



CONSECRATING YOUR BODY

FROM: WILD AT HEART

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Father,

I present my body to Jesus Christ as a living sacrifice; I present the members of my body to Jesus Christ as instruments of righteousness. My body has been bought with the blood of Jesus Christ and it belongs to him. My body is a temple of the Holy Spirit. I renounce every way I have misused and abused my body; I bring all those acts under the atoning blood of Jesus Christ. I rededicate my body and all its parts to the loving rule of Jesus Christ; I dedicate and consecrate my body to him in every way. I ask for the blood of Christ to cleanse my body and make it holy once more. Holy Spirit, come and fill your temple now; restore my body under the complete dominion of Jesus Christ.

Amen

Before the healing power of God can flow into a body, you have to re-present that body to God; you have to bring it under the loving rule of Jesus once again. Referring to the illustration on electricity, Sanford went on to say, "The same principle is true of the creative energy of God. The whole universe is full of it, but only the amount of it that flows through our beings will work for us." Consecration is healing the "connection," so that God's power can flow into our bodies. So we pray something along these lines:

EVERYDAY
MISSION

