. Feeling and warmth returned to my feet and hands, and my legs were no longer swollen and blue. My diabetes was going away, something Chinese and western medical treatments could not do.

The depth of my gratitude cannot be described in words Namu Purple Halo Guru. Thank you, Namu Purple Halo Guru. Thank you, Namu Purple Halo Guru. Namu Purple Halo Guru's mercy and love got my life back on track. Namu Purple Halo Guru is the navigation light I pulled myself out of the darkness with. A thousand words could not express my extreme gratitude to Namu Purple Halo Guru.

Wei Huang

## ASTHMA

I always liked to bite of more than I could chew, but as I got older, I had to slow down even though I did not want to. My face was collecting more dark spots and my movements became slower because if I moved fast, I would get an asthma attack. Since I also had developed high blood pressure, heart disease, and rheumatism my doctor told me to slow down.

I was grateful to be able to join Namu Purple Halo Guru's teaching classes. Originally, I was supposed to join a special group of older people who had serious and incurable illnesses and who needed special treatment. However, this group was not ready to learn Cosmic-Halo health Dharma. I really wanted to learn and wished to heal myself of the sicknesses I had and also to prevent more illnesses when I got older.

I asked Ms. Wong of the Western Buddhism United Association, Namu Purple Halo Guru's assistant, for help in getting Namu Purple Halo Guru's permission to attend. Namu Purple Halo Guru came to see me and used his Dharma instrument to examine me and said with a smile, "You have had enough suffering and will be gladly accepted to join the Dharma class." I felt truly lucky to be able to join the class.

After practicing for ten days, my body had made great positive changes. My dark spots had faded out; I could sleep well, my back pain was gone, and the gloomy look on my face had disappeared.

Another unexpected change took place. I was actually able to chase and catch a train! I used to take the subway train to get around. One day when I was approaching the train, I saw that it was about to leave the station. I had two more steps to reach the platform, so I rushed towards the train and jumped into the passenger compartment one second before the door closed.

If I had missed it, I would have had to wait another fifteen minutes and would be late for my study class. While I was sitting in the train, I closed my eyes to rest I thought, "Oh! How can I run so fast? I haven't run for the last ten years and even had asthma attacks when I walked faster. I can rush to catch a train today? It would have been impossible for me to do that in the past. I would have never rushed to catch a train no matter who asked me to do so."

I reported this amazing incident to Namu Purple Halo Guru during our next session. Namu Purple Halo Guru told me that I had restored my energy and had become younger. I have really restored my younger body. Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma is definitely amazing.

Sam Tam

## ASTHMA

I have had asthma since I was a child. Sometimes it was very painful. I have no idea how much money I have spent on medications, acupuncture treatments, or how many doctors, both Eastern and Western that I have seen. I am sure it was a lot though. I was told that asthma is incurable, but it can be managed with medications. I was also suffering from severe headaches. My life was difficult and sometimes and it made me cry.

I had the luck to be able to attend Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma class and receive a cosmic gift from Nammo Purple Halo Guru. On the second day my headaches were gone. The weather turned cold, but I did not cough at all. This was impossible! In the past when the weather changed, I would always start coughing a lot.

The health Dharma of Nammo Purple Halo Guru is incredible. He is truly the living Buddha. He cured my headaches as well as my asthma, the so-called incurable disease. I would like to thank Nammo Purple Halo Guru very much and I will certainly follow the teachings of Nammo Purple Halo Guru and will do good deeds to remove bad karma.

Wan-qiong Wang

## OBESITY

I started to gain weight at the age of 40 and am now 51. At first, I did not pay much attention to it. Later I decided that I needed to lose some weight. I ate little, did exercises, and even took some weight-loss pills. I did not lose any weight but ended up with an irregular heartbeat and insomnia. The doctor also told me that I had a weak liver and kidneys. He told me not to take those pills anymore because of their bad side effects. To regain some health, I had already started to eat more fish and stopped caring about my weight.

A friend of mine introduced me to these health Dharma classes and I met Namu Purple Halo Guru. His treatment of Buddha light had cured my insomnia quickly. On the fourth day I found my clothing was looser on my body. I checked my weight and it had reduced by 8 pounds, from 160 to 152. My waist measurement had reduced 2 ½ inches. Cosmic-Halo health Dharma is amazing. Thank you Namu Purple Halo Guru and I thank the Western Buddhism Association, for helping me.

Zhang Dang



## OBESITY

I am 36 years old and have been searching for Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma for many years. I was not able to find a Dharma that did anything noticeable, no matter how hard I tried. I felt that my life was going to be short and bitter. I was full of a lot of bad karma and could not get rid of it.

One day I saw a leaflet on a Dharma teaching class by Namu Purple Halo Guru in Los Angeles. Somehow, I knew that this was my chance because I had heard about the story of Namu Purple Halo Guru and his achievements in saving people from sickness. Having heard this a few years earlier I had a familiar feeling when I first saw him.

While he was giving me treatment, I smelled a nice scent and saw a violet light on the top of my head. This short meditation class has broadened my knowledge. When I was younger, I had twisted my left hand and the fingers of my right hand would often tremble. After giving birth I contracted some kind of endocrine disorder and got fatter. After this short treatment both of my hands were restored, I lost 12 pounds, and my waist was 3 inches smaller. This was not expected.

It took me a long time to find him, but now I realize that Namu Purple Halo Guru is a living Buddha. He was who I was looking for. I will cultivate this Dharma with all my heart, and I will do good deeds and gather merit for the rest of my life.

Dong-min Mo

## OBESITY

I was proud of how I looked when I was young. I had a very pretty face and a good figure. A lot of people admired me for that, and I was very satisfied with myself. However, good times did not last long. After I got married and had a baby, the shape of my body did a 180-degree turn for the worse. From fitted to fat, especially my waistline. None of my clothes would fit me anymore. Even my friends did not recognize me because of my obesity. I did not want to go anywhere and hear their comments about me. It really bothered me. I spent a lot of time trying to lose that weight but was not very successful.

One day when I heard that Namu Purple Halo Guru was coming to Los Angeles to teach. I decided that I would give it a try. I asked Namu Purple Halo Guru what the cause of my obesity was, and he told me it was caused by an endocrine disorder. Namu Purple Halo Guru with his great mercy took the time to guide me to find the right solution. He told me that Cosmic-Halo health Dharma would heal me of this problem. I immediately begged him to teach me.

I started to practice this esoteric Dharma. I observed my waist was getting thinner. On the third day I when stepped into the classroom all the participants were staring at me. Namu Purple Halo Guru came over to me and said, "Ms. Mo, how come you became a different person now?" I blushed and I said, not really. Then Namu Purple Halo Guru told me to go and check myself out in the mirror. Since I was doing work at home and taking care of my baby, I was so busy I did not pay attention to my appearance. When I looked at myself in the mirror, I was shocked! My waist was much smaller, and my face looked very pretty. I was really happy. Now I knew why everyone was staring at me. I turned around and they all clapped for me.

Thank you very much Namu Purple Halo Guru. I am not bothered with obesity anymore. My smile has come back.

Dong-Min Mo

## SKIN PROBLEMS

I never imagined that I would encounter so many kinds of sicknesses when I reached middle age. I had insomnia, lower back pain, neck pain, a swollen abdomen, and long-term dry skin. I felt so ill that lifting up my spirit to get things done was difficult. I believe that my meeting with Nammo Purple Halo Guru was a true gift.

Through five days of listening to his teaching and practicing the Dharma he taught I definitely felt the power of the Halo. My inner spirit was boosted; my skin was nourished, and greatly moisturized. My colleague asked me if I had received facial treatments in a salon. I replied, "It was Cosmic-Halo health Dharma that gave me beauty and youth". I am very delighted and am deeply thankful to Nammo Purple Halo Guru.

Xie Wang

## SKIN PROBLEMS

I considered myself young at 58 years old. But somehow, I looked much older and my complexion turned pale. As time went on, my complexion got really bad and I tired easily. I was very lucky to have the opportunity to attend a Cosmic-Halo health Dharma class to see if I could find a way to improve this situation.

Under the care of Namo Purple Halo Guru my energy level rose to where it had been 10 years ago! I did not feel tired and sleepy after working hard all day. My complexion improved greatly, and the paleness was gone. My family and my co-workers asked me whether I had not had a facial treatment or taken any nutritional supplements. I really looked young now and that makes me happy.

Thank you, Namo Purple Halo Guru very much for your wonderful Cosmic-Halo health Dharma.

Hui Mei Lai

## SKIN PROBLEMS

I knew that I had bad karma because when I was little, I was in contact with an evil religion. This caused me to suffer from such incurable maladies as a curved spine and rheumatism. The worst is that I used to have a pretty face. A few years ago, I contracted a very bad case of acne and now I look ugly. They oozed pus and would not heal. I would dry them off, but they would be wet again later. If I tried to press on them, they were very painful. No doctor could cure this problem.

I did not believe in ghosts, god, karma, or revenge before and I was very puzzled about how this acne happened and why it was so bad. I seriously thought about these strange illnesses and my mind led me to understand that this was karma. Therefore, I sought help from some Taoist people. But they were not effective. For these last few years, I just stayed at home because my face was too ugly. I wanted to be left alone in my misery.

Finally, a friend told me to attend a Dharma teaching event. When I met Namu Purple Halo Guru he said, "You have very bad karma, and you need to make a big vow to eliminate this." I made the vow with tears, to repent and do good deeds. It was unbelievable, while I was making this vow, I felt a cool, light breeze moving around my face. About an hour later my face did not hurt.

The Buddha said, "Your face will be better in a few days. I then joined the five-day health Dharma meditation course. My face had healed; it was almost the same as before I got the acne. My gratefulness is indescribable! I can meet my friends again and tell them of this experience. Thank you, Namu Purple Halo Guru

Wei-hui Lin

## SKIN PROBLEMS

My mother attended Namu Purple Halo Guru's Cosmic-Halo health Dharma class. Since then, she has been more self-confident and much happier. She appears younger and her complexion was better. I said to myself that I should attend one of these Cosmic-Halo health Dharma classes if Namu Purple Halo Guru came to San Francisco to speak again. I suffered from frequent headaches and had a pale complexion.

A month later, on July 9, I met Namu Purple Halo Guru and attended his Cosmic-Halo health Dharma class. I paid attention and learned many postures that Namu Purple Halo Guru taught me. I followed his instructions on meditation and saw speedy results. On the third day my complexion was perfect, and my headaches were gone. In a short time, I saw great changes.

I thank you Namu Purple Halo Guru for helping me and my family with such merciful care.

Le Si Huang

## SKIN PROBLEMS

I had been plagued with skin allergies for a long time. The skin on my face and hands itched so badly that I would scratch them until they bled. A tremendous amount of western and eastern medications have been taken these past ten years but all of them did nothing to cure my bad skin allergy. I was still engulfed with constant pain and distress.

I believe it was fate that led me to Namu Purple Halo Guru and his Cosmic-Halo health Dharma class. It was entirely wonderful. When my second day started the color of my skin was restored to a normal color. By the fifth day all of the itchiness was gone.

Namu Purple Halo Guru is a contemporary living Buddha, and I am committed to do good deeds in return to thank Namu Purple Halo Guru for his help.

Qing Yan

## SKIN PROBLEMS

Over the years I had an interest in Cosmic-Halo health Dharma but was unable to find anyone who could teach it to me. When I saw a picture of Namu Purple Halo Guru in the newspaper I felt that this person had good qualities and had high abilities. I decided to attend his teaching event in New York to find out.

When I got there, I found that he had a renowned reputation. He spoke continuously about Buddhism theory and explained everything in simple terms. He pointed out the sources and solutions for pain and suffering of people during this “Era of Forgetfulness”. He disclosed Cosmic-Halo health Dharma which “enables people in this world to become healthy”. He directly pointed out that “if a person wants to live happily, they must have good health”, he greatly impressed me. Namu Purple Halo Guru’s solid explanations of philosophy and Buddhism theory as well as his profound power impressed me very much.

With just four days of practicing this esoteric Dharma, I experienced a boost of my spirit and my afflictions were lessened. The most incredible result of this practice was that the deep, ugly wrinkles on my neck just faded out. The rough, sagging skin on my face was obviously smoother.

As I had eczema, allergies, pimples, and folliculitis, I had been searching for healing methods from many Chinese herbal doctors and western medical physicians. I had taken tons of medicines, but none could cure it. However, Namu Purple Halo Guru needed only nine days to reach such outstanding effects.

I deeply appreciated his help. I was granted not only good health, but also an enhanced life. I acknowledge the genuineness of Cosmic-Halo health Dharma. It can really solve one’s afflictions, and is a real Dharma for improving the health of mankind. I vow to promote the brilliance of Cosmic-Halo health Dharma.

Sun Li



## SKIN PROBLEMS

I was burdened with a rare disease that was called “encrusted sickness” since the age of five. Many western and eastern medical specialists were not able to find a cure for this disease. I came to the Dharma class to see what could happen. I had my doubts, but I was desperate. Within five days I had effective results.

My poor complexion turned from black to white and it became tender. My hay fever was gone as well. I was looking very good and my classmates were amazed and happy for me.

Thank you, Namo Purple Halo Guru for your help. I will always practice this Dharma and do more good deeds.

Wai-Ho Yu

## SKIN PROBLEMS

I had heard of the wondrous healing power of Cosmic-Halo health Dharma and the power of earning merit to remove afflictions. Also, I have heard of the healing power of Namu Purple Halo Guru.

By attending a four day cultivation of this health Dharma, I received great benefits. They were the removal of my freckles, an enhancement of my memory, and the normalization of my pulse rate. My family and colleagues all thought that I had some kind of special facial treatment.

Namu Purple Halo Guru, I thank you so much for your kind and generous assistance. I will let many others know how you had helped me. I won't forget you.

Jenny Li

## CARPEL TUNNEL

At the age of 13 I was experiencing wrist pain from spending so much time on the computer. Even though I was trying to obey my mom, I could not stop my obsession with the computer. In desperation, she took me to see Namu Purple Halo Guru.

I pleaded with Namu Purple Halo Guru to help me and remove my wrist pains. After practicing Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma for a few days my pains were gone and my face was glowing with health. In addition, the computer held no power over me anymore.

Thank you from the bottom of my heart Namu Purple Halo Guru for teaching me and treating me.

Xue Jin Huang

## ANXIETY

My husband came to Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes before I did. Since his health improved from going, he wanted me to learn it too. However, I am stubborn and waited a long time to take the days off work to go. It could be that my bad karma created obstacles to meeting Namu Purple Halo Guru.

I was a nervous person and had a chaotic mood before I met Namu Purple Halo Guru. However, I became calm and even tempered after seeing Namu Purple Halo Guru. It was the Affinity that the guru mentions. I will always treasure these three days with Namu Purple Halo Guru who taught us Cosmic-Halo esoteric health Dharma.

A million thanks to Namu Purple Halo Guru for the violet light I saw while practicing the Dharma on the first day. Also, I had the ability to sleep until dawn without waking up to go to the bathroom during the night. Thanks again Namu Purple Halo Guru.

Hui Shan Mou

## PARALYSIS

A side effect from a surgery I had left my legs numb and my right leg was paralyzed.

Thank you, Nammo Purple Halo Guru for helping me. After practicing Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma that I was taught in his classes, the feeling returned to both my legs and my right leg could even move, albeit slowly. This was magical; I never thought I would use my leg again. My right leg hadn't worked in years and it was fixed in a few days!

I am truly grateful Nammo Purple Halo Guru. Thanks a million for your infinite mercy, cosmic gift, and for teaching me how to cultivate.

Yu Qin He

## GOUT

I had suffered with gout over the last 20 years and the pressures of life have led to me being very sad and depressed. I first contracted gout when I was 30 years old. I was unable to walk fast and every time I have an attack I cannot even walk; I was completely helpless. I have tried every medication that I could find, but none helped my condition. I am grateful to have had the opportunity to attend Cosmic-Halo's Detoxifying Health and Longevity esoteric Dharma classes. I am grateful to Namu Purple Halo Guru for his careful treatment and the cosmic energy gift I received. After attending the class my gout was gone, I could walk fast and now have an overwhelming sense of tranquility.

Namu Purple Halo Guru not only healed my physical illness, but also my depression. I am now filled with hope and understand more about cause and effect. I am willing to follow Namu Purple Halo Guru to illuminate this esoteric Dharma that removes sufferings and saving lives.

There is infinite gratitude Namu Purple Halo Guru.

Da Jie Ye

## TINNITIS

For twenty years I lived with tinnitus. The ringing in my ears was constant and I became impossible to wake once I finally got to sleep. First, I went to conventional doctors that told me there was no cure and that it would just heal by itself over time. I then went to Tibetan Buddhists, Taoists, and even learned several kinds of Qi-Gong. Nothing worked, so I finally gave up and believed the conventional doctors that said I could not be cured. Additionally, as I aged my spine and joints hurt all the time.

One day when reading the World Daily News, I came across an advertisement for Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes being taught by Namu Purple Halo Guru in Los Angeles, California. My heart was overwhelmed with joy and led me to seek help at this event. Following my heart to Los Angeles, from mainland China simply from the advertisement got the attention of Namu Purple Halo Guru. He gave me a cosmic gift to help me heal. This cosmic energy gift felt hot circulating my body for 15 minutes. Namu Purple Halo Guru then told me to check and see if I still had my ailments. To my surprise the ringing in my ears and my aches and pains were gone.

The stillness is amazing, magical, and like nothing I have ever experienced. My experience reminds me of an old saying, "After looking everywhere for the solution with no results, just let go and the universe will bring the solution to you." The Dharma light of Namu Purple Halo Guru is truly infinite. He is a living Buddha who sets people free from suffering.

Yuan Ji

## STROKE

Six years ago I suffered a stroke and I had to rely on a cane to get around. After many hospitals could do nothing to help my situation, I could only hope for a miracle. I yearned to be able to walk like a normal, healthy person.

On November 8, 2002, I saw in a Chinese newspaper an article that claimed Namu Purple Halo Guru was able to remove sadistic spirits leading to health for the participants in his Cosmic-Cosmic-Halo's Detoxifying Health and Longevity esoteric Dharma classes. The article stated the next class was tomorrow. I had attended many classes for health and wellness in the past, but they could not remove illnesses. I decided to meet Namu Purple Halo Guru with a small hope that he could remove my illness.

While I was listening to the Dharma teachings, Namu Purple Halo Guru watched me mercifully. He approached me and waived a Dharma instrument between us saying, "Your wish is granted. You can throw away your cane tomorrow." I was hopeful, but suspicious. Could I really throw away my cane from just a look and the waving of a Dharma instrument? Could this be possible? Did I just meet a light being? Questions of doubt ran through my mind as I went home.

I fell asleep immediately when I got home, although I had insomnia for years. The next morning, I woke up feeling really good. Since my legs and feet felt invigorated, I put my feet down on the floor without thinking and reached for my cane. Oh no, it was gone! My wife had put it by the door when she cleaned. I tried to move my bum leg, and to my surprise it worked! Could I really walk without the cane? For the first time in six years, I walked around my house without a cane.

When my wife saw me, she ran to get my cane worried that I couldn't find it. I stopped her saying, "Don't worry, I don't need my cane anymore." I was very happy and told her that I had met a light being and could walk on my own now.

I returned to the second night of Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma class without my cane. When my classmates saw me walking without assistance, they applauded. This is truly a miracle. Namu Purple Halo Guru is a light being, a living Buddha. All of my classmates were so amazed that they requested sincerely to become students of Cosmic-Halo Dharma that night.

Chi-fai Shek



## MENTAL HEALTH AND SPIRITUAL PROBLEMS

All the time I kept hearing voices talking to me but there was nobody around. Sometimes they were talking to themselves and sometime directly to me. I was very frightened about this. It made it hard to get good night's sleep and my health began to decline on a daily basis. I also had to wake up a lot at night to go to the bathroom.

After I attended the health Dharma classes offered by Nammo Purple Halo Guru, and received his help, I did not hear those evil sounding voices while in class. When I finished the classes the voices returned, but not as many as I had heard before and I stopped waking up at night. I am now able to get a full night's sleep and I feel a lot better. Thank you, Nammo Purple Halo Guru for your help.

I asked Nammo Purple Halo Guru why I still heard some voices and he told me that I needed to do good deeds to accumulate more merits, then those voices would eventually all go away. I was very grateful that Nammo Purple Halo Guru gave me that advice and I will do that.

I thank Nammo Purple Halo Guru very much for his graciousness and virtue. He is truly a living Buddha who saves people by releasing them from suffering.

Hong Gui Fang

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

I have been haunted by voices for years. They would bully and tease me. My eyes could not open from time to time because there was a spirit of blindness attached to me. I looked like I was 80 years old even though I am only 60. I looked like a shabby, ugly woman. Most doctors told me I was insane and offered me tranquilizers and sleeping pills. I would not take them because I was hoping for a powerful god or Buddha to come and save me. I waited and prayed sincerely for this to happen.

I read the Chinese daily News every day. One day I read the news that Nammo Purple Halo Guru was coming to teach, heal, and eliminate sicknesses and evils in New York. The event was being held at the Holiday Inn Manhattan. My consciousness was captured and would not let me go. I rarely go anywhere by myself because I am not familiar with the roads there. That was how I justified my staying home. Because I stayed home, I felt a lot of pain for several weeks.

On November 5, 2003 I read that he was coming to Flushing NY. I was very excited because I lived in that neighborhood. I went to this event on the 9<sup>th</sup>. While I was there the Buddha told me he would help me and not to worry anymore. I received his cosmic gift and personal help for five days I experienced wonderful effects. My distress and blue mood were now in the past. With Nammo Purple Halo Guru's help, I am relaxed and happier. I can fall asleep easier and my blood pressure is normal now. I felt that whatever vicious things were making me sick were gradually leaving my body and my vision became sharper. I am eager to learn more from Nammo Purple Halo Guru and wish to Nammo Purple Halo Guru will allow me to learn the second level Dharma course.

Pak Choi Wan

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

I have believed in Buddhism since I was young. I knew that I had bad karma and was overburdened with pressures from trying to make a living in the United States. I ended up with swollen lymph nodes and had an endocrine disorder. No matter what medications I took they were not effective. Then I turned to Buddhism and became a vegetarian. All I could have hoped for was that Buddha or the Goddess of Mercy would help me. I felt like I had no other choice.

I usually did not read the paper as I was not interested in world news, but one day I wanted to read the paper. I drove to the store and bought the World Journal. I saw a picture of the Namo Purple Halo Guru on the front page and the news said he was coming to the United States. I felt strongly that this was a chance that could not be missed.

I went to the Dharma event and saw him sitting on his dais. He was talking about the beginning era of Buddhism I watched him closely while I was listening to his teaching. All of a sudden, his whole body levitated, and I saw a golden light emitting from his body. It shined on all of the audience!

When the event was finished a lot of people gathered around him to tell of their experiences. I told him mine too and asked if he could release me from my suffering. He lightly touched my back, and I felt a warm current inside my body. He said to me, "You are haunted by a malicious spirit and that is why your sickness cannot be cured. You have a good fate with Buddha therefore I helped you. You are normal now and can look at yourself in a mirror." I went at once to the washroom. Wow! I indeed had changed. My pale face was pink now. I checked my neck and the swollen lymph nodes had disappeared. Was I dreaming? I slapped myself and it hurt, so I was not dreaming.

I have met the living Buddha. Namo Purple Halo Guru is like the lifesaving Goddess of Mercy

Xiang-rong Ma

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

It is hard to believe that this happened to me. During my practice of Cosmic-Halo health Dharma, the energy of Namu Purple Halo Guru would help me. Even the tea with positive energy that Namu Purple Halo Guru gave me could protect me when I was in danger.

It happened one night at the end of May 2004. It was about 2 AM and I had trouble sleeping. In those days I had met a person. The first time I saw him I saw that his body was filled with bad and dark energy. That was when I started to have constant headaches. On that night I could not sleep again because of a severe headache and had heaviness in my shoulders and chest. Something heavy was on me and I felt very uncomfortable. I suddenly smelled the aroma of the tea, that smell went right into my brain. I then felt as light as air and the uncomfortable feeling disappeared.

I was given this energy tea by Namu Purple Halo Guru last year. I remembered that Namu Purple Halo Guru told me that I could use this tea when there was a plague, a pandemic disease, or an evil spirit. I stored the tea in a plastic container and was saving it for emergency use. Since it was in a cupboard, I couldn't smell it in my bedroom. I couldn't even smell it when I was standing next to the cupboard it was in. When I was about to be attacked by something evil, this tea with positive energy had protected me. By the time I woke in the morning my headache was gone.

The lesson I learned was that I needed to be careful who I chose to make friends with and what kind of people I have to stay away from.

Thanks a million, Namu Purple Halo Guru for this positive energy tea. Thanks to Cosmic-Halo health Dharma for setting me free from suffering by using its positive energy.

Dan Yang Song

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

When I was a child, I had many physical problems. I had a heart problem that made me weak, laryngitis, kidney problems, stomachaches and an endocrine disorder. While I was in High School, I had terrible acne and was teased and called an ugly duckling. My parents spent a lot of money on doctors and hospital visits to help me. I took so many drugs daily, but I continued to get worse. We were so desperate that my parents thought a wizard healing could help me. That just made things worse. I became nervous and restless. My look became dull, lifeless, and just horrible. The doctors told us that I had a mental disease. I started to think of killing myself because I heard a voice telling me to.

A person told my mother about Namu Purple Halo Guru of Cosmic-Halo health Dharma and that he had great power to heal and expel evil. She took me to the teaching event. When he saw me, I looked like a crazy person, then he said, "You are not insane. You are being haunted by something evil. If nothing is done you will be in bigger troubles." Namu Purple Halo Guru then used his pestle and waved it around my head. Suddenly a beam of light appeared and seemed to enter my body. My entire body was hot, and then I sweated for a while. Namu Purple Halo Guru then said to me, "OK, the malicious spirit has gone." I opened my eyes and felt like I woke up from a dream. My mind was clear.

For the following three days Namu Purple Halo Guru granted me vital energy. I was completely changed. My health was restored and even all the acne disappeared. I have truly met a human fairy and a living Buddha. My mother and I kneeled down and gave thanks to Namu Purple Halo Guru for his great mercy. He had brought me a new life! I swear to perform good deeds and accumulate merit for the rest of my life.

Xiaoling Lu

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

When I was a child my parents spoiled me to the point that I was ignorant about many things. So, when I started working at a nightclub, I picked up some really bad habits. In recent years, my chest began to hurt, and I tired easily. I consulted many doctors, but none could find a cause. A friend of my sister recommended that I attend the Dharma event of Nammo Purple Halo Guru. I went to Cosmic-Halo health Dharma class for some help.

It was strange, when Nammo Purple Halo Guru first saw me he said, "You are being haunted by a malicious spirit that makes you exhausted both physically and mentally." I truly admired Nammo Purple Halo Guru and I begged him for his help and to teach me Cosmic-Halo health Dharma.

On the third day of my practice, I saw a violet light turning around in my head and felt it in my chest. I became very relaxed and I knew that Nammo Purple Halo Guru was helping me. I took a vow in front of Nammo Purple Halo Guru that I would repent from all of my misdeeds. I would like to follow him to learn more and repay him for his mercy and saving my life.

Zhi-fu Liu

While I was growing up, I always behaved myself. I never could find out why I always had bad fate. But I felt very lucky that I usually didn't have any health problems. Even though I was healthy, I always felt that there was a black shadow beside me and that worried me.

One day I felt my face and mouth and they felt funny to me. I looked in the mirror and to my horror they were distorted! I immediately went to the hospital. The doctor had diagnosed it as a central nerve problem caused by high cholesterol. I began taking a lot of medications. Not only did they not help, but I began to look older and my face was still distorted.

When I saw the advertisement stating that a teaching event was being held by Nammo Purple Halo Guru in Los Angeles I was happy. I attended to try to find out if there was any hope to cure this sickness. Nammo Purple Halo Guru really lived up to his reputation. When Nammo Purple Halo Guru saw me, he told me right away that it was caused by malicious spirits that resided in my body. I begged him to help me. Having great mercy towards suffering people Nammo Purple Halo Guru helped me with his Dharma power and great mercy.

I saw a ray of Buddha Light shining on my body and I began to tremble. Nammo Purple Halo Guru told me that within three days my face would be corrected. However, he told me I had to do a lot of good deeds to get rid of my bad karma.

Then and there I vowed to do good deeds for the rest of my life if this distortion was corrected. After three days I looked at myself in the mirror. My face was perfectly straight! The other participants at the class told me that I looked younger and my face was just fine. I really expressed my gratitude to Nammo Purple Halo Guru for his gift of the Buddha Light. He had set me free from my worries. I wrote a poem to show my gratitude:

Devils occupied me and distorted my face.  
Even famous doctors had no solution.  
Worry and suffering forced me to seek help from Nammo Purple Halo Guru.  
The Halo of Cosmic-Halo drove away the devils and corrected my distorted face.”

Da-Tong Jiang

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

I am 54 years old and used to be a strong man. However, I had some dental surgery and ended up with a facial deformation. This really frustrated me and as time went on, I developed hypertension. The many doctors I consulted with could not find the reason for this happening to me. I was so frustrated that I said to myself, "If anyone can heal me and restore my deformed face, I will spend \$100,000 to do it." Even with this financial 'carrot', no doctor could do it. It was probably caused by my bad karma. This could not be changed so I just had to live with it.

One day I read the news that Nammo Purple Halo Guru was coming to the USA. It showed his picture, and I was somehow attracted to it. So, I decided to attend this Dharma event. The fact was that there had been many of these events held in the USA, but I was not interested in them at the time.

I finally located one at the Lincoln Hotel on July 21, 2002 and I went. When I saw Nammo Purple Halo Guru I asked him if my sickness could be cured. He glanced at me and said that bad karma was the cause. I was being haunted by the deceiver called Satan. My wife was a Christian, so I knew who Satan was. I sincerely begged the Buddha to remove this devil from me. When he used his powers on me, I began sweating. I sweat a lot! A short time later I was told that the devil had gone and that in a few days I would be normal again.

I truly believed in his power and applied to be a student. After 20 days of meditation using Cosmic-Halo health Dharma I had restored my deformed face, also my hypertension was gone, and my blood pressure was normal. For these changes I thank Nammo Purple Halo Guru for all of his help. I am very willing to take the vow to do good deeds.

Guang-Pu Zhang



I live in New York City and have had the good fortune to have experienced three Dharma levels of Cosmic-Halo health Dharma under the instruction of Namu Purple Halo Guru. In less than one year I experienced its power. I want to give you details of my experiences.

On October 26, 2002, I attended my second Cosmic-Halo health Dharma event in New York City. I continued my learning of the health Dharma and completed level three on November 23, 2002. Namu Purple Halo Guru had held two events in New York so far this year. Both times I worked as a volunteer as well as giving a monetary donation. I joined the level one and level two review sessions and while practicing, I received a blessing from Namu Purple Halo Guru.

Yesterday, the second day after the completion of my second session, my company sent me to Columbia, Maryland on business. I woke at 5 a.m. and rushed to the Amtrak station to Manhattan. I had a very busy workday, from 9 a.m. through 5:30 p. m. I stayed at the Hilton on the third floor. I went to the swimming pool after dinner, watched some television then went to bed. The next morning, I woke at 6:30 a.m. then took a shower.

The scenery was quite nice outside, so I opened the window to take some pictures. When I opened the window, I noticed that it could not be closed tightly. There was a fine crack in it. At 7:30 I started to meditate I practiced all three Dharmas. Then I stated to practice the mantra.

When I chanted the first word, I heard sounds coming from the direction of the window. The first sounded like a gentle tap and the other sound was like the window was opening. I did not get up to look but kept on with the mantra session. I felt that was strange. I was on the third floor and I was alone.

What made that noise? I shivered a little and thought this would be alright. I should be strong enough to protect myself since I had achieved to power on level-three Dharma. After I finished, I went to check the window and found it was opened one inch! This confirmed that there was something invisible in this room. What other explanation was there?

Cosmic-Halo health Dharma is very powerful, especially at a level three. I only used it for health purposes but noticed how powerful the first word of the mantra was it was powerful enough to scare away malicious spirits. Once I got the point, I paid my respect to the Bodhisattva and Avalokiteshvara. I immediately checked out of that hotel.

Thank you, Namu Purple Halo Guru for your cosmic gift!

Lo, Staff of Reuters

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

I have always had a mellow disposition and kept wondering why I felt so sick. For the past 6 years I had cold hands and feet and a bad back pain. The reason was unknown. Then I started to lose my hair. Also, something seemed to stick in my brain, and I felt bewildered most of the time. I did see many doctors and took a lot of different medications, but nothing helped me at all.

I felt that I was destined to attend the teaching event that Namo Purple Halo Guru was putting on to see if it could help me. Namo Purple Halo Guru told me that I could see doctors and take medications when I was sick. However, my problems now were of a spiritual nature and doctors could not cure those. Namo Purple Halo Guru began swinging the pestle. Suddenly I saw a ray of light circling around me three times. Then it ran away. Namo Purple Halo Guru said the vicious spirits were driven away and he asked me to feel it. He asked, "Is your sickness cured?" At that moment I felt my whole body relax and my mind was clear. My back pain was also gone. It was really amazing. If I didn't experience it myself, I wouldn't believe it.

I couldn't believe there was a very wise Namo Purple Halo Guru in this world.

Xin-ming Huang

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

I was very fortunate to attend the teaching event of Nammo Purple Halo Guru. The Dharma power of Nammo Purple Halo Guru is boundless. I have been plagued with sicknesses from an early age. I always have cold hands and feet. My right knee was in serious pain, my eyes are dry, my digestion was not good, and I had a lot of diarrhea. I also had neck pain and, nocturia, and insomnia.

I begged Nammo Purple Halo Guru to help me. Nammo Purple Halo Guru used his Dharma power and the Buddha Light to help me. He removed my suffering. On the first day the nocturia and insomnia was cured, I slept all night now. On the second day my stomachache was cured, and I could eat well. On the third day the pain in my right leg that was injured 16 years ago caused by a fall was gone.

In the past I had to take painkillers every day to lessen the pain. Nammo Purple Halo Guru told me that the pain I had could not be cured with medication; they were malicious spirits and were incurable by our present medical treatments. Nammo Purple Halo Guru said he used the power of the Buddha Light to chase them away. All my pain was gone, and I could walk freely.

Nammo Purple Halo Guru is truly a Living Buddha who saves people.

Hong-ching Yip

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

For over six years I suffered with strange illnesses. My fingers were numb, my shoulder was in pain, and my abdomen was swollen. I went to a lot of doctors, but no one could find the root of the problem. A Chinese doctor told me that my disease was called 'bloating'. An American doctor said it might be caused by liver cirrhosis, but they could not find any evidence of that in the blood tests. Now I was scared and really worried.

A friend of mine encouraged me to go to the teaching event of Namu Purple Halo Guru, so I went. I begged him to please find the root cause of my sickness. With great mercy he told me that there was a malicious spirit residing in my body. However, I didn't quite understand this because I was a Christian. He explained to me that it was just like Satan occupying my body. Do you now understand? I said I did and asked Namu Purple Halo Guru to help me.

Namu Purple Halo Guru said, "Cosmic-Halo health Dharma does not care what religion you believe. As long as you are destined and you are willing to accept the help using this Dharma, you will get the help." At this moment Namu Purple Halo Guru used his Buddhist musical instrument to help drive away the malicious spirit. He then said to me, "It has already left your body. Your abdomen will not be swollen again." Then I touched my abdomen and took a deep breath. The swelling had gone away. I sat there and cried. I really did not know how to thank Namu Purple Halo Guru. After three days the numbness in my fingers and pain in the shoulder were gone.

Dai-Shi Huang

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

I suffered from mental and physical fatigue and felt haunted by something very weird. During the night I was unable to sleep at night until dawn came. This made my health very weak and I couldn't stand cold weather. After a few days of Dharma learning, treatment and cultivation I was very thankful for what Namu Purple Halo Guru did for all of us who came. He could point out exactly what problems were bothering each of the participants and replied to them with what they had to do to get rid of them. He was very kind and patient with us. I was certainly hoping that he could remove the weird feeling that I was in me.

After a few days of practicing the Dharma I was able to go to sleep at night, but I could still feel something in me that was strange. Namu Purple Halo Guru explained to us about the 'cause and effect' philosophy in Buddhism which I had never heard about before. Now I have an understanding of why people could be haunted by spirits, and I felt that was my problem.

The 'cause and effect' theory could be used as a guide in our lives. We should concentrate on doing good deeds and getting merits as well as being a good person. Doing these things could avoid bad karma and bring us good health. Then the evils that reside in us could be driven away.

I truly thank Namu Purple Halo Guru for his kindness and good heart. He helped to release us all from bitterness and suffering. His unique explanations opened our minds to wisdom. He has definitely earned our respect.

I was touched by the changes and improvement of my health and the health of other participants. I felt destined to be here because I learned many things that I needed to know. I really liked every lecture that Namu Purple Halo Guru taught us.

I am hoping that I can continue to learn more from Namu Purple Halo Guru and about Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma to enhance my physical and mental health.

Ling Li

I never believed in God or ghosts. I did not believe that spirits existed in this material world. If we did not commit a crime, we did not have to be afraid of someone knocking on our door in the middle of the night. However, I witnessed this happening in New York on October 26, 2002 and it made me believe of the existence of ghosts in this world.

It started to get cold in late autumn in New York. Even with the sun shining in a blue sky there was only a little warmth. It was on a Saturday afternoon, health Dharma teaching event started at 2:00 p.m. We had a latecomer. A middle-aged woman came carrying a very sick, pale young girl. She was trembling and had the look of fear in her eyes. We found out later that her name was Yun Fang Zhou. She was in her twenties and both of her parents had passed away.

This is her story: On September of this year, she had gone to Pennsylvania to attend a 4-day camping trip with members of the Christian Church. On the second day there she went to explore a small hut on the top of a hill with a few other companions. She felt a cold breeze blowing on her when she entered the hut. She asked her Christian friends if she could pay respects to her parents whose monuments were erected in a temple in Chinatown. They said, "No. Christians pay respect to God only." She continued to say that her parents had come to see her in her dreams. As her request was denied she felt afraid. Then she felt a cold energy entering her body. After she got back home, she could not sleep well and lost her appetite. Her lower body was cold, and the upper part was hot. Sometimes she would get all hot, then all cold. She felt that something was controlling her mind because she would have trouble breathing and had panic attacks. She was so scared that she had to have someone else accompany her even during the day.

She went to see doctors, but they told her that she was not sick. She suffered so much that she had come to beg Namo Purple Halo Guru to release her from this suffering. He said that he would arrange a special treatment for her in a couple of days because the event was still running and there were a lot of other people that were waiting for treatment. Two days later our staff informed her that her time for treatment had come but she did not show up. It was too bad that she had missed this great opportunity for her treatment. We didn't know how she was doing now. This is the first time I witnessed a real ghost story.

This story is not finished yet. We found out that she did not return because her ghosts were passed to Ms. Wen Wu, who went by the name Ivy, and apparently, they left Yun Fang Zhou and she was now free of the ghosts. Ivy was a volunteer for us and helped with the registrations at the entrance that day. She greeted Ms. Zhou very warmly when she was brought in. Ms. Zhou held Ivy's arm tightly while telling her of her pain and suffering. At that moment Ivy felt a cold energy entering her body from her feet up.

Being a courteous person Ivy did not push Ms. Zhou away. She then began to feel sick and it became worse and worse. She started to feel dizzy and cold all over. She could not wait until the end of the event and took the subway home because she was too sick to drive. She felt so bad that she had to call her husband to pick her up at the subway station. She rested at home for 3 days before she told Namo Purple Halo Guru on the phone what had happened.

Namo Purple Halo Guru immediately asked her to meet him for treatment. She got there right away and recovered very fast under his treatment. She repeatedly thanked him for saving her. To show her gratitude she converted her beautiful summerhouse into a Cosmic-Halo Dharma cultivation center.

Yun Fang Zhou and Ivy

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

I was always experiencing a strange feeling when I went to bed at night. I felt something putting a pressure in my head that made it so I was not able to get up during the night. Even though my mind was clear, I just could not move. I felt that there were ghosts encumbering me. Generally, I always had a headache and felt dizzy. I would go to the temple and pray but that didn't help. My luck was very bad, and I could not sleep well and sometimes my state of mind was unclear.

After I attended Cosmic-Halo health Dharma class my headaches and dizziness went away. I could also sleep well and did not feel the pressure in my head anymore after receiving the help and a cosmic gift from Nammo Purple Halo Guru.

I regained my happy life and had great hope after listening to Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma teaching from Nammo Purple Halo Guru. I thank Nammo Purple Halo Guru very much for rejuvenating me. I sincerely thank Nammo Purple Halo Guru again.

Cui Xiu Ping



## MENTAL HEALTH AND SPIRITUAL PROBLEMS

I had never studied Feng Shui before. But since I moved into my current home, I had disturbing experiences with spirits every day. I could hear people talking but not see anyone, also stuff would move by itself. Our family was very disturbed, our energy levels were low, and sleep was hard to get. So, I hired a Feng Shui professional to check out our house, but there wasn't anything he could do. So, we just got used to it and did not fear the strange goings on anymore.

It was an honor to meet Namu Purple Halo Guru. Firstly, I want to thank him for his teaching and treatments during the last few days. My energy level is now very good, and I sleep a lot better. I did not hear the spirits talking to me these past few days. Namu Purple Halo Guru told me that the protection of the Buddha Light did that for me. Even though there were spirits in our home they could not disturb us. Though, this was only a temporary fix. He told me that we needed to keep doing good deeds so we could keep being protected by the Buddha Light all the time, and then the spirits could not get close to us. However, if we stopped this protection would gradually be lost. People who want to have good jobs and good health need to do good deeds for others in our society.

So why does Cosmic-Halo Dharma summon the Buddha Light to protect people? It is because that is the whole purpose of Cosmic-Halo Dharma, to enhance and improve human health. Only a healthy person can do good deeds and the society. The goal of Cosmic-Halo Dharma is to teach Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma to people so that they do only good deeds, not bad ones. If everyone does this society will be stable and peaceful without wars.

Thank you, Namu Purple Halo Guru for your teaching and concern for us. Not only does my mind and body benefit, but I was able to learn some Buddhist theories that I had never heard before. I sincerely thank Namu Purple Halo Guru.

Zhu Hong Wei

## MENTAL HEALTH AND SPIRITUAL PROBLEMS

While I was learning and practicing Zhong Gong, a type of Qi Gong (breathing exercises for healing and meditation), an unfortunate mishap occurred that caused a chunk of negative energy getting stuck in the back of my head. This made me dizzy and I had night fevers. For over 4 years I was not able to work normally. This bad experience made me fear to try to learn any other qigong. Moreover, the qigong instructors said they could not resolve my problems.

I was very fortunate to attend Cosmic-Halo health Dharma class. It was with great mercy that Namu Purple Halo Guru improved my health. Whatever was stuck in my head disappeared.

Thank you very much. I wish that I could have the chance to follow Namu Purple Halo Guru and learn more about Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma from him.

Xian Gang Zhang

## MENTAL AND SPIRITUAL PROBLEMS

In February of 2000 I went to the hospital to find out why my shoulder hurt so much. I was diagnosed with a withered shoulder that could not be repaired by conventional medicine. My neck and left shoulder hurt so bad that I could not even lift a broom. I worked with many eastern and western doctors but none could help me.

Concerned with my health, my daughter recommended that I go see Namu Purple Halo Buddha. The next Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes started on July 21, 2002. When I went to see what this was all about, Namu Purple Halo Guru told me that my condition was not curable through eastern or western medicine. The root of my problem was sadistic spirits that were attached to me.

I pleaded with Namu Purple Halo Guru to help me defeat these sadistic spirits that were attached. He gave me a cosmic energy gift to get me started. There was a bright flash of light and a sharp pain in the withered shoulder. He also taught me a mudra empowering me to fight the spirits on my own by exercising with Cosmic-Halo esoteric Dharma.

At first, I was afraid to use the shoulder. Namu Purple Halo Guru saw that I was not working out the shoulder and told me to let go of my fear. To my surprise when I used the shoulder to exercise using Cosmic-Halo Dharma practice there was no longer any pain. This was magical!

I am convinced that Namu Purple Halo Guru is a living Buddha and I take what he says to heart even if it seems odd at first. I promised to do good deeds for the remainder of my days. I have gratitude for Namu Purple Halo Guru's cosmic gift that allowed me the strength to fight these sadistic spirits that had overwhelmed me.

Hong-Lan Liu

SHORT LETTERS OF GRATITUDE

First of all, I would like to thank Namu Purple Halo Guru for his care and his kindness. Under his treatment my health has improved. I now can walk easier and in a relaxing manner. I made a wish 10 years ago to help other people and perform good deeds but did not have the ability then.

However, I do now. I hope Namu Purple Halo Guru will help me more so my wish can be fulfilled soon.

Ming Cang Chen

After learning Cosmic-Halo health Dharma I felt very lucky. I met Namu Purple Halo Guru and received the help that really enhanced my energy level and quality of sleep. My body pains have improved a lot.

Thank you, Namu Purple Halo Guru for your help.

Ji Zhang

I am 55 years old now. I was fortunate to attend Cosmic-Halo health Dharma class. Thank you, Namu Purple Halo Guru for your help. I used to have to go to the bathroom at least 2 times a night, now I sleep till morning. My spirit and energy are much better now. I feel stronger when I walk up the stairs. All these are the changes that I had after practicing Cosmic-Halo health Dharma. Thank you, Namu Purple Halo Guru.

Ping Fan

SHORT LETTERS OF GRATITUDE

I am 81 years old. I have been suffering with many sicknesses. I was very lucky that I had the chance to attend Namu Purple Halo Guru's Cosmic-Halo health Dharma class. I was very happy when I heard Namu Purple Halo Guru talk about this method to cure sickness. I had consulted many doctors but none of them could fix my health. I suffered a lot for decades. Taking this class helped me learn more about Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma and my sicknesses were cured. I would like to express my gratitude to Namu Purple Halo Guru and wish him the very best. He could save a lot of people and release them from their pain and suffering.

One more time I wish him the very best. I love the feeling of good health.

Tian Yen Chen

I am now 74 years old and felt pretty good when I was young, but as time went by my health got worse. Since I attended the health Dharma class of Cosmic-Halo, my health has improved a lot. Thank you, Namu Purple Halo Guru for your treatment. I obviously felt a difference in my body. I am now always in a good mood and feel very relaxed. I can also walk faster as when I was a younger person.

Thank you for your help and treatment.

Hui Fang Huang

I have been living for 81 years without a purpose. Life was just like a dream to me. I just traveled from place to place to make a living. As my age increased my energy and spirit got worse and worse. I was lucky to attend the health Dharma class. Both my energy and spirit were improved. I experienced an awakening and understood more about life. Thank you.

Yang Hao Li

SHORT LETTERS OF GRATITUDE

After attending the health Dharma class, I better understood Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma. That is where the magic came from that caused such a big change in my complexion and spirit. I would like to say thank you to Namu Purple Halo Guru again.

Jie Fang Liang

I am 81 years old. I did not understand very much of Namu Purple Halo Guru's teachings because I did not understand Mandarin. However, I trusted him in my heart. My mind was very comfortable with him. I sincerely thank Namu Purple Halo Guru. Now I could walk better than I did before.

Lui Zhi Li

I have been living for 50 some years but have never felt as relaxed as I am today. I was carrying around a lot of worries and that kept me in a bad mood all the time. After I went to Cosmic-Halo health Dharma class my worries and the pain in my legs were gone. I can now walk faster and have a very good mood. I was able to let go of a lot of things in my past. My lower back does not hurt anymore either.

Xiao Qin Gao

LETTER OF SUPPORT

I am a doctor and a Christian. My childhood was very pleasant, and I saw no reason to look for another religion. By chance I attended a health Dharma event in Los Angeles. This really widened my view. I witnessed a unique life-saving power implemented by Nammo Purple Halo Guru. I admired his great mercy and kindness to ill people.

In only a few days all participants experienced unexpected results. Their wishes for healing came true under the colorful light that he emitted. Their energy level and outlook on life got better every day.

This is magical. I am a doctor trained by modern science but I still admire this ancient science which is complicated. I have been a loyal Christian for 30 years, but I have to believe the power of Cosmic-Halo health Dharma. I express my gratefulness and will do my best to help the development of Cosmic-Halo health Dharma in the US.

Xin-lai Sun

LETTER OF SUPPORT

Namo Purple Halo Guru took us to a park to cultivate at dawn. From the wood nearby the fresh sent of morning filled our heads as we cultivated. When we had completed our cultivation, we went down to the beach. Watching Namu Purple Halo Guru communicate with the ocean to invigorate the small waves into giant ones broadened my view of what is possible. Stunned in awe we all breathed in the essences of the ocean with a different outlook on life.

The generosity of Namu Purple Halo Guru leads him to teach us Cosmic-Halo Dharma so we can benefit. His communication with the sea demonstrated the magic of the Dharma.

The universe would celebrate the transference of Cosmic-Halo Dharma to those with the Affinity. I wish that Cosmic-Halo would be known to all cultures.

Zhi Bei Liu



LETTERS OF SUPPORT

Cosmic-Halo health Dharma under the leadership of Namoh Purple Halo Guru will bring unlimited hope and fortune to people. It is particularly good in releasing people from sicknesses. It is the kindness and mercy of Namoh Purple Halo Guru that he teaches us Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma.

I had the luck to learn this Dharma and am hoping to benefit both myself and others. I understand that I have learned very little, but my mental and physical health has already been affected in a positive way. Namoh Purple Halo Guru has a great power as well as great knowledge. I found his explanation of esoteric Dharma is very interesting. It clears one's mind. This Dharma is indeed amazing.

My soul was nourished and how I feel now is indescribable. I believe Namoh Purple Halo Guru could tell that we sincerely hope he would teach us more.

Thank you,

Shang Lin Li

## LETTERS OF SUPPORT

I used to be a Qi Gong lover and practiced Zhong Gong and Tai Chi when I lived in China. The benefits that I received from Namu Purple Halo Guru were much better. The laugh I had tonight relaxed me very much. I laughed uncontrollably and rocked back and forth. I felt like a boat sailing in the ocean with a blue sky and green mountains. My mood was lightened and the future looked beautiful.

Namu Purple Halo Guru said that Buddhism included philosophy, and philosophy makes a person smart. I liked philosophy as well when I was in school. I was a very good student, but as the years went on, I had forgotten a lot that I learned. This was one of the reasons that I wanted to learn level two of Cosmic-Halo health Dharma. Another reason was so I could improve my physical and mental health and to have more energy to study and work.

Then I would be able to help my family, other relatives, friends, and others. I will promote Cosmic-Halo health Dharma and guide more people to enjoy the benefits of learning Buddhism.

Yong Hong Huang

LETTERS OF SUPPORT

I was cultivating with the Pure Land School of Buddhism for many years. I was full of happiness and gratitude that I was fortunate to see by Namu Purple Halo Guru. on October 6. Another reason I went was that I had so much more to learn. I was still a newborn baby in the Dharma's point of view. During these three days I heard the Dharma that I had never heard before. It was truly real, and I am so grateful for it.

At the moment that Namu Purple Halo Guru gave me the cosmic gift and the halo I felt that there was an opening the top of my head. Then I felt a short hot spark entering my head. I could feel the door of wisdom opening when the Buddha light was entering my head.

I certainly knew that Namu Purple Halo Guru gave me a cosmic gift and enhanced my wisdom. This brought me peace of mind and my body was comforted. I deeply thank Namu Purple Halo Guru for this great gift. Thank you Namu Purple Halo Guru for directing me to the path of enlightenment. I will ensure that I will do more good deeds for the rest of my life and help others find the path of enlightenment. These actions will all be to my benefit as well.

Lin Fan-Yuan

## LETTERS OF SUPPORT

Yuan Du from the Pure Land School of Buddhism invited me to attend the teaching event of Namu Purple Halo Guru so I could listen and learn Cosmic-Halo health Dharma. Namu Purple Halo Guru was lecturing us with great mercy for three days. This was what I had been seeking for more than 30 years. I witnessed the power of Namu Purple Halo Guru.

Namu Purple Halo Guru applied the method of Buddha Light to get rid of our bad karma and diseases. The effects were immediate and effective I witnessed an 81-year-old woman come here with a cane on the first day. On the third day she walked without it and walked all over to show us all.

This was amazing because when she got here, she needed help from two others even when she used her cane. She could sit in a chair and even on the floor but needed help getting back up. Namu Purple Halo Guru told her she could throw away her walking stick on the third day and walk without it. At that time, I didn't believe that would happen, but it really did!

The magical Cosmic Halo Dharma is astonishing! Namu Purple Halo Guru is truly the incarnation of Buddha. He knew my past and some say he can predict future events. I respect him very much.

Zhen Qi Ping

LETTERS OF SUPPORT

First of all, I want to thank Namu Purple Halo Guru for his blessing and treatment. Although I had only learned a small bit of esoteric Dharma, it had improved my general health and boosted my confidence. I could see my navigation light for my future now.

I believed that if one has good health and spirit, he or she can use their knowledge to help and save other people. This is what I want to do and asked Namu Purple Halo Guru if he would accept me as a converted student. I wanted to remove my bad karma and be a useful person.

My wish and purpose is to learn the esoteric Dharma from Namu Purple Halo Guru. I can see the benefits this has for health. When I regain my health, I will do all I can to serve the society, perform good deeds, and promote Cosmic-Halo health Dharma. I wish everyone to be safe and peaceful, loving others like loving themselves, and live happily.

I thank you Namu Purple Halo Guru and all the Bodhisattvas.

Li Yi Zhang

## LETTERS OF SUPPORT

I am a student of the Pure Land School of Buddhism. I have studied Buddhism for my whole life. However, I have never seen Namo Purple Halo Guru before. The branch manager of the Pure Land School Buddhism urged me to attend the teaching event.

This time I am sure that I have truly seen the Living Buddha. Namo Purple Halo Guru is the real living Buddha. I witnessed the following during my three days of attendance.

At first, I doubted the need to be here but on the third day I saw a lot of students from the Pure Land School of Buddhism relieved from pain. They were all grateful to Namo Purple Halo Guru. Some students even relied on a walking stick when they came in on the first day. Namo Purple Halo Guru told them that they could throw away their walking stick on the third day.

It really happened. On the third day the 81-year-old ex-student of the Pure Land School of Buddhism had thrown away her cane and walked like a normal person. I was very impressed. I fully admire Namo Purple Halo Guru who is really the living Buddha. I would never regret that I could see the real Living Buddha. As for me, my nocturia and other pain blessedly disappeared under the Buddha Light.

Wu Gong Nu

## LETTERS OF SUPPORT

Cosmic-Halo monk Yuan Du invited me to participate in Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes taught by Namu Purple Halo Guru. I feel very fortunate to have had the chance to hear this Dharma from an authentic living Buddha. I traveled from New York City to Los Angeles to investigate the infinite light of Namu Purple Halo Guru for myself.

I saw the Buddha light surrounding Namu Purple Halo Guru with the five colors. Cosmic-Halo Detoxifying Health and Longevity esoteric Dharma classes were effectively healing the participants. I received a cosmic gift not only from Namu Purple Halo Guru, but also from the other Buddhas and Bodhisattvas that reside in the Temple. My back immediately relaxed as my chronic pain was gone. The cold negative energy was driven from my body, driving out the virus and removing the long-term pain I suffered in my cervical vertebrae.

Namu Purple Halo Guru there is gratitude for casting the rope into the sea of misery to set me free from suffering.

Lo Xi Qing

## LETTERS OF SUPPORT

We, the converted students of Namu Purple Halo Guru from New York, would like to express our gratitude to Namu Purple Halo Guru for his continuous blessings. We would like to thank him for traveling far away from the East to the West to teach the Dharma and tirelessly setting us free from sickness and leading us to the path of enlightenment.

From the different experiences of every one of us and the many others who attended the events, we witnessed that Cosmic-Halo health Dharma was very special, unique, simple, and effective. We deeply thank Namu Purple Halo Guru for instructing us in this unsurpassed Cosmic-Halo Dharma that was not taught in the past when there was a third person around. Thank you for teaching us this priceless method for health recovery.

Namu Purple Halo Guru also taught us how to rescue sentient beings, how to do good deeds to get rid of bad karma, and how to stop doing bad things to others. He also taught us to continue to insist on cultivation so that we could extract the potential of our internal bodies as well as enrich our wisdom. It made us healthier and healthier every day and enhanced our energy levels.

We will not disappoint Namu Purple Halo Guru for his great effort in teaching us. We will take on the responsibilities that we promised. Among those are: doing good deeds, be persistent in our cultivation, perfect our practice, spread the word about the effective way to cure sickness, help build the Western Supreme Buddha Temple of Cosmic-Halo, and lead sentient beings to the path of enlightenment as soon as possible.

Thank you, Namu Purple Halo Guru!

Yin-Tu Chen, Xiao-Qin Gao, Guo-Jian Luo, Cai-Yun Huang, Zue-Fang Chen, Jue Zin, Qian-Ling Gao, Qiong-Fang Lin, Shu-Xian, Cheng, Yun-Hua Qian, Yi-Gong Wang, Hui-Ping Tan, Qi-Yun Huang, Yan-Yan Lin, Ji-Quan Lin, Su-Ha Chen, Xue-Juan Mei, Qui-Yan, Huang, Zhi-Hong Xu, Gen Tan.



## Glossary of Special Terms

**Affinity** – some might understand this as love at first sight. a natural attraction or feeling of kinship, an eternal family member through multiple reincarnations.

**Bodhisattvas**– a name given to one who is motivated with great compassion to strive to liberate all sentient beings from suffering. A being that refuses enlightenment to assist other first.

**Buddha** – a state of perfection that provides enlightenment to the being, i.e. Wisdom Buddha is the perfection of wisdom.

**Cosmic gift** – An energy gift also known as a blessing or empowerment

**Cosmic-Halo** – a term from Astronomy that describes the “aura” of a galaxy. The source of energy for all the stars in a particular galaxy.

**Namo** - a Sanskrit word that is used to request presence and express reverence

**Cultivation** – Ways to perfect your energy acquisition from the universe. Meditation, prayer, yoga, martial arts, art, music, philanthropic acts, etc. Also the result of reducing suffering and saving lives

**Dharma** – The natural laws of the cosmos at the root of all moral and ethical Laws. The seed of all cultures on all worlds.

**The Era of Forgetfulness** – A time in a world when the Dharma is lost to the general population. The period of time before a living Buddha restores Dharma in a world to end suffering that is too great.

**Gatha** – A poem or verse to transmit Dharma.

**Hua Tuo** - the first surgeon in China. Hua Tuo was a famous physician of the Han Dynasty who is widely respected in China to this day for his healing powers.

**Ji-Gong Buddha**– Ji-Gong entered the Buddhist monastery at the age of 18 more than a century ago. He was a carefree person who was, at times, irreverent. Unlike other monks, he ate meat and drank wine. He fell out of grace for some time so he spent his days singularly helping others. Even though he was somewhat eccentric, his benevolent and compassionate nature was recognized, and he became accepted as he was. His statues always have a happy smile. Some believe that he had attained magical powers.

**Karma**– A person’s actions trigger a cause and effect mode that affects their life. Having bad karma opens one to many illnesses and bad luck. Having good karma opens up one to good fortune and good luck.

**Mandala** - A geometric or pictorial design inside a circle, representing a protective orb that floats above the head of one protected by the Dharma to do good deeds.

**Merit** – Credits for doing good deeds that follow you in your next life and help keep you healthy in this one. Accumulating merit assists in the removal of bad karma. Equivalent of good karma.

**Namo Purple Halo Guru** – the English mental images of 喃嚨紫光上師

**Sentient** – beings that have the power of perception by the senses, those having consciousness.

**Sutra** – A conversation between a Guru and a Student that is used as a memory object to assist in recalling past lives in the awakening process.