

# SOUTHERN BERKSHIRE COUNTY RESOURCE GUIDE

**FOR FOOD, HOUSING, MENTAL HEALTH,  
SPECIAL NEEDS RESOURCES, & TRANSPORTATION**



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Collaborative, Families Like Ours and Tri-Town Health Department**

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Serving the Towns of Alford, Great Barrington, Lee, Lenox,  
Monterey, Mount Washington, New Marlborough, Otis,  
Sandisfield, Sheffield, Stockbridge and Tyringham

Dear Southern Berkshire County Community Members,

Welcome to our resource guide for the South County! This guide includes over 100 resources available to residents in Alford, Egremont, Great Barrington, Lee, Lenox, Monterey, Mount Washington, New Marlborough, Otis, Sandisfield, Sheffield, Stockbridge, Tyringham and West Stockbridge. This guide was created to provide a printed resource list to residents, boards of health, first responders, libraries, municipalities and other service organizations to enhance their support of South County residents.

We would like to thank Rania Markham of *Families Like Ours* who took the time to assemble resources and create this guide. A lot of work, time and effort went into the final product, and we are excited to get it published and distributed to the people who need it the most.

Digital copies with ongoing updates will be available on the SBPHC website ([www.southernberkshirehealth.com](http://www.southernberkshirehealth.com)) and the *Families Like Ours* website ([www.familieslikeoursinc.com](http://www.familieslikeoursinc.com)). We will make printed updates once per year but are happy to make additions and changes so feel free to submit your changes and suggestions by emailing [rania@familieslikeoursinc.com](mailto:rania@familieslikeoursinc.com)!

Thank you for your role in making South County a wonderful place to work and live!

A handwritten signature in black ink that reads "Jayne E. Smith".

Jayne Smith  
SBPHC Shared Services Manager  
Southern Berkshire Public Health Collaborative  
[www.southernberkshirehealth.com](http://www.southernberkshirehealth.com)

**“South County’s Public Health Resource”**

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## **Disclaimer of Accuracy of Information:**

All information provided in the enclosed resource guide and use of services is for informational purposes only and should not be construed as fact. The accuracy of information may change over time. If you have a resource that you would like included or changed, please email [rania@familieslikeoursinc.com](mailto:rania@familieslikeoursinc.com). Updated online versions of this Resource Guide can be found at [www.southernberkshirehealth.com](http://www.southernberkshirehealth.com) and [www.familieslikeoursinc.com](http://www.familieslikeoursinc.com).

# Emergency Services Information

***In case of emergency, call 911***

Name	Phone Number	Website
<b>Department of Children &amp; Family Services</b>	413-236-1800 Child At-Risk Hotline: 1-800-792-5200	<a href="https://mass.gov/how-to/report-child-abuse-or-neglect">mass.gov/how-to/report-child-abuse-or-neglect</a>
<b>Domestic Violence Hotline</b>	1-800-799-7233	<a href="https://thehotline.org">thehotline.org</a>
<b>Elder Services of Berkshire County</b>	413-499-0524 (Office) Report/Abuse Hotline: (800) 922-2275	<a href="https://mass.gov/protecting-older-adults-from-abuse">mass.gov/protecting-older-adults-from-abuse</a>
<b>Elizabeth Freeman Center</b>	24/7 through our toll-free hotline: 1-866-401-2425	<a href="https://elizabethfreemancenter.org/">elizabethfreemancenter.org/</a>
<b>Construct</b>	Phone 413-528-1985	<a href="https://constructberkshires.org/">constructberkshires.org/</a>
<b>Emergency Help</b>	911	
<b>Samaritan Statewide Helpline</b> (Massachusetts suicide prevention)	Call 877-870-4673, Text 988 Call/text/chat Option	<a href="https://samaritanshope.org">samaritanshope.org</a>
<b>Suicide prevention</b>	1-800-273-8255	<a href="https://masstpc.org/suicide-prevention/">masstpc.org/suicide-prevention/</a>
<b>Brien Center</b>	413-499-0412 Mental Health Crisis Hotline: 1-800-252-0227	<a href="https://briencenter.org/">briencenter.org/</a>
<b>MA Overdose Prevention</b>	Hotline 800-972-0590	<a href="https://helplinema.org/stay-safe/overdose-prevention/">helplinema.org/stay-safe/overdose-prevention/</a>
<b>National Domestic Violence Hotline</b>	877-785-2020	<a href="https://mass.gov/info-details/massachusetts-safelink-resources">mass.gov/info-details/massachusetts-safelink-resources</a>
<b>Berkshire Harm Reduction</b> (safe supplies/delivery services)	413-447-2654	<a href="https://berkshirehealthsystems.org/location/harm-reduction/">berkshirehealthsystems.org/location/harm-reduction/</a>
<b>BCAC Emergency Utilities Assistance</b>	413-445-4503	<a href="https://bcacinc.org/fuel-assistance-2/">bcacinc.org/fuel-assistance-2/</a>
<b>Berkshire County Kids Place</b>	Pittsfield office: 413-236-1800 Monday-Friday 9am-5pm Nights/Holidays/ Weekends) Child @ Risk Hotline: 800-792-5200	<a href="https://kidsplaceonline.org/">kidsplaceonline.org/</a>
<b>National Runaway Safe line</b>	Safe line 800-786-2929	<a href="https://1800runaway.org">1800runaway.org</a>

## Additional Resource Guides

Resource	Website
<b>413 Cares</b> (Online Resource Guide)	<a href="http://413cares.org">413cares.org</a>
<b>Advocacy For Access</b> (Insurance Resources)	<a href="http://berkshirehealthsystems.org/location/advocacy-for-access/">berkshirehealthsystems.org/location/advocacy-for-access/</a>
<b>BASIC Berkshires</b> (Immigrant Resources)	<a href="http://basicberkshires.org">basicberkshires.org</a>
<b>Berkshire County Substance Use Resource Guide</b>	<a href="http://boapc.org/wp-content/uploads/2023/01/22_BOAPC_ResourceOnePage_03.pdf">boapc.org/wp-content/uploads/2023/01/22_BOAPC_ResourceOnePage_03.pdf</a>
<b>Berkshire United Way</b>	<a href="http://www.berkshireunitedway.org/get-help">www.berkshireunitedway.org/get-help</a>
<b>Berkshire Community Action Council</b>	<b>Community Resources:</b> Financial, Heating/Weatherization, Programs <a href="http://berkshirecap.wp.iescentral.com/community-resources">berkshirecap.wp.iescentral.com/community-resources</a>
<b>Berkshire Coalition for Suicide Prevention</b>	Mental Health Help and Other Resources <a href="http://berkshirecoalition.org/resources-2">berkshirecoalition.org/resources-2</a>
<b>Home Care Alliance of MA</b>	Guide to Private Home Care Services (with insurance information) <a href="https://www.thinkhomecare.org/page/providersearch">https://www.thinkhomecare.org/page/providersearch</a>
<b>Legal Resources</b>	Community Legal Aid: (855) 252-5342, <a href="http://communitylegal.org">communitylegal.org</a> Berkshire Center for Justice: (413) 854-1955, <a href="http://berkshirecenterforjustice.org">berkshirecenterforjustice.org</a> UpSide413: (413) 443-7138, <a href="http://upside413.org/housing-and-legal-counseling/">upside413.org/housing-and-legal-counseling/</a>
<b>Massachusetts Addiction and Recovery Resources</b>	<a href="http://watersiderecovery.com/massachusetts-addiction-and-recovery-resources/?gad_source=1&amp;gclid=Cj0KCQjwsJO4BhDoARIsADDv4vCN4mJm2vR2c_c-LqyzWZE4DTv4M_JBBuUs31dSiyiEw1UpvKpX3LlaAkAFEALw_wcB">watersiderecovery.com/massachusetts-addiction-and-recovery-resources/?gad_source=1&amp;gclid=Cj0KCQjwsJO4BhDoARIsADDv4vCN4mJm2vR2c_c-LqyzWZE4DTv4M_JBBuUs31dSiyiEw1UpvKpX3LlaAkAFEALw_wcB</a>
<b>Nonprofit Center of the Berkshires</b>	Directory of Berkshire Nonprofits and Ways to Help <a href="http://npcberkshires.org/virtual-resource-directory/">npcberkshires.org/virtual-resource-directory/</a>
<b>Rural Recovery Resources</b>	List of substance use recovery resources and free peer recovery coaches. <a href="https://www.rural-recovery.org/help">https://www.rural-recovery.org/help</a>
<b>Southern Berkshire Chamber of Commerce</b>	<a href="http://southernberkshirechamber.com/">southernberkshirechamber.com/</a>
<b>Well-Being Guide of the Berkshires (NAMI)</b>	<a href="http://namibc.org/wp-content/uploads/sites/243/2024/05/Well-Being-Guide-of-the-Berkshires_5.3.24-2.pdf">namibc.org/wp-content/uploads/sites/243/2024/05/Well-Being-Guide-of-the-Berkshires_5.3.24-2.pdf</a>

# Southern Berkshire County Town Information

## **Alford:** <http://www.townofalford.org>

**Board of Health**- Jayne Smith, (413) 528-4536 x201, [jespublichealth@gmail.com](mailto:jespublichealth@gmail.com)  
**Fire Department** – 86 North Egremont Road. (413) 528-5156 or **911 (Emergency)**  
**Library** – Alford’s Children’s Library- Alford Town Hall. (413) 528-2403  
**Police Department**- Alford Town Offices. 5 Alford Center Rd. (413) 528-5300 or **911 (Emergency)**  
**Public Health Nurse**- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
**School District** – Southern Berkshire Regional School District. (413) 229-8754, [www.sbrsd.org](http://www.sbrsd.org)  
**Town Offices** – 5 Alford Center Road. Roxanne Germain, (413) 528-4536, [offices@townofalford.org](mailto:offices@townofalford.org)  
**Veterans’ Agent**- Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

## **Egremont:** [www.egremont-ma.gov](http://www.egremont-ma.gov)

**Board of Health** – Juliette Haas, (413) 528-0182 x22, [jhaas@egremont-ma.gov](mailto:jhaas@egremont-ma.gov)  
**Council on Aging** – Peg Muskrat, (413) 528-0182 x25, [coa@egremont-ma.gov](mailto:coa@egremont-ma.gov)  
**Fire Department** – 175 Egremont Plain Road, (413) 528-1625 or **911 (Emergency)**  
**Library** – 1 Buttonball Lane (413) 528-1474, [EGRlibrary@egremont-ma.gov](mailto:EGRlibrary@egremont-ma.gov)  
**Police Station** – 171 Egremont Plain Road. (413) 528-2160 or **911 (Emergency)**  
**Public Health Nurse** - Berkshire Public Health Alliance, [alliancenurse@berkshireplanning.org](mailto:alliancenurse@berkshireplanning.org)  
**School District** – Southern Berkshire Regional School District, (413) 229-8754, [www.sbrsd.org](http://www.sbrsd.org)  
**Town Offices** – 171 Egremont Plain Rd. (413) 528-0182, [tegremont@egremont-ma.gov](mailto:tegremont@egremont-ma.gov)  
**Veterans’ Agent** – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

## **Great Barrington:** [www.townofgb.org](http://www.townofgb.org)

**Board of Health**- Rebecca Jurczyk, (413) 528-0680, [rjurczyk@townofgb.org](mailto:rjurczyk@townofgb.org)  
**Council on Aging**- 917 Main St, Joan Peters, (413) 528-1881 [jpeters@townofgb.org](mailto:jpeters@townofgb.org)  
**Fire Department** – 37 State Road. (413) 528-0788 or **911 (Emergency)**  
**Libraries** – Mason: 231 Main St, (413) 528 2403 Ramsdell: 1087 Main St, Housatonic, (413) 528-2403  
**Police Station** – 465 Main Street. (413) 528-0306 or **911 (Emergency)**  
**Public Health Nurse**- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
**School District** – Berkshire Hills Regional School District. (413) 298-4017, [www.bhrsd.org](http://www.bhrsd.org)  
**Town Hall** – 334 Main Street. (413) 528-1619 x2900  
**Veterans’ Agent** – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

## **Lee:** [www.lee.ma.us](http://www.lee.ma.us)

**Board of Health**- Tri-Town Health Department, 50 Main St, Stockbridge. (413) 243-5540 [www.tritownhealth.org](http://www.tritownhealth.org)  
**Council on Aging**- Patricia Di Grigoli, 21 Crossway St. (413) 243-5545 [coa@town.lee.ma.us](mailto:coa@town.lee.ma.us)  
**Fire Department** - 179 Main Street. (413) 243-2100 or **911 (Emergency)**  
**Library** – The Lee Library, 100 Main Street. (413) 243-0385 [www.leeelibraryma.org](http://www.leeelibraryma.org)  
**Mental Health Co-Responder** – Ivy Goodwin (413) 327-2005 [ivy@tritownhealth.org](mailto:ivy@tritownhealth.org)  
**Police Station** – 32 Main Street. (413) 243-2100 or **911 (Emergency)**  
**Public Health Nurse**- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
**School District** – Lee Public Schools. [www.leepublicschools.net](http://www.leepublicschools.net) (413) 243-0276  
**Town Hall** – 32 Main Street. [www.lee.ma.us](http://www.lee.ma.us) (413) 243-5505  
**Veteran’s Agent** – Doug Mann, 177 Main St, Lee (413) 409-5974 [leeetsagent@wmconnect.com](mailto:leeetsagent@wmconnect.com)

## **Lenox:** [www.townoflenox.com](http://www.townoflenox.com)

**Board of Health**- Tri-Town Health Department, 50 Main St, Stockbridge. (413) 243-5540 [www.tritownhealth.org](http://www.tritownhealth.org)  
**Council for Aging** – Shannon O’Brien, 65 Walker St. (413) 637-5530 [communitycenter@townoflenox.com](mailto:communitycenter@townoflenox.com)  
**Fire Department** - 14 Walker Street. (413) 637-2345 or **911 (Emergency)**  
**Library**– Lenox Library, 18 Main Street. (413) 637-0197 [lenoxlib.org/](http://lenoxlib.org/)  
**Mental Health Co-Responder** – Ivy Goodwin (413) 327-2005 [ivy@tritownhealth.org](mailto:ivy@tritownhealth.org)  
**Police Station** – 6 Walker Street. (413) 637-2346 or **911 (Emergency)**  
**Public Health Nurse**- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
**School District** – Lenox Public Schools. (413) 637-5560 [www.lenoxps.org](http://www.lenoxps.org)  
**Town Hall** – 6 Walker Street. (413) 637-5500, [www.townoflenox.com](http://www.townoflenox.com)  
**Veteran’s Agent** – Doug Mann, 177 Main St, Lee (413) 409-5974 [leeetsagent@wmconnect.com](mailto:leeetsagent@wmconnect.com)

**Monterey:** [www.montereyma.gov](http://www.montereyma.gov)

Board of Health- Jim Wilusz, (413) 464-3044, [jameswilusz74@gmail.com](mailto:jameswilusz74@gmail.com)  
Community Center- 468 Main Rd, (413) 528-3600, [montereycommunitycenter@gmail.com](mailto:montereycommunitycenter@gmail.com)  
Council on Aging- Kathryn Roberts, (413) 528-1443 x247 [coaoutreach@montereyma.gov](mailto:coaoutreach@montereyma.gov)  
Fire Department – 411 Main Rd. (413) 528-3136 [montereyfireco@gmail.com](mailto:montereyfireco@gmail.com) or **911 (Emergency)**  
Library – Monterey Library, 452 Main Road. Mark Makuc, (413) 528-3795, [montereylibrary@gmail.com](mailto:montereylibrary@gmail.com)  
Police- 435 Main Rd, (413) 528- 3211 or **911 (Emergency)**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
School District – Southern Berkshire Regional School District. (413) 229-8754 [www.sbrsd.org](http://www.sbrsd.org)  
Town Hall – 435 Main Road. Roger MacDonald (413) 528-1443 x111, [admin@montereyma.gov](mailto:admin@montereyma.gov)  
Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Mount Washington:** [www.mountwashington-ma.gov](http://www.mountwashington-ma.gov)

Board of Health- Justin Torrico (chair), [boardofhealth@townofmtwashington.com](mailto:boardofhealth@townofmtwashington.com)  
Council on Aging- Corey Hines, (413) 528 3998 [mtncory@aol.com](mailto:mtncory@aol.com)  
Fire Department – Joe Schneider, (413) 717 7622 , [efd50joe@gmail.com](mailto:efd50joe@gmail.com) or **911 (Emergency)**  
Library – 2 Plantain Pond Rd. Lesliann Furcht, (413) 528- 4971, [mtwashlibrary@townofmtwashington.com](mailto:mtwashlibrary@townofmtwashington.com)  
Police/ EMD - Brian Tobin, (413) 528-3204, [briantobin@townofmtwashington.com](mailto:briantobin@townofmtwashington.com) or **911 (Emergency)**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
School Districts – SBRSD (413) 229-8754 [www.sbrsd.org](http://www.sbrsd.org) or BHRSD (413) 298-4017, [www.bhrsd.org](http://www.bhrsd.org)  
Town Hall – 2 Plantain Pond Rd. (413) 528-2839, [elem@townofmtwashington.com](mailto:elem@townofmtwashington.com)  
Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**New Marlborough:** [www.newmarlboroughma.gov](http://www.newmarlboroughma.gov)

Board of Health – Scott McFarland, Agent, [nmboh@newmarlboroughma.gov](mailto:nmboh@newmarlboroughma.gov) (413) 229 8469  
Council on Aging – Prudence Spaulding, (413) 229-8407  
Fire Department – 205 Norfolk Rd, Southfield, Charles Loring III, Chief (413) 229-8100 or **911 (Emergency)**  
Library – 1 Mill River - Great Barrington Road. (413) 229-6668 [www.newmarlboroughlibrary.org](http://www.newmarlboroughlibrary.org)  
Police Station – 807 Mill River Southfield Rd. Graham Frank, Chief, (413) 229-8393 or **911**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
School District – Southern Berkshire Regional School District. (413) 229-8754 [www.sbrsd.org](http://www.sbrsd.org)  
Town Hall – 807 Mill River Southfield Road. Mari Enoch, (413) 229-8116 [nmbos@newmarlboroughma.gov](mailto:nmbos@newmarlboroughma.gov)  
Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Otis:** [www.townofotisma.com](http://www.townofotisma.com)

Board of Health – Heather Grey (413) 269 0100 x129, [healthdept@townofotisma.com](mailto:healthdept@townofotisma.com)  
Council on Aging – 1 N Main Road, Kendra Rybacki, (413) 269-0100 x5, [seniorsotisma@gmail.com](mailto:seniorsotisma@gmail.com)  
Library – Otis Library, 48 North Main Road. Brad Havill, (413) 269-0109, [info@otislibraryma.org](mailto:info@otislibraryma.org)  
Police Station – 1 North Main Road. Kris McDonough, Chief, (413) 269-0100  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
Fire Department – 15 South Main Rd. Richie Phair, Chief, (413) 269-0100 x120 or **911 (Emergency)**  
School Districts – BHRSD, [www.bhrsd.org](http://www.bhrsd.org) , Farmington River, [www.frrsd.org](http://www.frrsd.org) , Lee M/H  
[www.leepublicschools.net](http://www.leepublicschools.net)  
Town Hall – 1 North Main Road. Brandi Page, Town Admin, (413) 269-0100 x 127  
[townadmin@townofotisma.com](mailto:townadmin@townofotisma.com)  
Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Sandisfield:** [www.sandisfieldma.gov](http://www.sandisfieldma.gov)

Board of Health – 3 Silverbrook Rd, SBPHC Jason Dragonetti, (413) 258-4711 x9, [jason@tritownhealth.org](mailto:jason@tritownhealth.org)

Council on Aging- 66 Sandisfield Rd, (413) 258-4711 x8

Library – Sandisfield Library, 23 Sandisfield Road. (413) 258-4966 [www.sandisfieldlibrary.org](http://www.sandisfieldlibrary.org)

Police Station – 3 Silverbrook Rd, (413) 258-4742 or **911 (Emergency)**

Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)

Fire Department – Station #1: 79 South Main St, Station #2: 207 Sandisfield Rd. (413) 258-4742 or **911**

School Districts – BHRSD, [www.bhrsd.org](http://www.bhrsd.org) , Farmington, [www.frrsd.org](http://www.frrsd.org) , Lee M/H [www.leepublicschools.net](http://www.leepublicschools.net)

Town Hall Annex- 66 Sandisfield Road. Janey Snyder (413) 258-4711 [jbeardsley@sandisfieldma.gov](mailto:jbeardsley@sandisfieldma.gov)

Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Sheffield:** [www.sheffieldma.gov](http://www.sheffieldma.gov)

Board of Health – 21 Depot Square. (413) 229- 7000 x157, [townhall@sheffieldma.gov](mailto:townhall@sheffieldma.gov)

Council on Aging – 25 Cook Rd. (413) 229-7037 [kloring@sheffieldma.gov](mailto:kloring@sheffieldma.gov)

Fire Department- 65 Depot Square. John Ullrich, Chief (413) 229-7033 or **911(Emergency)**

Library – Bushnell Sage Library, 46 Main Street. Deena Caswell (413) 298-5501

Police Station – 10 South Main Street. Eric Munson, Chief, (413) 229-8522 or **911(Emergency)**

Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)

School District – Southern Berkshire Regional School District. (413) 229-8754 [www.sbrsd.org](http://www.sbrsd.org)

Town Hall – 21 Depot Square. Michael Canales, Town Admin (413) 229-7000

Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Stockbridge:** [www.stockbridge-ma.gov](http://www.stockbridge-ma.gov)

Board of Health- Tri-Town Health Department, 50 Main St, Stockbridge. (413) 243-5540 [www.tritownhealth.org](http://www.tritownhealth.org)

Council on Aging – 50 Main St, Katie Szwyd, Director (413) 298-4170 x263 [COADirector@stockbridge-ma.gov](mailto:COADirector@stockbridge-ma.gov)

School District – Berkshire Hills Regional School District. [www.bhrsd.org](http://www.bhrsd.org) (413) 298-4017

Town Hall – 50 Main Street. Michael Canales, Town Administrator, (413) 298-4170

Library – The Stockbridge Library, 46 Main St. (413)298-5501 [info@stockbridgelibrary.org](mailto:info@stockbridgelibrary.org)

Police Station – 50 Main Street. , Darrell Fennell, Chief (413) 298-4179 or **911 (Emergency)**

Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)

Fire Department - 1 East Street. (413) 298-4866 or **911 (Emergency)**

Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Tyringham:** [www.tyringham-ma.gov](http://www.tyringham-ma.gov)

Board of Health – 116 Main Rd., Molly Curtin-Schaefer (413) 243-1749 [townhall@bcn.net](mailto:townhall@bcn.net)

Council on Aging – 116 Main Rd.

School District- Lee Public Schools. [www.leepublicschools.net](http://www.leepublicschools.net) (413) 243-0276

Town Hall- 116 Main Rd. Molly Curtin-Schaefer, Town Admin, (413) 243-1749 [townhall@bcn.net](mailto:townhall@bcn.net)

Library- Tyringham Free Library, 118 Main Rd. (413) 243-11749 x107

Police Station -116 Main Rd. (413) 243-1749 or **911 (Emergency)**

Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)

Fire Department- 100 Main Rd. Charles Slater, Chief (413) 243-0448 or **911 (Emergency)**

Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**West Stockbridge:** [www.weststockbridge-ma.gov](http://www.weststockbridge-ma.gov)

Board of Health – Earl Moffatt (413)232-0300 x314 [health@weststockbridge-ma.gov](mailto:health@weststockbridge-ma.gov)

Council on Aging – “Peggy” Elder Services (413) 499-0524

School District – Berkshire Hills Regional School District. [www.bhrsd.org](http://www.bhrsd.org) (413) 298-4017

Town Hall – 21 State Line Rd, West Stockbridge, (413) 232- 0300

Library – West Stockbridge Public Library, 21 State Line Rd. (413) 232-0300 x308

Police Station- 21 State Line Rd, (413) 232-8500 or **911 (Emergency)**

Public Health Nurse – Berkshire Public Health Alliance, [alliancenurse@berkshireplanning.org](mailto:alliancenurse@berkshireplanning.org)

Fire Department – 24 Albany Rd, (413) 717-2751 [firechief@stockbridge-ma.gov](mailto:firechief@stockbridge-ma.gov) or **911 (Emergency)**

Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)



# Food Resources

## **Berkshire Bounty:**

**Location:** P. O. Box 1037 Great Barrington MA 01230.

**Contact:** 413-591-2239 [info@berkshirebounty.org](mailto:info@berkshirebounty.org)

**Website:** [www.berkshirebounty.org/](http://www.berkshirebounty.org/)

**Focus:** Berkshire Bounty is a food rescue organization dedicated to collecting, purchasing and delivering nutritious food to emergency food distribution programs countywide.

## **Berkshire South Regional Community Center:**

**Location:** 15 Crissey Road. Great Barrington, MA 01230

**Contact:** 413-528-2810 [mamstead@berkshiresouth.org](mailto:mamstead@berkshiresouth.org)

**Website:** [berkshiresouth.org](http://berkshiresouth.org)

**Meal Dates:** [berkshiresouth.org/community-adult/](http://berkshiresouth.org/community-adult/)

**Focus:** Berkshire South offers free community suppers twice a month. In person dining only between 5pm and 6pm. Check website for dates. Meals are first come first served. Everyone is welcome

## **Community Health Programs:**

**Location:** 442 Stockbridge Road, Great Barrington, MA 01230

**Contact:** 413-528-0457 [info@chpberkshires.org](mailto:info@chpberkshires.org)

**Website:** [chpberkshires.org/chp-nutrition/](http://chpberkshires.org/chp-nutrition/)

**Focus:** We have food here at FS M-F 9am-4pm self-serve outside and pantry inside if needed. Mobile Food Bank first Tuesday of every month 11am-noon here at CHP Health Center in Great Barrington. Contact Family Services for additional food resources.

## **Elder Services Meals on Wheels:**

**Location:** 73 South Church Street. Pittsfield, MA 01201

**Contact:** 413-499-0524 [esbc@esbci.org](mailto:esbc@esbci.org)

**Website:** [www.esbci.org/services/nutrition-programs/](http://www.esbci.org/services/nutrition-programs/)

**Focus:** The Meals on Wheels program provides isolated and/or frail and/or homebound elders with a hot meal each weekday at noon. Sugar-free desserts and Lactaid milk are available. Cardiac, Renal, and Vegan nutritional meals are offered as well. There are no income guidelines, however there are frailty guidelines. The MOW driver provides a wellness check.

## **Elder Services Nutrition Programs:**

**Location:** 73 South Church Street. Pittsfield, MA 01201

**Contact:** (413) 499-0524 [esbc@esbci.org](mailto:esbc@esbci.org)

**Website:** [www.esbci.org/services/nutrition-programs](http://www.esbci.org/services/nutrition-programs)

**Focus:** The Meals on Wheels program provides isolated and/or frail and/or homebound elders with a nutritious, hot meal each weekday at 12 pm. The Senior Meal Program provides a nutritious hot meal at 14 senior lunch sites at 12 pm. Seniors, 60 years and older, meet at a local meal site often located in a nearby senior center to eat and socialize.

## **Family Resource Center- Great Barrington:**

**Location:** 141 West Avenue. Great Barrington

**Contact:** 413.528.0298 [info@csoinc.org](mailto:info@csoinc.org)

**Websites:** [www.csoinc.org/community-based-programs](http://www.csoinc.org/community-based-programs)  
[www.frcma.org/locations/great-barrington-family-resource-center-0](http://www.frcma.org/locations/great-barrington-family-resource-center-0)

**For Meal Updates:** [shasta.bona@csoinc.org](mailto:shasta.bona@csoinc.org)

**Focus:** CSO hosts monthly Family Meal Series as well as other resources on site.

**Farmers Markets (Local):**

**Website:** [www.massfarmersmarkets.org/markets](http://www.massfarmersmarkets.org/markets)

**Focus:** Use this link above to search for Farmers Markets by town or county and choose a day of the week. In addition, you can also search by nutrition programs - for example to find markets that take HIP or have a SNAP match.

**Food Bank of Western Massachusetts:**

**Contact:** 413-247-9738

**Website:** [www.foodbankwma.org/](http://www.foodbankwma.org/)

Community Health Programs Dates: First Tuesday of every month at 444 Stockbridge Road. Gt Barrington, between 11am-12pm

**Focus:** The Food Bank of Western Massachusetts's Leadership Team can be contacted through the means listed below. If you have a general question or are not sure who to speak to, please use the Contact Form below or call and we will forward you to the best contact.

**Guthrie Center: Meal Site:**

**Location:** 2 Van Deusenville Road, Great Barrington, MA 01230

**Contact:** 413-528-1955 [guthriecenter@gmail.com](mailto:guthriecenter@gmail.com)

**Website:** [guthriecenter.org/](http://guthriecenter.org/)

Link to meal information: [guthriecenter.org/programs.html](http://guthriecenter.org/programs.html)

**Focus:** Free Community Lunch: Held every Wednesday from 12PM to 1PM.

**Healthy Incentives Program (HIP)**

**Contact:** (800) 645-8333

**Website:** [www.farmcommunitycollaborative.org/](http://www.farmcommunitycollaborative.org/)

**Link to Application:** [dtafinder.dtadash.ehs.mass.gov/](http://dtafinder.dtadash.ehs.mass.gov/)

**Focus:** HIP provides extra SNAP money for local produce. Depending on your family size, you can get an additional \$40-80 per month through HIP. Learn more about HIP on DTA's website. Follow [these instructions](#) on how to use HIP at local locations.

**Pandemic EBT (P-EBT):**

**Contact:** Summer EBT hotline at 855-425-8770

**Website:** [dtaconnect.eohhs.mass.gov/pebt](http://dtaconnect.eohhs.mass.gov/pebt)

**Link to Application:** [www.mass.gov/info-details/pandemic-ebt-p-ebt](http://www.mass.gov/info-details/pandemic-ebt-p-ebt)

**Focus:** Through the Pandemic EBT, all school-aged children that qualify for free and reduced-cost school lunch will receive additional dollars to spend on nutritious foods. If you are enrolled in SNAP, P-EBT will be loaded onto your SNAP EBT card. If you are not enrolled in SNAP, you will receive a separate P-EBT card. Your child will receive this benefit whether they are learning remotely or hybrid. Benefits are distributed in July.

**Senior Farmers' Market Nutrition Program (FMNP):**

**Contact:** (703) 305-2281 [AskUSDA@usda.gov](mailto:AskUSDA@usda.gov)

**Website:** [www.fns.usda.gov/sfmnp/senior-farmers-market-nutrition-program](http://www.fns.usda.gov/sfmnp/senior-farmers-market-nutrition-program)

**Focus:** The Senior Farmers' Market Nutrition Program provides eligible elders (60+) with coupons for produce redeemable at farmers' markets. Coupons are available from early summer through October each year; they are distributed through your local Council on Aging.

## School District Food Programs

### **Berkshire Hills Regional School District (BHRSD)** [www.bhrsd.org](http://www.bhrsd.org)

**Location:** 50 Main Street. Stockbridge, MA 01262

**Contact:** Kathy Sullivan 413-644-2300 [kathy.sullivan@bhrsd.org](mailto:kathy.sullivan@bhrsd.org)

### **Farmington River Regional School District (FRRSD)** [www.frrsd.org](http://www.frrsd.org)

**Location:** 555 North Main Road, P.O. Box 679, Otis, MA 01253. 413-269-4466

**Contact:** Sarah Hopkins 413-269-4466 extension 142 [shopkins@frrsd.org](mailto:shopkins@frrsd.org)

### **Lee Public Schools (LPS)** [www.leepublicschools.net](http://www.leepublicschools.net)

**Location:** 300A Greylock Street, Lee MA 01238

**Contact:** Shannon Gagliardo 413-243-0276 [sgagliardo@leepublicschools.net](mailto:sgagliardo@leepublicschools.net)

### **Lenox Memorial Middle & High School (LMMHS)** [www.lenoxps.org](http://www.lenoxps.org)

**Location:** 6 Walker Street. Lenox, MA 01240

**Contact:** Lorraine Goodfellow 413-637-5550 [support@myschoolbucks.com](mailto:support@myschoolbucks.com)

### **Southern Berkshire Regional School District (SBRSD)** [www.sbrsd.org](http://www.sbrsd.org)

**Location:** 491 Berkshire School Rd. Sheffield, MA 01257. 413-229-8754

**Contact:** Sarah Jonston [sjohnston@sbrsd.org](mailto:sjohnston@sbrsd.org) 413-229-8754 extension 387

## South County Food Pantry/Meal List by Town

### **Great Barrington:**

- **Berkshire South Regional Community Center** - 15 Crissey Road Gt. Barrington - 413-528-2810 -Check monthly schedule here [www.berkshiresouth.org](http://www.berkshiresouth.org)
- **CHP Family Services:** 442 Stockbridge Road Gt. Barrington 413-528-0457 Mondays – Fridays 9:00am – 4:00pm No eligibility required. <https://chpberkshires.org/family/food-for-all/>
- **Guthrie Center** 2 Van Deusenville Road - Gt. Barrington - 413-528-1955 - Wednesdays - Free Community Lunch 12:00pm – 1:00pm and a free legal clinic. <https://guthriecenter.org/programs.html>
- **Peoples Pantry 5 Taconic Ave. at St. James Place:** Across from CVS Gt. Barrington Mon. 4:00pm – 5:30pm Thurs. 10:00am – 12:30pm South County residents only, [www.thepeoplespantrygb.org](http://www.thepeoplespantrygb.org)

**Lee:** **Grace Food Pantry**, 130 Housatonic Street, Lee, Ma Open Saturdays 10am-12pm 413-644-0022 – Serves residents of Lee and surrounding towns, including Stockbridge, Tyringham, Lenox Dale and Becket. <https://graceberkshires.org/lee-food-pantry/>

**Lenox:** **Lenox Ecumenical Food Pantry**, United Methodist Church of Lenox, 6 Holmes Rd, Lenox Open Every other Saturday 10am -11am 413- 445-5918. – Serves Lenox and Lenox Dale Residents and members of Lenox and Lenox Dale churches. <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

**Monterey:** **Monterey Pantry**, Pickup Held at the Monterey Meetinghouse - 449 Main Rd., Monterey (In the basement) Saturdays 10:00am – 11:30am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, [montereypantry@gmail.com](mailto:montereypantry@gmail.com) <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

**New Marlborough:** **Monterey Pantry**, Pickup Held at the Monterey Meetinghouse - 449 Main Rd., Monterey (In the basement) Saturdays 10:00am – 11:30am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, [montereypantry@gmail.com](mailto:montereypantry@gmail.com) <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

**Otis: Otis Food Pantry** - 1 North Main Road, Otis. - [otisfoodpantry@gmail.com](mailto:otisfoodpantry@gmail.com) - Wednesdays 9:00am – 11:00am - No residency restrictions

**Sandisfield: Monterey Pantry** - Pickup Held at the Monterey Meetinghouse - 449 Main Rd., Monterey (In the basement) Saturdays 10:00am – 11:30am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, [montereypantry@gmail.com](mailto:montereypantry@gmail.com) <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

**Sheffield: Sheffield Food Assistance Held at Old Parish Church** - 125 Main Street, Sheffield, Mondays 9:00am – 10:00am – Must be a Sheffield Resident. Phone Contact: 413-229-2624

## South County Meal Sites

**Berkshire South Regional Community Center:** 15 Crissey Rd. Gt. Barrington - 413-528-2810 - Meals are first come first served. Everyone is welcome.

**Guthrie Center:** 2 Van Deusenville Rd. Gt. Barrington 413-528-1955 - Wed. Free Community Lunch Noon – 1:00pm

**Breaking Bread Community Supper:** Held at the American Legion Corner of Cook Rd. & Rt. 7, Sheffield 413-229-8614 Thurs. 5:00pm – Grab & go dinners Call for a reservation 413-229-7037. Free to all.

**Sheffield Senior Center:** 25 Cook Rd. Sheffield - 413-229-7037 Soup & Sandwich Lunch - Mon. 11:30am Free from the Sheffield Senior Center - Wed. & Fri. Meals served at Noon Provided through Elder Services - For residents 60+ \$3 suggested - Donation If under 60, price is \$8 - 1st & 3rd Wed. - Free to veterans.

## Supplemental Nutrition Assistance Program (SNAP)

**Contact:** (877) 382-2363

**Website:** [www.mass.gov/snap-benefits-formerly-food-stamps](http://www.mass.gov/snap-benefits-formerly-food-stamps)

**Link to Application:** [dtaconnect.eohhs.mass.gov/apply](http://dtaconnect.eohhs.mass.gov/apply)

**Focus:** SNAP (formerly known as food stamps) provides nutritious food to eligible individuals and families through SNAP retailers (grocery stores, some convenience stores, farmers' markets). At least one household member must be a US citizen (children count).

## Women, Infants, and Children Nutrition Program (WIC):

**Location:** CHP Family Services. 442 Stockbridge Road. Great Barrington, MA 01230

**Contact:** 413-528-0457 [wic@chpberkshires.org](mailto:wic@chpberkshires.org)

**State Website:** [www.mass.gov/orgs/women-infants-children-nutrition-program](http://www.mass.gov/orgs/women-infants-children-nutrition-program)

**CHP Website:** [chpberkshires.org/family/wic-berkshire-south/](http://chpberkshires.org/family/wic-berkshire-south/)

**Focus:** WIC is a free nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services to all families who qualify, including women who are pregnant and children under 5.

# Housing Resources

## **Alternative Housing Voucher Program (AHVP)**

**Website:** [www.mass.gov/how-to/apply-for-the-alternative-housing-voucher-program-ahvp](http://www.mass.gov/how-to/apply-for-the-alternative-housing-voucher-program-ahvp)

**Application Link (CHAMP):** [publichousingapplication.ocd.state.ma.us/](http://publichousingapplication.ocd.state.ma.us/)

**Focus:** The AHVP program is designed to help people with disabilities live independently in housing they choose through mobile (tenant-based) rental vouchers. The voucher is for 1-bedroom units. You will contribute 25-30% of your monthly income toward rent, depending on if utilities are included in the rent. The local housing agency pays your landlord the rest of the rent

**Berkshire County Regional Housing Authority:** See Upside 413

**Berkshire Housing Development Corporation:** See Hearthway, Inc.

## **Central Berkshire Habitat for Humanity:**

**Location:** 314 Columbus Ave, Pittsfield, MA 01201

**Contact:** (413) 442-3181 [berkshirehabitat.org/about-us/contact-us/](http://berkshirehabitat.org/about-us/contact-us/)

**Website:** [berkshirehabitat.org/](http://berkshirehabitat.org/)

**Focus:** Habitat welcomes people from all walks of life to partner in serving and creating a better community for everyone who lives here. To develop and manage affordable and accessible housing options for qualified residents. Programs include Emergency Relief Fund, Neighborhood Revitalization and Home preservation.

## **Campgrounds in South County:**

- **Bear Town Park** 69 Blue Hill Road, Monterey, MA 01245 [www.mass.gov/locations/bear-town-state-forest](http://www.mass.gov/locations/bear-town-state-forest)
- **Lone Oak Campsites** 360 Norfolk Rd East, East Canaan, CT 06024 [www.loneoakcampsites.com/](http://www.loneoakcampsites.com/)
- **Camp Overflow** 700 Tolland Rd, East Otis, MA 01029 [campoverflow.com/](http://campoverflow.com/)

## **Common Housing Application for Massachusetts Programs (CHAMP):**

**Website:** [publichousingapplication.ocd.state.ma.us/](http://publichousingapplication.ocd.state.ma.us/)

**Application Online Link:** [publichousingapplication.ocd.state.ma.us/](http://publichousingapplication.ocd.state.ma.us/)

**Application Paper Link:** [www.mass.gov/doc/champ-application-form-english/download](http://www.mass.gov/doc/champ-application-form-english/download)

**Focus:** This will give you a list of affordable housing for Western Massachusetts. You can choose what towns you are willing to live in. Applications can be filled out online or on paper. For more information contact your local Housing Authority.

## **Construct Inc.**

**Location:** 316A State Rd, Great Barrington, MA 01230

**Contact:** 413 - 528-1985 [office@constructberkshire.org](mailto:office@constructberkshire.org)

**Website:** [constructberkshires.org/](http://constructberkshires.org/)

**Application Link:** [constructberkshires.org/applications-and-contact-info/](http://constructberkshires.org/applications-and-contact-info/)

**Focus:** Construct helps individuals and families rebuild their lives and sustain their livelihoods. They provide affordable housing solutions, rental assistance, and access to other support services. Construct also has a family shelter.

## **Elizabeth Freeman Center - Great Barrington Office**

**Location:** 168 Main St Ste 4, Great Barrington, Ma 01230 (Suite 4 is in the back of the H&R Block building)

**Contact:** 413-429-8190 [info@elizabethfreemancenter.org](mailto:info@elizabethfreemancenter.org)

**Website:** [elizabethfreemancenter.org/contact-us/](http://elizabethfreemancenter.org/contact-us/)

**Focus:** EFC services are free, confidential, and available in any language. 24/7 Hotline – a toll-free hotline, (866) 401-2425, Emergency services – including shelter, food, transportation and safe phones, to help you get and stay safe. Emergency shelter – we have a secure, home-like shelter, and if our shelter is full, we will find you emergency shelter until we can develop an appropriate plan.

### **Emergency Housing Assistance**

**Contact:** (866) 584-0653

**Location:** Offices across the state [www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter](http://www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter)

**Website:** [www.mass.gov/emergency-housing-assistance](http://www.mass.gov/emergency-housing-assistance)

**List of all shelters by town:** [hedfuel.azurewebsites.net/iShelters.aspx](http://hedfuel.azurewebsites.net/iShelters.aspx)

**Focus:** Massachusetts individuals and families seeking emergency housing will find shelter programs and related services here. EHA can be helpful when trying to establish the urgency you are facing.

### **Hearthway, Inc. (formerly known as the Berkshire Housing Development Corporation)**

**Location:** One Fenn Street. 3rd Floor. Pittsfield, MA 01201

**Contact:** 413 - 499-1630 [info@hearthway.org](mailto:info@hearthway.org)

**Fax:** (413) 496-9831

**Website:** [hearthway.org/](http://hearthway.org/)

**Housing Resources Link:** [hearthway.org/housing-search-resources/](http://hearthway.org/housing-search-resources/)

**Application Link:** [hearthway.org/hcec-intake-form/](http://hearthway.org/hcec-intake-form/)

**Focus:** Hearthway's mission is to find housing solutions for all people across the communities of Berkshire County. Berkshire Hearthway Oversees: 57 Main Street, Lee, Bentley Apartments, Gt. Barrington, Christian Hill Commons, Gt. Barrington, Windrush Commons, Gt. Barrington

### **HomeBASE:**

**Location:** Offices across the state – link to contacts is [www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter](http://www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter)

**Contact:** (866) 584-0653

**Website:** [www.mass.gov/service-details/homebase](http://www.mass.gov/service-details/homebase)

**Focus:** HomeBASE helps families who have been found eligible for Emergency Assistance (EA) Family Shelter by providing funding over a 2-year period, with the possibility of a 3rd year of help. If your family is found eligible for the Emergency Assistance (EA) Family Shelter program, you may be invited to apply.

### **Housing Authority Websites and Phone Numbers:**

**Great Barrington Housing Authority:** <https://www.townofgb.org/housing-authority> 413 274 1142

**Lee Housing Authority:** <https://leehousingauthority.org/> 413 243-3454

**Lenox Housing Authority:** <https://lenoxhousingauthority.com> (413) 637-5585

**Pittsfield Housing Authority:** <https://pittsfieldhousing.org/> (413) 443- 5936

**Stockbridge Housing Authority:** <https://www.stockbridgeha.com/> (413) 298 3222

**Application used for Housing Authorities: (CHAMP Application):** <https://publichousingapplication.oed.state.ma.us/>

### **Housing Navigator Massachusetts:**

**Contact Link:** [housingnavigatorma.org/contact-us/](http://housingnavigatorma.org/contact-us/)

**Website:** [search.housingnavigatorma.org/](http://search.housingnavigatorma.org/)

**Focus:** Housing Navigator MA is a Massachusetts-based 501(c)(3) that addresses a glaring digital divide around one of the most important choices we make – where to live. This website also has an App compatible with all phones.

### **Residential Assistance for Families in Transition (RAFT):**

**Location:** 1 Fenn St., 3rd floor Pittsfield, MA 01201

**Contact:** (413) 499-1630 x168 [info@hearthway.org](mailto:info@hearthway.org)

**Website:** [applyhousinghelp.mass.gov/s/?language=en\\_US&LanguageCode=en\\_US](http://applyhousinghelp.mass.gov/s/?language=en_US&LanguageCode=en_US)

**Application Link:** [applyhousinghelp.mass.gov/s/user-registration?language=en\\_US&LanguageCode=en\\_US](http://applyhousinghelp.mass.gov/s/user-registration?language=en_US&LanguageCode=en_US)

**Focus:** RAFT provides up to \$7,000 per 12-month period so your family can stay in your current home or move to a new one. You may use the money for rent, utilities, moving costs, and mortgage payments.

### **Section 8 Housing Choice Voucher Program (HCVP):**

**Website:** [www.mass.gov/how-to/apply-for-the-massachusetts-rental-voucher-program-mrvp](http://www.mass.gov/how-to/apply-for-the-massachusetts-rental-voucher-program-mrvp)

**Application Link:** [publichousingapplication.ocd.state.ma.us/](http://publichousingapplication.ocd.state.ma.us/)

**Focus:** The housing choice voucher program is the federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market. Since housing assistance is provided on behalf of the family or individual, participants can find their own housing, including single-family homes, townhouses and apartments.

### **Shoppers Guide:**

**Location:** 271 Main St, Great Barrington, MA 01230

**Contact:** (413) 528-0095

**Website:** [shoppersguideinc.com/](http://shoppersguideinc.com/)

**Focus:** The Shoppers Guide is a local newspaper that has pages on real estate and apartment listings.

### **ServiceNet Shelter for Adults- Homeless Shelter:**

**Location:** 21 Pearl Street in Pittsfield, MA 01201

**Contact:** (413) 320-6550 [info@servicenet.org](mailto:info@servicenet.org)

**Website:** [www.servicenet.org/services/shelter-and-housing/](http://www.servicenet.org/services/shelter-and-housing/)

**Focus:** ServiceNet year-round shelter for adults provides housing, meals, showers, toiletries, and clothing for individuals experiencing homelessness. The family shelter located in Berkshire County includes Our Friends House in Pittsfield.

### **Supporting Neighborhood Opportunity in Massachusetts (SNO Mass) Program:**

**Location:** Berkshire Housing Development Corporation (serves Berkshire County)

**Contact:** 413-344-4822 [SNOMass@Berkshirehousing.com](mailto:SNOMass@Berkshirehousing.com)

**Website:** [www.mass.gov/info-details/supporting-neighborhood-opportunity-in-massachusetts-sno-mass-program#](http://www.mass.gov/info-details/supporting-neighborhood-opportunity-in-massachusetts-sno-mass-program#)

**Focus:** To apply for the relocation program, you must have a voucher for one year. The Supporting Neighborhood Opportunity in Massachusetts (or "SNO Mass") Program supports DHCD Housing Choice Voucher families with school-aged children making moves to communities with high-quality schools, parks and open space, and healthy, safe environments. On this page, DHCD voucher holders and property owners can learn how to participate in this program.

### **Upside 413 (formerly known as the Berkshire County Regional Housing Authority):**

**Location:** Berkshire County Office. 1 Fenn Street, 4th Floor. Pittsfield, MA 01201

**Contact:** (413) 443-7138 Fax: (413) 443-8137 [tanajahc@upside413.org](mailto:tanajahc@upside413.org)

**Website:** [upside413.org/](http://upside413.org/)

**Application Link:** [hearthway.org/hcec-intake-form/](http://hearthway.org/hcec-intake-form/)

**Focus:** UpSide413 promotes household, housing, and community stability through a continuum of interrelated service options.

### **Additional Housing Search Websites:**

- **Berkshire Property Managers:** [Home, Apartment and Commercial Vacancies in Pittsfield, MA \(berkshirepropertymanagers.com\)](http://Home,ApartmentandCommercialVacanciesinPittsfield,MA(berkshirepropertymanagers.com))
- **Facebook:** Community Boards (Each town has one)
- **Zillow Rentals:** [www.zillow.com/homes/for\\_rent/](http://www.zillow.com/homes/for_rent/)
- **Hot Pads:** [hotpads.com/great-barrington-ma/apartments-for-rent](http://hotpads.com/great-barrington-ma/apartments-for-rent)
- **Greylock Realty:** [www.greylockrealty.com/](http://www.greylockrealty.com/)
- **Cavalier Holdings:** [cav-mgt.com](http://cav-mgt.com)
- **Rental Housing Association of Berkshire County:** [rhabc.com/](http://rhabc.com/)
- **Trulia:** [www.trulia.com/](http://www.trulia.com/)
- **Affordable Housing:** [www.affordablehousing.com/](http://www.affordablehousing.com/)
- **Leading Edge Property Management :** [www.propertymanagement-rentals.com/berkshire-rentals/](http://www.propertymanagement-rentals.com/berkshire-rentals/)
- **Housing Toolbox:** [www.housingtoolbox.org/](http://www.housingtoolbox.org/)

# Mental Health Resources

## **Austen Riggs Center:**

**Location:** 25 Main St, Stockbridge, MA 01262

**Contact:** 800-517-4447 [info@austenriggs.net](mailto:info@austenriggs.net)

**Website:** [www.austenriggs.org/](http://www.austenriggs.org/)

**Insurance Accepted:** None

**Focus:** Riggs is an open, voluntary residential treatment center specializing in longer-term treatment for diagnostically complex adults. Patients have individual, four times/week psychodynamic psychotherapy sessions with a doctoral level clinician along with support and counseling from a consistent interdisciplinary team. Riggs helps patients take charge of their lives when other psychiatric treatments have not worked. Riggs also has an Online Intensive Outpatient Program for college students and emerging adults (18 - 30) in MA.

## **Berkshire Coalition for Suicide Prevention (BCSP):**

**Location:** PO Box 472, Pittsfield, MA 01202

**Contact:** [info@berkshirecoalition.org](mailto:info@berkshirecoalition.org)

**Website:** [www.berkshirecoalition.org/](http://www.berkshirecoalition.org/)

**Insurance Accepted:** None

**Focus:** The Berkshire Coalition for Suicide Prevention (BCSP) is a grassroots 501c3 non-profit organization dedicated to providing suicide prevention resources, loss and healing programs, professional training, advocacy efforts and hope to our local community.

## **Berkshire County ARC:**

**Location:** 395 South St #6803, Pittsfield, MA 01201

**Contact:** (413) 499-4241 [bcarc@bcarc.org](mailto:bcarc@bcarc.org)

**Website:** [bcarc.org/](http://bcarc.org/)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** Serving children and adults with intellectual and developmental disabilities, Autism, and brain injuries, and individuals who need assistance with daily living.

## **Berkshire Psychotherapy Network:**

Online Search Database

**Website:** [berkshirepsychotherapynetwork.org/](http://berkshirepsychotherapynetwork.org/)

## **The Brien Center:**

**Location:** 60 Cottage Street. Great Barrington

**Contact:** (413) 499-0412 + 24-Hour Crisis Hotline 1-800-252-0227

**Main Website:** [www.briencenter.org/](http://www.briencenter.org/)

For a list of all locations: [www.briencenter.org/contact/locations/](http://www.briencenter.org/contact/locations/)

**Community Behavioral Health Center (CBHC) Information:** 800-242-0227 [cbcmanagement@briencenter.org](mailto:cbcmanagement@briencenter.org)

**Adolescent Services:** [www.briencenter.org/what-we-do/children-adolescents/](http://www.briencenter.org/what-we-do/children-adolescents/)

**Adult and Family Services:** [www.briencenter.org/what-we-do/adult-family-services/](http://www.briencenter.org/what-we-do/adult-family-services/)

**Community Services:** [www.briencenter.org/what-we-do/community-services/](http://www.briencenter.org/what-we-do/community-services/)

**Behavioral Health Community Partners:** [www.briencenter.org/what-we-do/adult-family-services/community-partners/](http://www.briencenter.org/what-we-do/adult-family-services/community-partners/)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** The Brien Center's Programs and Services are "Community Based" With 25 locations throughout Berkshire County, treatment and services are conveniently available to all Berkshire County residents. Outpatient Treatment Services include Individual therapy, Family therapy, Group therapy, Psychopharmacology evaluations and medication management and psychological testing.



**The Center for Motivation and Change (CMC):**

**Location:** 100 Stone Manor Dr. New Marlborough, MA 01230

**Contact:** (866) 859-1156 [motivationandchange.com/contact-us/](http://motivationandchange.com/contact-us/)

**Website:** [motivationandchange.com/](http://motivationandchange.com/)

**Insurance Accepted:** None

**Focus:** CMC offers Outpatient Treatment, Residential Treatment, Trauma Treatment, Adolescent Treatment and Telehealth Services.

**Clinical Support Options (CSO):**

**Location:** 877 South St Suite 200, Pittsfield, MA 01201

**Contact:** (413) 528-0298 [info@csoinc.org](mailto:info@csoinc.org)

**Website:** <https://www.csoinc.org/community-based-programs>

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** CSO, also known as the Family Resource Center in Great Barrington, has outreach to the South and North County regions, care navigators, and other support.

**Collaborative Endeavors, LLC:**

**Location:** 114 Housatonic St. Lee, Massachusetts 01238

**Contact:** (413) 225-1716 [Jennifer@collaborativeendeavorsllc.com](mailto:Jennifer@collaborativeendeavorsllc.com)

**Website:** [www.collaborativeendeavorsllc.com/](http://www.collaborativeendeavorsllc.com/)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** Specialties/Treatment Orientations Include: Trauma-informed; Polyvagal Informed; Individual-Centered Attachment-Centered; Young adult/transitional age issues; Harm-Reduction approaches to entrenched habits; groups; family work; LGBTQUIA+ ; Professional Supervision and Consultation.

**Commonwealth Collaborative:**

**Location:** 405 Stockbridge Rd, Great Barrington, MA 01230

**Contact:** (413) 327-9424 [info@commoncollab.com](mailto:info@commoncollab.com)

**Website:** [www.commoncollab.com/?utm\\_campaign=gmb](http://www.commoncollab.com/?utm_campaign=gmb)

**Insurance Accepted:** Medicaid/Berkshire Fallon and Private/Commercial Insurance

**Focus:** The clinical program begins with physical, emotional safety and building a sober community. Services include Trauma-Informed Care, Repairing Family Systems, Developing Life Skills, Creating Strong Boundaries, Cultivating Responsibility and Accountability, and Participating in Service Work. They offer a PHP program that offers up to 5 days per week of group therapy for 5 hours per day. They also have an IOP program that operates 3 days per week with 3 hours per group therapy session.

**Community Health Program (CHP):**

**Location:** 442 Stockbridge Rd, Great Barrington, MA 01230

**Contact:** (413) 528-9311

**Website:** <https://chpberkshires.org/>

**Insurance Accepted:** Medicaid/Berkshire Fallon and Private/Commercial Insurance

**Focus:** CHP Behavioral Health is incorporated into their primary care services for adults and children. CHP Behavioral Health professional for short-term counseling services. You may request services through your primary care physician.

**Department of Mental Health Services (DMH):**

**Location:** 1 Prince Street, Northampton, MA 01060

**Contact:** Western Mass Area Office (413) 587-6200 **Fax:** (413) 587-6203

**Website:** [www.mass.gov/info-details/department-of-mental-health-dmh](http://www.mass.gov/info-details/department-of-mental-health-dmh)

**Link to Application:** [www.mass.gov/doc/dmh-childadolescent-services-application-english/download](http://www.mass.gov/doc/dmh-childadolescent-services-application-english/download)

[Open PDF file, 880.76 KB, DMH Child/Adolescent Services Application - English](#)

[Open DOC file, 736.5 KB, DMH Child/Adolescent Services Application - Spanish](#)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** DMH Services include youth support groups, therapeutic day services, family systems interventions, residential treatment programs, continuing care inpatient services and Department of Children and Family support. DMH provides services to adults with mental health needs. DMH also serves children and youth who are 18 and younger. DMH serves children and youth with the following mental health conditions of Schizophrenia and other psychotic disorders, Mood disorders, Anxiety disorders, Dissociative disorders, Eating disorders, Borderline personality disorder, Attention Deficit/Hyperactivity disorder.

**Ellie Mental Health:**

**Location:** 66 West Street. Suite 4E. Pittsfield, MA 01201

**Contact:** (413) 343-4264 [ellieMA15201@elliementalhealth.com](mailto:ellieMA15201@elliementalhealth.com)

**Website:** [elliementalhealth.com/locations/pittsfield-berkshire-ma/](http://elliementalhealth.com/locations/pittsfield-berkshire-ma/)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** Ellie offers a wide selection of mental health therapy services for all ages across our local clinic network. The insurance currently accepted are Aetna, Blue Cross Blue Shield, Optum, and United Health Care.

**Family Resource Center- Great Barrington:**

**Location:** 141 West Avenue. Great Barrington

**Contact:** (413) 528.0298 [gbfrc@csoinc.org](mailto:gbfrc@csoinc.org)

**Website:** [www.csoinc.org/community-based-programs](http://www.csoinc.org/community-based-programs)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** CSO offers outpatient groups, community events, wellness activities, and healing arts happenings throughout Western MA.

**Gould Farm:**

**Location:** 100 Gould Rd, Monterey, MA 01245

**Contact:** (413) 528-1804 [info@gouldfarm.org](mailto:info@gouldfarm.org)

**Website:** [www.gouldfarm.org/](http://www.gouldfarm.org/)

**Insurance Accepted:** None

**Focus:** Gould Farm services include Clinical services and support. A structured work program with varied activities on the farm and transitional services in Western Massachusetts and the Boston area.

**Help Lines:**

- **Brien Center 24/7 Crises Line** 800-252-0227, 413-4990412 [www.briencenter.org](http://www.briencenter.org)
- **Brave.coop (Mobile App)** 833-833-2100 [www.brave.coop/](http://www.brave.coop/)
- **MA Substance Use Helpline** 800-327-5050 [www.helplinema.org](http://www.helplinema.org)
- **Suicide Prevention Lifeline** 800-273-8255, or text 988

**Massachusetts Behavioral Health Access (MABHA):**

Online Search Database: [www.mabhaccess.com/Home.aspx](http://www.mabhaccess.com/Home.aspx)

**Massachusetts Behavioral Health Help Line:**

**Contact:** 833-773-2445 [MAProviderDatabase@elevancehealth.com](mailto:MAProviderDatabase@elevancehealth.com)

**Website:** [masshelpline.com](http://masshelpline.com)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** The MA Behavioral Health Help Line (BHHL) connects you directly to clinical help, when and where you need it. It's free, confidential, and no health insurance is required. Real-time interpretation available. Deaf or hard of hearing? Contact MassRelay at 711.

**NASW Therapy Matcher:**

Online Search Database Website: [www.naswma.org/page/therapymatcher](http://www.naswma.org/page/therapymatcher)

**National Alliance on Mental Illness (NAMI):**

Location: 141 North St Suite 301, Pittsfield, MA 01201

Contact: (413) 443-1666 [namibc@namibc.org](mailto:namibc@namibc.org)

Website: [namibc.org/](http://namibc.org/)

Insurance Accepted: None/Programs are free.

Focus: NAMI in Berkshire County offers understanding to anyone concerned about mental illnesses and the treatment of mental illness. They also offer support, education and advocacy.

**Pittsfield Therapy -The Berryman Professional Building:**

Website: [www.pittsfieldtherapist.com/](http://www.pittsfieldtherapist.com/)

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Psychology Today:**

Online Search Database: [www.psychologytoday.com](http://www.psychologytoday.com)

**Railroad Youth Street Project (RYSYP):**

Location: Memorial Park, 60 Bridge St, Great Barrington, MA 01230

Contact: (413) 528-2475 [info@rsyp.org](mailto:info@rsyp.org)

Website: [www.rsyp.org](http://www.rsyp.org)

Insurance Accepted: None/Programs are free.

Focus: RSYYP services include group and 1-to-1 mentoring, clubs, groups, advocacy and support, as well as a Drop In Center stocked with food, video games, and community resources, all intended for young people ages 14-25.

**ServiceNet Inc. Pittsfield Outpatient Clinic:**

Location: 141 North St #139, Pittsfield, MA 01201

Contact: (413) 585-1300 [info@servicenet.org](mailto:info@servicenet.org) Fax: (413) 585-1355

Website: [www.servicenet.org](http://www.servicenet.org)

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: ServiceNet is a non-profit human service agency that provides essential services to people living with mental health challenges, developmental delays or disability, brain injury, homelessness, and other challenges.

**South County Recovery Center:**

Location: 67 State Road Great Barrington, MA

Contact : (413) 645-3564 [help@rural-recovery.org](mailto:help@rural-recovery.org)

Website: [www.ruralrecovery.org](http://www.ruralrecovery.org)

Insurance Accepted: None/Programs are free.

Focus: Rural Recovery's mission is to engage, assist, refer, educate, and empower people who are affected in any way by substance use.

**Spectrum Health Systems, Inc:**

Location: 290 Park St, Great Barrington, MA 01230

Contact: (413) 347-4647 [info@spectrumsys.org](mailto:info@spectrumsys.org)

Website: [www.spectrumhealthsystems.org/](http://www.spectrumhealthsystems.org/)

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: Services include medication for substance use disorders and outpatient counseling. Spectrum's outpatient treatment centers provide a range of individual, group and family counseling services to adults with substance use and/or mental health disorders at various stages of recovery.

**Therapy Matcher:**

Online Search Database: [therapymatcher.org/](http://therapymatcher.org/)

**Volunteers in Medicine (ViM):**

**Location:** 777 Main Street. Great Barrington, MA 01230

**Contact:** (413) 528-4014 [info@vimberkshires.org](mailto:info@vimberkshires.org)

**Website:** [www.vimberkshires.org/](http://www.vimberkshires.org/)

**Insurance Accepted:** Program is for people who are ineligible for insurance.

**Focus:** ViM provides free health care to those in the region who are income-qualified and ineligible for health insurance. While our clinical team addresses patients' medical and dental needs, our Community Health Workers address any social, legal, or economic needs—including food security, housing, employment, and childcare—and create solutions, often with the help of community partners

**Additional Mental Health Resources**

- **Berkshire County Crisis Team (Brien Center):** 413-499-0412 (24 hours per day, seven days per week)
- **National Suicide Prevention Hotline:** 988 (24 hours per day, seven days per week)
- **Call2Talk:** 508-532-2255
- **Suicide Prevention Lifeline:** 988 (24 hours per day, seven days per week)
- **Samaritans Statewide 24-hour helpline:** 1-617-247-0220
- **Text a Crisis Counselor:** 741741
- **Trevor Help Line for LGBT:** 1-866-488-7386 Text: “start” to 678678
- **Veterans Crisis Line (Call or Text):** 988 - Press 1
- **6 Free Rehab Centers In Massachusetts:** [www.addictionresource.net/free-rehab-centers/massachusetts/](http://www.addictionresource.net/free-rehab-centers/massachusetts/)
- **Trans Helpline Call:** (877) 565-8860
- **Asian LifeNet.** Available in Cantonese, Mandarin, Japanese, Korean, and Fujianese. Call: (877) 990-8585
- **Call Blackline:** (800) 604-5482
- **Physician Support Line. Call:** (888) 409-0141
- **Community First Therapy and Consulting, LLC:** [www.communityfirsttc.org/](http://www.communityfirsttc.org/)
- **Colleen Passetto, LICSW:** [www.colleenpassettolicsw.com/](http://www.colleenpassettolicsw.com/)

# Special Needs Resources

## **Adlib Center for Independent Living:**

**Location:** 215 North Street. Pittsfield, MA 01201

**Contact:** (413) 442-7047 [info@adlibcil.org](mailto:info@adlibcil.org)

**Website:** [www.adlibcil.org/services/](http://www.adlibcil.org/services/)

**Focus:** Adlib's focus is to empower people with all types of disabilities to live more independently and have control of their own lives. Services include Information and Referral, Advocacy, Peer Counseling, Skills Training, Transition Skills, Personal Care Attendant services and Specialized Services.

## **Autism Connections of Berkshire County:**

**Location:** 75 South Church Street. Suite 402. Pittsfield, MA 01301

**Contact:** (413) 443-4780 [autismconnections@pathlightgroup.org](mailto:autismconnections@pathlightgroup.org)

**Website:** [autismconnectionsma.org/](http://autismconnectionsma.org/)

**Focus:** Autism Connections provide information, resources, and practical help for children, teens and adults with autism, as well as their families, caretakers, friends and professionals.

## **Community Access to the Arts (CATA):**

**Location:** 420 Stockbridge Rd Suite 2, Great Barrington, MA 01230

**Contact:** (413) 528-5485 [Kara@CATAarts.org](mailto:Kara@CATAarts.org)

**Website:** [cataarts.org/](http://cataarts.org/)

**Focus:** CATA in collaboration with Families Like Ours hosts a monthly series of free Art and Tea parties to help parents of young children with disabilities decrease isolation. Through dynamic arts workshops in painting, dance, theater, singing, drumming, juggling, yoga, creative writing, and more, CATA artists tap into their potential, explore new talents, and share their unique points of view.

## **CharmMedical:**

**Location:** 33 Riverside Drive. Pembroke, MA 02359

**Contact:** (781) 829-9813 [support@charmmedical.com](mailto:support@charmmedical.com)

**Website:** [www.charmmedical.com/](http://www.charmmedical.com/)

**Focus:** Charm Medical Supply has worked closely with patients, caregivers and physicians to make it easy for patients to receive the medical supplies that they need. This would include diapers and pull-ups needed.

## **Berkshire County Arc (BCARC):**

**Location:** 395 South Street. Pittsfield MA 01201

**Contact:** (413) 499-4241 [bcarc@bcarc.org](mailto:bcarc@bcarc.org)

**Website:** [bcarc.org/](http://bcarc.org/)

Contact for Intake: 413-499-4241 ext. 255

**Focus:** Serving children and adults with intellectual and developmental disabilities, Autism, and brain injuries, and individuals who need assistance with daily living.

## **Berkshire Family and Individual Resources (BFair):**

**Location:** 771 South Church Street. North Adams, MA 01247

**Contact:** (413) 664.9382 [info@bfair.org](mailto:info@bfair.org)

**Website:** [www.bfair.org/](http://www.bfair.org/)

**Services Brochure:** [irp.cdn-website.com/cd40d7a5/files/uploaded/BFAIR%20Services%20Overview\\_vFIN.pdf](http://irp.cdn-website.com/cd40d7a5/files/uploaded/BFAIR%20Services%20Overview_vFIN.pdf)

**Focus:** BFair services include support and direct care for people with cognitive disabilities, autism and acquired brain injuries.

**Berkshire Nursing Families:**

**Location:** 71 Hospital Ave, North Adams, MA 01247

**Contact:** (413) 344-2800 [info@berkshirenursingfamilies.org](mailto:info@berkshirenursingfamilies.org)

**Website:** <http://www.berkshirenursingfamilies.org/>

**Focus:** BNF is committed to enhancing the life-long health of our community through the promotion and support of breastfeeding and positive parenting for families throughout all of Berkshire County who are pregnant, postpartum, or parenting infants.

**Catastrophic Illness in Children Relief Fund (CICRF):**

**Location:** Virtual Office

**Contact :** 617-624-5951 [CICRF.DPH@mass.gov](mailto:CICRF.DPH@mass.gov)

**Website:** [www.mass.gov/info-details/check-eligibility-for-cicrf](http://www.mass.gov/info-details/check-eligibility-for-cicrf)

**Application link:** [www.mass.gov/how-to/apply-to-cicrf](http://www.mass.gov/how-to/apply-to-cicrf)

**Focus:** CICRF provides financial relief to eligible Massachusetts families caring for children and youth under 22 years of age with medically related expenses that are not covered by insurance, federal or state assistance, fundraising, or other financial source.

**Department of Disabilities (DDS):**

**Location:** 333 East Street Pittsfield, MA 01201

**Contact:** (413) 447-7381 [DDSInfo@mass.gov](mailto:DDSInfo@mass.gov)

**Website:** [www.mass.gov/orgs/department-of-developmental-services#:~:text=The%20Department%20of%20Developmental%20Services](http://www.mass.gov/orgs/department-of-developmental-services#:~:text=The%20Department%20of%20Developmental%20Services)

**DDS Eligibility Applications:** [www.mass.gov/lists/dds-eligibility-forms](http://www.mass.gov/lists/dds-eligibility-forms)

**Autism Waiver Program:** [www.mass.gov/lists/dds-autism-waiver-service-program-awp-open-interest-period-2024](http://www.mass.gov/lists/dds-autism-waiver-service-program-awp-open-interest-period-2024)

**Focus:** The Department of Developmental Services (DDS) provides support to children and adults with intellectual and developmental disabilities including autism spectrum disorder across the Commonwealth. The agency's mission is to create innovative and genuine opportunities for these individuals to participate fully in, and contribute meaningfully to, their communities as valued members.

**Families Like Ours (FLO):**

**Location:** 140 West Avenue. Suite A7 Great Barrington, MA 01230

**Contact:** (413) 854-3971 [Rania@familieslikeoursinc.com](mailto:Rania@familieslikeoursinc.com)

**Website:** [familieslikeoursinc.com/](http://familieslikeoursinc.com/)

**Focus:** Families Like Ours focus on special needs families and the daily challenges they face. Their goal is to help families gain access to all community resources available to them and to decrease isolation all while bringing families together.

**Federation for Children with Special Needs:**

**Location:** The Schrafft Center. 529 Main Street, Suite 1M3. Boston, MA 02129

**Contact:** (617) 236-7210 [info@fcsn.org](mailto:info@fcsn.org)

**Website:** [fcsn.org/](http://fcsn.org/)

**Focus:** The Federation has multiple initiatives to support, educate, and empower families and professionals around the education, health and community needs of children. These programs promote family engagement in all communities throughout Massachusetts. Our language line and Outreach team can help families requiring language assistance.

**Learning Solutions:**

**Location:** 90 Conz St, Suite 101 Northampton MA

**Contact:** (413) 584-0265 [learningsolutions@learningsolutionsls.com](mailto:learningsolutions@learningsolutionsls.com)

**Website:** <http://learningsolutionsls.com/>

**Referral Form:** [docs.google.com/forms/d/e/1FAIpQLSfOGciKgN9ifkRuZ7rHrCEanFdGRkCC3pPAkl3Wl9J7qyF9UA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfOGciKgN9ifkRuZ7rHrCEanFdGRkCC3pPAkl3Wl9J7qyF9UA/viewform)

**Focus:** Services include an integrative and collaborative approach to the assessment and treatment of psychological, learning, and language needs across the lifespan.

**Mental Health Legal Advisors Committee (MHLAC):**

**Location:** 100 Hancock Street, Suite 1002, Quincy, MA

**Contact :** (800) 342-9092 (413) 338-2345 [mhlac@mhlac.org](mailto:mhlac@mhlac.org)

**Website:** [mhlac.org/](http://mhlac.org/)

**Focus:** MHLAC provides legal and policy advocacy for people with mental health challenges throughout the Commonwealth of Massachusetts.

**Palliative Care of the Berkshires:**

**Location:** 877 South Street Suite 1W. Pittsfield, MA 01201

**Contact:** (413) 443-2994

**Website:** [hcib.org/palliative-care-services/pediatric-palliative-care/](http://hcib.org/palliative-care-services/pediatric-palliative-care/)

**Referral Contact:** [hcib.org/contact/](http://hcib.org/contact/)

**Brochure:** [hcib.org/wp-content/uploads/sites/24/2019/09/HospiceCare-in-The-Berkshires-Pediatric-Palliative-Care-Brochure.pdf](http://hcib.org/wp-content/uploads/sites/24/2019/09/HospiceCare-in-The-Berkshires-Pediatric-Palliative-Care-Brochure.pdf)

**Focus:** Palliative care optimizes quality of life through expertise in pain and symptom management and guidance in medical decision-making for people living with serious illnesses.

**Pathlight: (See ServiceNet)****Pediatric Developmental Center:**

**Location:** 924 South Main Street. Great Barrington, MA 01230

**Contact:** (413) 717-4083 [info@pdcberkshire.org](mailto:info@pdcberkshire.org)

**Website:** [pediatricdevelopmentcenter.org/](http://pediatricdevelopmentcenter.org/)

**Focus:** PDC provides services for children who are given a diagnosis that may affect their development, medically fragile, developmentally delayed in motor, cognitive, and/or speech/language areas, demonstrating behavioral concerns, at-risk for developmental delays.

**ServiceNet (Formerly known as Pathlight):**

**Location:** 75 S Church Street, 402 Pittsfield, MA 01201

**Contact:** (413) 443-4780 [info@pathlightgroup.org](mailto:info@pathlightgroup.org)

**Website:** [www.pathlightgroup.org/](http://www.pathlightgroup.org/)

**Focus:** ServiceNet offers a broad range of services tailored to people with intellectual disabilities, developmental disabilities, autism, and their families. These include (but are not limited to) residential programs, performing arts, sex and relationship education, recreation and enrichment activities, behavioral supports and medical care.

**Positive Behavioral Supports Corporation:**

**Location:** Virtual Office

**Contact:** (413) 284-7155 [atower@teampbs.com](mailto:atower@teampbs.com)

**Website:** [www.teampbs.com/](http://www.teampbs.com/)

**Request ABA Services:** [www.teampbs.com/ClientResourceCenter.aspx](http://www.teampbs.com/ClientResourceCenter.aspx)

**Focus:** PBS Corp serves children and adults with behavioral challenges. Typically, we support individuals who require assistance in developing or enhancing language skills and diminishing problem behaviors such as aggression and self-injury.

**Southern Berkshire Public Health Collaborative (SBPHC):**

**Location:** Stockbridge Town Hall Ground Floor, 50 Main Street, PO Box 307, Stockbridge, MA 01262

**Contact:** (413) 717-7207 [jayne@tritownhealth.org](mailto:jayne@tritownhealth.org) or [jill@tritownhealth.org](mailto:jill@tritownhealth.org)

**Website:** [www.southernberkshirehealth.com/](http://www.southernberkshirehealth.com/)

**Focus:** The SBPHC promotes health equity within their communities. Resources include childhood vaccinations by appointment, fall vaccination clinics, care seat inspection and installation, sharps disposal, wellness sessions, public health education and more.

**Stanton Home:**

**Location:** 205 N Plain Rd, Great Barrington, MA 01230

**Contact:** (413) 528-0506 [info@stantonhome.org](mailto:info@stantonhome.org)

**Website:** <https://www.stantonhome.org/>

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** The programs are enriched by our large organic garden, culinary program, a 15-loom weavery, and various activities throughout the local community. Stanton Home provides life-long residences and daily program for people with intellectual and developmental disabilities.

**United Cerebral Palsy of Western Mass:**

**Location:** 208 West Street. Pittsfield, MA 01201

**Contact:** (413) 442-1562

**Contact :** [ucpwma.org/contact/?program=atp](http://ucpwma.org/contact/?program=atp)

**Website:** [ucpwma.org/](http://ucpwma.org/)

**Focus:** UCP offers free durable medical equipment, an assistive technology library to support children and adults with disabilities.

**Additional Special Needs Resource Links:**

- **Aging with Dignity** [agingwithdignity.org/](http://agingwithdignity.org/)
- **Association of Developmental Disabilities Providers** [www.addp.org/](http://www.addp.org/)
- **Down Syndrome Resource Group of Western Massachusetts** [www.downsyndromewm.org/](http://www.downsyndromewm.org/)
- **Home Care Alliance of Massachusetts** <http://www.thinkhomecare.org>
- **Massachusetts Commission for the Blind** [www.mass.gov/orgs/massachusetts-commission-for-the-blind](http://www.mass.gov/orgs/massachusetts-commission-for-the-blind)
- **Massachusetts Commission for Deaf & Hard of Hearing** [www.mass.gov/locations/massachusetts-commission-for-the-deaf-and-hard-of-hearing-berkshire-massachusetts-regional-office](http://www.mass.gov/locations/massachusetts-commission-for-the-deaf-and-hard-of-hearing-berkshire-massachusetts-regional-office)
- **Massachusetts Rehabilitation Commission** [www.mass.gov/orgs/massability](http://www.mass.gov/orgs/massability)
- **Multiple Sclerosis Support Foundation** [www.mssupportfoundation.org/](http://www.mssupportfoundation.org/)
- **Hospice and Palliative Care Federation of Massachusetts** [www.hospicefed.org/](http://www.hospicefed.org/)
- **Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)** [chadd.org/](http://chadd.org/)



# Transportation Resources

## **Amtrak Train Service:**

**Location:** 1 Columbus Avenue, Pittsfield, MA 01201

**Contact:** (800) 872-7245 [www.amtrak.com/contact-us/email.html](http://www.amtrak.com/contact-us/email.html)

**Website:** [www.amtrak.com/home.html](http://www.amtrak.com/home.html)

**Towns Served:** Berkshire County

**Notes:** Amtrak train services allow you to travel throughout the state as needed. There are multiple stopping points within Berkshire County including Great Barrington, Pittsfield and North Adams. Rates vary.

## **Berkshire Journeys – Jason Canning:**

**Location:** Pittsfield Based

**Contact:** (413) 726-8388 (Prefers Text) [berkshirejourneys8@gmail.com](mailto:berkshirejourneys8@gmail.com)

**Website:** [berkshirejourneys.godaddysites.com/](http://berkshirejourneys.godaddysites.com/)

**Towns Served:** Berkshire County, Northwest Connecticut, Eastern New York and Southern Vermont.

**Notes:** Rates vary on location. Transportation options include rides to Albany, Hudson, Pittsfield, Springfield, Wassaic, and more.

## **Berkshire Regional Transit Authority (BRTA):**

**Location:** 1 Columbus Ave. Suite 201 Pittsfield, MA 01201

**Contact:** (413) 499-2782 x3, [info@berkshirerta.com](mailto:info@berkshirerta.com)

**Website:** [berkshirerta.com/](http://berkshirerta.com/)

**Charle Cards:** [berkshirerta.com/fares/charlie-card/](http://berkshirerta.com/fares/charlie-card/)

**Towns Served:** Berkshire County

**Notes:** Local Fares, Student 30-day, College year-round pass. Rates vary. ADA and non-ADA rides available.

## **First Class Chauffeur Service (Jonathan Peck):**

**Location:** Sheffield Based

**Contact:** (413) 329-0666 [details@yahoo.com](mailto:details@yahoo.com)

**Website:** [www.facebook.com/jonathan.peck.716/](https://www.facebook.com/jonathan.peck.716/)

**Towns Served:** Berkshire County and TriState Area Berkshire County

**Notes:** Rates vary.

## **HappyCar Shuttle:**

**Location:** 340 West Street. Pittsfield, MA 01201

**Contact:** (413) 623-4552 [happycarshuttle@gmail.com](mailto:happycarshuttle@gmail.com)

**Website:** [happycarberkshirertrips.com/](http://happycarberkshirertrips.com/)

**Towns Served:** Berkshire County + Plus. Rides To Airports, Trains, Buses, Ferries, Cruises, Event Venues, The Local Area, And More.

**Notes:** Rates vary. You may call or text the phone number above.

## **MassHealth PT1 Forms:**

**Location:** Boston Based (Call your primary care physician to request this type of transportation).

**Contact:** 617-847-3427 [hstinfo@mass.gov](mailto:hstinfo@mass.gov)

**Website:** [www.mass.gov/info-details/get-a-ride-to-masshealth-medical-appointments](http://www.mass.gov/info-details/get-a-ride-to-masshealth-medical-appointments)

**Request Transportation:** [cp-gatra.qryde.com/cp/NemtBookRide.html](http://cp-gatra.qryde.com/cp/NemtBookRide.html)

**Towns Served:** All of Massachusetts

**Notes:** This service is free to MassHealth Members. You can get transportation to MassHealth covered services, including medical, counseling, and day habilitation appointments. The Human Service Transportation Office (HST) manages non-emergency transportation for MassHealth Standard, MassHealth CommonHealth or MassHealth CarePlus members.

## **Peter Pan/Greyhound Bus Lines:**

**Location:** 1 Columbus Avenue. Pittsfield, MA, 01201

**Contact:** (413) 499-2782 [peterpanbus.com/request/](http://peterpanbus.com/request/)

**Website:** [peterpanbus.com/locations/massachusetts/pittsfield/](http://peterpanbus.com/locations/massachusetts/pittsfield/)

**Rates:** [peterpanbus.com/travel-info/schedules/](http://peterpanbus.com/travel-info/schedules/)

**Towns Served:** All of Massachusetts

**Notes:** Rates vary

**Soldier On Transportation for Veterans:**

**Location:** One Columbus Avenue. Pittsfield, MA 01201

**Contact:** (413) 418-4300 [info@wesoldieron.org](mailto:info@wesoldieron.org)

**Website:** [veteranfamilyride.com/](http://veteranfamilyride.com/)

**Towns Served:** Berkshire County

**Notes:** The BRTA has partnered with Soldier On to create the Veterans and Families Transportation Call Center. Funded by the U.S. Department of Transportation Federal Transit Administration, the Call Center will be staffed by Soldier On veterans to provide service to all Berkshire County veterans and their families. Rates vary

**South County Connector (Formerly known as the TriTown Connector):**

**Location:** Great Barrington Based

**Contact:** 413-591-3826 [tcoleman@townofgb.org](mailto:tcoleman@townofgb.org)

**Website:** [www.socoride.org](http://www.socoride.org)

**Towns Served:** Egremont, Great Barrington, Monterey, Stockbridge, Sheffield and West Stockbridge

**Notes:** Limited service to Canaan, CT and (for seniors and persons with disabilities only) to Pittsfield and New Marlborough. Rides may be scheduled 24/7 via the TripShot App [www.tritown.org/get-the-app](http://www.tritown.org/get-the-app) or [tritownconnector.tripshot.com/](http://tritownconnector.tripshot.com/) Rates vary.

**Town Transportation Services: Senior Residents**

**Alford:** [www.townofalford.org](http://www.townofalford.org)

**Information:** [www.townofalford.org/council-aging/news/transportation-alford-seniors](http://www.townofalford.org/council-aging/news/transportation-alford-seniors)

**Contact:** Melanie Torrico at the Transportation Department at 528-0182 x 25 or [transpdepart@egremont-ma.gov](mailto:transpdepart@egremont-ma.gov)

**Notes:** Rides are available for medical appointments M-F. You need to give 48 hours' notice when arranging a ride. Rates vary.

**Egremont:** [www.egremont-ma.gov](http://www.egremont-ma.gov)

**Transportation Information:** [www.egremont-ma.gov/194/Transportation-Department](http://www.egremont-ma.gov/194/Transportation-Department)

**Contact:** Melanie Vicneire, [transpdepart@egremont-ma.gov](mailto:transpdepart@egremont-ma.gov) 413-528-01822 ext. 25 from 9:00am -2:30pm

**Notes:** Equipped to handle one wheelchair, seniors 55 years old and up and disabled residents from Egremont, Alford, and Mount Washington can book rides from Monday to Friday from 8am to 4pm. The van will operate within Southern Berkshire County and Pittsfield. Traveling to Great Barrington and surrounding towns will vary in pricing. Please give 48 hours' notice when arranging a ride.

**Great Barrington:** [www.townofgb.org](http://www.townofgb.org)

**Information :** [www.greatbarringtonseniors.org/transportation/](http://www.greatbarringtonseniors.org/transportation/)

**Contact:** 413-528-1881 [info@greatbarringtonseniors.org](mailto:info@greatbarringtonseniors.org)

**Notes:** South County Connector (Former known as Tri-Town Connector) is a local transit service providing low-cost door-to-door rides in the South County community. Rides can be booked by phone or with the **TripShot** rideshare smartphone app. Rides charges vary depending on pick-up and drop-off destination. <https://socoride.org/seniors>

**Lee:** [www.lee.ma.us](http://www.lee.ma.us)

413- 243-5500 [rachael.armstrong@lee.ma.us](mailto:rachael.armstrong@lee.ma.us)

**Notes:** See link to BRTA Bus schedule [berkshirerta.com/plan-your-trip/route-21-schedule-2/#outbound-weekday](http://berkshirerta.com/plan-your-trip/route-21-schedule-2/#outbound-weekday)

**Lenox:** [www.townoflenox.com](http://www.townoflenox.com)

**Information:** 413-637-5500 ext. 1207 [www.townoflenox.com/user/62/contact](http://www.townoflenox.com/user/62/contact)

**Notes:** See link to BRTA Bus schedule [berkshirerta.com/?s=Lenox](http://berkshirerta.com/?s=Lenox)

**Monterey:** [www.montereyma.gov](http://www.montereyma.gov)

**Information :** [www.montereyma.gov/council-aging/pages/elderly-transportation](http://www.montereyma.gov/council-aging/pages/elderly-transportation)

**Contact:** (413) 528-1881 [info@greatbarringtonseniors.org](mailto:info@greatbarringtonseniors.org)

**Notes:** (See South County Connector). Appointments must be made 48 hours in advance by calling the senior center. Please make a reservation each time you need a ride, we cannot guarantee standing reservations, and medical appointments are a priority. Please let us know as soon as possible if you cancelled the ride. Same Day Booking: If space and drivers are available you will be offered a ride. *Rates vary.* Round trip There is no charge to the accompanying spouse or caregiver. No person will be turned away for a ride if they cannot afford the fare. <https://socoride.org/seniors>

**Mount Washington:** [www.mountwashington-ma.gov](http://www.mountwashington-ma.gov)

**Transportation Information:** [mountwashington-ma.gov/council-on-aging-low-cost-transportation/](http://mountwashington-ma.gov/council-on-aging-low-cost-transportation/)

**Contact:** 413-528-0182, Ext. 25 [mntcory@aol.com](mailto:mntcory@aol.com)

**Notes:** Mount Washington residents 55 and older have access to a low-cost transportation service, which is available Monday through Friday for medical appointments in the Southern Berkshires and Pittsfield. You can also use the service for dropping off and picking up a repaired car or drop off/pick up at grocery store when unable to drive. To arrange your ride, please call Melanie at the Transportation Department at the Egremont Town Hall, Monday through Friday from 9 a.m. to 3 p.m. Give 48 hours' notice when arranging ride. *Rates vary.*

**New Marlborough:** [www.newmarlboroughma.gov](http://www.newmarlboroughma.gov)

**Information:** [www.newmarlboroughma.gov/council-aging/news/senior-transportation](http://www.newmarlboroughma.gov/council-aging/news/senior-transportation)

**Contact:** 413-591-3826 [info@greatbarringtonseniors.org](mailto:info@greatbarringtonseniors.org)

**Notes:** Senior Residents (over 60 years old) — may purchase a discounted book of tickets for 10 one-way rides, at the Claire Teague Senior Center transportation office, in Great Barrington, weekdays 8:00AM to 4:00PM. Ticket books may also be purchased on the vans and at other local Senior Centers. [www.tritown.org/seniors](http://www.tritown.org/seniors) *Rates vary.*

**Otis:** [www.townofotisma.com](http://www.townofotisma.com)

**Information:** [townofotisma.com/commissions-councils/council-on-aging-coa/](http://townofotisma.com/commissions-councils/council-on-aging-coa/)

**Contact:** 413-269-0100 x131 [seniorsotisma@gmail.com](mailto:seniorsotisma@gmail.com)

**Notes:** For more information and availability of the Otis Ride Share program, call them directly.

**Sandisfield:** [www.sandisfieldma.gov](http://www.sandisfieldma.gov)

**Information :** [www.sandisfieldma.gov/council-aging/news/southern-berkshire-county-towns-offer-public-ride-share-service](http://www.sandisfieldma.gov/council-aging/news/southern-berkshire-county-towns-offer-public-ride-share-service)

**Contact:** 413-258-4711 x8 [www.sandisfieldma.gov/user/2426/contact](http://www.sandisfieldma.gov/user/2426/contact)

**Notes:** For more information and availability of the Sandisfield Ride Share program, call them directly.

**Sheffield:** [www.sheffieldma.gov](http://www.sheffieldma.gov)

**Information:** [www.sheffieldma.gov/sites/g/files/vyhlf3806/f/uploads/senior\\_center\\_transportation\\_flyer.pdf](http://www.sheffieldma.gov/sites/g/files/vyhlf3806/f/uploads/senior_center_transportation_flyer.pdf)

**Contact:** 413-229-7037 [kloring@sheffieldma.gov](mailto:kloring@sheffieldma.gov)

**Notes:** Transportation through the council on Aging available to those 60 and older. There are also round-trip schedule trips (grocery shopping + Senior center meals). Rates vary.

**Stockbridge:** [www.stockbridge-ma.gov/](http://www.stockbridge-ma.gov/)

**Information:** [www.stockbridge-ma.gov/council-aging/page/transportation](http://www.stockbridge-ma.gov/council-aging/page/transportation)

**Contact:** 413-298-4170 Ext. 263 [www.stockbridge-ma.gov/email-contact/node/276/field\\_email/contact\\_information](http://www.stockbridge-ma.gov/email-contact/node/276/field_email/contact_information)

**Notes:** South County Connect is available to Stockbridge residents of all ages. See South County Connect for more information.

**Tyringham:** [www.tyringham-ma.gov](http://www.tyringham-ma.gov)

**Information:** [www.tyringham-ma.gov/council-aging/pages/transportation](http://www.tyringham-ma.gov/council-aging/pages/transportation)

**Contact:** 1-800-544-5242 [townclerk@bcn.net](mailto:townclerk@bcn.net)

**Notes:** Available for Doctor appointments and other trips. Please call Elder Services in Pittsfield: 1-800-544-5242 and ask for a Tyringham driver. Please call between the hours of 9am and noon at least two days in advance.

**West Stockbridge:** [www.weststockbridge-ma.gov](http://www.weststockbridge-ma.gov)

**South County Connect** (previously known as Tri-Town Connector) is available to West Stockbridge Residents. Call

**Berkshire Regional Transit (BRTA):** For scheduling ADA or non-ADA rides, call (413) 499-2782, x3.

**Notes:** Visit <https://www.weststockbridge-ma.gov/home/news/public-transportation-information-west-stockbridge>

**TriTown Connector:** (See South County Connect)

### **Additional Transportation Resources:**

- Berkshire Bike Path Council [www.berkshirebikepath.com/lander](http://www.berkshirebikepath.com/lander)
- Berkshire County Transportation Guide (Berkshires without Barriers): [berkshireplanning.org/reports/berkshire-county-transportation-guide-berkshires-without-barriers/](http://berkshireplanning.org/reports/berkshire-county-transportation-guide-berkshires-without-barriers/)
- Institute of Transportation Engineers [www.ite.org/](http://www.ite.org/)
- Pedestrian & Bicycle Information Center [www.pedbikeinfo.org/](http://www.pedbikeinfo.org/)
- U.S. Department of Transportation [www.transportation.gov/](http://www.transportation.gov/)

# NOTES

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### **Disclaimer of Accuracy of Information:**

All information provided in the enclosed resource guide and use of services is for informational purposes only and should not be construed as fact. The accuracy of information may change over time. If you have a resource that you would like included or changed, please email [rania@familieslikeoursinc.com](mailto:rania@familieslikeoursinc.com). Updated online versions of this Resource Guide can be found at [www.southernberkshirehealth.com](http://www.southernberkshirehealth.com) and [www.familieslikeoursinc.com](http://www.familieslikeoursinc.com).

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