

SOUTHERN BERKSHIRE RESOURCE GUIDE

**Animal, Food, Harm Reduction, Healthcare, Housing,
Immigration, Mental Health, Special Needs,
Transportation, Utilities, and Veteran Resources**



**Published in Collaboration of Southern Berkshire Public Health
Collaborative, Families Like Ours and Tri-Town Health Department**

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Serving the Towns of Alford, Great Barrington, Lee, Lenox,
Monterey, Mount Washington, New Marlborough, Otis,
Sandisfield, Sheffield, Stockbridge and Tyringham

July 20, 2025

Dear Southern Berkshire County Community Members,

Welcome to the second edition of the South County Resource Guide, which includes additional resources for animals, harm reduction, healthcare, immigration, utilities and veterans in addition to our initial resources for food, housing, mental health, special needs and transportation. This guide was created to provide a printed resource list to residents, boards of health, first responders, libraries, medical professionals, municipalities and other service organizations to enhance their support of South County residents.

We would like to thank Rania Markham of *Families Like Ours* who took the time to assemble resources, create this guide and continue to keep it updated. A lot of work, time and effort have gone into the ongoing effort to make this a useful resource, and we are excited to get it published and distributed to the people who need it the most. This resource guide is an on-going project, so please reach out to Rania at rania@familieslikeoursinc.com if you have any suggestions or changes that you would like incorporated into the next revision of this resource guide.

We would also like to thank the Executive Board of the Southern Berkshire Public Health Collaborative, who have supported and approved funding for this important project. Their work is an example of what we can achieve when we work together.

Digital copies of the updated resource guide can be found at www.southernberkshirehealth.com, www.familieslikeoursinc.com or by scanning the QR code on the back cover.

Thank you for your role in making South County a wonderful place to work and live!

Jayne Smith
Shared Services Manager
Southern Berkshire Public Health Collaborative
(413) 243 5540 x109
www.southernberkshirehealth.com
“South County’s Public Health Resource”

Southern Berkshire Resource Guide

July 2025 Edition

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Disclaimer of Accuracy of Information:

All information provided in the enclosed resource guide and use of services is for informational purposes only and should not be construed as fact. The accuracy of information may change over time. If you have a resource that you would like included or changed, please email rania@familieslikeoursinc.com. Updated online versions of this Resource Guide can be found at www.southernberkshirehealth.com, www.familieslikeoursinc.com or by using the QR Code, below and on the last page of the Resource Guide.



Emergency Resources

In case of emergency, call 911

Name	Phone Number	Website
BCAC Emergency Utilities Assistance	413-445-4503	https://www.bcacinc.org/
Emergency Help	911	
Berkshire County Kids Place	Pittsfield office: 413-236-1800 Monday-Friday 9am-5pm Nights/Holidays/ Weekends) Child @ Risk Hotline: 800-792-5200	kidsplaceonline.org/
Berkshire Elder Protective Services	413-499-0524 (Office) Report/Abuse Hotline: (800) 922-2275	mass.gov/protecting-older-adults-from-abuse
Berkshire Harm Reduction	413- 447-2654	berkshirehealthsystems.org/location/harm-reduction/
Brien Center	413- 499-0412 Mental Health Crisis Hotline: 1-800-252-0227	briencenter.org/
Construct	Phone 413-528-1985	constructberkshires.org/
Department of Children & Family Services	413-236-1800 Child At-Risk Hotline: 1-800-792-5200	mass.gov/how-to/report-child-abuse-or-neglect
Domestic Violence Hotline	1-800-799-7233	thehotline.org
Elizabeth Freeman Center	24/7 through our toll-free hotline: 1-866-401-2425	elizabethfreemancenter.org/
MA Overdose Prevention	Hotline 800-972-0590	helplinema.org/stay-safe/overdose-prevention/
National Runaway Safe line	Safe line 800-786-2929	1800runaway.org
National Domestic Violence Hotline	877-785-2020	mass.gov/info-details/massachusetts-safelink-resources
Samaritan Statewide Helpline (Suicide prevention)	Call 877-870-4673, Text 988 Call/text/chat Option	samaritanshope.org
Suicide prevention	1-800-273-8255	masstpc.org/suicide-prevention/

Additional Resource Guides

Resource	Website
413 Cares (Online Resource Guide)	413cares.org
Advocacy For Access (Insurance Resources)	berkshirehealthsystems.org/location/advocacy-for-access/
BASIC Berkshires (Immigrant Resources)	basicberkshires.org
Berkshire County Substance Use Resource Guide	boapc.org/wp-content/uploads/2023/01/22_BOAPC_ResourceOnePage_03.pdf
Berkshire United Way	www.berkshireunitedway.org/get-help
Berkshire Community Action Council	Community Resources: Financial, Heating/Weatherization, Programs berkshirecap.wp.iescentral.com/community-resources
Berkshire Coalition for Suicide Prevention	Mental Health Help and Other Resources berkshirecoalition.org/resources-2
Home Care Alliance of MA	Guide to Private Home Care Services (with insurance information) https://www.thinkhomecare.org/page/providersearch
Legal Resources	Community Legal Aid: (855) 252-5342, communitylegal.org Berkshire Center for Justice: (413) 854-1955, berkshirecenterforjustice.org UpSide413: (413) 443-7138, upside413.org/housing-and-legal-counseling/
Massachusetts Addiction and Recovery Resources	watersiderecovery.com/massachusetts-addiction-and-recovery-resources/?gad_source=1&gclid=Cj0KCQjwsJO4BhDoARIsADDv4vCN4mJm2vR2c_c-LqyzWZE4DTv4M_JBBuUs31dSiyiEw1UpvKpX3LlaAkAFEALw_wcB
Nonprofit Center of the Berkshires	Directory of Berkshire Nonprofits and Ways to Help npcberkshires.org/virtual-resource-directory/
Rural Recovery Resources	List of substance use recovery resources and free peer recovery coaches. https://www.rural-recovery.org/help
Southern Berkshire Chamber of Commerce	southernberkshirechamber.com/
Well-Being Guide of the Berkshires (NAMI)	namibc.org/wp-content/uploads/sites/243/2024/05/Well-Being-Guide-of-the-Berkshires_5.3.24-2.pdf
The Veterans Blue Book	https://www.northwesternda.org/sites/g/files/vyhlif3601/f/uploads/veterans_blue_book_4th_edition_.pdf

South County Town Information

Alford: <http://www.townofalford.org>

Animal Control Officer- TJ Horrigan, (413) 717-5154
Board of Health- Jayne Smith, (413) 528-4536 x201, jespublichealth@gmail.com
Fire Department – 86 North Egremont Road, (413) 528-5156 or **911 (Emergency)**
Library – Alford's Children's Library- Alford Town Hall, (413) 528-2403
Police Department- MA State Police, (413) 243-0600, or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Southern Berkshire Regional School District. (413) 229-8754, www.sbrsd.org
Town Offices – 5 Alford Center Road. Roxanne Germain, (413) 528-4536, offices@townofalford.org
Veterans' Agent- Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Egremont: www.egremont-ma.gov

Animal Control Officer- Max Kolb, (518) 821-9878, mkolbpd@egremont-ma.gov
Board of Health – Juliette Haas, (413) 528-0182 x22, jhaas@egremont-ma.gov
Council on Aging – Peg Muskrat, (413) 528-0182 x25, coa@egremont-ma.gov
Fire Department – 175 Egremont Plain Road, (413) 528-1625 or **911 (Emergency)**
Library – 1 Buttonball Lane (413) 528-1474, EGRLibrary@egremont-ma.gov
Police Station – 171 Egremont Plain Rd, (413) 528-2160 or **911 (Emergency)**
Public Health Nurse - Berkshire Public Health Alliance, alliancenurse@berkshireplanning.org
School District – Southern Berkshire Regional School District, (413) 229-8754, www.sbrsd.org
Town Offices – 171 Egremont Plain Rd. (413) 528-0182, tegrement@egremont-ma.gov
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Great Barrington: www.townofgbma.gov

Animal Control Officer- Shepley Evans, (413) 528-0306, sevens@townofgbma.gov
Board of Health- Rebecca Jurczyk, (413) 528-0680, rjurczyk@townofgbma.gov
Council on Aging- 917 Main St, Joan Peters, (413) 528-1881 jpeters@townofgbma.gov
Fire Department – 37 State Road. (413) 528-0788 or **911 (Emergency)**
Libraries – Mason: 231 Main St, (413) 528 2403, Ramsdell: 1087 Main St, Housatonic, (413) 528-2403
Police Station – 465 Main Street. (413) 528-0306 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Berkshire Hills Regional School District, (413) 298-4017, www.bhrsd.org
Town Hall – 334 Main Street. (413) 528-1619 x2900
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Lee: www.lee.ma.us

Animal Control Officer- Kacey Hatch (802) 365-1773 kacey.hatch.413@gmail.com
Board of Health- Tri-Town, 50 Main St, Stockbridge. (413) 243-5540 www.tritownhealth.org
Council on Aging- Patricia Di Grigoli, 21 Crossway St. (413) 243-5545 coa@town.lee.ma.us
Fire Department - 179 Main St, (413) 243-2100 or **911 (Emergency)**
Library – The Lee Library, 100 Main Street. (413) 243-0385 www.leelibraryma.org
Mental Health Co-Responder – Ivy Goodwin (413) 327-2005 ivy.goodwin@lee.ma.us
Police Station – 32 Main Street. (413) 243-2100 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Lee Public Schools. www.leepublicschools.net (413) 243-0276
Town Hall – 32 Main Street. www.lee.ma.us (413) 243-5505
Veteran's Agent – Doug Mann, 177 Main St, Lee (413) 409-5974 leevetsagent@wmconnect.com

Lenox: www.townoflenox.com

Animal Control Officer- Kacey Hatch (802) 365-1773 kacey.hatch.413@gmail.com
Board of Health- Tri-Town, 50 Main St, Stockbridge. (413) 243-5540 www.tritownhealth.org
Council for Aging – Shannon O'Brien, 65 Walker St. (413) 637-5530
communitycenter@townoflenox.com
Fire Department - 14 Walker Street. (413) 637-2345 or **911 (Emergency)**
Library – Lenox Library, 18 Main Street. (413) 637-0197 lenoxlib.org/
Mental Health Co-Responder – Ivy Goodwin (413) 327-2005 ivy.goodwin@lee.ma.us
Police Station – 6 Walker Street. (413) 637-2346 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Lenox Public Schools. (413) 637-5560 www.lenoxps.org
Town Hall – 6 Walker Street. (413) 637-5500, www.townoflenox.com
Veteran's Agent – Doug Mann, 177 Main St, Lee (413) 409-5974 leevetsagent@wmconnect.com

Monterey: www.montereyma.gov

Animal Control Officer- Brian Fahey, 413-528-3211 mpdchief@montereyma.gov
Board of Health- Tri-Town, 50 Main St, Stockbridge. (413) 243-5540 www.tritownhealth.org
Community Center- 468 Main Rd, (413) 528-3600, montereycommunitycenter@gmail.com
Council on Aging- Kathryn Roberts, (413) 528-1443 x247 coaoutreach@montereyma.gov
Fire Department – 411 Main Rd. (413) 528-3136 montereyfireco@gmail.com or **911 (Emergency)**
Library – Monterey Library, 452 Main Road. Mark Makuc, (413) 528-3795, montereylibrary@gmail.com
Police- 435 Main Rd, (413) 528- 3211 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Southern Berkshire Regional School District. (413) 229-8754 www.sbrsd.org
Town Hall – 435 Main Road. Roger MacDonald (413) 528-1443 x111, admin@montereyma.gov
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Mount Washington: www.mountwashington-ma.gov

Board of Health- boardofhealth@mountwashington-ma.gov or
Jason Dragonetti, jason@tritownhealth.org
Council on Aging- Corey Hines, (413) 528 3998, mtncory@aol.com
Fire Department – Joe Schneider, (413) 717 7622 , efd50joe@gmail.com or **911 (Emergency)**
Library – 2 Plantain Pond Rd. Lesliann Furcht, (413) 528- 4971
Police/ EMD – Brian Tobin, (413) 528-3204, **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School Districts – SBRSD (413) 229-8754 or BHRSD (413) 298-4017
Town Hall – 2 Plantain Pond Rd. (413) 528-2839, elem@townofmtwashington.com
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

New Marlborough: www.newmarlboroughma.gov

Animal Control Officer- Graham Frank, 413-229-8161 gfrank@newmarlboroughma.gov
Board of Health – Scott McFarland, Agent, nmboh@newmarlboroughma.gov, (413) 229 8469
Council on Aging – Prudence Spaulding, prudencespaulding@hotmail.com, (413) 229-8407
Fire Department – 205 Norfolk Rd, Charles Loring III, Chief (413) 229-8100 or **911 (Emergency)**
Library – 1 Mill River - Great Barrington Road. (413) 229-6668 www.newmarlboroughlibrary.org
Police Station – 807 Mill River Southfield Rd. Graham Frank, Chief, (413) 229-8161 or **911**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Southern Berkshire Regional School District. (413) 229-8754 www.sbrsd.org
Town Hall – 807 Mill River Southfield Road. Mari Enoch, (413) 229-8116
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Otis: www.townofotisma.com

Animal Control Officer- Kacey Hatch (802) 365-1773 kacey.hatch.413@gmail.com
Board of Health – Heather Grey (413) 269 0100 x129, healthdept@townofotisma.com
Council on Aging – 1 N Main Road, Kendra Rybacki, (413) 269-0100 x5, seniorsotisma@gmail.com
Library – Otis Library, 48 North Main Road. Brad Havill, (413) 269-0109, info@otislibraryma.org
Police Station – 1 North Main Road. Kris McDonough, Chief, (413) 269-0100
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
Fire Department – 15 South Main Rd. Richie Phair, Chief, (413) 269-0100 x120 or **911 (Emergency)**
School Districts – Farmington River, www.frrsd.org, Berkshire Hills, Lee Middle/High School
Town Hall – 1 North Main Road. Brandi Page, (413) 269-0100 x 127 townadmin@townofotisma.com
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Sandisfield: www.sandisfieldma.gov

Animal Control Officer- Sandisfield Police Dept (413) 258-4742
Board of Health – 3 Silverbrook Rd, Jason Dragonetti, (413) 258-4711 x9, jason@tritownhealth.org
Council on Aging- 66 Sandisfield Rd, (413) 258-4711 x8
Library – Sandisfield Library, 23 Sandisfield Road. (413) 258-4966 www.sandisfieldlibrary.org
Police Station – 3 Silverbrook Rd, (413) 258-4742 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
Fire Department –79 South Main St or 207 Sandisfield Rd (413) 258-4742 or **911 (Emergency)**
School Districts –Farmington, Berkshire Hills Regional SD, Lee Middle/High School
Town Hall Annex– 66 Sandisfield Road. Janey Snyder (413) 258-4711, jbeardsley@sandisfieldma.gov
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Sheffield: www.sheffieldma.gov

Animal Control Officer- Kadin Shafiroff, 413-717-5291 kshafiroff@sheffielddpd.com
Board of Health – 21 Depot Square. (413) 229- 7000 x157, townhall@sheffieldma.gov
Council on Aging – 25 Cook Rd. (413) 229-7037 kloring@sheffieldma.gov
Fire Department- 65 Depot Square. John Ullrich, Chief (413) 229-7033 or **911(Emergency)**
Library – Bushnell Sage Library, 46 Main Street. Deena Caswell (413) 298-5501
Police Station – 10 South Main Street. Eric Munson, Chief, (413) 229-8522 or **911(Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Southern Berkshire Regional School District. (413) 229-8754 www.sbrsd.org
Town Hall – 21 Depot Sq., Town Admin (413) 229-7000 townhall@sheffieldma.gov
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Stockbridge: www.stockbridge-ma.gov

Animal Control Officer- John Drake, 413-464-2148
Board of Health- Tri-Town Health, 50 Main St, Stockbridge. (413) 243-5540 www.tritownhealth.org
Council on Aging – 50 Main St, Katie Szwed, (413) 298-4170 x263 COADirector@stockbridge-ma.gov
School District – Berkshire Hills Regional School District. www.bhrsd.org (413) 298-4017
Town Hall – 50 Main Street. Michael Canales, Town Administrator, (413) 298-4170
Library – The Stockbridge Library, 46 Main St. (413)298-5501 info@stockbridgelibrary.org
Mental Health Co-Responder – Ivy Goodwin (413) 327-2005 ivy.goodwin@lee.ma.us
Police Station – 50 Main Street. , Darrell Fennell, Chief (413) 298-4179 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
Fire Department - 1 East Street. (413) 298-4866 or **911 (Emergency)**
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Tyringham: www.tyringham-ma.gov

Animal Control Officer- John Drake, 413-464-2148

Board of Health – 116 Main Rd., Molly Curtin-Schaefer (413) 243-1749 townhall@bcn.net

Council on Aging – 116 Main Rd., Barbara Adams, (413) 243-3297

Fire Department- 100 Main Rd., Charles Slater, Chief (413) 243-0448 or **911 (Emergency)**

Library- Tyringham Free Library, 118 Main Rd. (413) 243-11749 x107

Police Station -116 Main Rd. (413) 243-1749 or **911 (Emergency)**

Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org

School District- Lee Public Schools. www.leepublicschools.net (413) 243-0276

Town Hall- 116 Main Rd. Molly Curtin-Schaefer, Town Admin, (413) 243-1749, townhall@bcn.net

Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

West Stockbridge: www.weststockbridge-ma.gov

Animal Control Officer- John Springstube, (413) 464-2148

Board of Health – Earl Moffatt (413)232-0300 x314 health@weststockbridge-ma.gov

Council on Aging – “Peggy” Elder Services (413) 499-0524

School District – Berkshire Hills Regional School District. www.bhrsd.org (413) 298-4017

Town Hall – 21 State Line Rd, West Stockbridge, (413) 232- 0300

Library – West Stockbridge Public Library, 21 State Line Rd. (413) 232-0300 x308

Police Station- 21 State Line Rd, (413) 232-8500 or **911 (Emergency)**

Public Health Nurse – Berkshire Public Health Alliance, alliancenurse@berkshireplanning.org

Fire Department – 24 Albany Rd, (413) 717-2751 firechief@stockbridge-ma.gov or **911 (Emergency)**

Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Animal Resources

Animal Control Officers Per Town: Please see section on individual towns

Berkshire Humane Society:

Location: 214 Barker Rd, Pittsfield, MA 01201

Contact: (413) 447-7878

Website: <https://berkshirehumane.org/>

Focus: Berkshire Humane Society is a socially conscious, open-admission animal shelter dedicated to the compassionate care, treatment, and placement of all companion animals—regardless of age, breed, or health. They provide a vital community resource through sheltering, adoption, outreach, and support programs that strengthen the bond between animals and people. Through their SafePet Program, they can provide temporary fostering of animals of pets owned by individuals in crisis or transition.

H5N1 (Bird Flu) Resources:

www.mass.gov/news/state-officials-provide-updated-guidance-on-suspected-avian-flu-cases-reported-across-massachusetts

Report Suspected Cases

- **Report Wild Birds:** The public should report observations to MassWildlife of sick or deceased birds if 5 or more birds are found at a single location, using this simple form at mass.gov/reportbirds.
- **Report Domestic Birds:** The public should report sick or dead poultry or other domestic birds by calling MDAR's Division of Animal Health at (617) 626-1795 or through mass.gov/reportpoultry.

Tips for the Public

- **Avoid handling birds and other wildlife:** The public should strictly avoid handling wildlife, especially sick or dead animals
- **Keep pets safe:** Dogs and other pets should always be leashed and away from wildlife. Cats are highly susceptible to HPAI and may die from an infection. Cat owners in affected areas should keep their pets indoors.
- **Hunting:** While eating wild game meat is generally considered safe, licensed hunters can minimize the risk of wildlife diseases by following [best practices](#) when handling and processing game.

Tips for Livestock and Poultry Owners:

Since wild migratory birds are natural carriers for Avian Influenza viruses, including HPAI, preventing wild birds from mixing with or having contact with domestic flocks is essential to disease control and prevention.

- Poultry owners should continue to practice strong biosecurity measures to keep their birds away from wild birds, particularly wild waterfowl, feathers, and droppings.
- Poultry owners with water bodies on their property should take steps to mitigate wild waterfowl from frequenting those areas. Eliminating standing water and preventing domestic birds from having access to ponds, streams, and wetland areas that attract wild waterfowl is critical.
- Avoid unnecessary movement of poultry between locations and be aware of the potential to carry HPAI-contaminated materials onto properties where domestic birds are kept.
- New birds should be completely isolated for at least one month prior to being added to a domestic flock. Birds returning home from fairs or shows should also be isolated from the home flock as if they were new arrivals.
- Limit the number of people that have access to your flock.
- Do not share equipment with other bird owners without thoroughly cleaning and disinfecting between locations.
- For more information about HPAI, please visit MDAR's Avian Influenza [webpage](#).

Veterinary Locations:

- **Bilmar Veterinary Services.** 776 S Main St, Great Barrington, MA. (413) 528-1180 <https://www.bilmarvet.com/>
- **Berkshire Animal Care.** 372 Greenwoods Rd W, Norfolk, CT (860) 542-7050 <https://www.berkshireanimalcare.com/>
- **Greener Pastures Veterinary Services.** Mobile Services. (413) 717-8612 www.greenerpasturesvetservices.com/
- **Sand Road Animal Hospital.** 136 Sand Road, Falls Village, CT. (860) 397-1551 <https://www.sandroadanimals.com/>
- **Valley Veterinary Services.** 920 Pleasant St, Lee, MA. (413) 243-2414 <https://valleyveterinaryservice.com/>
- **VCA All Caring Animal Hospital.** 440 Stockbridge Rd, Gt Barrington, MA. (413) 528-8020 vcahospitals.com/all-caring

Wildlife Rehabilitators in Berkshire County:

If you find a sick or injured wild animal or bird, contact a licensed wildlife rehabilitator immediately using the list below. They can guide you through what to do in the animal's immediate situation.

Contact: <https://www.mass.gov/info-details/find-a-wildlife-rehabilitator>

BIRDS:

- **Judy Pasko** – Cumington Wildlife Inc. Cumington, MA (413) 695-6854 www.cumingtonwildlife.com Expert in migratory songbirds, other birds (not birds of prey) and rabbits
- **Eden Curtin** – Valley Veterinary Services. Tyringham, MA (413) 274-7077 non-migratory birds only, no baby birds, some game birds
- **Tom Ricardi** – Birds of Prey Rehabilitation Center. Conway (though not Berkshire County, he is the closest one who can take birds of prey) (413) 369-4072

BIRDS AND MAMMALS:

- **Kevin Charlton**. Stockbridge. (413) 575-4602 – text to have him help you place an animal with the right rehabilitator for your situation. Non-migratory birds, pigeons
- **Stacy Williams**. Cheshire. (332) 203-8424, NO migratory birds
- **Ceacy Henderson**. Colrain, MA, Bat Expert, (413) 768-8928, www.ceacyhenderson.com

MAMMALS:

- **Berkshire Veterinary Hospital**. Pittsfield (413) 499-2820 Can take injured adult mammals when they have space – NO baby animals
- **Cara Petricca Carnevale**. Cheshire (413) 446- 3345
- **Carolyn Hogencamp**, Lee (413) 717-0614
- **Dawn Collins** – Berkshire Wildlife Services. Washington, (413) 623-8340 www.berkshirewildlifeservices.org Coyotes, foxes, bobcats, racoons, fisher cats, takes other mammals – can help figure out placement for deer
- **Liz Markham**. Ashley Falls, (413) 717-1066 Squirrels, chipmunks, racoons, opossums, NO rabbits or mice
- **MA Fish and Wildlife**. Dalton. Andrew Madden and Nathan Buckhout wildlife biologists. (413) 684-1646 Deer – only place to call for injured or abandoned Deer
- **Meagan Carlotta**, Stockbridge. (413) 297-4948 Opossums, skunks, NO tiny babies
- **Sonia Bylcosky**, Lenox (413) 551-2525 Squirrels
- **Tufts Wildlife Clinic**, North Grafton (not Berkshire county, only place that takes Bears on emergency and then are sent to NH Kilham Bear Center for rehabilitation) (508) 839-7918

REPTILES AND MAMMALS:

- **Laura Lancaster**. Cumington (203) 218-4473 Rabbits and reptiles
- **Betsy Robbins**. Reptiles – turtles included – red-grey squirrel, chipmunks, rabbits Pittsfield. (774) 212-7509 Facebook: Robbins2therescue

REPTILES:

- **Tracy Lynn Zustra**. Pittsfield (413) 663-4555 Turtles and snakes

Tick and Mosquito Resources:

- **Southern Berkshire Public Health Collaborative** Tick Awareness: Tickborne illnesses in the Berkshires
- <https://southernberkshirehealth.com/resources/public-health-nursing/health-education/tick-awareness/>
- **Berkshire Public Health Alliance (BPHA)** Provides public health information on vector-borne illnesses (Lyme, EEE, West Nile Virus). <https://www.berkshirepublichealth.org/> 413-442-1521
- **Massachusetts Department of Public Health (MDPH) – Vector-borne Disease Program** Statewide updates on tick/mosquito activity, prevention tips, and maps for EEE/WNV risk. <https://www.mass.gov/info-details/tick-borne-disease-information> and <https://www.mass.gov/info-details/mosquito-borne-diseases>
- **Berkshire County Mosquito Control Projects** Check with your town hall or Board of Health. State contact: Massachusetts Mosquito Control Projects <https://www.mass.gov/mosquito-control-projects>
- **Berkshire County Boards of Health** Each town/city board can provide local alerts or spraying schedules.
- **Berkshire Natural Resources Council (BNRC)** <https://www.bnrc.org/>

Food Resources

Berkshire Bounty:

Location: P. O. Box 1037 Great Barrington MA 01230.

Contact: 413-591-2239 info@berkshirebounty.org

Website: www.berkshirebounty.org/

Focus: Berkshire Bounty is a food rescue organization dedicated to collecting, purchasing and delivering nutritious food to emergency food distribution programs countywide.

Berkshire South Regional Community Center:

Location: 15 Crissey Road. Great Barrington, MA 01230

Contact: 413-528-2810 mamstead@berkshiresouth.org

Website: berkshiresouth.org

Meal Dates: berkshiresouth.org/community-adult/

Focus: Berkshire South offers free community suppers twice a month. In person dining only between 5pm and 6pm. Check website for dates. Meals are first come first served. Everyone is welcome

Community Health Programs:

Location: 442 Stockbridge Road, Great Barrington, MA 01230

Contact: 413-528-0457 info@chpberkshires.org

Website: chpberkshires.org/chp-nutrition/

Focus: CHP has food at their family services Monday through Friday 9am-4pm self-serve outside and pantry inside if needed. Mobile Food Bank first Tuesday of every month 11am-noon here at CHP Health Center in Great Barrington. Contact Family Services for additional food resources.

Elder Services Meals on Wheels:

Location: 73 South Church Street. Pittsfield, MA 01201

Contact: 413-499-0524 esbc@esbci.org

Website: www.esbci.org/services/nutrition-programs/

Focus: The Meals on Wheels program provides isolated and/or frail and/or homebound elders with a hot meal each weekday at noon. Sugar-free desserts and Lactaid milk are available. Cardiac, Renal, and Vegan nutritional meals are offered as well. There are no income guidelines, however there are frailty guidelines. The MOW driver provides a wellness check.

Elder Services Nutrition Programs:

Location: 73 South Church Street. Pittsfield, MA 01201

Contact: (413) 499-0524 esbc@esbci.org

Website: www.esbci.org/services/nutrition-programs

Focus: The Meals on Wheels program provides isolated and/or frail and/or homebound elders with a nutritious, hot meal each weekday at 12 pm. The Senior Meal Program provides a nutritious hot meal at 14 senior lunch sites at 12 pm. Seniors, 60 years and older, meet at a local meal site often located in a nearby senior center to eat and socialize.

Family Resource Center- Great Barrington:

Location: 141 West Avenue. Great Barrington

Contact: 413.528.0298 info@csoinc.org

Websites: www.csoinc.org/community-based-programs
www.frcma.org/locations/great-barrington-family-resource-center-0

For Meal Updates: shasta.bona@csoinc.org

Focus: CSO hosts monthly Family Meal Series as well as other resources on site.

Farmers' Markets (Local):

Website: www.massfarmersmarkets.org/markets

Focus: Use this link above to search for Farmers Markets by town or county and choose a day of the week. In addition, you can also search by nutrition programs - for example to find markets that take HIP or have a SNAP match.

Food Bank of Western Massachusetts:

Contact: 413-247-9738

Website: www.foodbankwma.org/

Community Health Programs Dates: First Tuesday of every month at 444 Stockbridge Road. Gt Barrington, between 11am-12pm

Focus: The Food Bank of Western Massachusetts's Leadership Team can be contacted through the means listed below. If you have a general question or are not sure who to speak to, please use the Contact Form below or call and we will forward you to the best contact.

Guthrie Center: Meal Site:

Location: 2 Van Deusenville Road, Great Barrington, MA 01230

Contact: 413-528-1955 guthriecenter@gmail.com

Website: guthriecenter.org/

Link to meal information: guthriecenter.org/programs.html

Focus: Free Community Lunch: Held every Wednesday from 12PM to 1PM.

Healthy Incentives Program (HIP)

Contact: (800) 645-8333

Website: www.farmcommunitycollaborative.org/

Link to Application: dtafinder.dtadash.ehs.mass.gov/

Focus: HIP provides extra SNAP money for local produce. Depending on your family size, you can get an additional \$40-80 per month through HIP. Learn more about HIP on DTA's website. Follow [these instructions](#) on how to use HIP at local locations.

Senior Farmers' Market Nutrition Program (FMNP):

Contact: (703) 305-2281 AskUSDA@usda.gov

Website: www.fns.usda.gov/sfmnp/senior-farmers-market-nutrition-program

Focus: The Senior Farmers' Market Nutrition Program provides eligible elders (60+) with coupons for produce redeemable at farmers' markets. Coupons are available from early summer through October each year; they are distributed through your local Council on Aging.

School District Food Programs

Berkshire Hills Regional School District (BHRSD) www.bhrsd.org

Location: 50 Main Street. Stockbridge, MA 01262

Contact: Kathy Sullivan 413-644-2300 kathy.sullivan@bhrsd.org

Farmington River Regional School District (FRRSD) www.frrsd.org

Location: 555 North Main Road, P.O. Box 679, Otis, MA 01253. 413-269-4466

Contact: Sarah Hopkins 413-269-4466 extension 142 shopkins@frrsd.org

Lee Public Schools (LPS) www.leepublicschools.net

Location: 300A Greylock Street, Lee MA 01238

Contact: Shannon Gagliardo 413-243-0276 sgagliardo@leepublicschools.net

Lenox Memorial Middle & High School (LMMHS) www.lenoxps.org

Location: 6 Walker Street. Lenox, MA 01240

Contact: Lorraine Goodfellow 413-637-5550 support@myschoolbucks.com

Southern Berkshire Regional School District (SBRSD) www.sbrsd.org

Location: 491 Berkshire School Rd. Sheffield, MA 01257. 413-229-8754

Contact: Sarah Jonston sjohnston@sbrsd.org 413-229-8754 extension 387

South County Food Pantries and Meal Sites List by Town

Great Barrington:

- **Berkshire South Regional Community Center** - 15 Crissey Road Gt. Barrington - 413-528-2810 -Check monthly schedule here www.berkshiresouth.org
- **CHP Family Services:** 442 Stockbridge Road Gt. Barrington 413-528-0457 Mondays – Fridays 9:00am – 4:00pm No eligibility required. <https://chpberkshires.org/family/food-for-all/>
- **Guthrie Center** 2 Van Deusenville Road - Gt. Barrington - 413-528-1955 - Wednesdays - Free Community Lunch 12:00pm – 1:00pm and a free legal clinic. <https://guthriecenter.org/programs.html>
- **Peoples Pantry** 5 Taconic Ave. at St. James Place: Across from CVS Gt. Barrington Mon. 4:00pm – 5:30pm Thurs. 10:00am – 12:30pm South County residents only, www.thepeoplespantrygb.org

Lee: Grace Food Pantry, 130 Housatonic Street, Lee, Ma Open Saturdays 10am-12pm 413-644-0022 – Serves residents of Lee and surrounding towns, including Stockbridge, Tyringham, Lenox Dale and Becket. <https://graceberkshires.org/lee-food-pantry/>

Lenox: Lenox Ecumenical Food Pantry, United Methodist Church of Lenox, 6 Holmes Rd, Lenox Open Every other Saturday 10am -11am 413- 445-5918. – Serves Lenox and Lenox Dale Residents and members of Lenox and Lenox Dale churches. <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

Monterey: Monterey Pantry, Pickup Held at the Monterey Meetinghouse - 449 Main Rd., Monterey (In the basement) Saturdays 10:00am – 11:30am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, montereypantry@gmail.com <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

New Marlborough: Monterey Pantry, Pickup Held at the Monterey Meetinghouse basement - 449 Main Rd., Monterey Saturdays 10:00am – 11:30am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, montereypantry@gmail.com <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

Otis: Otis Food Pantry - 1 North Main Road, Otis. - otisfoodpantry@gmail.com - Wednesdays 9:00am – 11:00am - No residency restrictions

Sandisfield: Monterey Pantry - Pickup Held at the Monterey Meetinghouse - 449 Main Rd., Monterey (In the basement) Saturdays 10:00am – 11:30am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, montereypantry@gmail.com <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

Sheffield: Sheffield Food Assistance Held at Old Parish Church - 125 Main Street, Sheffield, Mondays 9:00am – 10:00am – Open to anyone living in the Southern Berkshire Regional School District. Phone Contact: 413-229-8173

South County Meal Sites

- **Berkshire South Regional Community Center:** 15 Crissey Rd. Gt. Barrington - 413-528-2810 - Meals are first come first served. Everyone is welcome.
- **Guthrie Center:** 2 Van Deusenville Rd. Gt. Barrington 413-528-1955 - Wed. Free Community Lunch, Noon – 1:00pm
- **Breaking Bread Community Supper:** Held at the American Legion Corner of Cook Rd. & Rt. 7, Sheffield 413-229-8614 Thurs. 5:00pm – Grab & go dinners Call for a reservation 413-229-7037. Free to all.
- **Sheffield Senior Center:** 25 Cook Rd. Sheffield - 413-229-7037 Soup & Sandwich Lunch - Mon. 11:30am Free from the Sheffield Senior Center - Wed. & Fri. Meals served at Noon Provided through Elder Services - For people 60 and older there is a \$3 suggested donation. For people under 60, price is \$8. 1st & 3rd Wed. - Free to veterans.

Supplemental Nutrition Assistance Program (SNAP)

Contact: (877) 382-2363

Website: www.mass.gov/snap-benefits-formerly-food-stamps

Link to Application: dtaconnect.eohhs.mass.gov/apply

Focus: SNAP (formerly known as food stamps) provides nutritious food to eligible individuals and families through SNAP retailers (grocery stores, some convenience stores, farmers' markets). At least one household member must be a US citizen (children count).

Women, Infants, and Children Nutrition Program (WIC):

Location: CHP Family Services. 442 Stockbridge Road. Great Barrington, MA 01230

Contact: 413-528-0457 wic@chpberkshires.org

State Website: www.mass.gov/orgs/women-infants-children-nutrition-program

CHP Website: chpberkshires.org/family/wic-berkshire-south/

Focus: WIC is a free nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services to all families who qualify, including women who are pregnant and children under 5.

Harm Reduction Services

Berkshire Tobacco-Free Community Partnership:

Address: AHEC 397 Main Street, Dalton, MA

Contact: (413) 842-5160 ce@berkshireahec.org

Website: <https://berkshireahec.org/tobacco-free-community-partnership/>

Focus: The Massachusetts Tobacco-Free Community Partnerships (TFCPs) work to prevent tobacco use, promote quitting, and protect residents from secondhand smoke through local education, advocacy, and regulation support. As part of a statewide network, TFCPs strengthen community-led efforts and amplify initiatives that foster healthier, tobacco-free environments.

Berkshire County Tobacco Control Program:

Address: Tri-Town Health Department, 50 Main Street, Stockbridge, MA

Contact: Jim Wilusz, 413 243 5540 jim@tritownhealth.org

Website: <https://www.lee.ma.us/tri-town-health-department/pages/tobacco-awareness-program>

Focus: The Tri-Town Health Department program consists of a wide variety of program and services, including tobacco retailer training, assisting the drafting and adoption of tobacco control regulations, conducting compliance checks and education of the community about the dangers of tobacco and the effects of secondhand smoke.

Berkshire Harm Reduction:

Location 1: 42 Summer Street, Pittsfield, MA &

Location 2: 6 West Main Street, North Adams

Contact: 413-447-2654

Website: <https://www.berkshirehealthsystems.org/community-wellness/berkshire-harm-reduction/>

Focus: Berkshire Harm Reduction is dedicated to reducing the health risks associated with substance use. Through free sterile supplies, Narcan, fentanyl test strips, and testing for HIV, Hepatitis C, and STIs, they provide essential tools for prevention and early intervention. Their services also include basic wound care and abscess prevention to support overall well-being and reduce medical complications.

Berkshire Coalition for Suicide Prevention (BCSP):

Contact: info@berkshirecoalition.org

Website: <https://www.berkshirecoalition.org/>

Focus: The Berkshire Coalition for Suicide Prevention build a resilient community by educating, strengthening, and empowering individuals to find healing, hope, and support—ultimately saving lives and reducing suicide and self-harm.

Berkshire Overdose and Addiction Prevention Collaborative (BOAPC):

Location: 1 Fenn Street, Suite 201, Pittsfield, MA 01201

Contact: 413.442.1521 x37 aottoson@berkshireplanning.org

Website: <https://berkshireplanning.org/initiatives/boapc/>

Focus: The Berkshire Overdose and Addiction Prevention Collaborative (BOAPC) works across Berkshire County to reduce substance-related harm and prevent overdose deaths. Bringing together a wide range of partners—from healthcare and housing to law enforcement and individuals in recovery, BOAPC fosters collaborative, community-driven solutions. Through shared efforts, the Collaborative identifies local needs and implements lasting changes in policy, practice, and prevention.

Detox and Stabilization Programs:

- **Berkshire Medical Center**, McGee Unit; 413-442-1400
- **Berkshire Medical Center Clinical Stabilization Services (CSS) Unit**; 413-447-2927
- **Berkshire Mountain Health**; 877-567-6405

Outside of Berkshire County:

- **Adcare Hospital**- 107 Lincoln St., Worcester, MA; 866-493-4187
- **Behavioral Health Network (BHN)**- Springfield, MA, 413-301-9355
- **Brattleboro Retreat**- 1 Anna Marsh Lane, Brattleboro, VT; 802-258-3700
- **Spectrum Detox**- 10 Mechanic Street, Suite 302, Worcester, MA; 800-366-7732
- **MA Substance Use Helpline**- Call 800-327-5050 or text "HOPE" to 800327

Intensive Outpatient Programs (IOP):

Brien Center for Mental Health and Substance Abuse Services

Location: 251 Fenn Street, Pittsfield, MA

Phone: (413) 499-0412

Website: briencenter.org

Focus: Serves adolescents with behavioral health disorders and/or substance use issues. IOP typically includes group therapy, individual therapy, family therapy, and case management.

Berkshire Health Systems' Behavioral Health Services — Child & Adolescent

Location: Berkshire Medical Center, 725 North Street, Pittsfield, MA

Phone: (413) 395-7675

Website: berkshirehealthsystems.org

Focus: Offers a range of behavioral health services (with IOP as a step-up or step-down from traditional outpatient care). Collaborative care with schools, families, and community resources.

Clinical & Support Options (CSO) Pittsfield Office

Location: 877 South Street, Pittsfield, MA

Phone: (413) 236-5656

Website: csoinc.org

Focus: Child and Adolescent Services with behavioral health IOP components. Support for co-existing disorders alongside behavioral health struggles.

Mountainside — Canaan, CT (with Virtual IOP for Massachusetts)

Location: 187 S Canaan Rd, Canaan, CT 06018

Phone: (888) 833-4677

Website: mountainside.com

Focus: Adolescent Intensive Outpatient Program (age 13–17). Group therapy, family therapy, relapse prevention, education, and healthy coping skills. Serves Massachusetts through a combination of in-person (Canaan, CT) and virtual sessions

Rogers Behavioral Health

Location: (Massachusetts locations in Worcester or Westwood)

Phone: (833) 308-5887 communityengagement@rogersbh.org

Website: rogersbh.org

Focus: Specialty IOP for teens with co-existing disorders (anxiety, depression, trauma, and/or substance use). Cognitive behavioral therapy, dialectical behavioral therapy, and group sessions. Family education and support (About 2 hours' drive from Pittsfield — but a strong option if you're looking for specialized care)

Massachusetts Problem Gambling Helpline:

Location: 24/7, 365 days a year via phone call, text, or chat

Contact: 1-800-327-5050

Website: gamblinghelpline.ma.org

Focus: Provides information about risks and signs of problem gambling and offers links to treatment and other resources to help start the road to recovery.

Medication for Opioid Use:

Brien Center- <https://www.briencenter.org/>

- **Location 1:** 333 East St., Pittsfield MA, 413-499-0412
- **Location 2:** 60 Cottage Street, Great Barrington MA
- **Location 3-** 124 American Legion Drive, North Adams MA

Spectrum Health Systems (methadone)- <https://www.spectrumhealthsystems.org/locations/290-park-street/>

- **Location 1:** 390 Merrill Rd., Pittsfield, MA, 413-442-0402
- **Location 2:** 1274 Curran Highway, North Adams, MA, 413-664-9024
- **Location 3:** 290 Park St, Great Barrington, MA, 413-347-4647

Clean Slate Outpatient Recovery Center- <https://www.cleanslatecenters.com/>

- 53 Eagle St, Pittsfield, MA; 413-347-4088

Savida Health- <https://savidahealth.com/>

- **Location 1:** 42 Summer St. Suite 201, Pittsfield, MA; 413-236-9100
- **Location 2:** 77 Hospital Ave., North Adams, MA; 413-398-5180

Naloxone (Narcan) is available without a prescription at all pharmacies in MA and at boapc.org/naloxone

Outpatient Mental Health Treatment Programs:

Alternative Living Centers Outpatient Services- <https://alccorp.org/>

Location 1: 206 1st Street, Pittsfield, MA; 413-499-6300

Location 2: 218 Ashland Street, North Adams, MA

Better Life Partners- <https://betterlifepartners.com/>

Online and in various locations in Berkshire County, MA

Brien Center- <https://www.briencenter.org/>

Location 1: 333 East St. # 227, Pittsfield; 413-499-0412

Location 2: 124 American Legion Dr., North Adams; 413-664-4541

Location 3: 60 Cottage St., Great Barrington; 413-528-9156

Crisis Line: 800-252-0227 (24-hr) Intensive Outpatient Program, Enhanced Outpatient Program (day treatment), Individual and Group Therapy, Suboxone and Vivitrol

Clean Slate Outpatient Recovery Center- <https://www.cleanslatecenters.com/>

One Location: 53 Eagle St, Pittsfield, MA; 413-347-4088

Commonwealth Collaborative- https://www.commoncollab.com/?utm_campaign=gmb

One Location: 405 Stockbridge Road, Great Barrington, MA; 413-327-9210

Savida Health- <https://savidahealth.com/>

Location 1: 42 Summer St. Suite 201, Pittsfield, MA; 413-236-9100

Location 2: 77 Hospital Ave., North Adams, MA; 413-398-5180

Spectrum Health Systems (methadone)- <https://www.spectrumhealthsystems.org/locations/290-park-street/>

Location 1: 390 Merrill Rd., Pittsfield, MA, 413-442-0402

Location 2: 1274 Curran Highway, North Adams, MA, 413-664-9024

Location 3: 290 Park St, Great Barrington, MA, 413-347-4647

Rural Recovery South County Recovery Center:

Location: 67 State Road, Great Barrington, MA

Contact: 413-854-5828 gary@rural-recovery.org

Website: <https://www.rural-recovery.org/>

Focus: Rooted in harm reduction, recovery support includes peer-led groups, recovery coaches, and inclusive social activities that meet people where they are. These services offer non-judgmental support to individuals using substances, those in recovery, and their loved ones. By fostering connection and reducing isolation, they help minimize the risks and stigma associated with substance use.

Recovery Residencies and Residential Treatment:

ALC (Alternative Living Centers) 413-499-6300

Short term & long-term residential housing - MASH certified. Locations in Pittsfield and North Adams. Structured housing with a day program, weekly case management inclusive of assistance in employment/housing search and resource referrals, and regular counseling with clinical staff

The Brien Center

- **Keenan House** -202 Bradford St., Pittsfield, MA, 413-499-2756
- **Keenan House North - 42-44 Arnold Place, North Adams, MA, 413-662-2480.** Case management, in-house clinical/non-clinical groups, community-based groups, community networking and support services, and more
- **Safe Harbor-** 413-499-0412
Recovery housing in Pittsfield with multi- bedroom apartments and seeks to reunify children with parents

- **Supportive Homes** - 413-499-0412

Shared apartment living (up to two years) in Pittsfield where residents receive weekly case management, attend community meetings and build a network, maintain employment, and volunteer in the local community

Mass Certified Sober Home website: <https://mashsoberhousing.org/certified-residences/>

Vanderburgh House- 844-762-3747. Recovery-focused sober living program for women.

Residential Resources:

- **Austen Riggs Center** – Stockbridge (Berkshire County) Psychiatric hospital and therapeutic community for adults. <https://www.austenriggs.org>
- **Banyan Massachusetts** – Wilmington. Comprehensive inpatient addiction treatment with detox, dual diagnosis care, and holistic therapies in a medically supervised environment. <https://www.banyanmass.com>
- **Behavioral Health Network (BHN)** – Springfield & Holyoke (Hampden County) Residential recovery programs for adults with co-occurring mental health and substance use disorders. <https://www.bhn.org>
- **Berkshire Meadows** – Housatonic (Berkshire County) 24-hour care for children and young adults with severe developmental disabilities. <https://www.jri.org/services/residential/berkshire-meadows>
- **Brightside for Families and Children** – Holyoke (Hampden County) Residential and community-based treatment for youth. <https://www.mercycares.com/services/brightside>
- **Gandara Center** – Springfield (Hampden County) Latino-focused group homes and adolescent residential programs. <https://www.gandaracenter.org>
- **Gosnold Treatment Center** – Falmouth. One of the oldest recovery providers in MA, offering residential substance use treatment, detox, and mental health services in a coastal setting. <https://gosnold.org>
- **Gould Farm** – Monterey (Berkshire County) Residential program for adults with depression, bipolar disorder, schizophrenia. <https://www.gouldfarm.org>
- **Hillcrest Educational Centers** – Pittsfield (Berkshire County) Residential treatment for youth with emotional/behavioral issues. <https://www.hillcrestec.org>
- **Hope Center (via CHD)** – Springfield (Hampden County) Residential recovery services for women and pregnant/postpartum individuals. <https://chd.org>
- **Loreto House (via Providence Ministries)** – Holyoke. Faith-based sober living for men with structured residential support. <https://providenceministries.org>
- **Mayflower Recovery** – Wilmington. Modern detox and inpatient recovery center with personalized programs, trauma-informed care, and private accommodations. <https://www.mayflowerrecovery.com>
- **Phoenix House** – Springfield (Hampden County) Residential and outpatient treatment for adults with substance use disorders. <https://www.phoenixhouse.org/locations/massachusetts/springfield/>
- **Providence Ministries** – Holyoke (Hampden County) Recovery housing and residential programs for men. <https://providenceministries.org>
- **RFK Children's Action Corps** – South Hadley (Hampshire County) Residential treatment for youth with trauma histories. <https://www.rfkcommunity.org/our-programs/juvenile-justice/south-hadley-girls-treatment-program>
- **Service Net: Prospect Meadow** – Hatfield (Hampshire County) Supported housing and community-based residential care for adults with mental health needs. <https://www.servicenet.org>
- **Spring Hill Recovery Center** – Ashby Private residential treatment center offering evidence-based therapy, medical detox, and individualized recovery programs in a wooded, peaceful campus. <https://www.springhillrecovery.com>
- **Swift River** – Cummington. Residential addiction treatment program offering medical detox, inpatient rehab, dual diagnosis care, and outdoor therapy in a serene Berkshire setting. <https://swiftriver.com>

2nd Street Second Chances:

Location 1: Pittsfield Office: 264 Second Street. Pittsfield, MA 01201

Location 2: North Berkshire Office: By Appointment Only. 33 Main Street. North Adams, MA 01247

Contact: (413) 443-7220, ext. 3030 Lindsay.Cornwell@sdb.state.ma.us

Website: <https://2nd-street.org/>

Focus: 2nd Street is dedicated to reducing recidivism by supporting formerly incarcerated individuals with dignity, practical tools, and opportunities. Through job readiness training, community advocacy, and a strengths-based approach, 2nd Street helps participants reintegrate successfully and contribute meaningfully to society. By fostering respect and inclusion, the program promotes safer, more connected communities for all.

12-Step Support Programs:

- **Alcoholics Anonymous (AA) Hotline:** 413-443-0212 Main/Intergroup: 413-448-2382; www.westernmassaa.org
- **Narcotics Anonymous (NA):** 413-443-4377; www.berkshirena.com
- **Al-Anon:** (for family members of person struggling with alcohol) 413-445-5852 Meeting Info- Call 888-425-2666
- **Nar-Anon:** (for family members of person struggling with narcotics) 413-442-8922

Tapestry:

Location: 100 Wendell Ave #1, Pittsfield (appointment recommended)

Contact: 413-443-2844 info@tapestryhealth.org

Website: <https://www.tapestryhealth.org/harm-reduction/>

Focus: Tapestry Health offers non-judgmental, confidential harm reduction services across Western Massachusetts, supporting people who use drugs, their families, and those at risk of overdose. Grounded in social justice, their approach meets people where they are with free, walk-in care, including supplies, support, and overdose prevention—without involving law enforcement or immigration. Everyone is treated with dignity, respect, and compassion.

Additional Resources:

- **AA/NA in Western Mass** <https://westernmassaa.org/>
- **Brave Coop (Mobile App)** <https://www.brave.coop/>
- **Brien Center Crisis Line** (800) 252-0227, (413) 499-0412 <https://www.briencenter.org/>
- **Celebrate Recovery** <https://celebraterecovery.com/>
- **First Steps Together** <https://www.mass.gov/first-steps-together>
- **George B. Crane Memorial Center** <http://www.thegbcmc.org/>
- **Have Hope Peer Recovery Center** <https://www.briencenter.org/havehoperecovery/>
- **Institute for Health and Recovery** <https://www.healthrecovery.org/>
- **Learn to Cope (for family members)** <https://learn2cope.org/>
- **Living In Recovery** <https://www.livinginrecoverypittsfield.org/>
- **MA Substance and Recovery Use Hotline** (800) 327-5050 <https://helplinema.org/>
- **Nar-Anon** (for family members) <https://www.nar-anon.org/>
- **Narcotics Anonymous (NA)** <https://www.berkshirena.com/>
- **Overdose Prevention Hotline** 988 Suicide & Crisis Lifeline
- **Project North** <https://www.mass.gov/project-north>
- **SBPHC South County Sharps Disposal Locations:** www.southernberkshirehealth.com
- **Support After a Death by Overdose (S.A.D.O.D.)** <https://sadod.org/>
- **Substance Abuse Helpline** <https://helplinema.org/>

Healthcare Resources

Berkshire Center for Whole Health:

Location: 8 Pine St, Stockbridge, MA

Contact: (413) 997-0930 Info@BerkshireWholeHealth.com

Website: <https://berkshirewholehealth.com/>

Focus: Berkshire Center emphasizes a holistic approach to healthcare by minimizing reliance on medications and promoting healthy lifestyle choices such as nutrition, exercise, and toxin reduction. Integrating natural medicines and other complementary therapies, the team focuses on addressing the mental and emotional aspects of health alongside physical symptoms. This is a Family Practice.

Berkshire Health Systems:

Multiple Locations/Contact:

- **BHS East Mountain Medical**, 780 Main St Ste 1. Great Barrington, (413) 528 2418 (family)
- **BHS Suburban Medical**, 710 Stockbridge Rd. Lee, (413) 243-0122, <https://suburbanmed.net/> (family)
- **BHS Lenox Family Health**, 55 Pittsfield Road, Building 12D. Lenox, (413) 344-1700 (family)
- **BHS Macony**, 100 Maple St Ste 1. Great Barrington, (413) 528 4047 (pediatrics)

Insurance Accepted: Medicare, Medicaid/Berkshire Fallon, Commercial

Website: <https://www.berkshirehealthsystems.org/programs-and-services/primary-care/>

Focus: At BHS, expert primary care providers offer routine check-ups, screenings, and diagnosis of everyday conditions, while also coordinating any needed specialty care. Their goal is to help you stay healthy and manage your overall well-being.

CHP Great Barrington Health Center:

Location: 444 Stockbridge Rd. Great Barrington, MA

Contact: 9413) 528-8580 info@chpberkshires.org

Insurance Accepted: Medicare, Medicaid/Berkshire Fallon, Commercial

Website: <https://chpberkshires.org/>

Focus: CHP Great Barrington Health Center delivers comprehensive primary care services, including preventive care, chronic disease management, and routine health screenings. This is a Family Practice.

Footcare:

Footcare by Nurses

Address: 625 Cape St, Lee, MA 01238

Contact: (413) 358-4202 accounts@footcarebynurses.net

Website: <https://footcarebynurses.net/>

Focus: FootCare by Nurses is a team of board-certified nurses who specialize in foot health for older adults and medically complex individuals. We prevent pain, wounds, and falls through expert, compassionate care that restores function and honors the whole person.

Additional Footcare Resources:

- **Sarah Hassett** (774)722-4393 mobilemanicuresbysarah@gmail.com
- **Jane Kelly, RN**, (413) 698-2706 (Otis, Sheffield Lee only)
- **Beverly Dunn, RN**, (413) 445 2569 (Lee only)
- **Nancy Simmons, RN**, (413) 717-5663, footandnailnurse@aol.com

Home Healthcare Support:

Home Health Aids (HHA):

- **Amedisys Home Health Care**, 1 Dan Fox Dr Unit 3, Pittsfield, MA (413) 236-8500 <https://www.amedisys.com/>
- **Associated Home Care**, 55 North St, Pittsfield, MA (413) 344-2001 <https://www.associatedhomecare.com/>
- **At Home TLC**, Inc. 60 Roberts Dr Suite 310, North Adams, MA (413) 664-0746 <https://www.athometlc.com/>
- **CenterWell Home Health**, 279 Dalton Ave Suite B, Pittsfield, MA (413) 443-3525
<https://www.centerwellhomehealth.com/about-us/find-care-near-you/centerwell-home-health-pittsfield/>
- **Elder Services of Berkshire County**, 73 S Church St, Pittsfield, MA (413) 499-0524 <https://www.esbci.org/>
- **Home Instead**, 66 Wendell Ave, Pittsfield, MA (413) 910-9131 <https://www.homeinstead.com/>
- **Hospice Care in the Berkshires**, 877 South St, Pittsfield, MA (413) 443-2994 <https://hcib.org/>

- **Molari Home & HealthCare Services**, 166 East St, Pittsfield, MA (413) 499-4546 <https://www.molariinc.com/>
- **Visiting Angels**, 197 South St Bldg. A. Pittsfield MA (413)344-9281
<https://www.visitingangels.com/pittsfield/home-care-berkshire-county>

Personal Care Attendants (PCA):

- **Abby Care**, Virtual Office (401) 267-9844 <https://www.abbycare.org/paid-family-caregiving/massachusetts>
- **Ad Lib Inc**, 215 North St, Pittsfield, MA 01201 (413) 442-7047 <https://www.adlibcil.org/>
- **Aveanna**, 78 Capital Dr, West Springfield, MA (413) 205-1696 <https://www.aveanna.com/>

Visiting Nursing Assistants (VNA):

- **Berkshire VNA/Berkshire Medical Center (BVNA)** 165 Tor Ct, Pittsfield, MA (413) 447-2862
<https://www.berkshirehealthsystems.org/programs-and-services/home-care/>
- **Cooley Dickinson VNA & Hospice** 168 Industrial Dr, Northampton, MA (413) 584-1060
<https://www.cooleydickinson.org/programs-services/vna-hospice/>
- **MassHealth Personal Care Attendant Program**
<https://www.mass.gov/masshealth-personal-care-attendant-program>
- **Northern Berkshire Healthcare VNA & Hospice**, 820 State Road. North Adams, Ma (855) 262-5465
<https://www.nbhealth.org/VNA-Hospice/46/VNA-Hospice.html>
- **Porchlight Home Care**, 329 Pittsfield Rd # 103, Lenox, MA (413) 881-4067
<https://www.linkedin.com/company/porchlight-vna-home-care/about/>

South County Nursing Homes:

Berkshire Health Care Center

Address: 7 Sandisfield Rd, PO Box 216, Sandisfield, MA 01255

Contact: (413) 258-4731 info@berkshireRehabilitation.com

Website: www.berkshirerehabilitation.com

Berkshire Rehabilitation

Address: 7 Sandisfield Rd, PO Box 216, Sandisfield, MA 01255

Contact: (413) 258-4731 info@berkshireRehabilitation.com

Website: www.berkshirerehabilitation.com

Fairview Commons

Address: 151 Christian Hill Rd, GB MA 01230

Contact: (413) 528-4560 mlaurin@integritus1.org

Website: www.fairviewcommons.org

Lee HealthCare

Address: 20 Laurel Street Lee, MA 01238

Contact: (413) 243-2010 info@nextstephpc.com

Website: www.nextstephpc.com

Kindred Nursing & Rehab-Laurel Lake

Address: 620 Laurel Street Lee MA 01238

Contact: (413) 243-2010 info@nextstephpc.com

Website: www.nextstephpc.com

Kimball Farms

Address: 40 Sunset Ave, Lenox, MA 01240

Contact: (413) 637-5011 <https://kimballfarms.org/about-us/contact-us/>

Website: www.kimballfarmsnursingcare.org

Mount Carmel Care

Address: 320 Pittsfield Road Lenox, MA 01240

Contact: (413) 637-2660 dallen@mcccl.org

Website: www.mountcarmelcare.org

Timberlyn Heights

Address: 320 Maple Ave, GB MA 01230

Contact: (413) 528-2650 JFrame@BearMountain.com

Website: www.bearmountainhc.com

Volunteers in Medicine Berkshires:

Location 1: 777 S Main St #4, Great Barrington, MA

Location 1: 199 South St, Pittsfield, MA 01201

Contact: (413) 528-4014 info@vimberkshires.org

Website: <https://www.vimberkshires.org/>

Focus: ViM provides free, comprehensive health care to income-qualified individuals who are ineligible for insurance, addressing not only medical needs but also the social and economic factors that influence health. By combining the efforts of volunteer professionals and community members, ViM dismantles barriers to health equity and empowers patients—ranging from asylum seekers to essential workers—with the care and support they need to thrive.

Zah Health Care, PLLC:

Location: 353 Miller Ave, Sheffield, MA

Contact: (413) 248-1295 laura@zahhealth.com

Insurance Accepted: Medicare, Medicaid/Berkshire Fallon, Commercial

Website: <https://www.zahhealth.com/contact>

Focus: ZAH Health Care provides accessible, personalized healthcare services to residents of Berkshire County and surrounding areas. Their offerings include in-office visits, home-based care, and telehealth consultations, ensuring flexible and comprehensive support tailored to individual patient needs.

Additional Resources:

- **Flynn's Pharmacy and Home Medical Equipment:** <https://www.flynnspharmacy.com/>
- **Surgimed Corporation** (Durable Medical Equipment): <https://www.mysurgimed.com/>
- **Tapestry** - Sexual & Reproductive Health Clinic <https://www.tapestryhealth.org/>

Housing Resources

Alternative Housing Voucher Program (AHVP)

Website: www.mass.gov/how-to/apply-for-the-alternative-housing-voucher-program-ahvp

Application Link (CHAMP): publichousingapplication.ocd.state.ma.us/

Focus: The AHVP program is designed to help people with disabilities live independently in housing they choose through mobile (tenant-based) rental vouchers. The voucher is for 1-bedroom units. You will contribute 25-30% of your monthly income toward rent, depending on if utilities are included in the rent. The local housing agency pays your landlord the rest of the rent

Berkshire County Regional Housing Authority: See “Upside 413”

Berkshire Housing Development Corporation: See Hearthway, Inc.

Central Berkshire Habitat for Humanity:

Location: 314 Columbus Ave, Pittsfield, MA 01201

Contact: (413) 442-3181 berkshirehabitat.org/about-us/contact-us/

Online Application link: <https://berkshirehabitat.org/housatonic/>

Website: berkshirehabitat.org/

Focus: Habitat welcomes people from all walks of life to partner in serving and creating a better community for everyone who lives here. To develop and manage affordable and accessible housing options for qualified residents. Programs include Emergency Relief Fund, Neighborhood Revitalization and Home preservation.

Campgrounds in South County:

- **Bear Town Park** 69 Blue Hill Road, Monterey, MA 01245 www.mass.gov/locations/beartown-state-forest
- **Lone Oak Campsites** 360 Norfolk Rd East, East Canaan, CT 06024 www.loneoakcampsites.com/
- **Camp Overflow** 700 Tolland Rd, East Otis, MA 01029 campoverflow.com/

Common Housing Application for Massachusetts Programs (CHAMP):

Website: publichousingapplication.ocd.state.ma.us/

Application Online Link: publichousingapplication.ocd.state.ma.us/

Application Paper Link: www.mass.gov/doc/champ-application-form-english/download

Focus: This will give you a list of affordable housing for Western Massachusetts. You can choose what towns you are willing to live in. Applications can be filled out online or on paper. For more information contact your local Housing Authority.

Construct Inc.

Location: 316A State Rd, Great Barrington, MA 01230

Contact: 413 - 528-1985 office@constructberkshire.org

Website: constructberkshires.org/

Application Link: constructberkshires.org/applications-and-contact-info/

Focus: Construct helps individuals and families rebuild their lives and sustain their livelihoods. They provide affordable housing solutions, rental assistance, and access to other support services. Construct also has a family shelter.

Emergency Housing Assistance

Contact: (866) 584-0653

Location: Offices across the state www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter

Website: www.mass.gov/emergency-housing-assistance

List of all shelters by town: hedfuel.azurewebsites.net/iShelters.aspx

Focus: Massachusetts individuals and families seeking emergency housing will find shelter programs and related services here. EHA can be helpful when trying to establish the urgency you are facing.

Hearthway, Inc. (formerly known as the Berkshire Housing Development Corporation)

Location: One Fenn Street. 3rd Floor. Pittsfield, MA 01201

Contact: 413 - 499-1630 info@hearthway.org **Fax:** (413) 496-9831

Website: hearthway.org/

Housing Resources Link: hearthway.org/housing-search-resources/

Application Link: hearthway.org/hcec-intake-form/

Focus: Hearthway's mission is to find housing solutions for all people across the communities of Berkshire County. Berkshire Hearthway Oversees: 57 Main Street, Lee, Bentley Apartments, Gt. Barrington, Christian Hill Commons, Gt. Barrington, Windrush Commons, Gt. Barrington

HomeBASE:

Location: Offices across the state – link to contacts is www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter

Contact: (866) 584-0653

Website: www.mass.gov/service-details/homebase

Focus: HomeBASE helps families who have been found eligible for Emergency Assistance (EA) Family Shelter by providing funding over a 2-year period, with the possibility of a 3rd year of help. If your family is found eligible for the Emergency Assistance (EA) Family Shelter program, you may be invited to apply.

United States Department of Housing and Urban Development (HUD):

Online Contact Form: <https://www.hudexchange.info/contact-us/>

Website: <https://www.hudexchange.info/programs/housing-counseling/foreclosure-prevention/>

Focus: HUD's programs and related topics support HUD's priorities across a range of policy areas including Affordable Housing Development and Preservation, Community and Economic Development, Environment and Energy, Fair Housing, Homelessness, Homeownership, Rental Assistance, and Supportive Housing and Services.

Housing Authority Websites and Phone Numbers:

- **Great Barrington Housing Authority:** <https://www.townofgb.org/housing-authority> 413 274 1142
- **Lee Housing Authority:** <https://leehousingauthority.org/> 413 243-3454
- **Lenox Housing Authority:** <https://lenoxhousingauthority.com> (413) 637-5585
- **Pittsfield Housing Authority:** <https://pittsfieldhousing.org/> (413) 443- 5936
- **Stockbridge Housing Authority:** <https://www.stockbridgeha.com/> (413) 298 3222

Application used for Housing Authorities: (CHAMP Application): <https://publichousingapplication.ocd.state.ma.us/>

Housing Navigator Massachusetts:

Contact Link: housingnavigatorma.org/contact-us/

Website: search.housingnavigatorma.org/

Focus: Housing Navigator MA is a Massachusetts-based 501(c)(3) that addresses a glaring digital divide around one of the most important choices we make – where to live. This website also has an App compatible with all phones.

Residential Assistance for Families in Transition (RAFT):

Location: 1 Fenn St., 3rd floor Pittsfield, MA 01201

Contact: (413) 499-1630 x168 info@hearthway.org

Website: applyhousinghelp.mass.gov/s/?language=en_US&LanguageCode=en_US

Application Link: applyhousinghelp.mass.gov/s/user-registration?language=en_US&LanguageCode=en_US

Focus: RAFT provides up to \$7,000 per 12-month period so your family can stay in your current home or move to a new one. You may use the money for rent, utilities, moving costs, and mortgage payments.

Section 8 Housing Choice Voucher Program (HCVP):

Website: www.mass.gov/how-to/apply-for-the-massachusetts-rental-voucher-program-mrvp

Application Link: publichousingapplication.ocd.state.ma.us/

Focus: The housing choice voucher program is the federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market. Since housing assistance is provided on behalf of the family or individual, participants can find their own housing, including single-family homes, townhouses and apartments.

Shoppers Guide:

Location: 271 Main St, Great Barrington, MA 01230

Contact: (413) 528-0095

Website: shoppersguideinc.com/

Focus: The Shoppers Guide is a local newspaper that has pages on real estate and apartment listings.

ServiceNet Shelter for Adults- Homeless Shelter:

Location: 21 Pearl Street in Pittsfield, MA 01201

Contact: (413) 320-6550 info@servicenet.org

Website: www.servicenet.org/services/shelter-and-housing/

Focus: ServiceNet year-round shelter for adults provides housing, meals, showers, toiletries, and clothing for individuals experiencing homelessness. The family shelter located in Berkshire County includes Our Friends House in Pittsfield.

Soldier On: Pittsfield Transitional Housing (Veteran Support):

Location: 360 West Housatonic Street. Pittsfield, MA 01201

Contact : (413) 236-5644 info@wesoldieron.org

Website: www.servicenet.org/services/shelter-and-housing/

Focus: Soldier On: Pittsfield Transitional Housing provides veterans with safe, supportive, and structured temporary housing as they work toward independent living. The program offers case management, counseling, life skills training, and access to healthcare and employment resources. Its goal is to help veterans overcome homelessness and rebuild stable, self-sufficient lives within the community.

Supporting Neighborhood Opportunity in Massachusetts (SNO Mass) Program:

Location: Berkshire Housing Development Corporation (serves Berkshire County)

Contact: 413-344-4822 SNOMass@Berkshirehousing.com

Website: www.mass.gov/info-details/supporting-neighborhood-opportunity-in-massachusetts-sno-mass-program#

Focus: To apply for the relocation program, you must have a voucher for one year. The Supporting Neighborhood Opportunity in Massachusetts (or “SNO Mass”) Program supports DHCD Housing Choice Voucher families with school-aged children making moves to communities with high-quality schools, parks and open space, and healthy, safe environments. On this page, DHCD voucher holders and property owners can learn how to participate in this program.

Upside 413 (formerly known as the Berkshire County Regional Housing Authority):

Location: Berkshire County Office. 1 Fenn Street, 4th Floor. Pittsfield, MA 01201

Contact: (413) 443-7138 Fax: (413) 443-8137 tanajahc@upside413.org

Website: upside413.org/

Application Link: hearthway.org/hcec-intake-form/

Focus: UpSide413 promotes household, housing, and community stability through a continuum of interrelated service options.

Other Housing Resources

- **Berkshire Property Managers:** www.berkshirepropertymanagers.com
- **Facebook:** Community Boards (Each town has one)
- **Zillow Rentals:** www.zillow.com/homes/for_rent/
- **Hot Pads:** hotpads.com/great-barrington-ma/apartments-for-rent
- **HUD Exchange** <https://www.hudexchange.info/contact-us/>
- **Greylock Realty:** www.greylockrealty.com/
- **Cavalier Holdings:** cav-mgt.com
- **Rental Housing Association of Berkshire County:** rhabc.com/
- **Trulia:** www.trulia.com/
- **Affordable Housing:** www.affordablehousing.com/
- **Leading Edge Property Management:** www.propertymanagement-rentals.com/berkshire-rentals/
- **Housing Toolbox:** www.housingtoolbox.org/

Immigration Resources

Berkshire Alliance to Support the Immigrant Community (BASIC):

Contact Form: <https://basicberkshires.org/contact-us/>

Website: <https://basicberkshires.org/>

Resource Guide: <https://basicberkshires.org/search-resources/>

Focus: The Berkshire Alliance to Support the Immigrant Community (BASIC) is a coalition of Berkshire-based organizations formed in response to the 2016 presidential election to support and advocate for immigrants. BASIC unites local agencies to provide coordinated resources, services, and outreach tailored to the needs of the immigrant community in Berkshire County.

Berkshire Immigration Center (BIC):

Location: 141 North St, Suite 303, Pittsfield, MA

Contact: (413) 445-4881 info@berkshireic.org

Website: <https://www.berkshireic.org/>

Focus: The Berkshire Immigration Center empowers immigrants by providing affordable legal services, education, and access to local resources to help them navigate the U.S. immigration system. Committed to equity and civic engagement, the Center works to break down financial and cultural barriers while advocating for systemic change at the local, state, and national levels.

Community Legal Aid (CLA):

Location: 152 North St #155, Pittsfield, MA

Contact: (413) 499-1950

Website: <https://communitylegal.org/>

Focus: Community Legal Aid offers free civil legal services to low-income and elderly residents across Central and Western Massachusetts, working to ensure equal access to justice for all. Through legal advocacy that protects housing, income, health, and family stability, and with targeted projects for the most vulnerable, CLA helps build stronger, more equitable communities.

Multicultural BRIDGE:

Location: BRIDGE - Solidarity Meeting House- 965 Main St, Great Barrington, MA

Contact: (413) 394-4029 Adminsupport@multiculturalbridge.org

Website: <https://www.multiculturalbridge.org/>

Focus: BRIDGE (Multicultural BRIDGE) is a grassroots organization advancing equity and justice by connecting vulnerable community members with resources and providing cultural education, training, and advocacy. Through partnerships with schools, businesses, and local governments, BRIDGE fosters inclusive communities and drives systemic change.

Volunteers in Medicine Berkshires:

Location 1: 777 S Main St #4, Great Barrington, MA

Location 1: 199 South St, Pittsfield, MA 01201

Contact: (413) 528-4014 info@vimberkshires.org

Website: <https://www.vimberkshires.org/>

Focus: ViM provides free, comprehensive health care to income-qualified individuals who are ineligible for insurance, addressing not only medical needs but also the social and economic factors that influence health. By combining the efforts of volunteer professionals and community members, ViM dismantles barriers to health equity and empowers patients—ranging from asylum seekers to essential workers—with the care and support they need to thrive.

Additional Immigration Resources:

- **Immigration Law Help** <https://www.immigrationlawhelp.org/>
- **Immigrants Rising** <https://immigrantsrising.org/resource/list-of-scholarships-and-fellowships/>
- **Translation and Interpretation Services**
https://docs.google.com/document/d/1M3TUJhEltR9QoJG0RUe_3umSJaagV9Y2/edit?tab=t.0

Mental Health Resources

Austen Riggs Center:

Location: 25 Main St, Stockbridge, MA 01262

Contact: 800-517-4447 info@austenriggs.net

Website: www.austenriggs.org/

Insurance Accepted: None

Focus: Riggs is an open, voluntary residential treatment center specializing in longer-term treatment for diagnostically complex adults. Patients have individual, four times/week psychodynamic psychotherapy sessions with a doctoral level clinician along with support and counseling from a consistent interdisciplinary team. Riggs helps patients take charge of their lives when other psychiatric treatments have not worked. Riggs also has an Online Intensive Outpatient Program for college students and emerging adults (18 - 30) in MA.

Berkshire Advocacy and Therapy Services (BATS):

Location: 140 West Avenue. Suite A. Great Barrington, MA 01230

Contact: rania@berkshireat.com

Website: www.berkshireat.com

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: Berkshire Advocacy and Therapy Services offers individual, group and family therapy, nutrition counseling, and credentialing and billing services, delivering compassionate, effective support for both clients and providers.

Berkshire Coalition for Suicide Prevention (BCSP):

Location: PO Box 472, Pittsfield, MA 01202

Contact: info@berkshiresuicideprevention.org

Website: www.berkshiresuicideprevention.org/

Insurance Accepted: None

Focus: The Berkshire Coalition for Suicide Prevention (BCSP) is a grassroots 501c3 non-profit organization dedicated to providing suicide prevention resources, loss and healing programs, professional training, advocacy efforts and hope to our local community.

Berkshire County ARC:

Location: 395 South St #6803, Pittsfield, MA 01201

Contact: (413) 499-4241 bcarc@bcarc.org

Website: bcarc.org/

Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: Serving children and adults with intellectual and developmental disabilities, Autism, and brain injuries, and individuals who need assistance with daily living.

Berkshire Psychiatrist:

Online Search Database

Website: <https://berkshirermd.com/>

Focus: Find A Berkshire Psychiatrist

Berkshire Health Systems: Behavioral & Mental Health Services:

Location: 777 North Street. Pittsfield, MA 01201

Website: <https://www.berkshirehealthsystems.org/programs-and-services/behavioral-health/>

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Contact:

- **Acute Care Program:** 413-447-2472
- **Detoxification Program:** 413-445-9228

- **Long-Term Stabilization Program:** 413-447-2927
- **Partial Hospitalization Program:** 413-447-2747
- **Electroconvulsive Therapy:** 413-395-7859
- **Youth Intensive Program:** 413-553-6775
- **Berkshire Harm Reduction:** 413-447-2654

Focus: With crisis-trained clinicians and emergency facilities across North Adams, Pittsfield, and Great Barrington, BHS provides 24/7 screening and stabilization. Specializing in severe psychiatric issues and substance use disorders, our Behavioral Health team connects patients to community programs for sustained recovery. Collaborating with the Brien Center post-hospital programs, they ensure ongoing outpatient therapy.

Berkshire Psychotherapy Network:

Online Search Database

Website: berkshirepsychotherapynetwork.org/

Brien Center:

Location: 60 Cottage Street. Great Barrington

Contact: (413) 499-0412 + 24-Hour Crisis Hotline 1-800-252-0227

Main Website: www.briencenter.org/

For a list of all locations: www.briencenter.org/contact/locations/

- **Community Behavioral Health Center (CBHC) Information:** 800-242-0227 cbcmanagement@briencenter.org
- **Adolescent Services:** www.briencenter.org/what-we-do/children-adolescents/
- **Adult and Family Services:** www.briencenter.org/what-we-do/adult-family-services/
- **Community Services:** www.briencenter.org/what-we-do/community-services/
- **Behavioral Health Community Partners:** www.briencenter.org/what-we-do/adult-family-services/community-partners/
- **Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: The Brien Center's Programs and Services are "Community Based" With 25 locations throughout Berkshire County, treatment and services are conveniently available to all Berkshire County residents. Outpatient Treatment Services include Individual therapy, Family therapy, Group therapy, Psychopharmacology evaluations and medication management and psychological testing.

Center for Motivation and Change (CMC):

Location: 100 Stone Manor Dr. New Marlborough, MA 01230

Contact: (866) 859-1156 motivationandchange.com/contact-us/

Website: motivationandchange.com/

Insurance Accepted: None

Focus: CMC offers Outpatient Treatment, Residential Treatment, Trauma Treatment, Adolescent Treatment and Telehealth Services.

Clinical Support Options (CSO):

Location: 877 South St Suite 200, Pittsfield, MA 01201

Contact: (413) 528-0298 info@csoinc.org

Website: <https://www.csoinc.org/community-based-programs>

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: CSO, also known as the Family Resource Center in Great Barrington, has outreach to the South and North County regions, care navigators, and other support.

Collaborative Endeavors, LLC:

Location: 114 Housatonic St. Lee, Massachusetts 01238

Contact: (413) 225-1716 Jennifer@collaborativeendeavorsllc.com

Website: www.collaborativeendeavorsllc.com/

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: Specialties/Treatment Orientations Include: Trauma-informed; Polyvagal Informed; Individual-Centered Attachment-Centered; Young adult/transitional age issues; Harm-Reduction approaches to entrenched habits; groups; family work; LGBTQIA+ ; Professional Supervision and Consultation.

Commonwealth Collaborative:

Location: 405 Stockbridge Rd, Great Barrington, MA 01230

Contact: (413) 327-9424 info@commoncollab.com

Website: www.commoncollab.com/?utm_campaign=gmb

Insurance Accepted: Medicaid/Berkshire Fallon and Private/Commercial Insurance

Focus: The clinical program begins with physical, emotional safety and building a sober community. Services include Trauma-Informed Care, Repairing Family Systems, Developing Life Skills, Creating Strong Boundaries, Cultivating Responsibility and Accountability, and Participating in Service Work. They offer a PHP program that offers up to 5 days per week of group therapy for 5 hours per day. They also have an IOP program that operates 3 days per week with 3 hours per group therapy session.

Department of Mental Health Services (DMH):

Location: 1 Prince Street, Northampton, MA 01060

Contact: Western Mass Area Office (413) 587-6200 **Fax:** (413) 587-6203

Website: www.mass.gov/info-details/department-of-mental-health-dmh

Link to Application: www.mass.gov/doc/dmh-childadolescent-services-application-english/download

[Open PDF file, 880.76 KB, DMH Child/Adolescent Services Application - English](#)

[Open DOC file, 736.5 KB, DMH Child/Adolescent Services Application - Spanish](#)

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: DMH Services include youth support groups, therapeutic day services, family systems interventions, residential treatment programs, continuing care inpatient services and Department of Children and Family support. DMH provides services to adults with mental health needs. DMH also serves children and youth who are 18 and younger. DMH serves children and youth with the following mental health conditions of Schizophrenia and other psychotic disorders, Mood disorders, Anxiety disorders, Dissociative disorders, Eating disorders, Borderline personality disorder, Attention Deficit/Hyperactivity disorder.

Ellie Mental Health:

Location: 66 West Street. Suite 4E. Pittsfield, MA 01201

Contact: (413) 343-4264 ellieMA15201@elliementalhealth.com

Website: elliementalhealth.com/locations/pittsfield-berkshire-ma/

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: Ellie offers a wide selection of mental health therapy services for all ages across our local clinic network. The insurance currently accepted are Aetna, Blue Cross Blue Shield, Optum, and United Health Care.

Family Resource Center- Great Barrington:

Location: 141 West Avenue. Great Barrington

Contact: (413) 528.0298 gbfrc@csoinc.org

Website: www.csoinc.org/community-based-programs

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: CSO offers outpatient groups, community events, wellness activities, and healing arts happenings throughout Western MA.

Gould Farm:

Location: 100 Gould Rd, Monterey, MA 01245

Contact: (413) 528-1804 info@gouldfarm.org

Website: www.gouldfarm.org/

Insurance Accepted: None

Focus: Gould Farm services include Clinical services and support. A structured work program with varied activities on the farm and transitional services in Western Massachusetts and the Boston area.

Help Lines:

- **Brien Center 24/7 Crises Line** 800-252-0227, 413-4990412 www.briencenter.org
- **Brave.coop (Mobile App)** 833-833-2100 www.brave.coop/
- **MA Substance Use Helpline** 800-327-5050 www.helplinema.org
- **Suicide Prevention Lifeline** 800-273-8255, or text 988

Massachusetts Behavioral Health Access (MABHA):

Online Search Database: www.mabhaccess.com/Home.aspx

Massachusetts Behavioral Health Help Line:

Contact: 833-773-2445 MAProviderDatabase@elevancehealth.com

Website: masshelpline.com

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: The MA Behavioral Health Help Line connects you directly to clinical help, when and where you need it. It's free, confidential, and no health insurance is required. Real-time interpretation available. Deaf or hard of hearing? Contact MassRelay at 711.

National Association of Health Workers (ASW) Therapy Matcher:

Online Search Database Website: www.naswma.org/page/therapymatcher

National Alliance on Mental Illness (NAMI):

Location: 141 North St Suite 301, Pittsfield, MA 01201

Contact: (413) 443-1666 namibc@namibc.org

Website: namibc.org/

Insurance Accepted: None/Programs are free.

Focus: NAMI in Berkshire County offers understanding to anyone concerned about mental illnesses and the treatment of mental illness. They also offer support, education and advocacy.

Pittsfield Therapy -The Berryman Professional Building:

Website: www.pittsfieldtherapist.com/

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Psychology Today:

Online Search Database: www.psychologytoday.com

Railroad Youth Street Project (RYSP):

Location: Memorial Park, 60 Bridge St, Great Barrington, MA 01230

Contact: (413) 528-2475 info@rsyp.org

Website: www.rsyp.org

Insurance Accepted: None/Programs are free.

Focus: RSYP services include group and 1-to-1 mentoring, clubs, groups, advocacy and support, as well as a Drop In Center stocked with food, video games, and community resources, all intended for young people ages 14-25.

ServiceNet Inc. Pittsfield Outpatient Clinic:

Location: 141 North St #139, Pittsfield, MA 01201

Contact: (413) 585-1300 info@servicenet.org Fax: (413) 585-1355

Website: www.servicenet.org

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: ServiceNet is a non-profit human service agency that provides essential services to people living with mental health challenges, developmental delays or disability, brain injury, homelessness, and other challenges.

South County Recovery Center:

Location: 67 State Road Great Barrington, MA

Contact : (413) 645-3564 help@rural-recovery.org

Website: www.ruralrecovery.org

Insurance Accepted: None/Programs are free.

Focus: Rural Recovery Resource's mission is to engage, assist, refer, educate, and empower people who are affected in any way by substance use.

Spectrum Health Systems, Inc:

Location: 290 Park St, Great Barrington, MA 01230

Contact: (413) 347-4647 info@spectrumsys.org

Website: www.spectrumhealthsystems.org/

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: Services include medication for substance use disorders and outpatient counseling. Spectrum's outpatient treatment centers provide a range of individual, group and family counseling services to adults with substance use and/or mental health disorders at various stages of recovery.

Therapy Matcher:

Online Search Database: therapymatcher.org/

Volunteers in Medicine (ViM):

Location: 777 Main Street, Great Barrington, MA 01230

Contact: (413) 528-4014 info@vimberkshires.org

Website: www.vimberkshires.org/

Insurance Accepted: Program is for people who are ineligible for insurance.

Focus: ViM provides free health care to those in the region who are income-qualified and ineligible for health insurance. While our clinical team addresses patients' medical and dental needs, our Community Health Workers address any social, legal, or economic needs—including food security, housing, employment, and childcare—and create solutions, often with the help of community partners

Wildflower Alliance:

Address: 361 North Street, Pittsfield, MA

Contact: (413) 464-9807 sophie@wildfloweralliance.org

Website: <https://wildfloweralliance.org/>

Focus: The Wildflower Alliance is rooted in a peer-led approach to mental health that centers healing, connection, and choice for those impacted by trauma, psychiatric diagnoses, and emotional distress. We challenge traditional systems by offering community-based support, alternative healing practices, and advocacy that uplifts lived experience and addresses systemic injustice.

Additional Mental Health Resources

- **Berkshire County Crisis Team (Brien Center):** 413-499-0412 (24 hours per day, seven days per week)
- **National Suicide Prevention Hotline:** 988 (24 hours per day, seven days per week)
- **Call2Talk:** 508-532-2255
- **Suicide Prevention Lifeline:** 988 (24 hours per day, seven days per week)
- **Samaritans Statewide 24-hour helpline:** 1-617-247-0220
- **Text a Crisis Counselor:** 741741
- **Trevor Help Line for LGBT:** 1-866-488-7386 Text: "start" to 678678
- **Veterans Crisis Line (Call or Text):** 988 - Press 1
- **6 Free Rehab Centers In Massachusetts:** www.addictionresource.net/free-rehab-centers/massachusetts/
- **Trans Helpline Call:** (877) 565-8860
- **Asian LifeNet.** Available in Cantonese, Mandarin, Japanese, Korean, and Fujianese. Call: (877) 990-8585
- **Call Blackline:** (800) 604-5482
- **Physician Support Line. Call:** (888) 409-0141
- **Community First Therapy and Consulting, LLC:** www.communityfirsttc.org/
- **Colleen Passetto, LICSW:** www.colleenpassettolicsw.com/

Special Needs Resources

Ad-lib Center for Independent Living:

Location: 215 North Street. Pittsfield, MA 01201

Contact: (413) 442-7047 info@adlibcil.org

Website: www.adlibcil.org/services/

Focus: Ad-lib's focus is to empower people with all types of disabilities to live more independently and have control of their own lives. Services include Information and Referral, Advocacy, Peer Counseling, Skills Training, Transition Skills, Personal Care Attendant services and Specialized Services.

Autism Connections of Berkshire County:

Location: 75 South Church Street. Suite 402. Pittsfield, MA 01301

Contact: (413) 443-4780 autismconnections@pathlightgroup.org

Website: autismconnectionsma.org/

Focus: Autism Connections provide information, resources, and practical help for children, teens and adults with autism, as well as their families, caretakers, friends and professionals.

Community Access to the Arts (CATA):

Location: 420 Stockbridge Rd Suite 2, Great Barrington, MA 01230

Contact: (413) 528-5485 Kara@CATAarts.org

Website: cataarts.org/

Focus: CATA in collaboration with Families Like Ours hosts a monthly series of free Art and Tea parties to help parents of young children with disabilities decrease isolation. Through dynamic arts workshops in painting, dance, theater, singing, drumming, juggling, yoga, creative writing, and more, CATA artists tap into their potential, explore new talents, and share their unique points of view.

CharmMedical:

Location: 33 Riverside Drive. Pembroke, MA 02359

Contact: (781) 829-9813 support@charmmedical.com

Website: www.charmmedical.com/

Focus: Charm Medical Supply has worked closely with patients, caregivers and physicians to make it easy for patients to receive the medical supplies that they need. This would include diapers and pull-ups needed.

Berkshire County Arc (BCARC):

Location: 395 South Street. Pittsfield MA 01201

Contact: (413) 499-4241 bcarc@bcarc.org

Website: bcarc.org/

Contact for Intake: 413-499-4241 ext. 255

Focus: Serving children and adults with intellectual and developmental disabilities, Autism, and brain injuries, and individuals who need assistance with daily living.

Berkshire Family and Individual Resources (BFair):

Location: 771 South Church Street. North Adams, MA 01247

Contact: (413) 664.9382 info@bfair.org

Website: www.bfair.org/

Services Brochure: irp.cdn-website.com/cd40d7a5/files/uploaded/BFAIR%20Services%20Overview_vFIN.pdf

Focus: BFair services include support and direct care for people with cognitive disabilities, autism and acquired brain injuries.

Berkshire Nursing Families:

Location: 71 Hospital Ave, North Adams, MA 01247

Contact: (413) 344-2800 info@berkshirenursingfamilies.org

Website: <http://www.berkshirenursingfamilies.org/>

Focus: BNF is committed to enhancing the life-long health of our community through the promotion and support of breastfeeding and positive parenting for families throughout all of Berkshire County who are pregnant, postpartum, or parenting infants.

Catastrophic Illness in Children Relief Fund (CICRF):

Location: Virtual Office

Contact: 617-624-5951 CICRF.DPH@mass.gov

Website: www.mass.gov/info-details/check-eligibility-for-cicrf

Application link: www.mass.gov/how-to/apply-to-cicrf

Focus: CICRF provides financial relief to eligible Massachusetts families caring for children and youth under 22 years of age with medically related expenses that are not covered by insurance, federal or state assistance, fundraising, or other financial sources.

Department of Disabilities (DDS):

Location: 333 East Street Pittsfield, MA 01201

Contact: (413) 447-7381 DDSInfo@mass.gov

Intake line: (413)-205-0940

Secure Documentation Email: DDS.ELIG.CW@mass.gov

Website: www.mass.gov/orgs/departments-of-developmentalservices#:~:text=The%20Department%20of%20Developmental%20Services

DDS Eligibility Applications: www.mass.gov/lists/dds-eligibility-forms

Autism Waiver Program: www.mass.gov/lists/dds-autism-waiver-service-program-awp-open-interest-period-2024

Focus: The Department of Developmental Services (DDS) provides support to children and adults with intellectual and developmental disabilities including autism spectrum disorder across the Commonwealth. The agency's mission is to create innovative and genuine opportunities for these individuals to participate fully in, and contribute meaningfully to, their communities as valued members.

Families Like Ours (FLO):

Location: 140 West Avenue. Suite A7 Great Barrington, MA 01230

Contact: (413) 854-3971 Rania@familieslikeoursinc.com

Website: familieslikeoursinc.com/

Focus: Families Like Ours is dedicated to supporting special needs families by addressing the everyday challenges they face with compassion and practical assistance. We help families access vital community resources, navigate complex systems, and reduce the isolation that so often comes with caregiving. Through family support services, peer connection, and inclusive events, we aim to build a strong, empowered community where no one feels alone.

Federation for Children with Special Needs:

Location: The Schrafft Center. 529 Main Street, Suite 1M3. Boston, MA 02129

Contact: (617) 236-7210 info@fcsn.org

Website: fcsn.org/

Focus: The Federation has multiple initiatives to support, educate, and empower families and professionals around the education, health and community needs of children. These programs promote family engagement in all communities throughout Massachusetts. Our language line and Outreach team can help families requiring language assistance.

Learning Solutions:

Location: 90 Conz St, Suite 101 Northampton MA

Contact: (413) 584-0265 learningsolutions@learningsolutionsls.com

Website: <http://learningsolutionsls.com/>

Referral Form:

docs.google.com/forms/d/e/1FAIpQLSfOGciKgN9ifkRuZ7rHrCEanFdGRkCC3pPAkl3Wl9J7qyF9UA/viewform

Focus: Services include an integrative and collaborative approach to the assessment and treatment of psychological, learning, and language needs across the lifespan.

Mental Health Legal Advisors Committee (MHLAC):

Location: 100 Hancock Street, Suite 1002, Quincy, MA

Contact: (800) 342-9092 (413) 338-2345 mhlac@mhlac.org

Website: mhlac.org/

Focus: MHLAC provides legal and policy advocacy for people with mental health challenges throughout the Commonwealth of Massachusetts.

Nonotuck Resource Associates :

Location: 14 Park Place. Lee, MA

Contact: (413) 588-2971 walto@nonotuck.com

Website: www.nonotuck.com

Focus: Nonotuck offers services to anyone over the age of 18 (16 in special circumstances), who due to a medical, intellectual, developmental, or mental disability is unable to live safely on their own. Their unique Shared Living, Adult Family Care and individualized Day Services programs encourage strong relationships within communities to help grow in connections and experiences.

Operation Better Start (Berkshire Health Systems):

Location: 510 North Street, Suite 6, Lower Level. Pittsfield, MA 01201

Contact: 413-445-9243

Website: <https://www.berkshirehealthsystems.org/location/operation-better-start/>

Focus: Operation Better Start (OBS) offers specialized nutrition counseling for individuals from infancy through young adulthood. The program supports families in managing a range of health concerns, including eating disorders, obesity, failure to thrive, hypertension, food allergies, gastrointestinal disorders, high cholesterol, pre-diabetes, and sports nutrition. This program is available in person and virtually.

Palliative Care of the Berkshires:

Location: 877 South Street Suite 1W. Pittsfield, MA 01201

Contact: (413) 443-2994

Website: hcib.org/palliative-care-services/pediatric-palliative-care/

Referral Contact: hcib.org/contact/

Brochure: hcib.org/wp-content/uploads/sites/24/2019/09/HospiceCare-in-The-Berkshires-Pediatric-Palliative-Care-Brochure.pdf

Focus: Palliative care optimizes quality of life through expertise in pain and symptom management and guidance in medical decision-making for people living with serious illnesses.

Pathlight: (See ServiceNet)**Pediatric Developmental Center:**

Location: 924 South Main Street. Great Barrington, MA 01230

Contact: (413) 717-4083 info@pdcberkshire.org

Website: pediatricdevelopmentcenter.org/

Focus: PDC provides services for children who are given a diagnosis that may affect their development, medically fragile, developmentally delayed in motor, cognitive, and/or speech/language areas, demonstrating behavioral concerns, at-risk for developmental delays.

ServiceNet (Formerly known as Pathlight):

Location: 75 S Church Street, 402 Pittsfield, MA 01201

Contact: (413) 443-4780 info@pathlightgroup.org

Website: www.pathlightgroup.org/

Focus: ServiceNet offers a broad range of services tailored to people with intellectual disabilities, developmental disabilities, autism, and their families. These include (but are not limited to) residential programs, performing arts, sex and relationship education, recreation and enrichment activities, behavioral supports and medical care.

Positive Behavioral Supports Corporation:

Contact: (413) 284-7155 atower@teampbs.com

Website: www.teampbs.com/

Request ABA Services: www.teampbs.com/ClientResourceCenter.aspx

Focus: PBS Corp serves children and adults with behavioral challenges. Typically, we support individuals who require assistance in developing or enhancing language skills and diminishing problem behaviors such as aggression and self-injury.

Southern Berkshire Public Health Collaborative (SBPHC):

Location: Stockbridge Town Hall Ground Floor, 50 Main Street, PO Box 307, Stockbridge, MA 01262

Contact: (413) 717-7207 jayne@tritownhealth.org or jill@tritownhealth.org

Website: www.southernberkshirehealth.com/

Focus: The SBPHC promotes health equity within their communities. Resources include childhood vaccinations, fall vaccination clinics, car seat inspection/installation, sharps disposal, wellness sessions, public health education and more.

Stanton Home:

Location: 205 N Plain Rd, Great Barrington, MA 01230

Contact: (413) 528-0506 info@stantonhome.org

Website: <https://www.stantonhome.org/>

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: The programs are enriched by our large organic garden, culinary program, a 15-loom weavery, and various activities throughout the local community. Stanton Home provides life-long residences and daily program for people with intellectual and developmental disabilities.

UCP of Western Massachusetts:

Location: 208 West Street. Pittsfield, MA 01201

Contact: (413) 442-1562 ucpwma.org/contact/?program=atp

Website: ucpwma.org/

Focus: UCP of Western Massachusetts offers service navigation, training, recreational opportunities, direct care, programming, assistive technology, and advocacy for any individual, regardless of disability, to pursue a fulfilling, self-determined, high-quality community life — a life without limits. We serve over 5,000 members across four counties including Berkshire, Hampshire, Franklin and Hampden.

Additional Special Needs Resources:

- Aging with Dignity agingwithdignity.org/
- Association of Developmental Disabilities Providers www.addp.org/
- Berkshire County Kid's Place and Violence Prevention <http://www.kidsplaceonline.org/>
- Berkshire County WIC <http://chpberkshires.org/family/wic-berkshire-south/>
- Berkshire Nursing Families <http://www.berkshirenursingfamilies.org/>
- Child Care of the Berkshires <http://www.ccberkshire.org/>
- Down Syndrome Resource Group of Western Massachusetts www.downsyndromewm.org/
- First Steps Together <http://www.mass.gov/first-steps-together>
- Grandparents raising Grandchild nbCC http://ccpfc.org/families/grandparent-support/?gad_source
- Grandparents Raising Grandchildren <http://www.helpguide.org/family/parenting/grandparents-raising-grandchildren>
- Home Care Alliance of Massachusetts <http://www.thinkhomecare.org>
- Massachusetts Commission for the Blind www.mass.gov/orgs/massachusetts-commission-for-the-blind
- Massachusetts Commission for Deaf & Hard of Hearing www.mass.gov/locations/massachusetts-commission-for-the-deaf-and-hard-of-hearing-berkshire-massachusetts-regional-office
- Massachusetts Rehabilitation Commission www.mass.gov/orgs/massability
- Maternal/Child Health at Berkshire VNA <http://www.berkshirehealthsystems.org/programs-and-services/home-care/>
- Multiple Sclerosis Support Foundation www.mssupportfoundation.org/
- Hospice and Palliative Care Federation of Massachusetts www.hospicefed.org/
- Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) chadd.org/

Transportation Resources

Amtrak Train Service:

Location: 1 Columbus Avenue, Pittsfield, MA 01201

Contact: (800) 872-7245 www.amtrak.com/contact-us/email.html

Website: www.amtrak.com/home.html

Towns Served: Berkshire County

Notes: Amtrak train services allow you to travel throughout the state as needed. There are multiple stopping points within Berkshire County including Great Barrington, Pittsfield and North Adams. Rates vary.

Berkshire Journeys – Jason Canning:

Location: Pittsfield Based

Contact: (413) 726-8388 (Prefers Text) berkshirejourneys8@gmail.com

Website: berkshirejourneys.godaddysites.com/

Towns Served: Berkshire County, Northwest Connecticut, Eastern New York and Southern Vermont.

Notes: Rates vary on location. Transportation options include rides to Albany, Hudson, Pittsfield, Springfield, Wassauc, and more.

Berkshire Regional Transit Authority (BRTA):

Location: 1 Columbus Ave. Suite 201 Pittsfield, MA 01201

Contact: (413) 499-2782 x3, info@berkshirerta.com

Website: berkshirerta.com/

CharlieCards: berkshirerta.com/fares/charlie-card/

Towns Served: Berkshire County

Notes: Local Fares, Student 30-day, College year-round pass. Rates vary. ADA and non-ADA rides available.

First Class Chauffeur Service (Jonathan Peck):

Location: Sheffield Based

Contact: (413) 329-0666 details@yahoo.com

Website: www.facebook.com/jonathan.peck.716/

Towns Served: Berkshire County and Tri-state Area Berkshire County

Notes: Rates vary.

HappyCar Shuttle:

Location: 340 West Street. Pittsfield, MA 01201

Contact: (413) 623-4552 happyshuttle@gmail.com

Website: happyshuttleberkshirerides.com/

Towns Served: Berkshire County + Plus. Rides To Airports, Trains, Buses, Ferries, Cruises, Event Venues, The Local Area, etc.

Notes: Rates vary. You may call or text the phone number above.

MassHealth PT1 Forms:

Also known as MART (Montachusett Regional Transit Authority)

Contact: 617-847-3427 hstinfo@mass.gov

Website: www.mass.gov/info-details/get-a-ride-to-masshealth-medical-appointments

Request Transportation: cp-gatra.qryde.com/cp/NemtBookRide.html

Towns Served: All of Massachusetts

Notes: This service is free to MassHealth Members. You can get transportation to MassHealth covered services, including medical, counseling, and day habilitation appointments. The Human Service Transportation Office (HST) manages non-emergency transportation for MassHealth Standard, MassHealth CommonHealth or MassHealth CarePlus members.

Peter Pan/Greyhound Bus Lines:

Location: 1 Columbus Avenue. Pittsfield, MA, 01201

Contact: (413) 499-2782 peterpanbus.com/request/

Website: peterpanbus.com/locations/massachusetts/pittsfield/

Rates: peterpanbus.com/travel-info/schedules/

Towns Served: All of Massachusetts

Notes: Rates vary

Soldier On Transportation for Veterans:

Location: One Columbus Avenue, Pittsfield, MA 01201

Contact: (413) 418-4300 info@wesoldieron.org

Website: veteranfamilyride.com/

Towns Served: Berkshire County

Notes: The BRTA has partnered with Soldier On to create the Veterans and Families Transportation Call Center. Funded by the U.S. Department of Transportation Federal Transit Administration, the Call Center will be staffed by Soldier On veterans to provide service to all Berkshire County veterans and their families. Rates vary

South County Connector (Formerly known as the TriTown Connector):

Location: Great Barrington Based

Contact: 413-591-3826 tcoleman@townofgb.org

Website: www.socoride.org

Towns Served: Egremont, Great Barrington, Monterey, Stockbridge, Sheffield and West Stockbridge

Notes: Limited service to Canaan, CT and (for seniors and persons with disabilities only) to Pittsfield and New Marlborough.

Rides may be scheduled 24/7 via the TripShot App www.tritown.org/get-the-app or tritownconnector.tripshot.com/ Rates vary.

Town Senior Transportation Services

Alford: www.townofalford.org

Information: www.townofalford.org/council-aging/news/transportation-alford-seniors

Contact: Melanie Torrico at the Transportation Department at 528-0182 x 25 or transpdepart@egremont-ma.gov

Notes: Rides are available for medical appointments M-F. You need to give 48 hours' notice when arranging a ride. Rates vary.

Egremont: www.egremont-ma.gov

Transportation Information: www.egremont-ma.gov/194/Transportation-Department

Contact: Melanie Vicneire, transpdepart@egremont-ma.gov 413-528-01822 ext. 25 from 9:00am -2:30pm

Notes: Equipped to handle one wheelchair, seniors 55 years old and up and disabled residents from Egremont, Alford, and Mount Washington can book rides from Monday to Friday from 8am to 4pm. The van will operate within Southern Berkshire County and Pittsfield. Traveling to Great Barrington and surrounding towns will vary in pricing. Please give 48 hours' notice when arranging a ride.

Great Barrington: www.townofgb.org

Information : www.greatbarringtonseniors.org/transportation/

Contact: 413-528-1881 info@greatbarringtonseniors.org

Notes: South County Connector (Former known as Tri-Town Connector) is a local transit service providing low-cost door-to-door rides in the South County community. Rides can be booked by phone or with the **TripShot** rideshare smartphone app. Rides charges vary depending on pick-up and drop-off destination. <https://socoride.org/seniors>

Lee: www.lee.ma.us

413- 243-5500 rachael.armstrong@lee.ma.us

Notes: See link to BRTA Bus schedule berkshirerta.com/plan-your-trip/route-21-schedule-2/#outbound-weekday

Lenox: www.townoflenox.com

Information: 413-637-5500 ext. 1207 www.townoflenox.com/user/62/contact

Notes: See link to BRTA Bus schedule berkshirerta.com/?s=Lenox

Monterey: www.montereyma.gov

Information : www.montereyma.gov/council-aging/pages/elderly-transportation

Contact: (413) 528-1881 info@greatbarringtonseniors.org

Notes: (See South County Connector). Appointments must be made 48 hours in advance by calling the senior center. Please make a reservation each time you need a ride, we cannot guarantee standing reservations, and medical appointments are a priority. Please let us know as soon as possible if you cancelled the ride. Same Day Booking: If space and drivers are available you will be offered a ride. *Rates vary.* Round trip There is no charge to the accompanying spouse or caregiver. No person will be turned away for a ride if they cannot afford the fare. <https://socoride.org/seniors>

Mount Washington: www.mountwashington-ma.gov

Transportation Information: mountwashington-ma.gov/council-on-aging-low-cost-transportation/

Contact: 413-528-0182, Ext. 25 mntcory@aol.com

Notes: Residents 55+ have access to low-cost transportation, available M-F for medical appts in the South County and Pittsfield. Service is also available for dropping off/ picking up a repaired car or at grocery store when unable to drive. To arrange your ride, please call Melanie at the Egremont Town Hall, M-F between 9-3 p.m. Give 48 hours' notice when arranging a ride. *Rates vary.*

New Marlborough: www.newmarlboroughma.gov

Information: www.newmarlboroughma.gov/council-aging/news/senior-transportation

Contact: 413-591-3826 info@greatbarringtonseniors.org

Notes: Senior Residents (over 60 years old) — may purchase a discounted book of tickets for 10 one-way rides, at the Claire Teague Senior Center transportation office, in Great Barrington, weekdays 8:00AM to 4:00PM. Ticket books may also be purchased on the vans and at other local Senior Centers. www.tritown.org/seniors *Rates vary.*

Otis: www.townofotisma.com

Information: townofotisma.com/commissions-councils/council-on-aging-coa/

Contact: 413-269-0100 x131 seniorsotisma@gmail.com

Notes: For more information and availability of the Otis Ride Share program, call them directly.

Sandisfield: www.sandisfieldma.gov

Information : www.sandisfieldma.gov/council-aging/news/southern-berkshire-county-towns-offer-public-ride-share-service

Contact: 413-258-4711 x8 www.sandisfieldma.gov/user/2426/contact

Notes: For more information and availability of the Sandisfield Ride Share program, call them directly.

Sheffield: www.sheffieldma.gov

Information: www.sheffieldma.gov/sites/g/files/vyhlif3806/f/uploads/senior_center_transportation_flyer.pdf

Contact: 413-229-7037 kloring@sheffieldma.gov

Notes: Transportation through the council on Aging available to those 60 and older. There are also round-trip schedule trips (grocery shopping + Senior center meals). Rates vary.

NEW Sheffield Flex. Starting April 14, 2025 -Discounted rides to/from Great Barrington/Sheffield through the BRTA. Please call 413-591-3826 if you have any questions.

Stockbridge: www.stockbridge-ma.gov/

Information: www.stockbridge-ma.gov/council-aging/page/transportation

Contact: 413-298-4170 Ext. 263 www.stockbridge-ma.gov/email-contact/node/276/field_email/contact_information

Notes: South County Connect is available to Stockbridge residents of all ages. See South County Connect for more information.

Tyringham: www.tyringham-ma.gov

Information: www.tyringham-ma.gov/council-aging/pages/transportation

Contact: 1-800-544-5242 townclerk@bcn.net

Notes: Available for Doctor appointments and other trips. Please call Elder Services in Pittsfield: 1-800-544-5242 and ask for a Tyringham driver. Please call between the hours of 9am and noon at least two days in advance.

West Stockbridge: www.weststockbridge-ma.gov

South County Connect (previously known as Tri-Town Connector) is available to West Stockbridge Residents. Call

Berkshire Regional Transit (BRTA): For scheduling ADA or non-ADA rides, call (413) 499-2782, x3.

Notes: Visit <https://www.weststockbridge-ma.gov/home/news/public-transportation-information-west-stockbridge>

TriTown Connector: (See South County Connect)

Additional Resources:

- Berkshire Bike Path Council www.berkshirebikepath.com/lander
- Berkshire County Transportation Guide (Berkshires without Barriers): berkshireplanning.org/reports/berkshire-county-transportation-guide-berkshires-without-barriers/
- Institute of Transportation Engineers www.ite.org/
- Pedestrian & Bicycle Information Center www.pedbikeinfo.org/
- U.S. Department of Transportation www.transportation.gov/

Utilities Resources:

Berkshire Community Action Council (BCAC):

Location: 14 Maplewood Ave, Pittsfield, MA 01201

Contact: (413) 445-5671

Website: <https://www.bcacinc.org/#>

Focus: The role of BCAC is to assist limited-income residents of Berkshire County towards achieving sustainability and self-sufficiency. Resources offered include Fuel Assistance, also known as Limited Income Home Energy Assistance Program (HEAP), C.A.R.s Program (Community Action Rides), Heating System Repair & Replacement Program, Energy Efficiency Programs and Weatherization Assistance Program (WAP).

Center for EcoTechnology (CET) Energy Saver Home Loan Program:

Address: Dalton, MA 01226

Contact: (413) 586-7350

Website: <https://www.cetonline.org/programs/energy-saver-home-loan-program/>

Focus: Explore programs below to find the resources, incentives, and expert guidance you need to take action for a greener future. The Energy Saver Home Loan Program (ESHLP) is here to help eligible Massachusetts homeowners to say goodbye to fossil fuels and hello to a healthier and efficient living space.

Construct Center for Affordable Housing:

Address: 316A State Rd, Great Barrington, MA

Contact: (413) 528-1985 office@constructberkshires.org

Website: <https://constructberkshires.org/>

Application: <https://constructberkshires.org/applications-and-contact-info/>

Focus: Construct offers crucial financial assistance through emergency funds, rental assistance, and microloans that help cover security deposits, utility bills, fuel costs, and other housing-related expenses. These resources are designed to support individuals and families facing housing crises, ensuring stability and preventing homelessness in the south Berkshire community.

Eversource Discount Information:

Contact: 1-877-659-6326

Website: <https://www.eversource.com/content/residential/account-billing/payment-assistance/discount-rate>

Form Application: https://www.eversource.com/content/docs/default-source/my-account/discount-rate-app-ema.pdf?sfvrsn=7a53ddec_5

The Residential Arrearage Management Program (RAMP)- Is a program can help eliminate your outstanding balance in as little as 12 months if you make on-time monthly payments. Eversource will review your account billing history and set a monthly budget payment based on the average of your regular monthly bill.

Focus: The Massachusetts Department of Public Utilities requires all electric and gas utilities to make customer information available to the Massachusetts Executive Office of Health and Human Services (EOHHS) to identify and automatically enroll customers who may be eligible for Eversource's Discount Rate.

Good Neighbor Fund Energy Fund:

Contact: 413-442-0624

Website: <http://www.magoodneighbor.org/assistance.html>

Focus: The Massachusetts Good Neighbor Energy Fund is available to any Massachusetts resident who, because of temporary financial difficulty, cannot meet a month's energy expense and is not eligible for state or federal energy assistance. Income must fall between 60 and 80 percent of the state's median income levels.

Mass Saves:

Contact: 1-866-537-7267

Website: <https://www.masssave.com/en/residential/programs-and-services/income-based-offers>

Focus: The Sponsors of Mass Save are committed to making energy-efficient upgrades affordable for all Massachusetts residents. Through no-cost energy assessments, services, and efficient products, homeowners and renters can improve their family's comfort and lower monthly energy bills.

National Grid Discount Form:

Contact: 1-800-322-3223

Website: <https://www.nationalgridus.com/Default.aspx>

Form Link: https://www.nationalgridus.com/media/pdfs/billing-payments/electric-rates/ma/ondemand_r2_application.pdf

Focus: Significant savings are available to eligible electric customers.

Residential Assistance for Families in Transition (RAFT):

Location: 1 Fenn St., 3rd floor Pittsfield, MA 01201

Contact: (413) 499-1630 x168 info@hearthway.org

Website: applyhousinghelp.mass.gov/s/?language=en_US&LanguageCode=en_US

Application Link: applyhousinghelp.mass.gov/s/user-registration?language=en_US&LanguageCode=en_US

Focus: RAFT provides up to \$7,000 per 12-month period so your family can stay in your current home or move to a new one. You may use the money for rent, utilities, moving costs, and mortgage payments.

SafeLink:

Location: 24/7, 365 days a year via phone call, text, or chat

Contact: 1-877-785-2020

Website: casamyrna.org/get-support/safelink/

Focus: Provides resources, support, and safety planning to anyone affected by domestic or dating violence.

Southeast Rural Community Assistance Project (SERCAP):

Location: Community Development Block Grant (CDBG)

Contact: (540) 345-1184

Website: <https://sercap.org/about/who-we-serve/individuals>

Focus: SERCAP, in partnership with RCAP Solutions, offers low-interest loans to help low- to moderate-income rural homeowner's repair or replace individual household wells or septic systems. With rates as low as 1% and flexible terms, this program ensures essential home water and wastewater systems remain safe and functional for families in eligible areas.

U.S. Dept. of Agriculture (USDA), Rural Development:

Location: Community Development Block Grant (CDBG)

Website: <https://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-repair-loans-grants>

Apply: <https://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-repair-loans-grants-0>

Focus: The USDA's Section 504 Home Repair program offers loans to very-low-income homeowners for home repairs and improvements, and grants to elderly homeowners to address health and safety hazards. Designed for those who cannot access affordable credit elsewhere, this program supports safe, livable housing in eligible rural areas.

Water Well Trust (WWT):

Contact: 833-539-8200 info@waterwelltrust.org

Website: <https://www.waterwelltrust.org/apply/>

Application: <https://www.waterwelltrust.org/online-app-info/>

Focus: Offers funding assistance to low-income rural homeowners who lack access to a safe, reliable water source or septic system. Eligible applicants must own and live in their home as a primary residence, have no access to public water or sewer, and meet income guidelines. This program helps families secure essential water infrastructure for safe, healthy living.

Additional Resources:

- Citizens Energy Joe Oil <https://citizensenergy.com/our-programs/joe-4-sun/massachusetts/>
- Green Energy Consumers Alliance <https://www.greenenergyconsumers.org/>

Veteran Resources

American Red Cross:

Location: 150 Brookdale Dr. Springfield, MA 01104

Contact: (413) 737-4306 ext. 1929 or Call Center (877) 272-7337

Website: www.redcross.com

Focus: Services to the Armed Forces (SAF) Outreach Services offers information, referrals, access to local resources, and follow-up support for families. The Call Center delivers emergency communication, financial assistance, and services for veterans.

Department of Veteran Services Southern Berkshire County:

Location: 491 S Main St, Great Barrington, MA 01230

Contact: (413) 528-1580

Website: <https://www.townofgb.org/veterans-agent>

Focus: The Department of Veteran Services in Southern Berkshire County assists veterans and their families in accessing the benefits and services they've earned through military service. This includes help with VA claims, healthcare enrollment, pensions, education benefits, and emergency financial assistance.

Northampton VA Medical Center:

Location: 421 N Main St, Leeds, MA 01053

Contact: (413) 584-4040

Website: <https://www.va.gov/central-western-massachusetts-health-care/>

Focus: VA Medical Center offers comprehensive primary and specialty care — including mental health, nutrition, women's health, and PTSD treatment — to support the well-being of veterans in Central Western Massachusetts. Outpatient services are available weekdays from 8 AM to 4:30 PM; for emergencies, veterans should call 911 or go to the nearest ER, as emergency services are not provided on site.

Office of Veteran Services:

Location 1/Contact: City Hall, 10 Main Street. North Adams (413) 662-3040

Location 2/Contact: Town Hall, 8 Park Street. Adams (413) 743-8300 ext 125

Website: <https://www.va.gov/>

Focus: The Office of Veteran Services supports veterans by helping them access the benefits and services they've earned through their military service. This includes assistance with VA claims, education benefits, housing support, and employment resources. They also offer guidance and advocacy to ensure veterans and their families receive the care and recognition they deserve.

Soldier On (Veteran Support):

Location: 290 Merrill Road. Pittsfield, MA 01201

Contact: (413) 418-4300 info@wesoldieron.org

Local Contacts:

- **Veterans' Agent-** Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov
- **Veteran's Agent** – Doug Mann, 177 Main St, Lee (413) 409-5974 leevetsagent@wmconnect.com

Website: <https://wesoldieron.org/>

Towns Served: Berkshire County

Focus: Soldier On provides comprehensive support to local veterans by offering permanent housing, employment services, and case management. They focus on helping veterans regain their independence and reintegrate into the community with dignity. Through partnerships and wraparound services, Soldier On ensures veterans have access to the resources they need to thrive.

Soldier On (Transitional Housing):

Location: 360 West Housatonic Street. Pittsfield, MA 01201

Contact: : (413) 236-5644 info@wesoldieron.org

Website: www.servicenet.org/services/shelter-and-housing/

Focus: Pittsfield Transitional Housing provides veterans with safe, supportive, and structured temporary housing as they work toward independent living. The program offers case management, counseling, life skills training, and access to healthcare and employment resources. Its goal is to help veterans overcome homelessness and rebuild stable, self-sufficient lives within the community.

Town Transportation Services (Veterans): See town pages

Veterans Outpatient Mental Health Clinic:

Location: 78 Center Street. Silvio Conte building, 2nd floor in Pittsfield, MA

Contact: (413) 499-2672, (413) 584-4040 ext. 2336

Website: <https://www.va.gov/central-western-massachusetts-health-care/locations/pittsfield-va-clinic/>

Focus: The Veterans Outpatient Mental Health Clinic provides mental health services specifically designed for veterans. The clinic offers counseling, therapy, medication management, and support for issues such as PTSD, depression, and anxiety. With a team experienced in veteran care, the clinic focuses on improving mental wellness and enhancing quality of life.

Additional Resources:

- **Veterans Crisis Line:** (800) 273-8255 or (800) 273-TALK
- **Veterans Western Massachusetts Call Center:** (800) 893-1522
- **VA Central Western Massachusetts Healthcare System:** 413-584-4040
- **Bilingual Veterans Outreach Centers of Massachusetts:** Springfield (413) 731-0194 <https://bilingualvets.org/>
- **Massachusetts Department of Veterans' Services (DVS)**
<https://www.mass.gov/orgs/executive-office-of-veterans-services>

NOTES

Disclaimer of Accuracy of Information:

All information provided in the enclosed resource guide and use of services is for informational purposes only and should not be construed as fact. The accuracy of information may change over time. If you have a resource that you would like included or changed, please email rania@familieslikeoursinc.com. Updated online versions of this Resource Guide can be found at www.southernberkshirehealth.com and www.familieslikeoursinc.com.

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