

Goal Setting Template

Empower Your Desire or Vision
With a Process

Person Responsible: _____ Year: _____

Goal: _____

Challenge: _____ Help: _____

Key Actions/Habits: _____

1st Quarter – Title: _____
Goal: _____
Challenge: _____
Help: _____
Key Actions/Habits: _____

January Goal: _____
Key Actions/Habits: _____

February Goal: _____
Key Actions/Habits: _____

March Goal: _____
Key Actions/Habits: _____

2nd Quarter – Title: _____
Goal: _____
Challenge: _____
Help: _____
Key Actions/Habits: _____

April Goal: _____
Key Actions/Habits: _____

May Goal: _____
Key Actions/Habits: _____

June Goal: _____
Key Actions/Habits: _____

Half-Time Milestone & Decision: _____

3rd Quarter – Title: _____
Goal: _____
Challenge: _____
Help: _____
Key Actions/Habits: _____

July Goal: _____
Key Actions/Habits: _____

August Goal: _____
Key Actions/Habits: _____

September Goal: _____
Key Actions/Habits: _____

4th Quarter – Title: _____
Goal: _____
Challenge: _____
Help: _____
Key Actions/Habits: _____

October Goal: _____
SuKey Actions/Habits: _____

November Goal: _____
Key Actions/Habits: _____

December _ Goal: _____
Key Actions/Habits: _____

Person Responsible: _____ Year: _____

Goal: _____

Challenge: _____ Help: _____

January Goal: _____

Week 1 Key Actions: _____

Week 2 Key Actions: _____

Week 3 Key Actions: _____

Week 4 Key Actions: _____

February Goal: _____

Week 1 Key Actions: _____

Week 2 Key Actions: _____

Week 3 Key Actions: _____

Week 4 Key Actions: _____

March Goal: _____

Week 1 Key Actions: _____

Week 2 Key actions: _____

Week 3 Key actions: _____

Week 4 Key actions: _____

Person Responsible: _____ Year: _____

Goal: _____

Challenge: _____ Help: _____

April Goal: _____

Week 1 Key Actions: _____

Week 2 Key Actions: _____

Week 3 Key Actions: _____

Week 4 Key Actions: _____

May Goal: _____

Week 1 Key Actions: _____

Week 2 Key Actions: _____

Week 3 Key Actions: _____

Week 4 Key Actions: _____

June Goal: _____

Week 1 Key Actions: _____

Week 2 Key Actions: _____

Week 3 Key Actions: _____

Week 4 Key Actions: _____

Person Responsible: _____ Year: _____

Goal: _____

Challenge: _____ Help: _____

July Goal: _____

Week 1 Key Actions: _____

Week 2 Key Actions: _____

Week 3 Key Actions: _____

Week 4 Key Actions: _____

August Goal: _____

Week 1 Key Actions: _____

Week 2 Key Actions: _____

Week 3 Key Actions: _____

Week 4 Key Actions: _____

September Goal: _____

Week 1 Key Actions: _____

Week 2 Key Actions: _____

Week 3 Key Actions: _____

Week 4 Key Actions: _____

Person Responsible: _____ Year: _____

Goal: _____

Challenge: _____ Help: _____

October Goal: _____

Week 1 Key Actions: _____

Week 2 Key Actions: _____

Week 3 Key Actions: _____

Week 4 Key Actions: _____

November Goal: _____

Week 1 Key Actions: _____

Week 2 Key Actions: _____

Week 3 Key Actions: _____

Week 4 Key Actions: _____

December Goal: _____

Week 1 Key Actions: _____

Week 2 Key Actions: _____

Week 3 Key Actions: _____

Week 4 Key Actions: _____