SOUTHERN BERKSHIRE RESOURCE GUIDE

Animal, Food, Harm Reduction, Healthcare, Housing, Immigration, Mental Health, Special Needs, Transportation, Utilities, and Veteran Resources

Published in Collaboration of Southern Berkshire Public Health Collaborative, Families Like Ours and Tri-Town Health Department

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Southern Berkshire Public Health Collaborative

FAMILIES LIKE OURS

TRITOWN HEALTH DEPARTMENT
LEE + LENOX + STOCKBRIDGE

Southern Berkshire Resource Guide

January 2026 Edition

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Disclaimer of Accuracy of Information:

All information provided in the enclosed resource guide and use of services is for informational purposes only and should not be construed as fact. The accuracy of information may change over time. If you have a resource that you would like included or changed, please email rania@familieslikeoursinc.com. Updated online versions of this Resource Guide can be found at www.southernberkshirehealth.com, www.familieslikeoursinc.com or by using the QR Code, below and on the last page of the Resource Guide.

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Emergency Resources

In case of emergency, call 911

Name	Phone Number	Website
BCAC Emergency Utilities Assistance	413-445-4503	https://www.bcacinc.org/
Emergency Help	**911**	
Berkshire County Kids Place	Pittsfield office: 413-236-1800 Monday-Friday 9am-5pm Nights/Holidays/ Weekends) Child @ Risk Hotline: 800-792-5200	kidsplaceonline.org/
Berkshire Elder Protective Services	413-499-0524 (Office) Report/Abuse Hotline: (800) 922-2275	mass.gov/protecting-older-adults-from-abuse
Berkshire Harm Reduction	413- 447-2654	berkshirehealthsystems.org/location/harm-reduction/
Brien Center	413- 499-0412 Mental Health Crisis Hotline: 1-800-252-0227	briencenter.org/
Construct	Phone 413-528-1985	constructberkshires.org/
Department of Children & Family Services	413-236-1800 Child At-Risk Hotline: 1-800-792-5200	mass.gov/how-to/report-child-abuse-or-neglect
Domestic Violence Hotline	1-800-799-7233	thehotline.org
Elizabeth Freeman Center	24/7 through our toll-free hotline: 1-866-401-2425	elizabethfreemancenter.org/
MA Overdose Prevention	Hotline 800-972-0590	helplinema.org/stay-safe/overdose-prevention/
National Runaway Safe line	Safe line 800-786-2929	1800runaway.org
National Domestic Violence Hotline	877-785-2020	mass.gov/info-details/massachusetts-safelink-resources
Samaritan Statewide Helpline (Suicide prevention)	Call 877-870-4673, Text 988 Call/text/chat Option	samaritanshope.org
Suicide prevention	1-800-273-8255	masstpc.org/suicide-prevention/

Additional Resource Guides

Resource	Website
413 Cares (Online Resource Guide)	413cares.org
Advocacy For Access (Insurance Resources)	berkshirehealthsystems.org/location/advocacy-for-access/
BASIC Berkshires (Immigrant Resources)	basicberkshires.org
Berkshire Athenaeum	https://www.pittsfieldma.gov/DocumentCenter/View/1714/Berkshire-County-Resource-Directory-2025-PDF
Berkshire County Substance Use Resource Guide	boapc.org/wp-content/uploads/2023/01/22_BOAPC_ResourceOnePage_03.pdf
Berkshire United Way	www.berkshireunitedway.org/get-help
Berkshire Community Action Council	**Community Resources:** Financial, Heating/Weatherization, Programs berkshirecap.wp.iescentral.com/community-resources
Berkshire Coalition for Suicide Prevention	Mental Health Help and Other Resources berkshirecoalition.org/resources-2
Home Care Alliance of MA	Guide to Private Home Care Services (with insurance information) https://www.thinkhomecare.org/page/providersearch
Legal Resources	Community Legal Aid: (855) 252-5342, communitylegal.org Berkshire Center for Justice: (413) 854-1955, berkshirecenterforjustice.org UpSide413: (413) 443-7138, upside413.org/housing-and-legal-counseling/
Massachusetts Addiction and Recovery Resources	watersiderecovery.com/massachusetts-addiction-and-recovery-resources/?gad_source=1&gclid=Cj0KCQjwsJO4BhDoARIsADDv4vCN4mJm2vR2c_c-LqyzWZE4DTv4M_JBBuUs31dSiyiEw1UpvKpX3LIaAkAFEALw_wcB
Nonprofit Center of the Berkshires	Directory of Berkshire Nonprofits and Ways to Help npcberkshires.org/virtual-resource-directory/
Rural Recovery Resources	List of substance use recovery resources and free peer recovery coaches. https://www.rural-recovery.org/help
Southern Berkshire Chamber of Commerce	southernberkshirechamber.com/
Well-Being Guide of the Berkshires (NAMI)	namibc.org/wp-content/uploads/sites/243/2024/05/Well-Being-Guide-of-the-Berkshries_5.3.24-2.pdf
The Veterans Blue Book	https://www.northwesternda.org/sites/g/files/vyhlif3601/f/uploads/veterans_blue_book_4th_edition_.pdf

South County Town Information

Alford: **http://www.townofalford.org**

Animal Control Officer- John Drake, (413) 7464-2148 (text)
Board of Health- Jayne Smith, (413) 528-4536 x201, jespublichealth@gmail.com
Council on Aging – Thea Basis, coa@townofalford.org
Fire Department – 86 North Egremont Road, (413) 528-5156 or **911 (Emergency)**
Library – Alford's Children's Library- Alford Town Hall, (413) 528-2403
Police Department- MA State Police, (413) 243-0600, or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Southern Berkshire Regional School District. (413) 229-8754, www.sbrsd.org
Town Offices – 5 Alford Center Road. Roxanne Germain, (413) 528-4536, offices@townofalford.org
Veterans' Agent- Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Egremont: **www.egremont-ma.gov**

Animal Control Officer- Max Kolb, (518) 821-9878, mkolbpd@egremont-ma.gov
Board of Health – Juliette Haas, (413) 528-0182 x22, jhaas@egremont-ma.gov
Council on Aging – Peg Muskrat, (413) 528-0182 x25, coa@egremont-ma.gov
Fire Department – 175 Egremont Plain Road, (413) 528-1625 or **911 (Emergency)**
Library – 1 Buttonball Lane (413) 528-1474, EGRlibrary@egremont-ma.gov
Police Station – 171 Egremont Plain Rd, (413) 528-2160 or **911 (Emergency)**
Public Health Nurse - Berkshire Public Health Alliance, alliancenurse@berkshireplanning.org
School District – Southern Berkshire Regional School District, (413) 229-8754, www.sbrsd.org
Town Offices – 171 Egremont Plain Rd. (413) 528-0182, tegremont@egremont-ma.gov
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Great Barrington: **www.townofgbma.gov**

Animal Control Officer- Officer Kevin Troiano, (413) 528-0306 x1173
Board of Health- Rebecca Jurczyk, (413) 528-0680, rjurczyk@townofgbma.gov
Council on Aging- 917 Main St, Joan Peters, (413) 528-1881 jpeters@townofgbma.gov
Fire Department – 37 State Road. (413) 528-0788 or **911 (Emergency)**
Libraries – Mason: 231 Main St, (413) 528 2403, Ramsdell: 1087 Main St, Housatonic, (413) 528-2403
Police Station – 465 Main Street. (413) 528-0306 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Berkshire Hills Regional School District, (413) 298-4017, www.bhrsd.org
Town Hall – 334 Main Street. (413) 528-1619 x2900
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Lee: **www.lee.ma.us**

Animal Control Officer- Kacey Hatch (802) 365-1773 kacey.hatch.413@gmail.com
Board of Health- Tri-Town, 50 Main St, Stockbridge. (413) 243-5540 www.tritownhealth.org
Council on Aging- Patricia Di Grigoli, 21 Crossway St. (413) 243-5545 coa@town.lee.ma.us
Fire Department - 179 Main St, (413) 243-2100 or **911 (Emergency)**
Library – The Lee Library, 100 Main Street. (413) 243-0385 www.leelibraryma.org
Mental Health Co-Responder – Ivy Goodwin (413) 327-2005 ivy.goodwin@lee.ma.us
Police Station – 32 Main Street. (413) 243-2100 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Lee Public Schools. www.leepublicschools.net (413) 243-0276
Town Hall – 32 Main Street. www.lee.ma.us (413) 243-5505
Veteran's Agent – Doug Mann, 177 Main St, Lee (413) 409-5974 leevetsagent@wmconnect.com

Lenox: www.townoflenox.com

Animal Control Officer- Kacey Hatch (802) 365-1773 kacey.hatch.413@gmail.com
Board of Health- Tri-Town, 50 Main St, Stockbridge. (413) 243-5540 www.tritownhealth.org
Council on Aging – Shannon O'Brien, 65 Walker St. (413) 637-5530
communitycenter@townoflenox.com
Fire Department - 14 Walker Street. (413) 637-2345 or **911 (Emergency)**
Library – Lenox Library, 18 Main Street. (413) 637-0197 lenoxlib.org/
Mental Health Co-Responder – Ivy Goodwin (413) 327-2005 ivy.goodwin@lee.ma.us
Police Station – 6 Walker Street. (413) 637-2346 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Lenox Public Schools. (413) 637-5560 www.lenoxps.org
Town Hall – 6 Walker Street. (413) 637-5500, www.townoflenox.com
Veteran's Agent – Doug Mann, 177 Main St, Lee (413) 409-5974 leevetsagent@wmconnect.com

Monterey: www.montereyma.gov

Animal Control Officer- Brian Fahey, 413-528-3211 mpdchief@montereyma.gov
Board of Health- Tri-Town, 50 Main St, Stockbridge. (413) 243-5540 www.tritownhealth.org
Community Center- 468 Main Rd, (413) 528-3600, montereycommunitycenter@gmail.com
Council on Aging- Kathryn Roberts, (413) 528-1443 x112 coaoutreach@montereyma.gov
Fire Department – 411 Main Rd. (413) 528-3136 montereyfireco@gmail.com or **911 (Emergency)**
Library – Monterey Library, 452 Main Road. Mark Makuc, (413) 528-3795, montereylibrary@gmail.com
Police- 435 Main Rd, (413) 528- 3211 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Southern Berkshire Regional School District. (413) 229-8754 www.sbrsd.org
Town Hall – 435 Main Road. Roger MacDonald (413) 528-1443 x111, admin@montereyma.gov
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Mount Washington: www.mountwashington-ma.gov

Board of Health- boardofhealth@mountwashington-ma.gov or
Jason Dragonetti, jason@tritownhealth.org
Council on Aging- Corey Hines, (413) 528 3998, mtncory@aol.com
Fire Department – Joe Schneider, (413) 717 7622 , efd50joe@gmail.com or **911 (Emergency)**
Library – 2 Plantain Pond Rd. Lesliann Furcht, (413) 528- 4971
Police/ EMD - Brian Tobin, (413) 528-3204, **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School Districts – SBRSD (413) 229-8754 or BHRSD (413) 298-4017
Town Hall – 2 Plantain Pond Rd. (413) 528-2839, elem@townofmtwashington.com
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

New Marlborough: www.newmarlboroughma.gov

Animal Control Officer- Graham Frank, 413-229-8161 gfrank@newmarlboroughma.gov
Board of Health – Scott McFarland, Agent, nmboh@newmarlboroughma.gov, (413) 229 8469
Council on Aging – Prudence Spaulding, prudencespaulding@hotmail.com, (413) 229-8407
Fire Department – 205 Norfolk Rd, Charles Loring III, Chief (413) 229-8100 or **911 (Emergency)**
Library – 1 Mill River - Great Barrington Road. (413) 229-6668 www.newmarlboroughlibrary.org
Police Station – 807 Mill River Southfield Rd. Graham Frank, Chief, (413) 229-8161 **or 911**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Southern Berkshire Regional School District. (413) 229-8754 www.sbrsd.org
Town Hall – 807 Mill River Southfield Road. Mari Enoch, (413) 229-8116
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Otis: **www.townofotisma.com**

Animal Control Officer- Kacey Hatch (802) 365-1773 kacey.hatch.413@gmail.com
Board of Health – Heather Grey (413) 269 0100 x129, healthdept@townofotisma.com
Council on Aging – 1 N Main Road, Kendra Rybacki, (413) 269-0100 x5, seniorsotisma@gmail.com
Library – Otis Library, 48 North Main Road. Brad Havill, (413) 269-0109, info@otislibraryma.org
Police Station – 1 North Main Road. Kris McDonough, Chief, (413) 269-0100
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
Fire Department – 15 South Main Rd. Richie Phair, Chief, (413) 269-0100 x120 or **911 (Emergency)**
School Districts – Farmington River, www.frrsd.org, Berkshire Hills , Lee Middle/High School
Town Hall – 1 North Main Road. Brandi Page, (413) 269-0100 x 127 townadmin@townofotisma.com
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Sandisfield: **www.sandisfieldma.gov**

Animal Control Officer- Sandisfield Police Dept (413) 258-4742
Board of Health – 3 Silverbrook Rd, Jason Dragonetti, (413) 258-4711 x9, jason@tritownhealth.org
Council on Aging- 66 Sandisfield Rd, (413) 258-4711 x8
Library – Sandisfield Library, 23 Sandisfield Road. (413) 258-4966 www.sandisfieldlibrary.org
Police Station – 3 Silverbrook Rd, (413) 258-4742 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
Fire Department –79 South Main St or 207 Sandisfield Rd (413) 258-4742 or **911 (Emergency)**
School Districts –Farmington, Berkshire Hills Regional SD, Lee Middle/High School
Town Hall Annex– 66 Sandisfield Road. Janey Snyder (413) 258-4711, jbeardsley@sandisfieldma.gov
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Sheffield: **www.sheffieldma.gov**

Animal Control Officer- Kadin Shafiroff, 413-717-5291 kshafiroff@sheffieldpd.com
Board of Health – 21 Depot Square. (413) 229- 7000 x157, townhall@sheffieldma.gov
Council on Aging – 25 Cook Rd. (413) 229-7037 kloring@sheffieldma.gov
Fire Department- 65 Depot Square. John Ullrich, Chief (413) 229-7033 or **911(Emergency)**
Library – Bushnell Sage Library, 46 Main Street. Deena Caswell (413) 298-5501
Police Station – 10 South Main Street. Eric Munson, Chief, (413) 229-8522 or **911(Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District – Southern Berkshire Regional School District. (413) 229-8754 www.sbrsd.org
Town Hall – 21 Depot Sq., Town Admin (413) 229-7000 townhall@sheffieldma.gov
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Stockbridge: **www.stockbridge-ma.gov**

Animal Control Officer- John Drake, 413-464-2148
Board of Health- Tri-Town Health, 50 Main St, Stockbridge. (413) 243-5540 www.tritownhealth.org
Council on Aging – 50 Main St, Katie Szwyd, (413) 298-4170 x263 COADirector@stockbridge-ma.gov
School District – Berkshire Hills Regional School District. www.bhrsd.org (413) 298-4017
Town Hall – 50 Main Street. Michael Canales, Town Administrator, (413) 298-4170
Library – The Stockbridge Library, 46 Main St. (413)298-5501 info@stockbridgelibrary.org
Mental Health Co-Responder – Ivy Goodwin (413) 327-2005 ivy.goodwin@lee.ma.us
Police Station – 50 Main Street. , Darrell Fennell, Chief (413) 298-4179 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
Fire Department - 1 East Street. (413) 298-4866 or **911 (Emergency)**
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Tyringham: **www.tyringham-ma.gov**

Animal Control Officer- John Drake, 413-464-2148
Board of Health – 116 Main Rd., Molly Curtin-Schaefer (413) 243-1749 townhall@bcn.net
Council on Aging – 116 Main Rd., Barbara Adams, (413) 243-3297
Fire Department- 100 Main Rd., Charles Slater, Chief (413) 243-0448 or **911 (Emergency)**
Library- Tyringham Free Library, 118 Main Rd. (413) 243-11749 x107
Police Station -116 Main Rd. (413) 243-1749 or **911 (Emergency)**
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, jill@tritownhealth.org
School District- Lee Public Schools. www.leepublicschools.net (413) 243-0276
Town Hall- 116 Main Rd. Molly Curtin-Schaefer, Town Admin, (413) 243-1749, townhall@bcn.net
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

West Stockbridge: **www.weststockbridge-ma.gov**

Animal Control Officer- John Drake, 413-464-2148
Board of Health – Earl Moffatt (413)232-0300 x314 health@weststockbridge-ma.gov
School District – Berkshire Hills Regional School District. www.bhrsd.org (413) 298-4017
Town Hall – 21 State Line Rd, West Stockbridge, (413) 232- 0300
Library – West Stockbridge Public Library, 21 State Line Rd. (413) 232-0300 x308
Police Station- 21 State Line Rd, (413) 232-8500 or **911 (Emergency)**
Public Health Nurse – Berkshire Public Health Alliance, alliancenurse@berkshireplanning.org
Fire Department – 24 Albany Rd, (413) 717-2751 firechief@stockbridge-ma.gov or **911 (Emergency)**
Veterans' Agent – Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov

Animal Resources

Animal Control Officers Per Town: Please see section on individual towns

Berkshire Humane Society:

Location: 214 Barker Rd, Pittsfield, MA 01201
Contact: (413) 447-7878
Website: https://berkshirehumane.org/
Focus: Berkshire Humane Society is a socially conscious, open-admission animal shelter dedicated to the compassionate care, treatment, and placement of all companion animals—regardless of age, breed, or health. They provide a vital community resource through sheltering, adoption, outreach, and support programs that strengthen the bond between animals and people. Through their SafePet Program, they can provide temporary fostering of animals of pets owned by individuals in crisis or transition.

H5N1 (Bird Flu) Resources:

www.mass.gov/news/state-officials-provide-updated-guidance-on-suspected-avian-flu-cases-reported-across-massachusetts

Report Suspected Cases

- **Report Wild Birds:** The public should report observations to MassWildlife of sick or deceased birds if 5 or more birds are found at a single location, using this simple form at mass.gov/reportbirds.
- **Report Domestic Birds:** The public should report sick or dead poultry or other domestic birds by calling MDAR's Division of Animal Health at (617) 626-1795 or through mass.gov/reportpoultry.

Tips for the Public

- Avoid handling birds and other wildlife: The public should strictly avoid handling wildlife, especially sick or dead animals
- Keep pets safe: Dogs and other pets should always be leashed and away from wildlife. Cats are highly susceptible to HPAI and may die from an infection. Cat owners in affected areas should keep their pets indoors.
- Hunting: While eating wild game meat is generally considered safe, licensed hunters can minimize the risk of wildlife diseases by following best practices when handling and processing game.

Tips for Livestock and Poultry Owners:

Since wild migratory birds are natural carriers for Avian Influenza viruses, including HPAI, preventing wild birds from mixing with or having contact with domestic flocks is essential to disease control and prevention.

- Poultry owners should continue to practice strong biosecurity measures to keep their birds away from wild birds, particularly wild waterfowl, feathers, and droppings.
- Poultry owners with water bodies on their property should take steps to mitigate wild waterfowl from frequenting those areas. Eliminating standing water and preventing domestic birds from having access to ponds, streams, and wetland areas that attract wild waterfowl is critical.
- Avoid unnecessary movement of poultry between locations and be aware of the potential to carry HPAI-contaminated materials onto properties where domestic birds are kept.
- New birds should be completely isolated for at least one month prior to being added to a domestic flock. Birds returning home from fairs or shows should also be isolated from the home flock as if they were new arrivals.
- Limit the number of people that have access to your flock.
- Do not share equipment with other bird owners without thoroughly cleaning and disinfecting between locations.
- For more information about HPAI, please visit MDAR's Avian Influenza webpage.

Veterinary Locations:

- **Bilmar Veterinary Services**. 776 S Main St, Great Barrington, MA. (413) 528-1180 https://www.bilmarvet.com/
- **Berkshire Animal Care**. 372 Greenwoods Rd W, Norfolk, CT (860) 542-7050 https://www.berkshireanimalcare.com/
- **Greener Pastures Veterinary Services**. Mobile Services. (413) 717-8612 www.greenerpasturesvetservices.com/
- **Sand Road Animal Hospital**. 136 Sand Road, Falls Village, CT. (860) 397-1551 https://www.sandroadanimals.com/
- **Valley Veterinary Services.** 920 Pleasant St, Lee, MA. (413) 243-2414 https://valleyveterinaryservice.com/
- **VCA All Caring Animal Hospital**. 440 Stockbridge Rd, Gt Barrington, MA. (413) 528-8020 vcahospitals.com/all-caring

Wildlife Rehabilitators in Berkshire County:

If you find a sick or injured wild animal or bird, contact a licensed wildlife rehabilitator immediately using the list below. They can guide you through what to do in the animal's immediate situation.

Contact: https://www.mass.gov/info-details/find-a-wildlife-rehabilitator

BIRDS:

- **Judy Pasko** – Cummington Wildlife Inc. Cummington, MA (413) 695-6854 www.cummingtonwildlife.com Expert in migratory songbirds, other birds (not birds of prey) and rabbits
- **Eden Curtin** – Valley Veterinary Services. Tyringham, MA (413) 274-7077 non-migratory birds only, no baby birds, some game birds
- **Tom Ricardi** – Birds of Prey Rehabilitation Center. Conway (though not Berkshire County, he is the closest one who can take birds of prey) (413) 369-4072

BIRDS AND MAMMALS:

- **Kevin Charlton**. Stockbridge. (413) 575-4602 – text to have him help you place an animal with the right rehabilitator for your situation. Non-migratory birds, pigeons
- **Stacy Williams**. Cheshire. (332) 203-8424, NO migratory birds
- **Ceacy Henderson.** Colrain, MA, Bat Expert, (413) 768-8928, www.ceacyhenderson.com

MAMMALS:

- **Berkshire Veterinary Hospital.** Pittsfield (413) 499-2820 Can take injured adult mammals when they have space – NO baby animals
- **Cara Petricca Carnevale**, Cheshire (413) 446- 3345
- **Carolyn Hogencamp**, Lee (413) 717-0614
- **Dawn Collins** – Berkshire Wildlife Services. Washington, (413) 623-8340 www.berskhirewildlifeservices.org Coyotes, foxes, bobcats, racoons, fisher cats, takes other mammals – can help figure out placement for deer
- **Liz Markham.** Ashley Falls, (413) 717-1066 Squirrels, chipmunks, racoons, opossums, NO rabbits or mice
- **MA Fish and Wildlife**. Dalton. Andrew Madden and Nathan Buckhout wildlife biologists. (413) 684-1646 Deer – only place to call for injured or abandoned Deer
- **Meagan Carlotta**, Stockbridge. (413) 297-4948 Opossums, skunks, NO tiny babies
- **Sonia Bylcosky**, Lenox (413) 551-2525 Squirrels
- **Tufts Wildlife Clinic**, North Grafton (not Berkshire county, only place that takes Bears on emergency and then are sent to NH Kilham Bear Center for rehabilitation) (508) 839-7918

REPTILES AND MAMMALS:

- **Laura Lancaster**. Cummington (203) 218-4473 Rabbits and reptiles
- **Betsy Robbins**. Reptiles – turtles included – red-grey squirrel, chipmunks, rabbits Pittsfield. (774) 212-7509 Facebook: Robbins2therescue

REPTILES:

- **Tracy Lynn Zustra**. Pittsfield (413) 663-4555 Turtles and snakes

Tick and Mosquito Resources:

- **Southern Berkshire Public Health Collaborative** Tick Awareness: Tickborne illnesses in the Berkshires
- https://southernberkshirehealth.com/resources/public-health-nursing/health-education/tick-awareness/
- **Berkshire Public Health Alliance (BPHA)** Provides public health information on vector-borne illnesses (Lyme, EEE, West Nile Virus). https://www.berkpublichealthalliance.org/ 413-442-1521
- **Massachusetts Department of Public Health (MDPH) – Vector-borne Disease Program** Statewide updates on tick/mosquito activity, prevention tips, and maps for EEE/WNV risk. https://www.mass.gov/info-details/tick-borne-disease-information and https://www.mass.gov/info-details/mosquito-borne-diseases
- **Berkshire County Mosquito Control Projects** Check with your town hall or Board of Health. State contact: Massachusetts Mosquito Control Projects https://www.mass.gov/mosquito-control-projects
- **Berkshire County Boards of Health** Each town/city board can provide local alerts or spraying schedules.
- **Berkshire Natural Resources Council (BNRC)** https://www.bnrc.org/

Food Resources

Berkshire Bounty:

Location: P. O. Box 1037 Great Barrington MA 01230.
Contact: 413-591-2239 **info@berkshirebounty.org**
Website: **www.berkshirebounty.org/**
Focus: Berkshire Bounty is a food rescue organization dedicated to collecting, purchasing and delivering nutritious food to emergency food distribution programs countywide.

Berkshire South Regional Community Center:

Location: 15 Crissey Road. Great Barrington, MA 01230
Contact: 413-528-2810 **mamstead@berkshiresouth.org**
Website: berkshiresouth.org
Meal Dates: berkshiresouth.org/community-adult/
Focus: Berkshire South offers free community suppers twice a month. In person dining only between 5pm and 6pm. Check website for dates. Meals are first come first served. Everyone is welcome

Community Health Programs:

Location: 442 Stockbridge Road, Great Barrington, MA 01230
Contact: 413-528-0457 **info@chpberkshires.org**
Website: **chpberkshires.org/chp-nutrition/**
Focus: CHP has food at their family services Monday through Friday 9am-4pm self-serve outside and pantry inside if needed. Mobile Food Bank first Tuesday of every month 11am-noon here at CHP Health Center in Great Barrington. Contact Family Services for additional food resources.

Elder Services Meals on Wheels:

Location: 73 South Church Street. Pittsfield, MA 01201
Contact: 413-499-0524 **esbc@esbci.org**
Website: **www.esbci.org/services/nutrition-programs/**
Focus: The Meals on Wheels program provides isolated and/or frail and/or homebound elders with a hot meal each weekday at noon. Sugar-free desserts and Lactaid milk are available. Cardiac, Renal, and Vegan nutritional meals are offered as well. There are no income guidelines, however there are frailty guidelines. The MOW driver provides a wellness check.

Elder Services Nutrition Programs:

Location: 73 South Church Street. Pittsfield, MA 01201
Contact: (413) 499-0524 esbc@esbci.org
Website: **www.esbci.org/services/nutrition-programs**
Focus: The Meals on Wheels program provides isolated and/or frail and/or homebound elders with a nutritious, hot meal each weekday at 12 pm. The Senior Meal Program provides a nutritious hot meal at 14 senior lunch sites at 12 pm. Seniors, 60 years and older, meet at a local meal site often located in a nearby senior center to eat and socialize.

Family Resource Center- Great Barrington:

Location: 141 West Avenue. Great Barrington
Contact: 413.528.0298 info@csoinc.org
Websites: www.csoinc.org/community-based-programs
www.frcma.org/locations/great-barrington-family-resource-center-0
For Meal Updates: shasta.bona@csoinc.org
Focus: CSO hosts monthly Family Meal Series as well as other resources on site.

Farmers' Markets (Local):

Website: www.massfarmersmarkets.org/markets
Focus: Use this link above to search for Farmers Markets by town or county and choose a day of the week. In addition, you can also search by nutrition programs - for example to find markets that take HIP or have a SNAP match.

Food Bank of Western Massachusetts:

Contact: 413-247-9738
Website: www.foodbankwma.org/
Community Health Programs Dates: First Tuesday of every month at 444 Stockbridge Road. Gt Barrington, between 11am-12pm
Focus: The Food Bank of Western Massachusetts's Leadership Team can be contacted through the means listed below. If you have a general question or are not sure who to speak to, please use the Contact Form below or call and we will forward you to the best contact.

Guthrie Center: Meal Site:

Location: 2 Van Deusenville Road, Great Barrington, MA 01230
Contact: 413-528-1955 **guthriecenter@gmail.com**
Website: guthriecenter.org/
Link to meal information: guthriecenter.org/programs.html
Focus: Free Community Lunch: Held every Wednesday from 12PM to 1PM.

Healthy Incentives Program (HIP)

Contact: (800) 645-8333
Website: **https://www.mass.gov/massachusetts-hip-gives-you-money-back-when-you-use-your-snap-benefits-to-buy-healthy-local-fruits-and-vegetables-from-hip-farm-vendors**
Link to Application: dtafinder.dtadash.ehs.mass.gov/
Focus: HIP provides extra SNAP money for local produce. Depending on your family size, you can get an additional $40-80 per month through HIP. Learn more about HIP on DTA's website. Follow these instructions on how to use HIP at local locations.

Senior Farmers' Market Nutrition Program (FMNP):

Contact: (713) 305-2281 AskUSDA@usda.gov
Website: www.fns.usda.gov/sfmnp/senior-farmers-market-nutrition-program
Focus: The Senior Farmers' Market Nutrition Program provides eligible elders (60+) with coupons for produce redeemable at farmers' markets. Coupons are available from early summer through October each year; they are distributed through your local Council on Aging.

School District Food Programs

Berkshire Hills Regional School District (BHRSD) **www.bhrsd.org**
Location: 50 Main Street. Stockbridge, MA 01262
Contact: Kathy Sullivan 413-644-2325 kathy.sullivan@bhrsd.org

Farmington River Regional School District (FRRSD) **www.frrsd.org**
Location: 555 North Main Road, P.O. Box 679, Otis, MA 01253. 413-269-4466
Contact: Sarah Hopkins 413-269-4466 extension 142 **shopkins@frrsd.org**

Lee Public Schools (LPS) **www.leepublicschools.net**
Location: 300A Greylock Street, Lee MA 01238
Contact: Bonnie Fahey 413-243-0276

Lenox Public Schools **www.lenoxps.org**
Location: 6 Walker Street. Lenox, MA 01240
Contact: Jennifer O'Brien-637-5550

Southern Berkshire Regional School District (SBRSD) **www.sbrsd.org**
Location: 491 Berkshire School Rd. Sheffield, MA 01257. 413-229-8754
Contact: Jonathan Duerr **jduerr@sbrsd.org** 413-248-0727

South County Food Pantries and Meal Sites List by Town

Great Barrington:

- **Berkshire South Regional Community Center** - 15 Crissey Road Gt. Barrington - 413-528-2810 -Check monthly schedule here **www.berkshiresouth.org**

- **CHP Family Services:** 442 Stockbridge Road Gt. Barrington 413-528-0457 Mondays – Fridays 9:00am – 4:00pm No eligibility required. **https://chpberkshires.org/family/food-for-all/**

- **Guthrie Center** 2 Van Deusenville Road - Gt. Barrington - 413-528-1955 - Wednesdays - Free Community Lunch 12:00pm – 1:00pm and a free legal clinic. **https://guthriecenter.org/programs.html**

- **Peoples Pantry** 5 Taconic Ave. at St. James Place: Across from CVS Gt. Barrington Mon. 4:00pm – 5:30pm Thurs. 10:00am – 12:30pm (Starting 07/01/2026 – Tuesdays) South County residents only, **www.thepeoplespantrygb.org**

Lee: Grace Food Pantry, 130 Housatonic Street, Lee, Ma Open Saturdays 10am-12pm 413-644-0022 – Serves residents of Lee and surrounding towns, including Stockbridge, Tyringham, Lenox Dale and Becket. **https://graceberkshires.org/lee-food-pantry/**

Lenox: **Lenox Ecumenical Food Pantry**, United Methodist Church of Lenox, 6 Holmes Rd, Lenox Open Every other Saturday 10am -11am 413- 445-5918. – Serves Lenox and Lenox Dale Residents and members of Lenox and Lenox Dale churches. **https://www.avptriparish.org/lenox-ecumenical-food-pantry**

Monterey: Monterey Pantry, Pickup Held at the Monterey Meetinghouse - 449 Main Rd., Monterey (In the basement) Saturdays 10:00am – 11:00am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, **montereypantry@gmail.com** **https://www.avptriparish.org/lenox-ecumenical-food-pantry**

New Marlborough: Monterey Pantry, Pickup Held at the Monterey Meetinghouse basement - 449 Main Rd., Monterey Saturdays 10:00am – 11:30am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, **montereypantry@gmail.com** **https://www.avptriparish.org/lenox-ecumenical-food-pantry**

Otis: Otis Food Pantry - 1 North Main Road, Otis. - otisfoodpantry@gmail.com - Wednesdays 9:00am – 11:00am - No residency restrictions

Sandisfield: Monterey Pantry - Pickup Held at the Monterey Meetinghouse - 449 Main Rd., Monterey (In the basement) Saturdays 10:00am – 11:30am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, **montereypantry@gmail.com** **https://www.avptriparish.org/lenox-ecumenical-food-pantry**

Sheffield: Sheffield Food Assistance Held at Old Parish Church - 125 Main Street, Sheffield, Mondays 9:00am – 10:00am – Open to anyone living in the Southern Berkshire Regional School District. Phone Contact: 413-229-8173

South County Meal Sites

- **Berkshire South Regional Community Center:** 15 Crissey Rd. Gt. Barrington - 413-528-2810 - Meals are first come first served. Everyone is welcome.

- **Guthrie Center:** 2 Van Deusenville Rd. Gt. Barrington 413-528-1955 - Wed. Free Community Lunch, Noon – 1:00pm

- **Breaking Bread Community Supper:** Held at the American Legion Corner of Cook Rd. & Rt. 7, Sheffield 413-229-8614 Thurs. 5:00pm – Grab & go dinners Call for a reservation 413-229-7037. Free to all.

- **Sheffield Senior Center:** 25 Cook Rd. Sheffield - 413-229-7037 Soup & Sandwich Lunch - Mon. 11:30am Free from the Sheffield Senior Center - Wed. & Fri. Meals served at Noon Provided through Elder Services - For people 60 and older there is a $3 suggested donation. For people under 60, price is $8. 1st & 3rd Wed. - Free to veterans.

Supplemental Nutrition Assistance Program (SNAP)

Contact: (877) 382-2363
Website: www.mass.gov/snap-benefits-formerly-food-stamps
Link to Application: dtaconnect.eohhs.mass.gov/apply
Focus: SNAP (formerly known as food stamps) provides nutritious food to eligible individuals and families through SNAP retailers (grocery stores, some convenience stores, farmers' markets). At least one household member must be a US citizen (children count).

Women, Infants, and Children Nutrition Program (WIC):

Location: CHP Family Services. 442 Stockbridge Road. Great Barrington, MA 01230
Contact: 413-528-0457 wic@chpberkshires.org
State Website: **www.mass.gov/orgs/women-infants-children-nutrition-program**
CHP Website: **chpberkshires.org/family/wic-berkshire-south/**
Focus: WIC is a free nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services to all families who qualify, including women who are pregnant and children under 5.

Harm Reduction Services

Berkshire Tobacco-Free Community Partnership:

Address: AHEC 397 Main Street. Dalton, MA
Contact: (413) 842-5160 ce@berkshireahec.org
Website: https://berkshireahec.org/tobacco-free-community-partnership/
Focus: The Massachusetts Tobacco-Free Community Partnerships (TFCPs) work to prevent tobacco use, promote quitting, and protect residents from secondhand smoke through local education, advocacy, and regulation support. As part of a statewide network, TFCPs strengthen community-led efforts and amplify initiatives that foster healthier, tobacco-free environments.

Berkshire County Tobacco Control Program:

Address: Tri-Town Health Department, 50 Main Street, Stockbridge, MA
Contact: Jim Wilusz, 413 243 5540 jim@tritownhealth.org
Website: https://www.lee.ma.us/tri-town-health-department/pages/tobacco-awareness-program
Focus: The Tri-Town Health Department program consists of a wide variety of program and services, including tobacco retailer training, assisting the drafting and adoption of tobacco control regulations, conducting compliance checks and education of the community about the dangers of tobacco and the effects of secondhand smoke.

Berkshire Harm Reduction:

Location 1: 42 Summer Street, Pittsfield, MA &
Location 2: 6 West Main Street. North Adams
Contact: 413-447-2654
Website: https://www.berkshirehealthsystems.org/community-wellness/berkshire-harm-reduction/
Focus: Berkshire Harm Reduction is dedicated to reducing the health risks associated with substance use. Through free sterile supplies, Narcan, fentanyl test strips, and testing for HIV, Hepatitis C, and STIs, they provide essential tools for prevention and early intervention. Their services also include basic wound care and abscess prevention to support overall well-being and reduce medical complications.

Berkshire Coalition for Suicide Prevention (BCSP):

Contact: info@berkshirecoalition.org
Website: https://www.berkshirecoalition.org/
Focus: The Berkshire Coalition for Suicide Prevention build a resilient community by educating, strengthening, and empowering individuals to find healing, hope, and support-ultimately saving lives and reducing suicide and self-harm.

Berkshire Overdose and Addiction Prevention Collaborative (BOAPC):

Location: 1 Fenn Street, Suite 201. Pittsfield, MA 01201
Contact: 413.442.1521 x37 aottoson@berkshireplanning.org
Website: https://berkshireplanning.org/initiatives/boapc/
Focus: The Berkshire Overdose and Addiction Prevention Collaborative (BOAPC) works across Berkshire County to reduce substance-related harm and prevent overdose deaths. Bringing together a wide range of partners—from healthcare and housing to law enforcement and individuals in recovery, BOAPC fosters collaborative, community-driven solutions. Through shared efforts, the Collaborative identifies local needs and implements lasting changes in policy, practice, and prevention.

Detox and Stabilization Programs:

- **Berkshire Medical Center,** McGee Unit; 413-442-1400
- **Berkshire Medical Center Clinical Stabilization Services (CSS) Unit**; 413-447-2927
- **Berkshire Mountain Health**; 877-567-6405

Outside of Berkshire County:

- **Adcare Hospital-** 107 Lincoln St., Worcester, MA; 866-493-4187
- **Behavioral Health Network (BHN)-** Springfield, MA, 413-301-9355
- **Brattleboro Retreat-** 1 Anna Marsh Lane, Brattleboro, VT; 802-258-3700
- **Spectrum Detox-** 10 Mechanic Street, Suite 302, Worcester, MA; 800-366-7732
- **MA Substance Use Helpline**- Call 800-327-5050 or text "HOPE" to 800327

Intensive Outpatient Programs (IOP):

Brien Center for Mental Health and Substance Abuse Services
Location: 251 Fenn Street, Pittsfield, MA
Phone: (413) 499-0412
Website: briencenter.org
Focus: Serves adolescents with behavioral health disorders and/or substance use issues. IOP typically includes group therapy, individual therapy, family therapy, and case management.

Berkshire Health Systems' Behavioral Health Services — Child & Adolescent
Location: Berkshire Medical Center, 725 North Street, Pittsfield, MA
Phone: (413) 395-7675
Website: berkshirehealthsystems.org
Focus: Offers a range of behavioral health services (with IOP as a step-up or step-down from traditional outpatient care). Collaborative care with schools, families, and community resources.

Clinical & Support Options (CSO) Pittsfield Office
Location: 877 South Street, Pittsfield, MA
Phone: (413) 236-5656
Website: csoinc.org
Focus: Child and Adolescent Services with behavioral health IOP components. Support for co-existing disorders alongside behavioral health struggles.

Mountainside — Canaan, CT (with Virtual IOP for Massachusetts)
Location: 187 S Canaan Rd, Canaan, CT 06018
Phone: (888) 833-4677
Website: mountainside.com
Focus: Adolescent Intensive Outpatient Program (age 13–17). Group therapy, family therapy, relapse prevention, education, and healthy coping skills. Serves Massachusetts through a combination of in-person (Canaan, CT) and virtual sessions

Rogers Behavioral Health
Location: (Massachusetts locations in Worcester or Westwood)
Phone: (833) 308-5887 communityengagement@rogersbh.org
Website: rogersbh.org
Focus: Specialty IOP for teens with co-existing disorders (anxiety, depression, trauma, and/or substance use). Cognitive behavioral therapy, dialectical behavioral therapy, and group sessions**.** Family education and support
(About 2 hours' drive from Pittsfield — but a strong option if you're looking for specialized care)

Massachusetts Problem Gambling Helpline:

Location: 24/7, 365 days a year via phone call, text, or chat
Contact: 1-800-327-5050
Website: gamblinghelplinema.org
Focus: Provides information about risks and signs of problem gambling and offers links to treatment and other resources to help start the road to recovery.

Medication for Opioid Use:

Brien Center- https://www.briencenter.org/

- **Location 1:** 333 East St., Pittsfield MA, 413-499-0412
- **Location 2-** 124 American Legion Drive, North Adams MA

Spectrum Health Systems (methadone)- https://www.spectrumhealthsystems.org/locations/290-park-street/

- **Location 1:** 390 Merrill Rd., Pittsfield, MA, 413-442-0402
- **Location 2:** 1274 Curran Highway, North Adams, MA, 413-664-9024
- **Location 3:** 290 Park St, Great Barrington, MA, 413-347-4647

Clean Slate Outpatient Recovery Center- https://www.cleanslatecenters.com/

- 53 Eagle St, Pittsfield, MA; 413-347-4088

Savida Health- https://savidahealth.com/

- **Location 1:** 42 Summer St. Suite 201, Pittsfield, MA; 413-236-9100
- **Location 2:** 77 Hospital Ave., North Adams, MA; 413-398-5180

Naloxone (Narcan) is available without a prescription at all pharmacies in MA and at boapc.org/naloxone

Outpatient Mental Health Treatment Programs:

Alternative Living Centers Outpatient Services- https://alccorp.org/
Location 1: 206 1st Street, Pittsfield, MA; 413-499-6300
Location 2: 218 Ashland Street, North Adams, MA

Better Life Partners- https://betterlifepartners.com/
Online and in various locations in Berkshire County, MA

Brien Center- https://www.briencenter.org/
Location 1: 333 East St. # 227, Pittsfield; 413-499-0412
Location 2: 124 American Legion Dr., North Adams; 413-664-4541
Crisis Line: 800-252-0227 (24-hr) Intensive Outpatient Program, Enhanced Outpatient Program (day treatment), Individual and Group Therapy, Suboxone and Vivitrol

Clean Slate Outpatient Recovery Center- https://www.cleanslatecenters.com/
One Location: 53 Eagle St, Pittsfield, MA; 413-347-4088

Commonwealth Collaborative- https://www.commoncollab.com/?utm_campaign=gmb
One Location: 405 Stockbridge Road, Great Barrington, MA; 413-327-9210

Savida Health- https://savidahealth.com/
Location 1: 42 Summer St. Suite 201, Pittsfield, MA; 413-236-9100
Location 2: 77 Hospital Ave., North Adams, MA; 413-398-5180

Spectrum Health Systems (methadone)- https://www.spectrumhealthsystems.org/locations/290-park-street/
Location 1: 390 Merrill Rd., Pittsfield, MA, 413-442-0402
Location 2: 1274 Curran Highway, North Adams, MA, 413-664-9024
Location 3: 290 Park St, Great Barrington, MA, 413-347-4647

Rural Recovery South County Recovery Center:

Location: 67 State Road, Great Barrington, MA
Contact: 413-854-5828 gary@rural-recovery.org
Website: https://www.rural-recovery.org/
Focus: Rooted in harm reduction, recovery support includes peer-led groups, recovery coaches, and inclusive social activities that meet people where they are. These services offer non-judgmental support to individuals using substances, those in recovery, and their loved ones. By fostering connection and reducing isolation, they help minimize the risks and stigma associated with substance use.

Recovery Residencies and Residential Treatment:

ALC (Alternative Living Centers) 413-499-6300
Short term & long-term residential housing - MASH certified. Locations in Pittsfield and North Adams. Structured housing with a day program, weekly case management inclusive of assistance in employment/housing search and resource referrals, and regular counseling with clinical staff

The Brien Center

- **Keenan House -**202 Bradford St., Pittsfield, MA, 413-499-2756
- **Keenan House North - 42-44 Arnold Place, North Adams, MA, 413-662-2480.** Case management, in-house clinical/non-clinical groups, community-based groups, community networking and support services, and more
- **Safe Harbor-** 413-499-0412
  Recovery housing in Pittsfield with multi- bedroom apartments and seeks to reunify children with parents

- **Supportive Homes** - 413-499-0412

Shared apartment living (up to two years) in Pittsfield where residents receive weekly case management, attend community meetings and build a network, maintain employment, and volunteer in the local community

Mass Certified Sober Home website: **https://mashsoberhousing.org/certified-residences/**

Vanderburgh House- 844-762-3747. Recovery-focused sober living program for women.

Residential Resources:

- **Austen Riggs Center** – Stockbridge (Berkshire County) Psychiatric hospital and therapeutic community for adults. https://www.austenriggs.org
- **Banyan Massachusetts** – Wilmington. Comprehensive inpatient addiction treatment with detox, dual diagnosis care, and holistic therapies in a medically supervised environment. https://www.banyanmass.com
- **Behavioral Health Network (BHN)** – Springfield & Holyoke (Hampden County) Residential recovery programs for adults with co-occurring mental health and substance use disorders. https://www.bhn.org
- **Berkshire Meadows** – Housatonic (Berkshire County) 24-hour care for children and young adults with severe developmental disabilities. https://www.jri.org/services/residential/berkshire-meadows
- **Brightside for Families and Children** – Holyoke (Hampden County) Residential and community-based treatment for youth. https://www.mercycares.com/services/brightside
- **Gandara Center** – Springfield (Hampden County) Latino-focused group homes and adolescent residential programs. https://www.gandaracenter.org
- **Gosnold Treatment Center** – Falmouth. One of the oldest recovery providers in MA, offering residential substance use treatment, detox, and mental health services in a coastal setting. https://gosnold.org
- **Gould Farm** – Monterey (Berkshire County) Residential program for adults with depression, bipolar disorder, schizophrenia. https://www.gouldfarm.org
- **Hillcrest Educational Centers** – Pittsfield (Berkshire County) Residential treatment for youth with emotional/behavioral issues. 🔗 https://www.hillcrestec.org
- **Hope Center (via CHD) –** Springfield (Hampden County) Residential recovery services for women and pregnant/postpartum individuals. https://chd.org
- **Loreto House (via Providence Ministries)** – Holyoke. Faith-based sober living for men with structured residential support. https://providenceministries.org
- **Mayflower Recovery** – Wilmington. Modern detox and inpatient recovery center with personalized programs, trauma-informed care, and private accommodations. **https://www.mayflowerrecovery.com**
- **Phoenix House** – Springfield (Hampden County) Residential and outpatient treatment for adults with substance use disorders. https://www.phoenixhouse.org/locations/massachusetts/springfield/
- **Providence Ministries** – Holyoke (Hampden County) Recovery housing and residential programs for men. https://providenceministries.org
- **RFK Children's Action Corps** – South Hadley (Hampshire County) Residential treatment for youth with trauma histories. https://www.rfkcommunity.org/our-programs/juvenile-justice/south-hadley-girls-treatment-program
- **Service Net: Prospect Meadow** – Hatfield (Hampshire County) Supported housing and community-based residential care for adults with mental health needs. https://www.servicenet.org
- **Spring Hill Recovery Center** – Ashby Private residential treatment center offering evidence-based therapy, medical detox, and individualized recovery programs in a wooded, peaceful campus. https://www.springhillrecovery.com
- **Swift River** – Cummington. Residential addiction treatment program offering medical detox, inpatient rehab, dual diagnosis care, and outdoor therapy in a serene Berkshire setting. https://swiftriver.com

2nd Street Second Chances:

Location 1: **Pittsfield Office:** 264 Second Street. Pittsfield, MA 01201
Location 2: **North Berkshire Office**: By Appointment Only. 33 Main Street. North Adams, MA 01247
Contact: (413) 443-7220, ext. 3030 **Lindsay.Cornwell@sdb.state.ma.us**
Website: **https://2nd-street.org/**
Focus: 2nd Street is dedicated to reducing recidivism by supporting formerly incarcerated individuals with dignity, practical tools, and opportunities. Through job readiness training, community advocacy, and a strengths-based approach, 2nd Street helps participants reintegrate successfully and contribute meaningfully to society. By fostering respect and inclusion, the program promotes safer, more connected communities for all.

12-Step Support Programs:

- **Alcoholics Anonymous (AA) Hotline:** 413-443-0212 Main/Intergroup: 413-448-2382; www.westernmassaa.org
- **Narcotics Anonymous (NA):** 413-443-4377; www.berkshirena.com
- **Al-Anon:** (for family members of person struggling with alcohol) 413-445-5852 Meeting Info- Call 888-425-2666
- **Nar-Anon:** (for family members of person struggling with narcotics) 413-442-8922

Tapestry:

Location: 100 Wendell Ave #1, Pittsfield (appointment recommended)
Contact: 413-443-2844 info@tapestryhealth.org
Website: **https://www.tapestryhealth.org/harm-reduction/**
Focus: Tapestry Health offers non-judgmental, confidential harm reduction services across Western Massachusetts, supporting people who use drugs, their families, and those at risk of overdose. Grounded in social justice, their approach meets people where they are with free, walk-in care, including supplies, support, and overdose prevention—without involving law enforcement or immigration. Everyone is treated with dignity, respect, and compassion.

Additional Resources:

- **AA/NA in Western Mass** https://westernmassaa.org/
- **Brave Coop (Mobile App)** https://www.brave.coop/
- **Brien Center Crisis Line** (800) 252-0227, (413) 499-0412 https://www.briencenter.org/
- **Celebrate Recovery** https://celebraterecovery.com/
- **First Steps Together** https://www.mass.gov/first-steps-together
- **George B. Crane Memorial Center** http://www.thegbcmc.org/
- **Have Hope Peer Recovery Center** https://www.briencenter.org/havehoperecovery/
- **Institute for Health and Recovery** https://www.healthrecovery.org/
- **Learn to Cope (for family members)** https://learn2cope.org/
- **Living In Recovery** https://www.livinginrecoverypittsfield.org/
- **MA Substance and Recovery Use Hotline** (800) 327-5050 https://helplinema.org/
- **Nar-Anon** (for family members) https://www.nar-anon.org/
- **Narcotics Anonymous (NA)** https://www.berkshirena.com/
- **Overdose Prevention Hotline** 988 Suicide & Crisis Lifeline
- **Project North** https://www.mass.gov/project-north
- **SBPHC South County Sharps Disposal Locations:** **www.southernberkshirehealth.com**
- **Support After a Death by Overdose (S.A.D.O.D.)** https://sadod.org/
- **Substance Abuse Helpline** https://helplinema.org/

Healthcare Resources

Berkshire Center for Whole Health:

Location: 8 Pine St, Stockbridge, MA
Contact: (413) 298-3700 Info@ BerkshireWholeHealth.com
Website: **https://berkshirewholehealth.com/**
Focus: Berkshire Center emphasizes a holistic approach to healthcare by minimizing reliance on medications and promoting healthy lifestyle choices such as nutrition, exercise, and toxin reduction. Integrating natural medicines and other complementary therapies, the team focuses on addressing the mental and emotional aspects of health alongside physical symptoms. This is a Family Practice.

Berkshire Health Systems:

Multiple Locations/Contact:

- **BHS East Mountain Medical** , 780 Main St Ste 1. Great Barrington, (413) 528 2418 (family)
- **BHS Berkshire Health Primary Care on Main,** 475 Main Street Great Barrington, (413)-854-9900 (family)
- **BHS Suburban Medical,** 710 Stockbridge Rd. Lee, (413) 243-0122, https://suburbanmed.net/ (family)
- **BHS Lenox Family Health**. 55 Pittsfield Road, Building 12D. Lenox, (413) 344-1700 (family)
- **BHS Macony Pediatrics and Adolescent Medicine**, 100 Maple St, Great Barrington, (413) 528 4047 (pediatrics)

Insurance Accepted: Medicare, Medicaid/Berkshire Fallon, Commercial
Website: **https://www.berkshirehealthsystems.org/programs-and-services/primary-care/**
Focus: At BHS, expert primary care providers offer routine check-ups, screenings, and diagnosis of everyday conditions, while also coordinating any needed specialty care. Their goal is to help you stay healthy and manage your overall well-being.

Canopy Integrative Health:

Location: 168 Main Street. Suite 3 Great Barrington, MA
Contact: 413) 446-1850 **info@canopyihc.com**
Insurance Accepted: No Insurance accepted. Sliding Scale fee available
Website: **https://www.canopyihc.com/**

Focus: At Canopy Integrative Health, your well-being comes first. Located in the heart of Great Barrington, they offer a new model of care built on time, attention, and genuine partnership. Through Direct Primary Care and Integrative Consultations, their team provides expert, thoughtful support designed to help you heal, thrive, and feel truly heard.

CHP Great Barrington Health Center:

Location: 444 Stockbridge Rd. Great Barrington, MA
Contact: (413) 528-8580 **info@chpberkshires.org**
Insurance Accepted: Medicare, Medicaid/Berkshire Fallon, Commercial
Website: **https://chpberkshires.org/**
Focus: CHP Great Barrington Health Center delivers comprehensive primary care services, including preventive care, chronic disease management, and routine health screenings. This is a Family Practice.

Footcare:

Footcare by Nurses

Address: 625 Cape St, Lee, MA 01238
Contact: (413) 358-4202 **accounts@footcarebynurses.net**
Website: **https://footcarebynurses.net/**
Focus: FootCare by Nurses is a team of board-certified nurses who specialize in foot health for older adults and medically complex individuals. We prevent pain, wounds, and falls through expert, compassionate care that restores function and honors the whole person.

Additional Footcare Resources:

- **Sarah Hassett** (774)722-4393 mobilemanicuresbysarah@gmail.com
- **Jane Kelly, RN**, (413) 698-2706 (Richmond office visits only)
- **Beverly Dunn, RN,** (413) 445 2569 (Lee only)

Home Healthcare Support:

Home Health Aids (HHA):

- **Amedisys Home Health Care**, 1 Dan Fox Dr Unit 3, Pittsfield, MA (413) 236-8500 https://www.amedisys.com/
- **Associated Home Care,** 55 North St, Pittsfield, MA (413) 344-2001 https://www.associatedhomecare.com/
- **At Home TLC**, Inc. 60 Roberts Dr Suite 310, North Adams, MA (413) 664-0746 https://www.athometlc.com/
- **CenterWell Home Health**, 279 Dalton Ave Suite B, Pittsfield, MA (413) 443-3525 https://www.centerwellhomehealth.com/about-us/find-care-near-you/centerwell-home-health-pittsfield/
- **Elder Services of Berkshire County,** 73 S Church St, Pittsfield, MA (413) 499-0524 https://www.esbci.org/
- **Home Instead** 66 Wendell Ave, Pittsfield, MA (413) 910-9131 https://www.homeinstead.com/
- **Hospice Care in the Berkshires**, 877 South St, Pittsfield, MA (413) 443-2994 https://hcib.org/
- **Molari Home & HealthCare Services,** 166 East St, Pittsfield, MA (413) 499-4546 https://www.molariinc.com/
- **Visiting Angels,** 197 South St Bldg. A. Pittsfield MA (413)344-9281 **https://www.visitingangels.com/pittsfield/home-care-berkshire-county**

Personal Care Attendants (PCA):

- **Abby Care**, Virtual Office (401) 267-9844 https://www.abbycare.org/paid-family-caregiving/massachusetts
- **Ad Lib Inc**, 215 North St, Pittsfield, MA 01201 (413) 442-7047 https://www.adlibcil.org/
- **Aveanna**, 78 Capital Dr, West Springfield, MA (413) 205-1696 https://www.aveanna.com/

Visiting Nursing Assistants (VNA):

- **Berkshire VNA/Berkshire Medical Center (BVNA)** 165 Tor Ct, Pittsfield, MA (413) 447-2862 https://www.berkshirehealthsystems.org/programs-and-services/home-care/
- **Cooley Dickinson VNA & Hospice** 168 Industrial Dr, Northampton, MA (413) 584-1060 **https://www.cooleydickinson.org/programs-services/vna-hospice/**
- **MassHealth Personal Care Attendant Program** **https://www.mass.gov/masshealth-personal-care-attendant-program**
- **Northern Berkshire Healthcare VNA & Hospice,** 820 State Road. North Adams, Ma (855) 262-5465 **https://www.nbhealth.org/VNA-Hospice/46/VNA-Hospice.html**
- **Porchlight Home Care,** 329 Pittsfield Rd # 103, Lenox, MA (413) 881-4067 **https://www.linkedin.com/company/porchlight-vna-home-care/about/**

South County Nursing Homes:

Berkshire Rehabilitation
Address: 7 Sandisfield Rd, PO Box 216, Sandisfield, MA 01255
Contact: (413) 258-4731 info@berkshireRehabilitation.com
Website: www.berkshirerehabilitation.com

Fairview Commons
Address: 151 Christian Hill Rd, GB MA 01230
Contact: (413) 528-4560 mlaurin@integritus1.org
Website: www.fairviewcommons.org

Kindred Nursing & Rehab-Laurel Lake
Address: 620 Laurel Street Lee MA 01238
Contact: (413) 243-2010 **info@nextstephc.com**
Website: www.nextstephc.com

Kimball Farms
Address: 40 Sunset Ave, Lenox, MA 01240
Contact: (413) 637-5011 https://kimballfarms.org/about-us/contact-us/
Website: www.kimballfarmsnursingcare.org

Mount Carmel Care
Address: 320 Pittsfield Road Lenox, MA 01240
Contact: (413) 637-2660 dallen@mcccl.org
Website: www.mountcarmelcare.org

Timberlyn Heights
Address: 320 Maple Ave, GB MA 01230
Contact: (413) 528-2650 JFrame@BearMountain.com
Website: www.bearmountainhc.com

Volunteers in Medicine Berkshires:

Location 1: 777 S Main St #4, Great Barrington, MA
Location 1: 199 South St, Pittsfield, MA 01201
Contact: (413) 528-4014 **info@vimberkshires.org**
Website: **https://www.vimberkshires.org/**
Focus: ViM provides free, comprehensive health care to income-qualified individuals who are ineligible for insurance, addressing not only medical needs but also the social and economic factors that influence health. By combining the efforts of volunteer professionals and community members, ViM dismantles barriers to health equity and empowers patients—ranging from asylum seekers to essential workers—with the care and support they need to thrive.

Zah Health Care, PLLC:

Location: 353 Miller Ave, Sheffield, MA
Contact: (413) 248-1295 **laura@zahhealth.com**
Insurance Accepted: Medicare, Medicaid/Berkshire Fallon, Commercial
Website: **https://www.zahhealth.com/contact**
Focus: ZAH Health Care provides accessible, personalized healthcare services to residents of Berkshire County and surrounding areas. Their offerings include in-office visits, home-based care, and telehealth consultations, ensuring flexible and comprehensive support tailored to individual patient needs.

Additional Resources:

- **Berkshire Parkinson's Support Group** **https://www.berkshireparkinsonssupport.org/**
- **Flynn's Pharmacy and Home Medical Equipment:** **https://www.flynnspharmacy.com/**
- **Surgimed Corporation** (Durable Medical Equipment): **https://www.mysurgimed.com/**
- **Tapestry -** Sexual & Reproductive Health Clinic **https://www.tapestryhealth.org/**

Housing Resources

Alternative Housing Voucher Program (AHVP)

Website: www.mass.gov/how-to/apply-for-the-alternative-housing-voucher-program-ahvp
Application Link (CHAMP): publichousingapplication.ocd.state.ma.us/
Focus: The AHVP program is designed to help people with disabilities live independently in housing they choose through mobile (tenant-based) rental vouchers. The voucher is for 1-bedroom units. You will contribute 25-30% of your monthly income toward rent, depending on if utilities are included in the rent. The local housing agency pays your landlord the rest of the rent

Berkshire County Regional Housing Authority: See "Upside 413"

Berkshire Housing Development Corporation: See Hearthway, Inc.

Central Berkshire Habitat for Humanity:

Location: 314 Columbus Ave, Pittsfield, MA 01201
Contact: (413) 442-3181 berkshirehabitat.org/about-us/contact-us/
Online Application link: https://berkshirehabitat.org/housatonic/
Website: berkshirehabitat.org/
Focus: Habitat welcomes people from all walks of life to partner in serving and creating a better community for everyone who lives here. To develop and manage affordable and accessible housing options for qualified residents. Programs include Emergency Relief Fund, Neighborhood Revitalization and Home preservation.

Campgrounds in South County:

- **Bear Town Park** 69 Blue Hill Road, Monterey, MA 01245 www.mass.gov/locations/beartown-state-forest
- **Lone Oak Campsites** 360 Norfolk Rd East, East Canaan, CT 06024 www.loneoakcampsites.com/
- **Camp Overflow** 700 Tolland Rd, East Otis, MA 01029 campoverflow.com/

Common Housing Application for Massachusetts Programs (CHAMP):

Website: publichousingapplication.ocd.state.ma.us/
Application Online Link: publichousingapplication.ocd.state.ma.us/
Application Paper Link: www.mass.gov/doc/champ-application-form-english/download
Focus: This will give you a list of affordable housing for Western Massachusetts. You can choose what towns you are willing to live in. Applications can be filled out online or on paper. For more information contact your local Housing Authority.

Construct Inc.

Location: 316A State Rd, Great Barrington, MA 01230
Contact: 413 - 528-1985 office@constructberkshire.org
Website: constructberkshires.org/
Application Link: constructberkshires.org/applications-and-contact-info/
Focus: Construct helps individuals and families rebuild their lives and sustain their livelihoods. They provide affordable housing solutions, rental assistance, and access to other support services. Construct also has a family shelter.

Emergency Housing Assistance

Contact: (866) 584-0653
Location: Offices across the state www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter
Website: www.mass.gov/emergency-housing-assistance
List of all shelters by town: hedfuel.azurewebsites.net/iShelters.aspx
Focus: Massachusetts individuals and families seeking emergency housing will find shelter programs and related services here. EHA can be helpful when trying to establish the urgency you are facing.

Hearthway, Inc. (formerly known as the Berkshire Housing Development Corporation)

Location: One Fenn Street. 3rd Floor. Pittsfield, MA 01201
Contact: 413 - 499-1630 info@hearthway.org **Fax:** (413) 496-9831
Website: hearthway.org/
Housing Resources Link: hearthway.org/housing-search-resources/
Application Link: hearthway.org/hcec-intake-form/
Focus: Hearthway's mission is to find housing solutions for all people across the communities of Berkshire County. Berkshire Hearthway Oversees: 57 Main Street, Lee, Bentley Apartments, Gt. Barrington, Christian Hill Commons, Gt. Barrington, Windrush Commons, Gt. Barrington

HomeBASE:

Location: Offices across the state – link to contacts is www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter
Contact: (866) 584-0653
Website: www.mass.gov/service-details/homebase
Focus: HomeBASE helps families who have been found eligible for Emergency Assistance (EA) Family Shelter by providing funding over a 2-year period, with the possibility of a 3rd year of help. If your family is found eligible for the Emergency Assistance (EA) Family Shelter program, you may be invited to apply.

United States Department of Housing and Urban Development (HUD):

Online Contact Form: https://www.hudexchange.info/contact-us/
Website: https://www.hudexchange.info/programs/housing-counseling/foreclosure-prevention/
Focus: HUD's programs and related topics support HUD's priorities across a range of policy areas including Affordable Housing Development and Preservation, Community and Economic Development, Environment and Energy, Fair Housing, Homelessness, Homeownership, Rental Assistance, and Supportive Housing and Services.

Housing Authority Websites and Phone Numbers:

- **Great Barrington Housing Authority:** https://www.townofgb.org/housing-authority 413 274 1142
- **Lee Housing Authority**: https://leehousingauthority.org/ 413 243-3454
- **Lenox Housing Authority:** https://lenoxhousingauthority.com (413) 637-5585
- **Pittsfield Housing Authority:** https://pittsfieldhousing.org/ (413) 443- 5936
- **Stockbridge Housing Authority:** https://www.stockbridgeha.com/ (413) 298 3222

Application used for Housing Authorities: (CHAMP Application): https://publichousingapplication.ocd.state.ma.us/

Housing Navigator Massachusetts:

Contact Link: housingnavigatorma.org/contact-us/
Website: search.housingnavigatorma.org/
Focus: Housing Navigator MA is a Massachusetts-based 501(c)(3) that addresses a glaring digital divide around one of the most important choices we make – where to live. This website also has an App compatible with all phones.

Residential Assistance for Families in Transition (RAFT):

Location: 1 Fenn St., 3rd floor Pittsfield, MA 01201
Contact: (413) 499-1630 x168 info@hearthway.org
Website: applyhousinghelp.mass.gov/s/?language=en_US&LanguageCode=en_US
Application Link: applyhousinghelp.mass.gov/s/user-registration?language=en_US&LanguageCode=en_US
Focus: RAFT provides up to $7,000 per 12-month period so your family can stay in your current home or move to a new one. You may use the money for rent, utilities, moving costs, and mortgage payments.

Section 8 Housing Choice Voucher Program (HCVP):

Website: www.mass.gov/how-to/apply-for-the-massachusetts-rental-voucher-program-mrvp
Application Link: publichousingapplication.ocd.state.ma.us/
Focus: The housing choice voucher program is the federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market. Since housing assistance is provided on behalf of the family or individual, participants can find their own housing, including single-family homes, townhouses and apartments.

Shoppers Guide:

Location: 271 Main St, Great Barrington, MA 01230
Contact: (413) 528-0095
Website: shoppersguideinc.com/
Focus: The Shoppers Guide is a local newspaper that has pages on real estate and apartment listings.

ServiceNet Shelter for Adults- Homeless Shelter:

Location: 21 Pearl Street in Pittsfield, MA 01201
Contact: (413) 320-6550 info@servicenet.org
Website: www.servicenet.org/services/shelter-and-housing/
Focus: ServiceNet year-round shelter for adults provides housing, meals, showers, toiletries, and clothing for individuals experiencing homelessness. The family shelter located in Berkshire County includes Our Friends House in Pittsfield.

Soldier On: Pittsfield Transitional Housing (Veteran Support):

Location: 360 West Housatonic Street. Pittsfield, MA 01201
Contact: : (413) 236-5644 **info@wesoldieron.org**
Website: www.servicenet.org/services/shelter-and-housing/
Focus: Soldier On: Pittsfield Transitional Housing provides veterans with safe, supportive, and structured temporary housing as they work toward independent living. The program offers case management, counseling, life skills training, and access to healthcare and employment resources. Its goal is to help veterans overcome homelessness and rebuild stable, self-sufficient lives within the community.

Supporting Neighborhood Opportunity in Massachusetts (SNO Mass) Program:

Location: Berkshire Housing Development Corporation (serves Berkshire County)
Contact: 413-344-4822 **SNOMass@Berkshirehousing.com**
Website: www.mass.gov/info-details/supporting-neighborhood-opportunity-in-massachusetts-sno-mass-program#
Focus: To apply for the relocation program, you must have a vouch**er** for one year. The Supporting Neighborhood Opportunity in Massachusetts (or "SNO Mass") Program supports DHCD Housing Choice Voucher families with school-aged children making moves to communities with high-quality schools, parks and open space, and healthy, safe environments. On this page, DHCD voucher holders and property owners can learn how to participate in this program.

Upside 413 (formerly known as the Berkshire County Regional Housing Authority):

Location: Berkshire County Office. 1 Fenn Street, 4th Floor. Pittsfield, MA 01201
Contact: (413) 443-7138 Fax: (413) 443-8137 **tanajahc@upside413.org**
Website: upside413.org/
Application Link: hearthway.org/hcec-intake-form/
Focus: UpSide413 promotes household, housing, and community stability through a continuum of interrelated service options.

Other Housing Resources

- **Berkshire Property Managers: www.berkshirepropertymanagers.com**
- **Facebook:** Community Boards (Each town has one)
- **Zillow Rentals:** www.zillow.com/homes/for_rent/
- **Hot Pads**: hotpads.com/great-barrington-ma/apartments-for-rent
- **HUD Exchange https://www.hudexchange.info/contact-us/**
- **Greylock Realty:** www.greylockrealty.com/
- **Cavalier Holdings**: cav-mgt.com
- **Rental Housing Association of Berkshire County:** rhabc.com/
- **Trulia:** www.trulia.com/
- **Affordable Housing:** www.affordablehousing.com/
- **Leading Edge Property Management:** www.propertymanagement-rentals.com/berkshire-rentals/
- **Housing Toolbox:** www.housingtoolbox.org/

Immigration Resources

Berkshire Alliance to Support the Immigrant Community (BASIC):

Contact Form: https://basicberkshires.org/contact-us/
Website: https://basicberkshires.org/
Resource Guide: https://basicberkshires.org/search-resources/
Focus: The Berkshire Alliance to Support the Immigrant Community (BASIC) is a coalition of Berkshire-based organizations formed in response to the 2016 presidential election to support and advocate for immigrants. BASIC unites local agencies to provide coordinated resources, services, and outreach tailored to the needs of the immigrant community in Berkshire County.

Berkshire Immigration Center (BIC):

Location: 141 North St, Suite 303, Pittsfield, MA
Contact: (413) 445-4881 info@berkshireic.org
Website: https://www.berkshireic.org/
Focus: The Berkshire Immigrant Center empowers immigrants by providing affordable legal services, education, and access to local resources to help them navigate the U.S. immigration system. Committed to equity and civic engagement, the Center works to break down financial and cultural barriers while advocating for systemic change at the local, state, and national levels.

Community Legal Aid (CLA):

Location: 152 North St #155, Pittsfield, MA
Contact: (413) 499-1950
Website: https://communitylegal.org/
Focus: Community Legal Aid offers free civil legal services to low-income and elderly residents across Central and Western Massachusetts, working to ensure equal access to justice for all. Through legal advocacy that protects housing, income, health, and family stability, and with targeted projects for the most vulnerable, CLA helps build stronger, more equitable communities.

Multicultural BRIDGE:

Location: BRIDGE - Solidarity Meeting House- 965 Main St, Great Barrington, MA
Contact: (413) 394-4029 Adminsupport@multiculturalbridge.org
Website: https://www.multiculturalbridge.org/
Focus: BRIDGE (Multicultural BRIDGE) is a grassroots organization advancing equity and justice by connecting vulnerable community members with resources and providing cultural education, training, and advocacy. Through partnerships with schools, businesses, and local governments, BRIDGE fosters inclusive communities and drives systemic change.

Volunteers in Medicine Berkshires:

Location 1: 777 S Main St #4, Great Barrington, MA
Location 1: 199 South St, Pittsfield, MA 01201
Contact: (413) 528-4014 info@vimberkshires.org
Website: https://www.vimberkshires.org/
Focus: ViM provides free, comprehensive health care to income-qualified individuals who are ineligible for insurance, addressing not only medical needs but also the social and economic factors that influence health. By combining the efforts of volunteer professionals and community members, ViM dismantles barriers to health equity and empowers patients—ranging from asylum seekers to essential workers—with the care and support they need to thrive.

Additional Immigration Resources:

- **Immigration Law Help** https://www.immigrationlawhelp.org/
- **Immigrants Rising** https://immigrantsrising.org/resource/list-of-scholarships-and-fellowships/
- **Translation and Interpretation Services** https://docs.google.com/document/d/1M3TUJhEItR9QoJG0RUe_3umSJaagV9Y2/edit?tab=t.0

Mental Health Resources

Austen Riggs Center:

Location: 25 Main St, Stockbridge, MA 01262
Contact: 800-517-4447 **info@austenriggs.net**
Website: www.austenriggs.org/
Insurance Accepted: None

Focus: Riggs is an open, voluntary residential treatment center specializing in longer-term treatment for diagnostically complex adults. Patients have individual, four times/week psychodynamic psychotherapy sessions with a doctoral level clinician along with support and counseling from a consistent interdisciplinary team. Riggs helps patients take charge of their lives when other psychiatric treatments have not worked. Riggs also has an Online Intensive Outpatient Program for college students and emerging adults (18 - 30) in MA.

Berkshire Advocacy and Therapy Services (BATS):

Location: 140 West Avenue. Suite A. Great Barrington, MA 01230
Contact: **rania@berkshireat.com**
Website: www.berkshireat.com
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: Berkshire Advocacy and Therapy Services offers individual, group and family therapy, nutrition counseling, and credentialing and billing services, delivering compassionate, effective support for both clients and providers.

Berkshire Coalition for Suicide Prevention (BCSP):

Location: PO Box 472, Pittsfield, MA 01202
Contact: **info@berkshirecoalition.org**
Website: www.berkshirecoalition.org/
Insurance Accepted: None

Focus: The Berkshire Coalition for Suicide Prevention (BCSP) is a grassroots 501c3 non-profit organization dedicated to providing suicide prevention resources, loss and healing programs, professional training, advocacy efforts and hope to our local community.

Berkshire County ARC:

Location: 395 South St #6803, Pittsfield, MA 01201
Contact: (413) 499-4241 bcarc@bcarc.org
Website: bcarc.org/
Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: Serving children and adults with intellectual and developmental disabilities, Autism, and brain injuries, and individuals who need assistance with daily living.

Berkshire Psychiatrist:

Online Search Database
Website: **https://berkshiremd.com/**

Focus: Find A Berkshire Psychiatrist

Berkshire Health Systems: Behavioral & Mental Health Services:

Location: 777 North Street. Pittsfield, MA 01201
Website: **https://www.berkshirehealthsystems.org/programs-and-services/behavioral-health/**
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance
Contact:

- **Acute Care Program:** 413-447-2472
- **Detoxification Program:** 413-445-9228

- **Long-Term Stabilization Program:** 413-447-2927
- **Partial Hospitalization Program:** 413-447-2747
- **Electroconvulsive Therapy:** 413-395-7859
- **Youth Intensive Program:** 413-553-6775
- **Berkshire Harm Reduction:** 413-447-2654

Focus: With crisis-trained clinicians and emergency facilities across North Adams, Pittsfield, and Great Barrington, BHS provides 24/7 screening and stabilization. Specializing in severe psychiatric issues and substance use disorders, our Behavioral Health team connects patients to community programs for sustained recovery. Collaborating with the Brien Center post-hospital programs, they ensure ongoing outpatient therapy.

Berkshire Psychotherapy Network:

Online Search Database
Website: **berkshirepsychotherapynetwork.org/**

Center for Motivation and Change (CMC):

Location: 100 Stone Manor Dr. New Marlborough, MA 01230
Contact: (866) 859-1156 motivationandchange.com/contact-us/
Website: motivationandchange.com/
Insurance Accepted: None
Focus: CMC offers Outpatient Treatment, Residential Treatment, Trauma Treatment, Adolescent Treatment and Telehealth Services.

Clinical Support Options (CSO):

Location: 877 South St Suite 200, Pittsfield, MA 01201
Contact: (413) 528-0298 info@csoinc.org
Website: https://www.csoinc.org/community-based-programs
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance
Focus: CSO, also known as the Family Resource Center in Great Barrington, has outreach to the South and North County regions, care navigators, and other support.

Collaborative Endeavors, LLC:

Location: 10 Valley Street. Building B. Lee, MA 01238
Contact: (413) 225-1716 Jennifer@collaborativeendeavorsllc.com
Website: www.collaborativeendeavorsllc.com/
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance
Focus: Specialties/Treatment Orientations Include: Trauma-informed; Polyvagal Informed; Individual-Centered Attachment-Centered; Young adult/transitional age issues; Harm-Reduction approaches to entrenched habits; groups; family work; LGBTQUIA+ ; Professional Supervision and Consultation.

Commonwealth Collaborative:

Location: 405 Stockbridge Rd, Great Barrington, MA 01230
Contact: (413) 327-9424 **info@commoncollab.com**
Website: www.commoncollab.com/?utm_campaign=gmb
Insurance Accepted: Medicaid/Berkshire Fallon and Private/Commercial Insurance
Focus: The clinical program begins with physical, emotional safety and building a sober community. Services include Trauma-Informed Care, Repairing Family Systems, Developing Life Skills, Creating Strong Boundaries, Cultivating Responsibility and Accountability, and Participating in Service Work. They offer a PHP program that offers up to 5 days per week of group therapy for 5 hours per day. They also have an IOP program that operates 3 days per week with 3 hours per group therapy session.

Department of Mental Health Services (DMH):

Location: 1 Prince Street, Northampton, MA 01060
Contact: Western Mass Area Office (413) 587-6200 **Fax**: (413) 587-6203
Website: www.mass.gov/info-details/department-of-mental-health-dmh
Link to Application: www.mass.gov/doc/dmh-childadolescent-services-application-english/download
Open PDF file, 880.76 KB, DMH Child/Adolescent Services Application - English
Open DOC file, 736.5 KB, DMH Child/Adolescent Services Application - Spanish
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: DMH Services include youth support groups, therapeutic day services, family systems interventions, residential treatment programs, continuing care inpatient services and Department of Children and Family support. DMH provides services to adults with mental health needs. DMH also serves children and youth who are 18 and younger. DMH serves children and youth with the following mental health conditions of Schizophrenia and other psychotic disorders, Mood disorders, Anxiety disorders, Dissociative disorders, Eating disorders, Borderline personality disorder, Attention Deficit/Hyperactivity disorder.

Ellie Mental Health:

Location: 66 West Street. **Suite 4E. Pittsfield, MA 01201**
Contact: (413) 343-4264 ellieMA15201@elliementalhealth.com
Website: elliementalhealth.com/locations/pittsfield-berkshire-ma/
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare**,** and Private/Commercial Insurance
Focus: Ellie offers a wide selection of mental health therapy services for all ages across our local clinic network. The insurance currently accepted are Aetna, Blue Cross Blue Shield, Optum, and United Health Care.

Family Resource Center- Great Barrington:

Location: 141 West Avenue. Great Barrington
Contact: (413) 528.0298 gbfrc@csoinc.org
Website: www.csoinc.org/community-based-programs
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare**,** and Private/Commercial Insurance
Focus: CSO offers outpatient groups, community events, wellness activities, and healing arts happenings throughout Western MA.

Gould Farm:

Location: 100 Gould Rd, Monterey, MA 01245
Contact: (413) 528-1804 info@gouldfarm.org
Website: www.gouldfarm.org/
Insurance Accepted: None
Focus: Gould Farm services include Clinical services and support. A structured work program with varied activities on the farm and transitional services in Western Massachusetts and the Boston area.

Help Lines:

- **Brien Center 24/7 Crises Line** 800-252-0227, 413-4990412 www.briencenter.org
- **Brave.coop (Mobile App) 833**-833-2100 www.brave.coop/
- **MA Substance Use Helpline** 800-327-5050 www.helplinema.org
- **Suicide Prevention Lifeline** 800-273-8255, or text 988

Massachusetts Behavioral Health Access (MABHA):

Online Search Database: **www.mabhaccess.com/Home.aspx**

Massachusetts Behavioral Health Help Line:

Contact: 833-773-2445 MAProviderDatabase@elevancehealth.com
Website: masshelpline.com
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare**,** and Private/Commercial Insurance
Focus: The MA Behavioral Health Help Line connects you directly to clinical help, when and where you need it. It's free, confidential, and no health insurance is required. Real-time interpretation available. Deaf or hard of hearing? Contact MassRelay at 711.

National Association of Health Workers (NASW) Therapy Matcher:

Online Search Database Website: www.naswma.org/page/therapymatcher

National Alliance on Mental Illness (NAMI):

Location: 141 North St Suite 301, Pittsfield, MA 01201
Contact: (413) 443-1666 namibc@namibc.org
Website: namibc.org/
Insurance Accepted: None/Programs are free**.**
Focus: NAMI in Berkshire County offers understanding to anyone concerned about mental illnesses and the treatment of mental illness. They also offer support, education and advocacy.

Pittsfield Therapy -The Berryman Professional Building:
Website: www.pittsfieldtherapist.com/
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare**,** and Private/Commercial Insurance

Psychology Today:
Online Search Database: www.psychologytoday.com

Railroad Youth Street Project (RYSP):
Location: Memorial Park, 60 Bridge St, Great Barrington, MA 01230
Contact: (413) 528-2475 info@rsyp.org
Website: www.rsyp.org
Insurance Accepted: None/Programs are free**.**
Focus: RSYP services include group and 1-to-1 mentoring, clubs, groups, advocacy and support, as well as a Drop In Center stocked with food, video games, and community resources, all intended for young people ages 14-25.

ServiceNet Inc. Pittsfield Outpatient Clinic:
Location: 141 North St #139, Pittsfield, MA 01201
Contact: (413) 585-1300 info@servicenet.org Fax: (413) 585-1355
Website: www.servicenet.org
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare**,** and Private/Commercial Insurance
Focus: ServiceNet is a non-profit human service agency that provides essential services to people living with mental health challenges, developmental delays or disability, brain injury, homelessness, and other challenges.

South County Recovery Center:
Location: 67 State Road Great Barrington, MA
Contact : (413) 645-3564 help@rural-recovery.org
Website: www.ruralrecovery.org
Insurance Accepted: None/Programs are free.
Focus: Rural Recovery Resource's mission is to engage, assist, refer, educate, and empower people who are affected in any way by substance use.

Spectrum Health Systems, Inc:
Location: 290 Park St, Great Barrington, MA 01230
Contact: (413) 347-4647 info@spectrumsys.org
Website: www.spectrumhealthsystems.org/
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare**,** and Private/Commercial Insurance
Focus: Services include medication for substance use disorders and outpatient counseling. Spectrum's outpatient treatment centers provide a range of individual, group and family counseling services to adults with substance use and/or mental health disorders at various stages of recovery.

Therapy Matcher:
Online Search Database: therapymatcher.org/

Volunteers in Medicine (VIM):
Location: 777 Main Street. Great Barrington, MA 01230
Contact: (413) 528-4014 info@vimberkshires.org
Website: www.vimberkshires.org/
Insurance Accepted: Program is for people who are ineligible for insurance.
Focus: ViM provides free health care to those in the region who are income-qualified and ineligible for health insurance. While our clinical team addresses patients' medical and dental needs, our Community Health Workers address any social, legal, or economic needs—including food security, housing, employment, and childcare—and create solutions, often with the help of community partners

Wildflower Alliance:

Address: 361 North Street, Pittsfield, MA
Contact: (413) 464-9807 **sophie@wildfloweralliance.org**
Website: **https://wildfloweralliance.org/**
Focus: The Wildflower Alliance is rooted in a peer-led approach to mental health that centers healing, connection, and choice for those impacted by trauma, psychiatric diagnoses, and emotional distress. We challenge traditional systems by offering community-based support, alternative healing practices, and advocacy that uplifts lived experience and addresses systemic injustice.

Additional Mental Health Resources

- **Berkshire County Crisis Team (Brien Center**): 413-499-0412 (24 hours per day, seven days per week)
- **National Suicide Prevention Hotline:** 988 (24 hours per day, seven days per week)
- **Call2Talk:** 508-532-2255
- **Suicide Prevention Lifeline:** 988 (24 hours per day, seven days per week)
- **Samaritans Statewide 24-hour helpline**: 1-617-247-0220
- **Text a Crisis Counselor:** 741741
- **Trevor Help Line for LGBT:** 1-866-488-7386 Text: "start" to 678678
- **Veterans Crisis Line (Call or Text):** 988 - Press 1
- **6 Free Rehab Centers In Massachusetts:** www.addictionresource.net/free-rehab-centers/massachusetts/
- **Trans Helpline Call:** (877) 565-8860
- **Asian LifeNet.** Available in Cantonese, Mandarin, Japanese, Korean, and Fujianese. Call: (877) 990-8585
- **Call Blackline**: (800) 604-5482
- **Physician Support Line. Call:** (888) 409-0141
- **Community First Therapy and Consulting, LLC:** www.communityfirsttc.org/
- **Colleen Passetto, LICSW:** www.colleenpassettolicsw.com/

Special Needs Resources

Aveanna Healthcare:

Location: 354 Birnie Avenue Suite 401. Springfield, Ma. 01107
Contact: P: 413-731-3050 | F: 413-731-1236 **Michelle.Letourneau@aveanna.com**
Website: **https://www.aveanna.com/**
Focus: Aveanna Healthcare helps parents become trained home health aides for their children with special needs, so care can happen at home. Their model combines professional support with the unique understanding of a parent to provide compassionate, family-centered care.

Applied Behavior Analysis (ABA) Companies:

Balanced Behavior Consulting
Contact: (413) 274-8184 **balancedbehaviorconsulting@gmail.com**
Website: **https://www.balancedbehaviorconsulting.com/**

Berkshire ABA
(413) 242-6369 **Info@BerkshireABA.com**
Website: **https://www.facebook.com/BerkshireABA/**

Positive Behavior Supports Corporation
Contact: (413) 284-7155 **atower@teampbs.com**
Website: **www.teampbs.com/**

UCP of Berkshire County
Contact: (413) 442-1562 **https://ucpwma.org/contact/**
Website: **https://ucpwma.org/programs-for-children/**

Green Mountain Sprouts
Contact: (845) 926-8216 **Melinda@gmbehavior.org**
Website: **https://www.gmsprouts.com/**

Ad-lib Center for Independent Living:

Location: 215 North Street. Pittsfield, MA 01201
Contact: (413) 442-7047 info@adlibcil.org
Website: www.adlibcil.org/services/
Focus: Ad-lib's focus is to empower people with all types of disabilities to live more independently and have control of their own lives. Services include Information and Referral, Advocacy, Peer Counseling, Skills Training, Transition Skills, Personal Care Attendant services and Specialized Services.

Autism Connections of Berkshire County:

Location: 75 South Church Street. Suite 402. Pittsfield, MA 01301
Contact: (413) 443-4780 autismconnections@pathlightgroup.org
Website: autismconnectionsma.org/
Focus: Autism Connections provide information, resources, and practical help for children, teens and adults with autism, as well as their families, caretakers, friends and professionals.

Berkshire County Arc (BCARC):

Location: 395 South Street. Pittsfield MA 01201
Contact: (413) 499-4241 bcarc@bcarc.org
Website: bcarc.org/
Contact for Intake: 413-499-4241 ext. 255
Focus: Serving children and adults with intellectual and developmental disabilities, Autism, and brain injuries, and individuals who need assistance with daily living.

Berkshire Family and Individual Resources (BFair):

Location: 771 South Church Street. North Adams, MA 01247
Contact: (413) 664.9382 info@bfair.org
Website: www.bfair.org/
Services Brochure: irp.cdn-website.com/cd40d7a5/files/uploaded/BFAIR%20Services%20Overview_vFIN.pdf
Focus: BFair services include support and direct care for people with cognitive disabilities, autism and acquired brain injuries.

Berkshire Nursing Families:

Location: 71 Hospital Ave, North Adams, MA 01247
Contact: (413) 344-2800 info@berkshirenursingfamilies.org
Website: http://www.berkshirenursingfamilies.org/

Focus: BNF is committed to enhancing the life-long health of our community through the promotion and support of breastfeeding and positive parenting for families throughout all of Berkshire County who are pregnant, postpartum, or parenting infants.

Catastrophic Illness in Children Relief Fund (CICRF):

Location: Virtual Office
Contact : 617-624-5951 CICRF.DPH@mass.gov
Website: www.mass.gov/info-details/check-eligibility-for-cicrf
Application link: www.mass.gov/how-to/apply-to-cicrf

Focus: CICRF provides financial relief to eligible Massachusetts families caring for children and youth under 22 years of age with medically related expenses that are not covered by insurance, federal or state assistance, fundraising, or other financial sources.

CharmMedical:

Location: 33 Riverside Drive. Pembroke, MA 02359
Contact: (781) 829-9813 support@charmmedical.com
Website: www.charmmedical.com/
Focus: Charm Medical Supply has worked closely with patients, caregivers and physicians to make it easy for patients to receive the medical supplies that they need. This would include diapers and pull-ups needed.

Community Access to the Arts (CATA):

Location: 420 Stockbridge Rd Suite 2, Great Barrington, MA 01230
Contact: (413) 528-5485 Kara@CATAarts.org
Website: cataarts.org/
Focus: CATA in collaboration with Families Like Ours hosts a monthly series of free Art and Tea parties to help parents of young children with disabilities decrease isolation. Through dynamic arts workshops in painting, dance, theater, singing, drumming, juggling, yoga, creative writing, and more, CATA artists tap into their potential, explore new talents, and share their unique points of view.

Department of Disabilities (DDS):

Location: 333 East Street Pittsfield, MA 01201
Contact: (413) 447-7381 DDSInfo@mass.gov
Intake line: (413)-205-0940
Secure Documentation Email: **DDS.ELIG.CW@mass.gov**
Website: **www.mass.gov/orgs/department-of-developmental-services#:~:text=The%20Department%20of%20Developmental%20Services**
DDS Eligibility Applications: www.mass.gov/lists/dds-eligibility-forms
Autism Waiver Program: www.mass.gov/lists/dds-autism-waiver-service-program-awp-open-interest-period-2024

Focus: The Department of Developmental Services (DDS) provides support to children and adults with intellectual and developmental disabilities including autism spectrum disorder across the Commonwealth. The agency's mission is to create innovative and genuine opportunities for these individuals to participate fully in, and contribute meaningfully to, their communities as valued members.

Educational Advocates:

Annie Alquist, NCSP
Contact: 917-981-9914, annieqalquist@gmail.com Website: Coming Soon

18 Degrees Family Services For Western MA
Address: 480 West St, Pittsfield, MA 01201
Contact: (413) 448-8281 info@18degreesma.org Website: https://18degreesma.org/

Berkshire County Arc
Address: 395 South St #6803, Pittsfield, MA 01201
Contact: (413) 499-4241 lmoody@bcarc.org Website: https://bcarc.org/programs/advocacy/

Clinical Support Options (CSO):
Address: 141 West Avenue. Great Barrington, MA 01230
Contact: 857-271-1322 contact@lotusadvocacy.com Website: https://www.lotusadvocacy.com/

Families Like Ours (FLO):
Address: 140 West Avenue. Suite A. Great Barrington, MA 01230
Contact: 413-645-3208 Rania@familieslikeoursinc.com Website: www.familieslikeoursinc.com

Federation for Children with Special Needs (FCSN):
Address:529 Main St #1m3, Boston, MA 02129
Contact: (617) 236-7210 info@fcsn.org Website: https://fcsn.org/fcsn-intake-form/

Lotus Advocacy
Address: (virtual office)
Contact: (857) 271-1322 contact@lotusadvocacy.com Website: https://www.lotusadvocacy.com/

Sullivan Consulting, Educational Advocates
Address: P.O. Box 4506, Chicopee, MA 01014-4506
Contact: (413) 594-1125 Sullivanconsulting@ymail.com Website: https://beaminghealth.com/providers/ms-denise-sullivan-chicopee-ma

Western Massachusetts Educational Advocacy Services, Karen Mowry
Address: 151 East Street. Ludlow Ma, 01056
Contact: 413-583-8100 krjvs@aol.com Website:
https://www.facebook.com/westernmasseducationaladvocacy/about

Families Like Ours (FLO):

Location: 140 West Avenue. Suite A7 Great Barrington, MA 01230
Contact: (413) 854-3971 Rania@familieslikeoursinc.com
Website: familieslikeoursinc.com/

Focus: Families Like Ours is dedicated to supporting special needs families by addressing the everyday challenges they face with compassion and practical assistance. We help families access vital community resources, navigate complex systems, and reduce the isolation that so often comes with caregiving. Through family support services, peer connection, and inclusive events, we aim to build a strong, empowered community where no one feels alone.

Federation for Children with Special Needs:

Location: The Schrafft Center. 529 Main Street, Suite 1M3. Boston, MA 02129
Contact: (617) 236-7210 info@fcsn.org
Website: fcsn.org/

Focus: The Federation has multiple initiatives to support, educate, and empower families and professionals around the education, health and community needs of children. These programs promote family engagement in all communities throughout Massachusetts. Our language line and Outreach team can help families requiring language assistance.

Learning Solutions:

Location: 90 Conz St, Suite 101 Northampton MA
Contact: (413) 584-0265 learningsolutions@learningsolutionsls.com
Website: http://learningsolutionsls.com/
Referral Form:
docs.google.com/forms/d/e/1FAIpQLSfOGciKgN9ifkRuZ7rHrCEanFdGRkCC3pPAkl3Wl9J7qyF9UA/viewform
Focus: Services include an integrative and collaborative approach to the assessment and treatment of psychological, learning, and language needs across the lifespan.

MassHealth Applications:

Massachusetts Application for Health and Dental Coverage and Help Paying Costs
https://www.mass.gov/doc/massachusetts-application-for-health-and-dental-coverage-and-help-paying-costs-0/download

MassHealth Child Disability Supplement
https://www.mass.gov/doc/masshealth-child-disability-supplement/download

MassHealth Adult Disability Supplement
https://www.mass.gov/doc/masshealth-adult-disability-supplement-0/download

MassHealth Premium Assistance (PA)
https://www.mass.gov/doc/premium-assistance-program-application-1/download

Mental Health Legal Advisors Committee (MHLAC):

Location: 100 Hancock Street, Suite 1002, Quincy, MA
Contact : (800) 342-9092 (413) 338-2345 mhlac@mhlac.org
Website: mhlac.org/
Focus: MHLAC provides legal and policy advocacy for people with mental health challenges throughout the Commonwealth of Massachusetts.

Nonotuck Resource Associates:

Location: 14 Park Place. Lee, MA
Contact : (413) 588-2971 walto@nonotuck.com
Website: www.nonotuck.com
Focus: Nonotuck offers services to anyone over the age of 18 (16 in special circumstances), who due to a medical, intellectual, developmental, or mental disability is unable to live safely on their own. Their unique Shared Living, Adult Family Care and individualized Day Services programs encourage strong relationships within communities to help grow in connections and experiences.

Occupational Therapist:

Berkshire Occupational Health at Fairview Hospital
Address: 10 Maple Ave, Great Barrington, MA 01230 **Contact:** (413) 854-9740
Website: **https://www.berkshirehealthsystems.org/location/fairview-hospital/**

Occupational Health at Berkshire Medical Center
Address: 489 Pittsfield Rd. Lenox, MA 01240 **Contact:** (413) 447-2684
Website: **https://www.berkshirehealthsystems.org/location/berkshire-occupational-health/**

Great Barrington Integrative Wellness LLC
Address: 789 South Main Street. Great Barrington, MA 01230 **Contact**: (413) 528-0887
Website: **https://greatbarringtonintegrativewellness.com/**

Operation Better Start (Berkshire Health Systems):

Location: 510 North Street, Suite 6, Lower Level. Pittsfield, MA 01201
Contact: 413-445-9243

Website: https://www.berkshirehealthsystems.org/location/operation-better-start/
Focus: Operation Better Start (OBS) offers specialized nutrition counseling for individuals from infancy through young adulthood. The program supports families in managing a range of health concerns, including eating disorders, obesity, failure to thrive, hypertension, food allergies, gastrointestinal disorders, high cholesterol, pre-diabetes, and sports nutrition. This program is available in person and virtually.

Palliative Care of the Berkshires:

Location: 877 South Street Suite 1W. Pittsfield, MA 01201
Contact: (413) 443-2994
Website: hcib.org/palliative-care-services/pediatric-palliative-care/
Referral Contact: hcib.org/contact/
Brochure: hcib.org/wp-content/uploads/sites/24/2019/09/HospiceCare-in-The-Berkshires-Pediatric-Palliative-Care-Brochure.pdf
Focus: Palliative care optimizes quality of life through expertise in pain and symptom management and guidance in medical decision-making for people living with serious illnesses.

Pathlight: (See ServiceNet)

Pediatric Developmental Center (PDC):

Pediatric Development Center -North
Address: 388 Columbus Avenue. Pittsfield, MA 01201
Contact: 413-499-4537

Pediatric Development Center -South
Address: 924 South Main St. Great Barrington, MA 01230
Contact: 413-717-4083

Contact: info@pdcberkshire.org
Website: pediatricdevelopmentcenter.org/

Focus: PDC provides services for children who are given a diagnosis that may affect their development, medically fragile, developmentally delayed in motor, cognitive, and/or speech/language areas, demonstrating behavioral concerns, at-risk for developmental delays.

Physical Therapist:

Alston Center
Address: 458 Monterey Rd, Great Barrington, MA 01230
Website: https://www.alstoncenter.com/

BMC The Center for Rehabilitation
Address: 777 North St Medical Arts Complex 5th floor. Pittsfield, MA 01201 Contact: (413) 447-2234
Website: https://www.berkshirehealthsystems.org/location/center-for-rehabilitation/

BMC Physical Medicine & Rehabilitation Services
Address: 777 North St Fifth Floor, Fifth Floor / #504 Pittsfield, MA 01201 Contact: (413) 445-9353
Website: https://www.berkshirehealthsystems.org/location/physical-medicine-rehabilitation-services-of-bmc/

Fairview Hospital Outpatient Rehabilitation
Address: 10 Maple Ave, Great Barrington, MA 01230 Contact: (413) 854-9740
Website: https://www.berkshirehealthsystems.org/location/fairview-hospital/

Fairview Physical and Sports Therapy
Address: 710 Stockbridge Rd. Suburban Medical Bldg. Suburban Medical Bldg. Lee, MA 01238 Contact: (413) 243-3241
Website: https://www.berkshirehealthsystems.org/location/fairview-physical-and-sports-therapy/

Great Barrington Integrative Wellness LLC
Address: 789 South Main Street. Great Barrington, MA 01230 Contact: (413) 528-0887
Website: https://greatbarringtonintegrativewellness.com/

Pediatric Development Center -North
Address: 388 Columbus Avenue. Pittsfield, MA 01201
Contact: 413-499-4537 Website: **https://pediatricdevelopmentcenter.org/services/contact-pdc/**

Pediatric Development Center -South
Address: 924 South Main St. Great Barrington, MA 01230
Contact: 413-717-4083 Website: **https://pediatricdevelopmentcenter.org/services/contact-pdc/**

ReQuipment

Address:
Contact: 508-713-9690 info@requipmentma.org
Website: https://requipmentma.org/search-equipment

Focus: REquipment provides free, gently used durable home medical equipment (DME) and assistive technology (AT) to individuals and families across Massachusetts. By reusing equipment, REquipment helps increase access, reduce waste, and support independence—find what you need or donate what you no longer use.

ServiceNet (Formerly known as Pathlight):

Location: 75 S Church Street, 402 Pittsfield, MA 01201
Contact: (413) 443-4780 info@pathlightgroup.org
Website: www.pathlightgroup.org/
Focus: ServiceNet offers a broad range of services tailored to people with intellectual disabilities, developmental disabilities, autism, and their families. These include (but are not limited to) residential programs, performing arts, sex and relationship education, recreation and enrichment activities, behavioral supports and medical care.

Southern Berkshire Public Health Collaborative (SBPHC):

Location: Stockbridge Town Hall Ground Floor, 50 Main Street, PO Box 307, Stockbridge, MA 01262
Contact: (413) 717-7207 jayne@tritownhealth.org or jill@tritownhealth.org
Website: www.southernberkshirehealth.com/
Focus: The SBPHC promotes health equity within their communities. Resources include childhood vaccinations, fall vaccination clinics, car seat inspection/installation, sharps disposal, wellness sessions, public health education and more.

Speech Therapist:

Great Barrington Integrative Wellness LLC
Address: 789 South Main Street. Great Barrington, MA 01230 Contact: (413) 528-0887
Website: **https://greatbarringtonintegrativewellness.com/**

Pediatric Development Center -North
Address: 388 Columbus Avenue. Pittsfield, MA 01201
Contact: 413-499-4537 Website: **https://pediatricdevelopmentcenter.org/services/contact-pdc/**

Pediatric Development Center -South
Address: 924 South Main St. Great Barrington, MA 01230
Contact: 413-717-4083 Website: **https://pediatricdevelopmentcenter.org/services/contact-pdc/**

Pierce Speech, Language, and Learning Center
Address: 150 Pittsfield Road, Suite I, Lenox, MA 01240
Contact: (413) 200-8116 Website: **https://piercespeech.com/**

Say Play Therapy
Address: 1450 East St., Suite 6-J. Pittsfield, MA 01201
Contact: (413) 441-2484 Website: **https://sayplaytherapy.com/**

Speech Therapy at Fairview Hospital
Address: 29 Lewis Ave, Ground Floor, Great Barrington, MA 01230 Contact: (413) 528- 0790
Website: **https://www.berkshirehealthsystems.org/programs-and-services/rehabilitation/**

Stanton Home:

Location: 205 N Plain Rd, Great Barrington, MA 01230
Contact: (413) 528-0506 info@stantonhome.org
Website: https://www.stantonhome.org/
Insurance Accepted: Medicaid/Berkshire Fallon, Medicare**,** and Private/Commercial Insurance
Focus: The programs are enriched by our large organic garden, culinary program, a 15-loom weavery, and various activities throughout the local community. Stanton Home provides life-long residences and daily program for people with intellectual and developmental disabilities.

Testing Centers (Children and Adults):

Autism Care Partners -Amherst Center
Address: 100 University Dr. Suite 201. Amherst, MA 01002
Contact: 800-679-3609 Website: **https://autismcarepartners.com/locations/massachusetts/amherst-center/**

Autism Care Partners -Holyoke Center
Address: 55 Bobala Road Holyoke, MA 01040
Contact: 800-679-3609 Website: **https://autismcarepartners.com/locations/massachusetts/holyoke/**

Autism Services – Albany
Address: 2 Computer Drive W, Albany, NY 12205
Contact: 855-374-2469 Website: **https://autismlearningpartners.com/**

Beacon Assessment Center – Springfield
Address: 59 Interstate Dr. Ste 1 W. Springfield Ma 01089
Contact: 413 301 8840 Website: **www.beaconservices.org**

Baystate Behavioral Health - Neuropsychology
Address: 3300 Main Street, Suite 4A. Springfield, MA 01199
Contact: (508) 835-1735 Website: **https://www.baystatehealth.org/locations/tolosky-center/behavioral-health-neuropsychology**

Baystate Behavioral Health - MCPAP Program
Address: 150 Lower Westfield Rd, Holyoke, MA 01040
Contact: 844-926-2727
Website: **https://www.baystatehealth.org/locations/behavioral-health-mcpap-program**

Baystate General Pediatrics – Springfield
Address: C Level, 140 High St. Springfield, MA 01105
Contact: 413-794-2398 Website: **https://www.baystatehealth.org/**

Berkshire Dyslexia Learning Center Inc
Address: 4 Birchwood Lane. Lenox, MA
Contact: 413-553-3619 Website: **dyslexiclearning@gmail.com**
Website: **https://stjoepittsfield.com/news/berkshire-dyslexia-learning-center-inc**

Berns Robert Mimnaugh, Ph.D.
Address: 450 Williams St, Pittsfield, MA 01201
Contact: 413-441-9590 Website: **https://www.psychologytoday.com/us/therapists/berns-robert-mimnaugh-pittsfield-ma/58070**

Boston Children's Hospital
Address: 300 Longwood Avenue Boston, MA 02115
Contact: 617-355-6000 Website: **https://www.childrenshospital.org/**

CapitalCare Family Practice
Address: Averill Park 3305 Ny Highway 43, Averill Park, NY 12018
Contact: 518-674-5797 Website: **https://communitycare.com/**

Community Health & Wellness Center
Address: 6 - 8 E Main Street. Cannan, CT 0618
Contact: 860-362-5101 Website: **https://www.chwctorr.org/**

Corner Stone Behavior Health
Address: 397 Grove St, Worcester, MA 01605
Contact: 508-978-2733 Website: **https://cornerstonebehavioralhealth.com/**

Community Health & Wellness
Address: 6 - 8 E Main St, Canaan, CT 06018
Contact: (860) 362-5101 Website: **https://www.chwctorr.org/**

Denise Garcia Sevilla, Ph.D.
Address: Maple Hill Rd. West Stockbridge, MA 01266
Contact: (347) 236-3769 Website: **https://www.psychologytoday.com/us/therapists/dennise-garcia-sevilla-west-stockbridge-ma/381521**

Elizabeth Roberts, PsyD
Address: 69 Church Street 2nd Fl, Ste 4, Lenox, MA 01240
Contact: (413) 274-2396 Website: **https://elizabethrobertspsychology.com/**

Hudson Shores Medical Group
Address: 1500 2nd Ave, Watervliet, NY 12189
Contact: (518) 272-0028 Website: **http://www.hudsonshoremedicalgroup.com/**

James Levine & Associates
Address: 9 College St #6, South Hadley, MA 01075
Contact: (413) 534-7400 Website: **https://www.jameslevineassoc.com/**

James Levine & Associates
Address: 9 College St #6, South Hadley, MA 01075
Contact: 413-534-7400 Website: **https://www.jameslevineassoc.com/**

Katherine Mallory
Address: 12-A Church St. Lenox, MA 01240
Contact: (413) 551-7155 Website: **https://www.kmallorymd.com/**

L & L Life Enrichment Services
Contact: 125 Liberty St, Springfield, MA 01103
Contact: 413-372-4457 Website**: https://www.landllifeenrichmentcenter.org/mental-health-services-about-us**

Learning Solutions
Address: Office 90 Conz St, Suite 101. Northhampton, MA
Contact: 413-584-0265 Website: **https://learningsolutionsls.com/**

Leonard Yost, MD
Address: Lenox Professional Building, 449 Pittsfield Rd, Lenox, MA 01240
Contact: (413) 499-9929 Website: **https://www.healthgrades.com/providers/leonard-yost-ydjqh**

Marshall Silverstein, Psychologist, PhD
Address: 54 Wendell Avenue. Ste. 6. Pittsfield, MA 01201
Contact: (413) 650-5048
Website: **https://www.psychologytoday.com/us/therapists/marshall-silverstein-pittsfield-ma/199636**

Orion Davidoff, Ph.D.
Address: 53 Maple Hill Rd, West Stockbridge, MA 01266
Contact: (646) 731-0635 Website: **http://www.droriondavidoff.com/**

Pediatric Development Center -North
Address: 388 Columbus Avenue. Pittsfield, MA 01201
Contact: 413-499-4537 Website: **https://pediatricdevelopmentcenter.org/services/contact-pdc/**

Pediatric Development Center -South
Address: 924 South Main St. Great Barrington, MA 01230
Contact: 413-717-4083 Website: **https://pediatricdevelopmentcenter.org/services/contact-pdc/**

South Bay Community Services
Address: 140 High St Ste 230 Springfield Ma 01105
Contact: 413 495 1500 Website: **https://mentorsouthbay.com/**

Sullivan Associates Behavioral Health (Formerly Siracusa Associates)
Address: 77 Hospital Ave Suite 214, North Adams, MA 01247
Contact: (413) 398-5064 Website**: https://www.siracusatherapy.com/**

UMASS Memorial Medical Center
Address: 33 Kendall St. Worchester, MA 01605
Contact: 508 334 6255 Website: **https://www.ummhealth.org/**

Valatie Medical Arts Building
Address: 1301 River St Ste 108, Valatie, NY 12184
Contact: 518-758-7786 **www.albanymed.org**

Wynantskill Family Medicine
Address: 9 W Sand Lake Rd, Wynantskill, NY 12198
Contact: 518-333-9615 Website: **https://www.wynantskillfamilymed.com/**

UCP of Western Massachusetts:

Location: 208 West Street. Pittsfield, MA 01201
Contact: (413) 442-1562 ucpwma.org/contact/?program=atp
Website: ucpwma.org/
Focus: UCP of Western Massachusetts offers service navigation, training, recreational opportunities, direct care, programming, assistive technology, and advocacy for any individual, regardless of disability, to pursue a fulfilling, self-determined, high-quality community life — a life without limits. We serve over 5,000 members across four counties including Berkshire, Hampshire, Franklin and Hampden.

Additional Special Needs Resources:

- **Aging with Dignity** agingwithdignity.org/
- **Association of Developmental Disabilities Providers** www.addp.org/
- **Berkshire County Kid's Place and Violence Prevention** https://www.kidsplaceonline.org/
- **Berkshire County WIC** https://chpberkshires.org/family/wic-berkshire-south/
- **Berkshire Nursing Families** https://www.berkshirenursingfamilies.org/
- **Child Care of the Berkshires** https://www.ccberkshire.org/
- **Down Syndrome Resource Group of Western Massachusetts** www.downsyndromewm.org/
- **First Steps Together** https://www.mass.gov/first-steps-together
- **Grandparents raising Grandchild nbCC** https://ccpfc.org/families/grandparent-support/?gad_source
- **Grandparents Raising Grandchildren https://www.helpguide.org/family/parenting/grandparents-raising-grandchildren**
- **Home Care Alliance of Massachusetts** http://www.thinkhomecare.org
- **Massachusetts Commission for the Blind** www.mass.gov/orgs/massachusetts-commission-for-the-blind
- **Massachusetts Commission for Deaf & Hard of Hearing** www.mass.gov/locations/massachusetts-commission-for-the-deaf-and-hard-of-hearing-berkshire-massachusetts-regional-office
- **Massachusetts Rehabilitation Commission** www.mass.gov/orgs/massability

- **Maternal/Child Health at Berkshire VNA** https://www.berkshirehealthsystems.org/programs-and-services/home-care/
- **Multiple Sclerosis Support Foundation** www.mssupportfoundation.org/
- **Hospice and Palliative Care Federation of Massachusetts** www.hospicefed.org/
- **Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)** chadd.org/

Transportation Resources

Amtrak Train Service:
Location: 1 Columbus Avenue, Pittsfield, MA 01201
Contact: (800) 872-7245 www.amtrak.com/contact-us/email.html
Website: www.amtrak.com/home.html
Towns Served: Berkshire County
Notes: Amtrak train services allow you to travel throughout the state as needed. There are multiple stopping points within Berkshire County including Great Barrington, Pittsfield and North Adams. Rates vary.

Berkshire Journeys – Jason Canning:
Location: Pittsfield Based
Contact: (413) 726-8388 (Prefers Text) berkshirejourneys8@gmail.com
Website: berkshirejourneys.godaddysites.com/
Towns Served: Berkshire County, Northwest Connecticut, Eastern New York and Southern Vermont.
Notes: Rates vary on location. Transportation options include rides to Albany, Hudson, Pittsfield, Springfield, Wassaic, and more.

Berkshire Regional Transit Authority (BRTA):
Location: 1 Columbus Ave. Suite 201Pittsfield, MA 01201
Contact: (413) 499-2782 x3, info@berkshirerta.com
Website: berkshirerta.com/
CharlieCards: berkshirerta.com/fares/charlie-card/
Towns Served: Berkshire County
Notes: Local Fares, Student 30-day, College year-round pass. Rates vary. ADA and non-ADA rides available.

First Class Chauffeur Service (Jonathan Peck):
Location: Sheffield Based
Contact: (413) 329-0666 details@yahoo.com
Website: www.facebook.com/jonathan.peck.716/
Towns Served: Berkshire County and Tri-state Area Berkshire County
Notes: Rates vary.

HappyCar Shuttle:
Location: 340 West Street. Pittsfield, MA 01201
Contact: (413) 623-4552 happycarshuttle@gmail.com
Website: happycarberkshiretrips.com/
Towns Served: Berkshire County + Plus. Rides To Airports, Trains, Buses, Ferries, Cruises, Event Venues, The Local Area, etc.
Notes: Rates vary. You may call or text the phone number above.

MassHealth PT1 Forms:
Also known as MART (Montachusett Regional Transit Authority)
Contact: 617-847-3427 hstinfo@mass.gov
Website: www.mass.gov/info-details/get-a-ride-to-masshealth-medical-appointments
Request Transportation: cp-gatra.qryde.com/cp/NemtBookRide.html
Towns Served: All of Massachusetts
Notes: This service is free to MassHealth Members. You can get transportation to MassHealth covered services, including medical, counseling, and day habilitation appointments. The Human Service Transportation Office (HST) manages non-emergency transportation for MassHealth Standard, MassHealth CommonHealth or MassHealth CarePlus members.

Peter Pan/Greyhound Bus Lines:
Location: 1 Columbus Avenue. Pittsfield, MA, **01201**
Contact: (413) 499-2782 peterpanbus.com/request/
Website: peterpanbus.com/locations/massachusetts/pittsfield/
Rates: peterpanbus.com/travel-info/schedules/
Towns Served: All of Massachusetts
Notes: Rates vary

Soldier On Transportation for Veterans:

Location: One Columbus Avenue. Pittsfield, MA 01201
Contact: (413) 418-4300 info@wesoldieron.org
Website: veteranfamilyride.com/
Towns Served: Berkshire County

Notes: The BRTA has partnered with Soldier On to create the Veterans and Families Transportation Call Center. Funded by the U.S. Department of Transportation Federal Transit Administration, the Call Center will be staffed by Soldier On veterans to provide service to all Berkshire County veterans and their families. Rates vary

South County Connector (Formerly known as the TriTown Connector):

Location: Great Barrington Based
Contact: 413-591-3826 tcoleman@townofgb.org
Website: www.socoride.org
Towns Served: Egremont, Great Barrington, Monterey, Stockbridge, Sheffield and West Stockbridge
Notes: Limited service to Canaan, CT and (for seniors and persons with disabilities only) to Pittsfield and New Marlborough. Rides may be scheduled 24/7 via the TripShot App **www.tritown.org/get-the-app** or tritownconnector.tripshot.com/ Rates vary.

Town Senior Transportation Services

Alford: www.townofalford.org

Information: www.townofalford.org/council-aging/news/transportation-alford-seniors
Contact: Melanie Torrico at the Transportation Department at 528-0182 x 25 or transpdepart@egremont-ma.gov
Notes: Rides are available for medical appointments M-F. You need to give 48 hours' notice when arranging a ride. Rates vary.

Egremont: www.egremont-ma.gov

Transportation Information: www.egremont-ma.gov/194/Transportation-Department
Contact: Melanie Vicneire, transpdepart@egremont-ma.gov 413-528-01822 ext. 25 from 9:00am -2:30pm
Notes: Equipped to handle one wheelchair, seniors 55 years old and up and disabled residents from Egremont, Alford, and Mount Washington can book rides from Monday to Friday from 8am to 4pm. The van will operate within Southern Berkshire County and Pittsfield. Traveling to Great Barrington and surrounding towns will vary in pricing. Please give 48 hours' notice when arranging a ride.

Great Barrington: www.townofgb.org

Information : www.greatbarringtonseniors.org/transportation/
Contact: 413-528-1881 info@greatbarringtonseniors.org
Notes: South County Connector (Former known as Tri-Town Connector) is a local transit service providing low-cost door-to-door rides in the South County community. Rides can be booked by phone or with the **TripShot** rideshare smartphone app. Rides charges vary depending on pick-up and drop-off destination. **https://socoride.org/seniors**

Lee: www.lee.ma.us

413- 243-5500 **rachael.armstrong@lee.ma.us**
Notes: See link to BRTA Bus schedule **berkshirerta.com/plan-your-trip/route-21-schedule-2/#outbound-weekday**

Lenox: www.townoflenox.com

Information: 413-637-5500 ext. 1207 www.townoflenox.com/user/62/contact
Notes: See link to BRTA Bus schedule berkshirerta.com/?s=Lenox

Monterey: www.montereyma.gov

Information : www.montereyma.gov/council-aging/pages/elderly-transportation
Contact: (413) 528-1881 info@greatbarringtonseniors.org
Notes: (See South County Connector). Appointments must be made 48 hours in advance by calling the senior center. Please make a reservation each time you need a ride, we cannot guarantee standing reservations**,** and medical appointments are a priority. Please let us know as soon as possible if you cancelled the ride. Same Day Booking: If space and drivers are available you will be offered a ride. *Rates vary.* Round trip There is no charge to the accompanying spouse or caregiver. No person will be turned away for a ride if they cannot afford the fare. **https://socoride.org/seniors**

Mount Washington: www.mountwashington-ma.gov

Transportation Information: mountwashington-ma.gov/council-on-aging-low-cost-transportation/

Contact: 413-528-0182, Ext. 25 mntcory@aol.com
Notes: Residents 55+ have access to low-cost transportation, available M-F for medical appts in the South County and Pittsfield. Service is also available for dropping off/ picking up a repaired car or at grocery store when unable to drive. To arrange your ride, please call Melanie at the Egremont Town Hall, M-F between 9-3 p.m. Give 48 hours' notice when arranging a ride. *Rates vary.*

New Marlborough: www.newmarlboroughma.gov
Information: www.newmarlboroughma.gov/council-aging/news/senior-transportation
Contact: 413-591-3826 info@greatbarringtonseniors.org
Notes: Senior Residents (over 60 years old) — may purchase a discounted book of tickets for 10 one-way rides, at the Claire Teague Senior Center transportation office, in Great Barrington, weekdays 8:00AM to 4:00PM. Ticket books may also be purchased on the vans and at other local Senior Centers. www.tritown.org/seniors *Rates vary.*

Otis: www.townofotisma.com
Information: townofotisma.com/commissions-councils/council-on-aging-coa/
Contact: 413-269-0100 x131 seniorsotisma@gmail.com
Notes: For more information and availability of the Otis Ride Share program, call them directly.

Sandisfield: www.sandisfieldma.gov
Information : www.sandisfieldma.gov/council-aging/news/southern-berkshire-county-towns-offer-public-ride-share-service
Contact: 413-258-4711 x8 www.sandisfieldma.gov/user/2426/contact
Notes: For more information and availability of the Sandisfield Ride Share program, call them directly.

Sheffield: www.sheffieldma.gov
Information: www.sheffieldma.gov/sites/g/files/vyhlif3806/f/uploads/senior_center_transportation_flyer.pdf
Contact: 413-229-7037 kloring@sheffieldma.gov
Notes: Transportation through the council on Aging available to those 60 and older. There are also round-trip schedule trips (grocery shopping + Senior center meals). Rates vary.
NEW Sheffield Flex. Starting April 14, 2025 -Discounted rides to/from Great Barrington/Sheffield through the BRTA. Please call 413-591-3826 if you have any questions.

Stockbridge: www.stockbridge-ma.gov/
Information: www.stockbridge-ma.gov/council-aging/page/transportation
Contact: 413-298-4170 Ext. 263 www.stockbridge-ma.gov/email-contact/node/276/field_email/contact_information
Notes: South County Connect is available to Stockbridge residents of all ages. See South County Connect for more information.

Tyringham: www.tyringham-ma.gov
Information: www.tyringham-ma.gov/council-aging/pages/transportation
Contact: 1-800-544-5242 townclerk@bcn.net
Notes: Available for Doctor appointments and other trips. Please call Elder Services in Pittsfield: 1-800-544-5242 and ask for a Tyringham driver. Please call between the hours of 9am and noon at least two days in advance.

West Stockbridge: www.weststockbridge-ma.gov
South County Connect (previously known as Tri-Town Connector) is available to West Stockbridge Residents. Call
Berkshire Regional Transit (BRTA): For scheduling ADA or non-ADA rides, call (413) 499-2782, x3.

Notes: Visit **https://www.weststockbridge-ma.gov/home/news/public-transportation-information-west-stockbridge**

TriTown Connector: (See South County Connect)

Additional Resources:

- Berkshire Bike Path Council www.berkshirebikepath.com/lander
- Berkshire County Transportation Guide (Berkshires without Barriers): berkshireplanning.org/reports/berkshire-county-transportation-guide-berkshires-without-barriers/
- Institute of Transportation Engineers www.ite.org/
- Pedestrian & Bicycle Information Center www.pedbikeinfo.org/
- U.S. Department of Transportation www.transportation.gov/

Utilities Resources:

Berkshire Community Action Council (BCAC):
Location: 14 Maplewood Ave, Pittsfield, MA 01201
Contact: (413) 445-4503
Website: https://www.bcacinc.org/#
Focus: The role of BCAC is to assist limited-income residents of Berkshire County towards achieving sustainability and self-sufficiency. Resources offered include Fuel Assistance, also known as Limited Income Home Energy Assistance Program (HEAP), C.A.Rs Program (Community Action Rides), Heating System Repair & Replacement Program, Energy Efficiency Programs and Weatherization Assistance Program (WAP).

Center for EcoTechnology (CET) Energy Saver Home Loan Program:
Address: Dalton, MA 01226
Contact: (413) 586-7350
Website: https://www.cetonline.org/programs/energy-saver-home-loan-program/
Focus: Explore programs below to find the resources, incentives, and expert guidance you need to take action for a greener future. The Energy Saver Home Loan Program (ESHLP) is here to help eligible Massachusetts homeowners to say goodbye to fossil fuels and hello to a healthier and efficient living space.

Construct Center for Affordable Housing:
Address: 316A State Rd, Great Barrington, MA
Contact: (413) 528-1985 office@constructberkshires.org
Website: https://constructberkshires.org/
Application: https://constructberkshires.org/applications-and-contact-info/
Focus: Construct offers crucial financial assistance through emergency funds, rental assistance, and microloans that help cover security deposits, utility bills, fuel costs, and other housing-related expenses. These resources are designed to support individuals and families facing housing crises, ensuring stability and preventing homelessness in the south Berkshire community.

Eversource Discount Information:
Contact: 1-877-659-6326
Website: https://www.eversource.com/content/residential/account-billing/payment-assistance/discount-rate
Form Application: https://www.eversource.com/content/docs/default-source/my-account/discount-rate-app-ema.pdf?sfvrsn=7a53ddec_5

The Residential Arrearage Management Program (RAMP)- Is a program can help eliminate your outstanding balance in as little as 12 months if you make on-time monthly payments. Eversource will review your account billing history and set a monthly budget payment based on the average of your regular monthly bill.
Focus: The Massachusetts Department of Public Utilities requires all electric and gas utilities to make customer information available to the Massachusetts Executive Office of Health and Human Services (EOHHS) to identify and automatically enroll customers who may be eligible for Eversource's Discount Rate.

Good Neighbor Fund Energy Fund:
Contact: 413-442-0624
Website: http://www.magoodneighbor.org/assistance.html
Focus: The Massachusetts Good Neighbor Energy Fund is available to any Massachusetts resident who, because of temporary financial difficulty, cannot meet a month's energy expense and is not eligible for state or federal energy assistance. Income must fall between 60 and 80 percent of the state's median income levels.

Mass Saves:
Contact: 1-866-537-7267
Website: https://www.masssave.com/en/residential/programs-and-services/income-based-offers
Focus: The Sponsors of Mass Save are committed to making energy-efficient upgrades affordable for all Massachusetts residents. Through no-cost energy assessments, services, and efficient products, homeowners and renters can improve their family's comfort and lower monthly energy bills.

National Grid Discount Form:

Contact: 1-800-322-3223
Website: https://www.nationalgridus.com/Default.aspx
Form Link: https://www.nationalgridus.com/media/pdfs/billing-payments/electric-rates/ma/ondemand_r2_application.pdf
Focus: Significant savings are available to eligible electric customers.

Residential Assistance for Families in Transition (RAFT):

Location: 1 Fenn St., 3rd floor Pittsfield, MA 01201
Contact: (413) 499-1630 x168 info@hearthway.org
Website: applyhousinghelp.mass.gov/s/?language=en_US&LanguageCode=en_US
Application Link: applyhousinghelp.mass.gov/s/user-registration?language=en_US&LanguageCode=en_US
Focus: RAFT provides up to $7,000 per 12-month period so your family can stay in your current home or move to a new one. You may use the money for rent, utilities, moving costs, and mortgage payments.

SafeLink:

Location: 24/7, 365 days a year via phone call, text, or chat
Contact: 1-877-785-2020
Website: casamyrna.org/get-support/safelink/
Focus: Provides resources, support, and safety planning to anyone affected by domestic or dating violence.

Southeast Rural Community Assistance Project (SERCAP):

Location: Community Development Block Grant (CDBG)
Contact: (540) 345-1184
Website: https://sercap.org/about/who-we-serve/individuals
Focus: SERCAP, in partnership with RCAP Solutions, offers low-interest loans to help low- to moderate-income rural homeowner**s** repair or replace individual household wells or septic systems. With rates as low as 1% and flexible terms, this program ensures essential home water and wastewater systems remain safe and functional for families in eligible areas.

U.S. Dept. of Agriculture (USDA), Rural Development:

Location: Community Development Block Grant (CDBG)
Website: https://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-repair-loans-grants
Apply: https://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-repair-loans-grants-0
Focus: The USDA's Section 504 Home Repair program offers loans to very-low-income homeowners for home repairs and improvements, and grants to elderly homeowners to address health and safety hazards. Designed for those who cannot access affordable credit elsewhere, this program supports safe, livable housing in eligible rural areas.

Water Well Trust (WWT):

Contact: 833-539-8200 info@waterwelltrust.org
Website: https://www.waterwelltrust.org/apply/
Application: https://www.waterwelltrust.org/online-app-info/
Focus: Offers funding assistance to low-income rural homeowners who lack access to a safe, reliable water source or septic system. Eligible applicants must own and live in their home as a primary residence, have no access to public water or sewer, and meet income guidelines. This program helps families secure essential water infrastructure for safe, healthy living.

Additional Resources:

- **Citizens Energy Joe Oil** https://citizensenergy.com/our-programs/joe-4-sun/massachusetts/
- **Green Energy Consumers Alliance** https://www.greenenergyconsumers.org/

Veteran Resources

American Red Cross:
Location: 150 Brookdale Dr. Springfield, MA 01104
Contact: (413) 737-4306 ext. 1929 or Call Center (877) 272-7337
Website: www.redcross.com
Focus: Services to the Armed Forces (SAF) Outreach Services offers information, referrals, access to local resources, and follow-up support for families. The Call Center delivers emergency communication, financial assistance, and services for veterans.

Department of Veteran Services Southern Berkshire County:
Location: 491 S Main St, Great Barrington, MA 01230
Contact: (413) 528-1580
Website: https://www.townofgb.org/veterans-agent
Focus: The Department of Veteran Services in Southern Berkshire County assists veterans and their families in accessing the benefits and services they've earned through military service. This includes help with VA claims, healthcare enrollment, pensions, education benefits, and emergency financial assistance.

Northampton VA Medical Center:
Location: 421 N Main St, Leeds, MA 01053
Contact: (413) 584-4040
Website: https://www.va.gov/central-western-massachusetts-health-care/

Focus: VA Medical Center offers comprehensive primary and specialty care — including mental health, nutrition, women's health, and PTSD treatment — to support the well-being of veterans in Central Western Massachusetts. Outpatient services are available weekdays from 8 AM to 4:30 PM; for emergencies, veterans should call 911 or go to the nearest ER, as emergency services are not provided on site.

Office of Veteran Services:
Location 1/Contact: City Hall, 10 Main Street. North Adams (413) 662-3040
Location 2/Contact: Town Hall, 8 Park Street. Adams (413) 743-8300 ext 125
Website: https://www.va.gov/
Focus: The Office of Veteran Services supports veterans by helping them access the benefits and services they've earned through their military service. This includes assistance with VA claims, education benefits, housing support, and employment resources. They also offer guidance and advocacy to ensure veterans and their families receive the care and recognition they deserve.

Soldier On (Veteran Support):
Location: 290 Merrill Road. Pittsfield, MA 01201
Contact: (413) 418-4300 info@wesoldieron.org
Local Contacts:

- **Veterans' Agent-** Tom Beasley, (413) 528-1580, veteransagent@egremont-ma.gov
- **Veteran's Agent –** Doug Mann, 177 Main St, Lee (413) 409-5974 leevetsagent@wmconnect.com

Website: https://wesoldieron.org/
Towns Served: Berkshire County
Focus: Soldier On provides comprehensive support to local veterans by offering permanent housing, employment services, and case management. They focus on helping veterans regain their independence and reintegrate into the community with dignity. Through partnerships and wraparound services, Soldier On ensures veterans have access to the resources they need to thrive.

Soldier On (Transitional Housing):
Location: 360 West Housatonic Street. Pittsfield, MA 01201

Contact: : (413) 236-5644 **info@wesoldieron.org**
Website: www.servicenet.org/services/shelter-and-housing/
Focus: Pittsfield Transitional Housing provides veterans with safe, supportive, and structured temporary housing as they work toward independent living. The program offers case management, counseling, life skills training, and access to healthcare and employment resources. Its goal is to help veterans overcome homelessness and rebuild stable, self-sufficient lives within the community.

Town Transportation Services (Veterans): See town pages

Veterans Outpatient Mental Health Clinic:

Location: 78 Center Street. Silvio Conte building, 2nd floor in Pittsfield, MA
Contact: (413) 499-2672, (413) 584-4040 ext. 2336
Website: **https://www.va.gov/central-western-massachusetts-health-care/locations/pittsfield-va-clinic/**
Focus: The Veterans Outpatient Mental Health Clinic provides mental health services specifically designed for veterans. The clinic offers counseling, therapy, medication management, and support for issues such as PTSD, depression, and anxiety. With a team experienced in veteran care, the clinic focuses on improving mental wellness and enhancing quality of life.

Additional Resources:

- **Veterans Crisis Line:** (800) 273-8255 or (800) 273-TALK
- **Veterans Western Massachusetts Call Center:** (800) 893-1522
- **VA Central Western Massachusetts Healthcare System:** 413-584-4040
- **Bilingual Veterans Outreach Centers of Massachusetts:** Springfield (413) 731-0194 https://bilingualvets.org/
- **Massachusetts Department of Veterans' Services (DVS)**
  https://www.mass.gov/orgs/executive-office-of-veterans-services

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Disclaimer of Accuracy of Information:

All information provided in the enclosed resource guide and use of services is for informational purposes only and should not be construed as fact. The accuracy of information may change over time. If you have a resource that you would like included or changed, please email **rania@familieslikeoursinc.com**. Updated online versions of this Resource Guide can be found at **www.southernberkshirehealth.com** and **www.familieslikeoursinc.com**.

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